

# Grace & Truth Magazine

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2020 EDITION

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NOVEMBER

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## In a World of Censorship

Finding out what is really  
going on in the world

## Should Pastors & Church Leaders Broadcast Who They Are Voting For?

with Roberts Liardon

## Grace in Homeschooling

with Jocelyn LaFavers

## Becoming a Person of Discernment

with Jessica Stern Foster

## Saved Savage Outdoors

with Randal Reeder

## Rain & Restoration

with Candice Smithyman

## Strength In Difficult Times

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Having Words of  
Grace & Truth Today  
and Everyday...

Marta E. Greenman

"But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run & not grow weary, they will walk & not be faint." Isaiah 40:31

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# NOTE FROM JESSICA, ROC FOUNDER & CHIEF EDITOR

Throughout these past eight months we have all been reminded of the things that are important...

God, Family, Life, Liberty, and our Freedoms! Never before have we had a generation of people willing to give up their human rights for small comforts and Freedoms. We have gone from a people who fight for time in the battlefield to a people who stay at home and hide! No more! We are taking a stand and taking our God given Freedoms back!

This magazine is for the People, by the People! We are a group of Believers that have banded together to bring you the News as we uncover it with Biblical inspiration from our team here at The ROC Foundation and Grace & Truth Magazine!

We pray for each and every person who reads our Magazine. We believe that God is doing a New Thing! People get ready... our Messiah Yeshua Jesus is coming!

BERAKHAH VE AHAVA,

*Jessica Stern Foster*





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# The Commonplace Censorship of Christians

By: Marta Greenman

Censorship of Christians in America is now commonplace.

First Amendment rights are being curtailed. Daily occurrences of social media censorship and churches controlled or shutdown with fines levied in the name of public health are a few examples of Christians' first amendment rights being suppressed. This is one reason Marta Greenman, Founder of Words of Grace & Truth, started [GraceAndTruthRadio.World](http://GraceAndTruthRadio.World).

Marta sees Christians in America experiencing the first wave of persecution. When religious beliefs are ridiculed and people of faith marginalized, restricted or otherwise controlled by government, this is governmental intimidation which is not what our Founding Fathers intended.







Christians must be a strong voice in the marketplace with assurance their message will be heard, not censored or stopped. Not only is this important today but it was important to our Founding Fathers. September 25, 1789 the Bill of Rights was added to our Constitution ensuring Americans—and the church--would be protected from an overreaching government for generations to come. Our Founding Fathers' priority was the protection of the church.

GraceAndTruthRadio.world (GTRW) offers God's Truth to the nations through sound biblical teaching, prayer for our nation and the world as well as contemporary Christian music. Much of GTRW's audience is in the US, but in 2019 there were listeners from over 40 countries! The station, still in its infancy, is reaching the world with the truth of the Bible 24 hours a day, 7 days a week with headliners such as David Barton's Wallbuilders, Carol Swain's Be The People and Marta's show Under God with Marta and Maureen.

Twelve years ago, Marta attended a conference about persecution around the world where she realized America would soon experience this oppression and sadly knew the church was not aware or prepared. As a result, Marta knows the importance of equipping the body of Christ to stand in the midst of trials and tribulation. As suppression of the Christian voice grows, GraceAndTruthRadioWorld has made a decision to stand firm. Our objective is to present Christian teaching to equip believers for the unique daily battles which we face within the marketplace. Instead of being debilitated by fear, we can know where our leadership and strength come from: our Lord God. He has given us every answer needed in His Word to teach us how to fight these battles in the days ahead. As GraceAndTruthRadioWorld moves forward, we continue to provide programming to arm you with the truth you need to stand firm in the face of opposition.

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# A United States of Censorship

By: Alex Perkins

'Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.'

First Amendment to the Constitution of the United States of America, passed by Congress September 25, 1789

Many years ago, in the wake of a long and bloody fight for our country's freedom, a group of men we so lovingly call our 'Founding Fathers' gathered yet again to write a Constitution for our new country. They recognized that our Declaration of Independence was not enough on its own to protect our freedoms and that certain laws protecting those hard-earned Rights must be set into place. Thomas Jefferson once famously said, "The policy of the American government is to leave its citizens free, neither restraining them, nor aiding them in their pursuits." In saying this, he meant that we the people should not be limited, but protected. Over the course of these two hundred and thirty-one years since the Constitution was written, much has changed. I think many of us would dare to say that the country we have become is one which our Founding Fathers would see as tyrannical in the many ways in which the lives and actions of Americans are regulated every day. We live in a country where certain freedoms are so limited, that those freedoms in their simplest and truest forms no longer exist. The freedom of speech as described in the first amendment is one freedom in particular that is in serious jeopardy. These days, Americans' voices are being censored and silenced everywhere you look and if you have never experienced censorship, then there is good chance you do not know you are being lied to. Not too long ago I was one of those people.



My entire life had been spent living in blissful ignorance, unaware that I was being spoon fed a false narrative by people who only care to enrich themselves and enslave the masses. In April of this year, during the early weeks of the pandemic mindset that gripped our nation, I came across several videos showing doctors who bravely shared that they were having amazing success by treating their Covid-19 patients with hydroxychloroquine, a Z-pack, and zinc; a very simple treatment using FDA approved medicines that have been in use for many years with very few side effects. This was very encouraging news to me, so I shared these videos on Facebook, anticipating that they would set the minds of my worried friends at ease. To my surprise, these videos were taken down immediately and I received a message from Facebook saying my posts contained "false information" about Covid-19. Since when did a doctor's medical opinion become false information, and better yet, who were these medical experts at Facebook making these decisions?





The truth is, there are no medical experts working at Facebook or for any other social media platform, but they are pushing a medical narrative, which they are not qualified to give. What is that narrative and why are they pushing it? In short, their narrative is that we must all live in fear until there is a vaccine. Enter Bill Gates and his tyrannical control of global messaging and censorship. Bill Gates is the single largest donor to both the World Health Organization (WHO) and the CDC, not to mention being the world's largest vaccine producer. Now, explain to me how a computer geek is qualified to give the entire world 'gospel truth' medical rules, but the rest of us are not allowed to advise a friend on how to get better from a nasty cold. You can't? Me either. Bill Gates also maxed out in campaign donations to intelligence committee chair Adam Schiff, a name you may or may not be familiar with. In February of 2019, Schiff wrote to Facebook, Google, Amazon and Pinterest demanding that they censor vaccine 'misinformation'. Thus, meaning they should censor any information that shows skepticism towards vaccines whether it be true or not. I find this terrifying now that we are in the middle of a so-called pandemic and information is being suppressed from the people because it does not fit their push for a vaccine narrative.



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While Americans are finding themselves unemployed at an alarming rate, a very small group of people are making billions on our plight. The vaccine narrative is being pushed so that these elites can have their payday. They are doing this by instilling fear through the media and suppressing information on social media platforms. They have even censored statements made by the President of the United States, even though he was sharing information from the CDC's own website regarding Covid-19.

Americans need to wake up from the brainwashing and start questioning the narrative. Why are they pushing a vaccine for a virus that has a survival rate of 99% among those who are 0-69 years old, and 94.6% survival rate for those 70 and older? These are the questions the American people need to be asking instead of taking their medical advice from Mr. Gates, a man with no medical background. We are living in a time where Big Pharma has a huge amount of control over the mainstream media and Big Tech. These people do not have your best interest at hand; and just remember that whoever controls the media controls the narrative and ultimately controls the people.

I believe we are in an Information War and I fear that many Americans will not realize this until it is too late. America is the greatest country in the world because we are free, but our freedoms are slowly being taken away under the guise of a virus that has an amazing survival rate. It just doesn't make sense. I think President George Washington said it best when he so wisely said,

“If the freedom of speech is taken away then dumb and silent, we may be led like sheep to a slaughter.”

.....

After the submission of this article thousands of Patriot/Truther accounts were removed from Instagram in a mass purge of information, including Alex's. Censorship is indeed real, but, like John Paul Jones said, "we have not yet begun to fight."

Alex Perkins is a writer, Wife, Mum and woman of God. Alex is working everyday to help combat Human Trafficking. She is part of the ROC Media team, helping to educate the masses and hunt down pedophiles and Traffickers on social media! lives in California with her family.



# Should Pastors and Church Leaders Broadcast who they are Voting for?

By: Roberts Liardon



Have you heard of the 1954 Johnson Amendment? It prohibits non-profits from exercising free speech to support or oppose political candidates. On May 4, 2017, President Trump signed the "Presidential Executive Order Promoting Free Speech and Religious Liberty." It protects religious institutions and leaders from sanctions if they speak out politically. As a result, more religious leaders are exercising their constitutional right of religious freedom.

We should never allow an unconstitutional law to stop us from preaching the Gospel and teaching God's Word. I will also speak out when a political party is promoting actions and ideas that are not only opposed to biblical truth but our free Republic that grants religious freedom.

Openly and boldly, I declare that the agenda of the Democratic Party is in dangerous opposition to our biblical morals and values. I'm not saying they are bad people! They simply stand for actions and ideas that are opposed to God's Word. Here are several – with my comments:



**Abortion** – God mourns the death of over 60 million babies in the womb. He knows us before we are conceived, and we are made in His image, which is why Satan inspires the lost and ignorant to kill babies.

**Socialism/Marxism** – Socialism leads to Marxism, and Karl Marx was an atheist, hated blacks and Hispanics, and promoted euthanasia of any person who was not a productive member of society (elderly, handicapped). Jesus was God and died for all people, making every life valuable and precious to God. Where the Spirit of the Lord is, there is liberty not tyranny.

**Open Borders** – God had Israel build a wall to protect them from enemies, as did other cities. The Bible says that a person who can't control themselves is like a city that is broken down, without walls.

**Harassment and physical harm toward anyone (and their business) who disagrees** – We are to love and pray for our enemies with a view of leading them to the Lord. We don't force our views on anyone.

**Identity politics and exalting victimhood** – God judges a person by their words and actions not the color of their skin, gender, or money in their pocket. He removes His hand of blessing from those who trust in anything or anyone other than Him. A Christian's identity is in Jesus Christ alone, and we live for Him not ourselves.



If you vote for a democrat, I still love you as my brother or sister. We are in God's family forever, and that overrides any political dispute! However, it's my responsibility to reveal what you are really voting for. Do you want the government to dictate your life, or do you want the freedom to choose the path God ordained for you? The Democratic Party wants to decide your wages, health care, business dealings, and religious practices – because they know better than you. The Republican Party trusts you to make your own decisions.

Remember: God does not always choose leaders who are likable. Trump is not always likable, but he is preserving our freedoms, the most important being religious freedom. I beg you to vote on biblical principle and not on personality, or next year the government may declare my ministry and your ministry “canceled.”

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# About Pastor Roberts Liardon

Dr. Roberts Liardon is an author, public speaker, spiritual leader, church historian, and humanitarian. He was called into the ministry at a very young age, preaching his first public sermon at the age of thirteen and lecturing on God's Generals in Christian colleges and universities at age fifteen.

He has utilized every platform to preach the Gospel of Jesus Christ, bring maturity to the Church, and encourage those in ministry. He has produced radio, television, and digital programs, and has also authored over eighty books, with multiple translations and extensive distribution.

Dr. Liardon has established many churches and accredited Bible schools and is now building&nbsp;Embassy International Church&nbsp;in Orlando, Florida, an apostolic center to serve his community and the nations. As the headquarters of &nbsp;Embassy Global Network, they also provide a gathering place of support and encouragement for ministries and leaders.

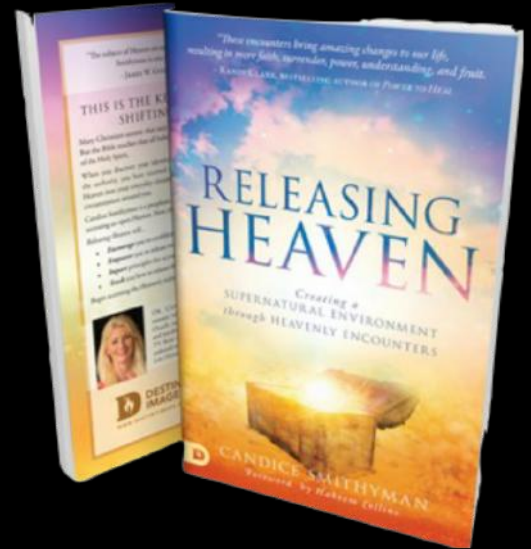
Dr. Liardon has ministered in over 127 nations and loves to pray, teach the Word of God, and prophesy to bless God's people. He speaks to a current generation of believers who want to draw closer to the heart and mind of God and impact their communities and the nations through the Gospel of Jesus Christ.



Many Christians assume that only a few gifted individuals can move in the miraculous, but the Bible teaches that all believers have unlimited access to the supernatural power of the Holy Spirit.

When you discover your identity in Jesus, cultivate a heavenly mindset, and access the authority you have received in Jesus, you can immediately release the power of Heaven into your everyday circumstances. This is the key to changing atmospheres and circumstances around you.


Candice Smithyman is a prophetic voice who has learned to move in the supernatural by accessing an open Heaven. Now, she wants to mentor you to do the same. *Releasing Heaven* will...




- Encourage you to confidently enter the supernatural realm as a citizen of Heaven.
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- Impart principles for accessing your heavenly riches every day.
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These encounters bring amazing changes to our life, resulting in more faith, surrender, power, understanding, and fruit.” – Randy Clark, bestselling author of *Power to Heal*

“I appreciate the encouragement and inspiration Pastor Candice Smithyman brings through her book, *Releasing Heaven*. Learning how to host the presence of God and recognize His ways is extremely important to being able to flow in His power and experience His supernatural presence.”



Dr. Randy Clark  
Founder, Global Awakening



Releasing Heaven  
by Candice Smithyman

**“The subject of Heaven on earth is one of those strategic themes and Candice Smithyman is one of those anointed chosen messengers.”**  
– James W. Goll,  
God Encounters Ministries

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# CENSORSHIP IN A NEW ERA

BY: CHRISTOPHER A.P. PETTENARO



When is too much, too much and too little, too little?

I have long said that with freedom of speech comes freedom of consequence. It is this principle of balance that I seek to teach my children whom are currently asleep in the room next to me. But do they really have freedom? And if so, what level of freedom?

The only reason you are reading this today is because they are not free – it's what moved me to stand for truth and against the systemic injustice that has been mobilized militaristically against my fellow Americans; neighbors and family alike.

“Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.”

It has been said many times before, and will be said many times again, but we find ourselves in a defining time of history. Never before have our basic and most important liberties not only been challenged and tested, but totally shredded in an absolutely lawless and reckless manner. We find ourselves fighting a war

which falsely mobilized droves of people under the guise of systemic injustice in order to harbor support for a corrupt international political crime syndicate, which, as has now come to light, is run by the likes of George Soros, Hillary Clinton and Joe Biden.

What is being done about it from a regulatory point of view?

NOTHING.

What is the majority of the press doing about it?

NOTHING.

What are The People doing about it?

NOTHING?

So what are they (ie.: the aforementioned parties) doing about it?

EVERYTHING THEY CAN TO HIDE THE TRUTH AND EXPLOIT THEIR POWER.

Churches are being closed. Public gatherings are being limited. Commerce on a private level has been decimated. All forms of social media are being unduly influenced and fully censored. Kids are playing behind plexiglass and wearing muzzles. It's all beyond absurd.

This is absolute communistic behavior and I am heavily concerned with the implications therein. History has proven many times over that “book burnings” are the first step to genocide and/or some form of militaristic atrocity. The day that we as a People can't question the narrative and speak openly without reservation, is the day we lose our rights and the bad-actors take the helm – this we cannot afford.



Instagram, Twitter and Facebook accounts are being purged by the hundreds of thousands all in the name of protecting these evil doers — Hunter Biden, Obama and Clinton included. It is not just political/election interference but more importantly is a violation of human rights. A violation of the sacred moral code and of the public trust.

God gave us all the right to speak freely and exercise our religion. These tenets were enshrined by our founding fathers in the bill of rights and our Nation was formed under the same.

The balance of those rights need not be carved-out with regulatory policy and caveats — the great equalizer as I said above (consequence) is the intent of those words. Say positive things, sow positive seeds. The challenge that we face today though, is that our right to speak, whether literally or through action, is being regulated-away in the name of false circumstance and in the name of non-Christian tenets. In the name of being hyper-politically correct and sensitive.

But that's not how rights work. They don't end at the beginning of someone else's feelings.

Ironically, it is the truth that is dangerous and suppressed, yet the truly immoral content and ideologies relating to pedophilia, sexual abuse and other tasteless subjects is protected, encouraged and seemingly acceptable. The worst part is that these evil-doers and these policies are aimed squarely at our children in order to perpetuate a

nanny-state. This manipulation also drives consumer behavior in a twisted cycle of psychological abuse and political malfeasance.

This manipulation and these infringements on our first amendment liberties is egregious and unforgivable. It is un-American and in a digital world where reliance on communication is now paramount, the behavior is malicious and blatantly oppressive. When questioned in Congressional hearings all these people do is intentionally misrepresent their actions which is fraud.

What is done about it to hold them to account?  
NOTHING.

## Why?!?

Because these companies and key politicians own the courts, the regulators and the Federal policing agencies.

We The People are the ones left taking the brunt of the impact as a function of the evil doers' mal-intent. Our free speech is censored, our religions are slandered and we are commoditized by belief in order to further polarize views and in order to drive social discord. This promulgates more reliance on these evil-doers and as a consequence more bad regulation comes The Peoples' way, further-infringing upon their God-Given/Constitutionally-afforded rights. It's a self-fulfilling prophecy and is done by design. Most truly don't even see it happening to them and are prisoners of their own prisons.

The solution to all of this is challenging in light of the false racism shaming that is going on currently societally. These nefarious mentalities have infiltrated corporate America and are now becoming policy related to race, sexual orientation and a host of other topics.

The worst part is that BLM curriculum is now being pushed from K-12 in public schools. Moreover, people are now afraid to speak up and speak out for fear of retribution.





Does a line get drawn when people get fired for supporting Trump on their social media?

What about when mothers' accounts on social media are blankly and without warning taken down, erasing thousands of family memories because they were pro-police on one post?

When is too much, too much and too little, too little?

The People have been manipulated and turned against themselves, plain and simple.

I'm not sure what is to come, but I do know one thing for certain: my Saviour is Jesus Christ. I am commanded to stand for truth, to fear no evil and to guard my heart – to live in a place of peace and happiness.

I will NEVER bow-down to the satanic, marxist and radically-socialist mob. Never. I have an obligation to my wife and my children that I will do all that I can to protect them from all forms of harm and ALL enemies, whether foreign or domestic, and I will bear the same for my fellow Americans.

I challenge everyone to question everything and to remember that God always wins.

He directs our steps.

One Nation, UNDER GOD, indivisible, with liberty and justice for all.  
Inalienable and not to be infringed.

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After the submission of this article thousands of Patriot/Truther accounts were removed from Instagram in a mass purge of information, including Chris's. Censorship is indeed real, but, like John Paul Jones said, "we have not yet begun to fight."

Christopher A.P. Pettenaro was born in Paris, France. He received his MBA from the University of Notre Dame. Chris believes that God is the true answer to the world's problems. He currently resides in Laguna Beach, California with his wife and 2 children.



# SAVED SAVAGE OUTDOORS

SAVED SAVAGE OUTDOORS is a half hour journey into the beauty, majesty and yet finality of nature and life.

Each week the audience will join Rick and Randal Reeder, their tribe of friends and sometimes a special guest as they pursue all that the wild and great outdoors has to offer but from a unique perspective...that of a SAVED SAVAGE!

Take a tour through our site to discover all there is about being a SAVED SAVAGE.



[www.savedsavageoutdoors.com](http://www.savedsavageoutdoors.com)







# Rain and Restoration in the Month of Cheshvan

CANDICE SMITHYMAN

Welcome to the second month on the Hebrew civil calendar, Cheshvan. This is a time of restoring! I hear words for the month: Restoration and Rain. Take a moment to remember how God cleansed, restored and saved our humanity through Noah during this month. Noah was recognized as a righteous man in Genesis 7: 1 (NIV)

*“The Lord then said to Noah, “Go into the ark, you and your whole family, because I have found you righteous in this generation.”*

When you know Jesus as your Lord and Savior, you are called the righteous of God. This means you're now considered to be a man or a woman who God stands beside. His righteousness not only brings protection but also identifies you in the spirit realm. You have been given Christ's robe, breastplate and crown of righteousness as a gift! Because of this gift the angels are with you and God is going to carry you into the land He called you to inhabit. Rain. God is bringing rain. During this month, the floods came and cleansed the earth. God only saved the righteous, Noah's family. You may be going through a difficult time right now. Situations are arising in your family. Your marriage may be on the rocks. You may be having problems with friends and division is present. But there's good news! God is sending rain to cleanse you and make you whole. Anything that is broken, God is drawing to Himself and making it like new. It doesn't matter what kind of brokenness you are experiencing; God is cleansing you and will restore you!



Restoration. One of the blessings during this month is restoration! God is going to be restoring things in your life and your family! Whatever the locust has stolen, God is going to return it. Get ready! God is going to do some rebuilding. Keep in mind that God is also going to close some doors. You may see something leave that you considered to have value, but God will take the broken and fragmented part and rebuild something new. God is getting ready to build new generations, new things in your life that will last for generations to come. You will leave a legacy of righteousness on this earth! Be encouraged. God is working. He's moving on your heart. Read Genesis 7 with the perspective that you are righteous in Christ and God has given you access to all you need through His Son Jesus Christ. God IS GOING to protect, provide, bless and give you increase and prosperity just as He did Noah and his family. He is going to rebuild, reestablish, reposition and restore you in the mighty name of Jesus! Now your job is to stand firm – even if things don't seem like they're working. Hold on tight to Him. He is your anchor and your root system. God is restoring even our nation. He is doing what only He can do. We must submit to Him and stay encouraged.

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### **Dr. Candice Smithyman**

is an international prophetic revivalist & healing minister who is Executive Pastor of Freedom Destiny Church, and Vice President of Dream Mentors International. She is also Host of the Glory Road Television broadcast on Faith Networks, CBN News Facebook and Youtube, Jesus Daily, King TV and other outlets. She has appeared on Sid Roth's "Its Supernatural", among other shows, and is the author of "Releasing Heaven: Creating a Supernatural Environment through Heavenly Encounters", among other books and publications. For a full bio you may visit:  
[www.candicesmithyman.com](http://www.candicesmithyman.com)



# Strength In Difficult Times

Messianic Pastors Jim & Melanie Carey

The enemy will always lure us towards panic and worry if we focus on all that's wrong in this world. And even when we know Truth and believe that God's in control, there can be a lot in this life we might start to feel anxious about. It can still be a daily battle in our hearts, in our minds. Because when we just keep looking all around, we will easily get defeated and lose strength.

Drained. Impatient. Or cynical.

Fear creeps in our lives and we often lose our focus because we are so distracted by all the things that can never really give us strength and hope. God alone can offer us confident peace that can never be found in this life without Him. Choosing today, to set my eyes on Him. For if He made all of heaven and earth, surely God has a Sovereign, incredible plan, for you and for me. God knows our way in this journey of life, and He is a with us! Here are 25 Scriptures on strength that will breathe life and energy into your soul when you are facing days of uncertainty. Memorize these Bible verses to stand strong and remind yourself that God loves you!

## 25 Bible Verses for Strength in Difficult Times

1. Psalm 46:1-2 "God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear..."
2. Isaiah 40:31 "But those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint."
3. Isaiah 59:19 "When the enemy comes in like a flood, the Spirit of the Lord will lift up a standard against him."
4. Isaiah 41:10 "So do not fear, for I am with you, do not be dismayed, for I am your God, I will strengthen you and help you, I will uphold you with my righteous right hand."
5. Nahum 1:7 "The Lord is good, a refuge in times of trouble. He cares for those who trust in him..."
6. John 16:33 "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."
7. Psalm 18:2 "The LORD is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold."
8. Deuteronomy 3:22 "Do not fear them, for the Lord your God is the one fighting for you."



9. Isaiah 54:17 "No weapon that is formed against you will prosper..."
10. Habakkuk 3:19 "The Sovereign Lord is my strength, he makes my feet like the feet of a deer, he enables me to go on the heights."
11. Philippians 4:8-9 "Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable –if anything is excellent or praiseworthy—think about such things...and the God of peace will be with you."
12. Joshua 1:9 "Have I not commanded you? Be strong and courageous! Do not tremble or be dismayed, for the Lord your God is with you wherever you go."
13. 1 Peter 5:8-10 "Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings. And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast."
14. Jeremiah 29:11 "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."
15. 1 John 4:4 "Greater is He who is in you than he who is in the world."
16. John 14:27 "Peace I leave with you, my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."
17. Numbers 6:24-26 "The Lord bless you and keep you, the Lord make his face shine upon you and be gracious to you, the Lord turn his face toward you and give you peace."
18. Genesis 50:20 "You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives."
19. Psalm 29:11 "The Lord gives strength to his people; the Lord blesses his people with peace."
20. Ephesians 6:10-12 "Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms."
21. Zephaniah 3:17 "The Lord your God is in your midst, a victorious warrior. He will exult over you with joy, He will be quiet in His love, He will rejoice over you with shouts of joy."





22. Psalm 91:1-2 "He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the LORD, 'My refuge and my fortress, My God, in whom I trust!'"

3. Isaiah 54:10 "Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken, nor my covenant of peace be removed, says the Lord, who has compassion on you."

24. Romans 8:38-39 "For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord."

25. Philippians 4:6-7 "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Choosing today to rely on the Word of God to you help not to "worry about anything," but instead "pray about everything." May the Spirit of the Living God help us to guard our hearts and minds in Him.

"Dear God,  
You remind us in Your Word that we never have to give way to fear and worry in this life. The enemy would love for us to get stuck there, but you've given us the keys to move past his lies and step over his traps. Thank you for the powerful weapons of prayer and your word. Thank you for setting us free through Christ's gift on the cross. Thank you for your Spirit that dwells within us even now and gives us peace. You assure us that you're constantly with us, no matter what we face in our lives, or in this world. When all seems shaky and uncertain, we choose to look to you. We know that you alone are Sovereign and you hold all things in your hands. We trust you even when we can't see what you're doing. We know you will make a way for us, where there seems to be no way. We're confident and secure in you alone, for you are our Rock and Refuge, a very present help in trouble. Help us not to be easily swayed by headline news stories or defeat and discouragement. Strengthen our spirits, from deep within, so that we can walk in your freedom, truth, and peace today. You are greater than anything we face here in this world, and we believe that no weapon formed against us will prosper. Raise up a barrier and defense around our lives dear Lord, protect us and keep us close to you.  
In the Name of Yeshua Jesus, Amen."

Join Messianic Pastors Jim & Melanie Carey  
every Tuesday Night for Worship at the ROC  
at 6 PM CST & 7 PM EST on ZOOM  
Meeting ID: (202) 774-9090



# Becoming a Person

By Jessica Stern Foster

Often, I receive emails and questions about how to gain discernment, how to navigate a particular situation in someone's life, or just how to know the things without getting trapped! I chuckle as I type these words because I, too, am still a work in progress! I am still learning to navigate life at 46 years young! I, too, still call my Mum and Dad for advice and prayer--often! To say I have their numbers, DM, and PM messaging on autodial is likely an understatement!

I realize I am very blessed to have such amazing, God fearing parents! I have gratefully shared my parent's wisdom, knowledge and love with my friends who are not as fortunate. In fact, my parents have become parental figures for many others! So when people ask me 'How to become a person of discernment?' I have to chuckle, because it DID NOT happen overnight! There were no magic beans involved, quick book to read, or one course that did the job! Rather, my becoming a person of discernment has been cultivated over time and has become a characteristic of my life and the many choices I have made!

**Becoming discerning is a life choice that I choose everyday as a remnant of my character!**

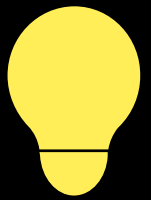
As we take a look at the news, social media, or attempt to go into a store to shop for our groceries, we know that the world as we once knew it has been altered forever! On the horizon of 2020, people were hopeful, joyous, and had BIG plans for a year of perfect vision! Instead, we were met with a global plannedemic of a bacterial virus with the media scaring people of how we will all die if we do not stay home. Along with other things like: genetically modified mosquitos, food and toilet paper shortages, radiation poisoning, Riots guised as protests, natural disasters, wide spread arson that span worldwide as 'wildfires' and the list goes on, but you get the general idea! The loneliness of people has caused a rise in suicides as the doors to many churches were closed, family gatherings have been canceled, with heartbreak and financial woes for many people.

For many it can feel like nowhere is safe. Maybe the best thing you can do is just hunker down and try to survive. But what if God wants more for you than survival? What if He wants you to thrive and enjoy His goodness despite the brokenness around you?

In John 17, Jesus prays for His followers (people like you and me) who are overwhelmed by the world around them: "I am not praying that you take them out of the world but that you protect them. . . . Sanctify them by the truth; your word is truth" (John 17:15, 17).



# of Discernment



Instead of retreating from the world, God intends to equip us to meet its challenges with confidence and joy. Instead of changing our circumstances, He intends to change us by making us people who can discern the difference between what's good and what's not. Or as Paul puts it, God intends to transform us by renewing our minds, so we'll know what is good, perfect, and acceptable (Rom. 12:1-2).

## So what do discerning people know that the rest of us don't?

What do discerning people do that makes them uniquely capable of navigating a broken, complicated world? Here are some things that my Mum and Dad have taught me. This is not a complete list as my learning has been cultivated over the years, but this will give you a starting point for your own personal journey...

Live and walk in a real relationship to God.

Learn that even broken crayons can still create a masterpiece.

Learn the difference between the way things are and the way things should be. While your perception is your reality—look through the lens of the Holy Spirit.

Heavenly investments are the best investments! Invest in things and relationships that will last.

God connections require more care than other relationships. Learn to glean and cultivate relationships that will help you learn and grow in life and Spiritual matters.

Finding wise people of God with integrity to surround yourself with. Embracing the truth in reality over feelings, because feelings are fickle.

Live a life where your words and actions reflect Godly character.

Walk in a life of purity apart from immorality that honors the Holy Spirit within you.

Embrace God's goodness in everything you do and let your actions and life reflect God's love, mercy, and goodness. Pursue Biblical solutions, knowing that no solution is perfect, yet no solution is viable apart from God.

Share your understanding, knowledge and wisdom to help others as a growth tool for you and others. (Instead of seeing discernment as a source of superiority, a person of discernment uses their insight to serve those around them and not self-serving.)



While these are just some of the highlights, we will dig in a little deeper as we learn more together!

In the New Testament, Paul prayed that believers would have and apply the spirit of discernment: “And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Christ” (Philippians 1:9-10).

Paul realized if Believers were able to discern what is best from what is just good or acceptable, they would be pure and blameless, and stand apart from the rest of the world.

The Apostle John also urged the first century Christians to practice the spiritual gift of discernment because of how quickly they could be deceived if they weren't grounded in the truth: “Dear friends, do not believe every spirit, but test the spirits to see whether they are from God, because many false prophets have gone out into the world” (1 John 4:1). Because discerning people know the difference between what's good and what's not, they also know to evaluate their own actions. They resist the temptation to flaunt knowledge or prove themselves right. They know that any wisdom they have is given to them for the common good.

God hasn't left us alone in this world. Through the Spirit and the Scripture, He is renewing our minds so we can discern His holy and perfect will. But this process requires humility and a willingness to be changed. God isn't interested in our being right so much as our being made right... right with Him and right with each other. As we grow in wisdom and the knowledge of Yeshua Jesus, we will increasingly meet the challenges of a broken world. And little by little, we will experience all of the amazing Goodness that God has planned for us as His children! Little by little, we will be made good and discover all of God's goodness in the world around us.

My prayer for you today is for you to grow into becoming a discerning man or woman of God!

Until next time, Berakhah Shalom!





# THE JEWESS BELIEVER RADIO SHOW

with *Jessica Stern Foster*



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**Jessica Stern Foster** is the Editor and founder of Grace & Truth Magazine, Redeem Our Children Foundation, and known for her Radio Show The Jewess Believer. She grew up in a Jewish family, who came to know Jesus as their Lord and Savior. Jessica's Bubbie (who was thrown from the train to Auschwitz) along with her parents who raised her in an old school Jewish manner. With over 20 years ministry experience, Hebrew and Greek Studies, with over 12 years of college studies, a 3 time cancer survivor and writer. Jessica shares her journey of being kidnapped, sold at auction and supernatural rescued by God! She is an activist to stop human trafficking! **Ezekiel 36:26 - Isaiah 53 - John 3:16** Jessica lives on the Chesapeake Shores of Maryland with her big Jewish family!

# HOMESCHOOL FAMILIES

Parents - Kids - Grandparents  
NOT just a job for Moms in 2020







Hi everyone.

What has been happening at school this week? Are your kids back in the classroom or home bound?

Whether you are sending your children back into the classroom, or keeping them at home, the 2020-2021 school year looks very different.

Adjusting to this change in education can be difficult for all of us. If they are returning to the classroom your children may be fearful of the unknown, or worried about wearing a mask all day. They might be missing their friends if they are no longer in the four walls of public academy, or afraid that they will fall behind. You might be stressed about getting all of your normal housework done now that the children will be home and, more than likely, still making messes during the house when you would normally be cleaning up what they did before they left for school.

The reality is that the Lord is calling us to something new, something higher than before. On the surface it looks like we are losing something that we held dear, but He wants to teach us the many ways in which we can put our trust in Him. He wants to show you just how capable you are and that YOU are the best teacher for your children, whether you have the help of a professional, or whether you are doing this on your own. In the midst of our country's turmoil, God is using it to reunite the family unit. Are you here for it? We are and we are here to help!

# Grace in Sudden Homeschooling

Covid. Coronavirus. The Rona. Pandemic...



These are words that have been on the tongues of every American since March of this year and they have brought many changes in their wake. For many families one of the biggest changes that has come from this season is how their children are educated. Moms and dads who use to kiss their children's adorable faces and send them off on the bus every morning are now trying to figure out how to do what has been dubbed "distance learning".

Parents and caregivers nationwide are sitting in front of a computer screen, trying to figure out how online schooling works, or attempting to coordinate multiple children using the family computer for their studies, many of which are on a schedule which must be delicately balanced. Many of these family units have decided to separate themselves even further from public education and try this 'homeschooling' thing on their own!

These parents find themselves delving headlong into the beautiful and complex world of homeschool curriculums, which is much like stepping into a grocery store full of eye-catching foods that smells delicious. The choices seem endless and when you have no idea which curriculums suit you, your child, your family and why, the choices are also

daunting. Perhaps you find yourself in one of these two positions right now and you are nodding your head and cringing inside as you think about another day of trying to teach your child in this very unfamiliar territory.

Are they getting too much screen time because they are distance learning? Are they getting enough real social interaction? Are you teaching them what they really need to know? Will they be able to thrive on the education they are receiving? One thing I can tell you for sure is: You are not alone. A second thing I can tell you for sure is this: You will get through this and your children are certainly learning, adapting and you are all growing as a family unit!

Since I grew up in a homeschooling family and my childhood education took place during the 90's and early 00's, my outlook has a different view, but not without adjustments. And, yes, I came from the 'weird' family who homeschooled when very few others did, but I hope that it will give me a unique perspective that may help someone who is now finding themselves in the homeschool life--planned or unplanned.







“A school should not be a preparation for life.  
A school should be life.”

— Elbert Hubbard

In my adult years I have been told more than once that I am the first homeschooled adult some people have met. I have been “congratulated” on multiple occasions for being so “normal and well-adjusted”. It means that the “Homeschool Kid” stigma is certainly real and, although my family was never one of the awkward bunch, we were still placed in the stereotype simply because we were educated at home.

As a child I often resented being “that family” who didn’t send their kids to school, sometimes feeling lonely and strange, vowing never to homeschool my own children someday and thus leave the stigma behind. Perhaps you are familiar with Psalm 37:13, which reads. “The Lord laughs at him, for He sees his day is coming.” I am getting the feeling that you know where this is going. You might be nodding your head again and chuckling because this might be your story in 2020, or maybe your journey began a few years ago like mine did.

In 2013 my husband and I found ourselves questioning our choice to send our oldest daughter to public kindergarten. The school was highly sought after with excellent test scores every year and many people in our area raved about the fine education offered at this school. With joy we

sent her off on her first day of school, taking a million pictures and grinning widely as she waved to us from her seat with her new friends. I picked her up a few hours later and she gave me a happy rundown of her first day at kindergarten. Little did we know that her first year of school would be such a disaster that we would pull her from the institution in January and begin our homeschool journey.

Even as a homeschool graduate myself, I spent my first few years as a homeschool mom feeling lost. So much had changed since I was homeschooled and there were so many new choices for curriculum when there had been only a few during my career as a student. We bounced from curriculum to curriculum, sometimes completing a workbook and sometimes giving up partway through because we absolutely hated it and I would create my own curriculum based on what I felt she should be learning at the time. While none of this was failure, that was how I viewed it.

I saw myself as a Mom who couldn’t stay committed to something; one that was doing my child an injustice because I wasn’t teaching her what I felt she needed. We fell into a funk and the battles over school every day were fierce. Simply put, the first few years of her education were difficult ones in our homeschooling journey.





# Grace In sudden homeschooling

It was during this time of homeschooling growth that our family was also blessed with two surprise babies, bringing our total to four kiddos! Any time you add postpartum and a newborn to the mix things get a little hairy, let me tell you... But we made it through and soon I was homeschooling not one, but two... and then three little girls.

Is homeschooling easy? Is what you imagine it to be with children lounging around with abacuses or classical art books the norm? The answer to both of those questions is a very resounding, "NO!" But is it freeing!

Can you expect your children to learn in very different ways than if they were stuck within the four walls of a traditional classroom? Can you expect to learn math in the kitchen with flour covered faces, or penmanship and reading in the aisles of the grocery store? Can you expect to have mornings when you are all feeling lazy and get up at leisure, drinking your coffee before the children slowly wander to the table? The answer to these questions is an equally resounding, "YES!" Don't be afraid to spend your first few years stumbling around in the dark; what you will find is that your kids are resilient little people who thirst for learning even when they groan loudly when asked to study their spelling words or recite times tables. They will begin to tell you in their own ways and in their own words what their interests and passions are far before their publicly educated counterparts will get the opportunity to and you can tailor their education to empower those passions.

You may find yourself asking, "How do I begin?"

With simplicity, I say. Find well-rounded language arts and math curriculums and begin slowly. Decide along with your children and your entire family what parts of science and history interest them most this year and find studies that are tailored to those interests that fit for your family. Find a way to surround yourself with other people who are also on this journey, be it in person or online. There is a vast community of homeschoolers these days, both seasoned and new-to-the-game, who can encourage you and give you new ideas and resources. Within that community there are many different flavors and styles, so find your tribe!



The Lord tells us not to forsake the fellowship of believers and this goes for every part of your life and the life of your entire family. We are not meant to journey this life alone and homeschool can be so much easier and more fun in the company of others! You are the perfect parent for this job because the Lord gave you these children and their education for a reason. No matter how ill-equipped the devil may want you to think that you are, the Lord wants to equip you every single day, every single moment, each sentence diagrammed, each math problem solved, and you are capable because He wants to give you the strength and knowledge you need!

While phrases such as “new normal” circle around in this world of uncertainty, you can give your children the security of learning within the safe walls of your home where they are free to learn in whatever capacity they need. Give yourself grace so that you can give plenty to your children. The Lord loves to see us thrive in every season!

Join me next time as we dig in a little deeper, sharing the experiences of the Homeschool Family Life and don't forget the wise words of another teacher from days gone by: 'Tomorrow is always fresh with no mistakes in it.'

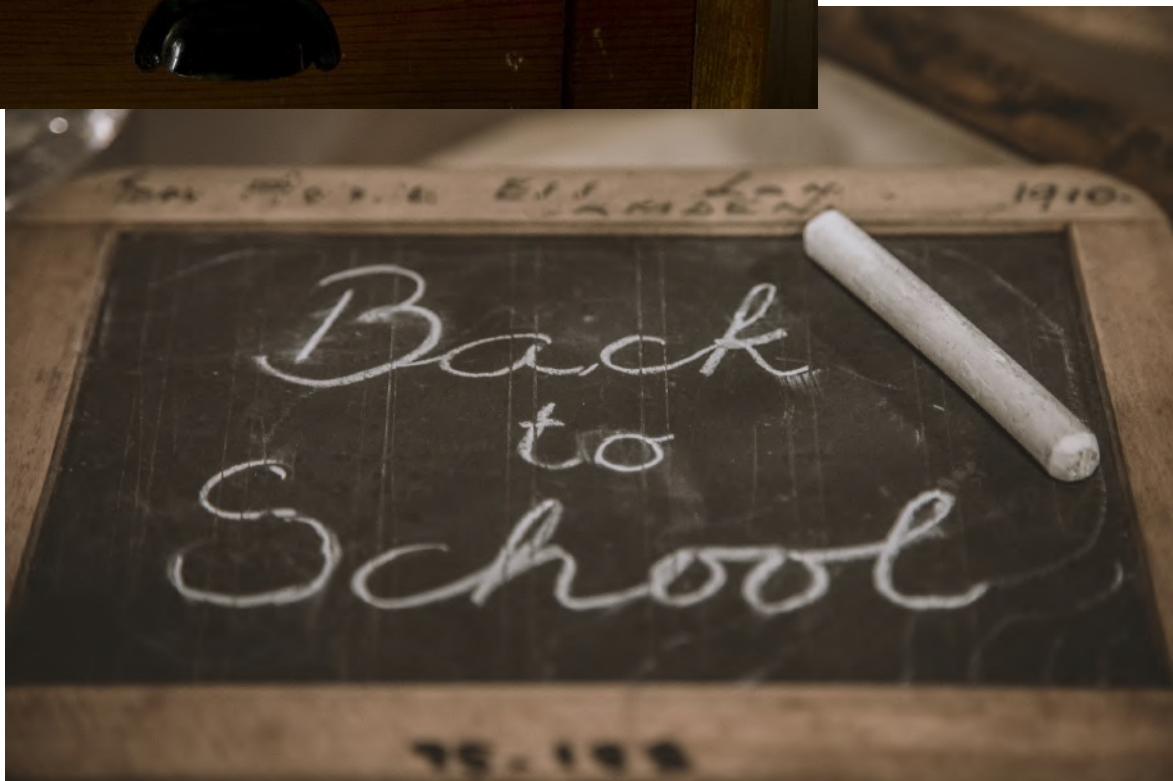
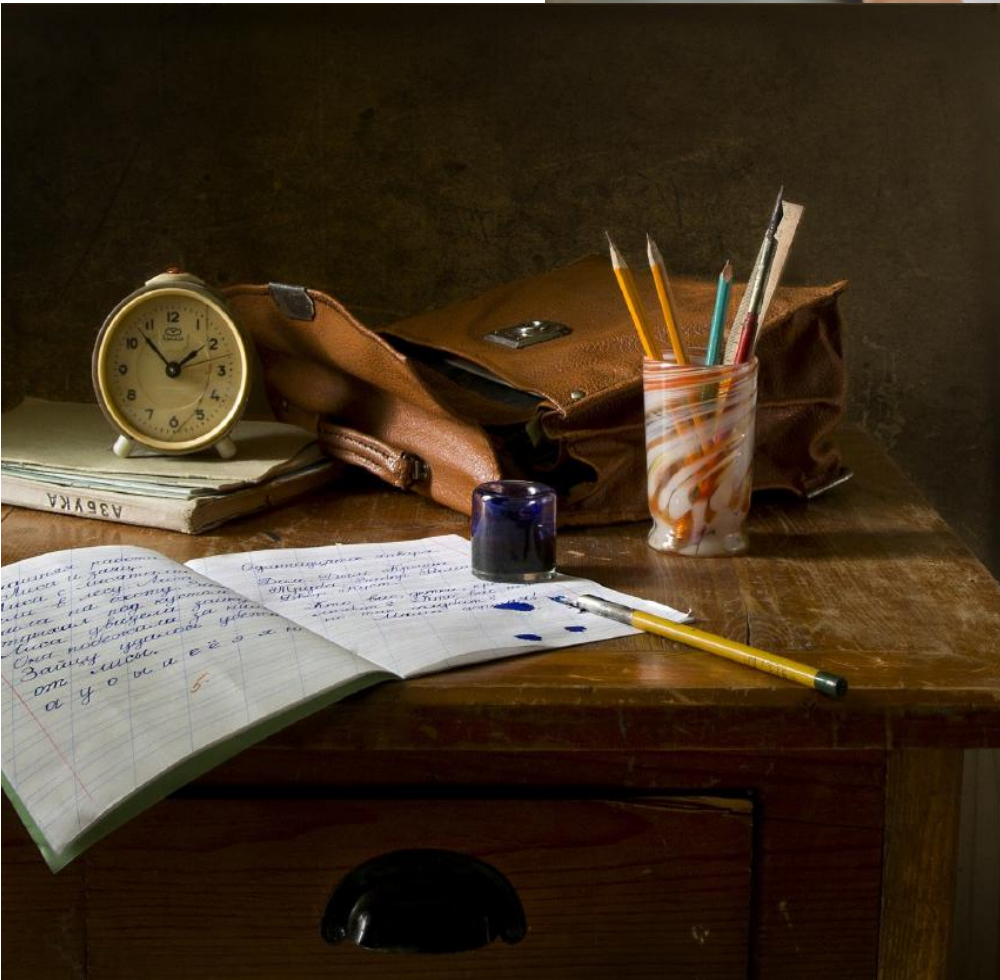
*Jocelyn LaFavers*



Jocelyn LaFavers is almost as passionate about writing as she is about Jesus and her family. She is always scribbling down ideas and can find inspiration everywhere, most often the Bible, nature, and history. She and her husband have been homeschooling their four children for eight years and Jocelyn is the director of the drama department at their church. Her hobbies include sewing, home improvement projects, tending her flower beds, and corny jokes. If you need her, you can find her in the kitchen feeding her sourdough starter, "Blanche Doughvereux".







# Tips for read-aloud time: Are they listening?

Let's talk reading with your kids. Sometimes getting them to all sit still and listen is hard--or even impossible, depending on the day you've had! Some simple tips and tricks for getting your kids to engage in read-aloud time are to give them something to do with their hands. If you are reading a book about Abraham Lincoln, give them Lincoln Logs or pretzel sticks and ask them to build a log cabin. Print out coloring pages that go with the theme of the day. If you are really brave, pull out paints or play-doh. Even when you don't think they are listening, I promise that they are.

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**It's no secret that we love books and reading! Check out are this month's staff personal picks!**



## **God's Generals For Kids, Vol 1: Kathryn Kuhlman by Roberts Liardon and Olly Goldenberg**

This is the first volume in a God's Generals series for children, ages 8-12. In this volume children will learn about the life and ministry of Kathryn Kuhlman, the Woman Who Believed in Miracles.

## **The Green Ember (The Green Ember Series: Book 1) by S.D. Smith**

Heather and Picket are extraordinary rabbits with ordinary lives until calamitous events overtake them, spilling them into a cauldron of misadventures. They discover that their own story is bound up in the tumult threatening to overwhelm the wider world.

Kings fall and kingdoms totter. Tyrants ascend and terrors threaten. Betrayal beckons, and loyalty is a broken road with peril around every bend. Where will Heather and Picket land? How will they make their stand?



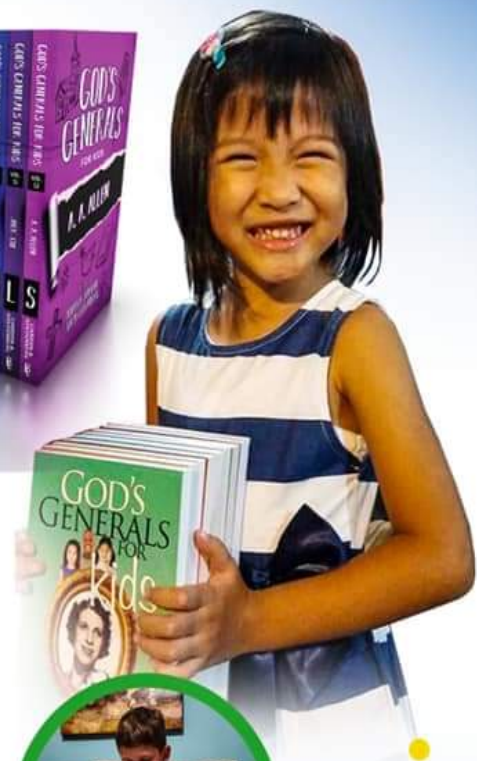
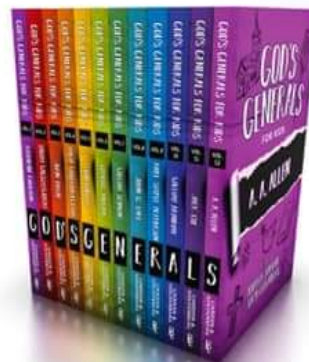
# God's Generals Books for Kids



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# Fun Food with Kids

WILLOW VIEW  
Farm Co.  
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## Ingredients

- 15 oz can pumpkin puree
- 3/4 cup brown sugar (unpacked)
- 1 teaspoon vanilla extract
- 1/8 teaspoon cinnamon
- 1/8 teaspoon pumpkin pie spice (or more to taste)
- 6 oz 0% Greek yogurt
- 8 oz Cool Whip (frozen whipped topping, thawed)
- cut up apples (for dipping)

## Instructions

- Mix pumpkin with brown sugar, vanilla and spices, blend well.
- Mix in yogurt.
- Fold in Cool Whip and chill in refrigerator until ready to eat.

To serve transfer to a serving dish or hollowed out pumpkin.

Pumpkin Pie Dip





# Pumpkin Pie Dip



*Welcome to our ...*





# Home & Hearth

In most of the country the air has grown crisp and cool. Perhaps where you live leaves still cling to the trees. Perhaps they crunch underneath your feet as you walk down your street. Maybe the roofs in your neighborhood are already covered with snow, but no matter where you live in this great country of ours, what many people will call our most challenging year in memory is slowly drawing to a close. During this season we prepare for gatherings that surround us with both love and strife, we decorate our tables with pumpkins and apples, trays of goodies, and steaming turkeys that have not managed to be pardoned by our nation's leader. No matter whether the holidays give you peace or pleasure, we invite you to sit down and put your feet up with a cup of coffee and treat yourself. Light a fire or set one on your tv and spend a little part of your day at the hearth with us.

--*The Grace and Truth Team*



# Why Do a Heavy Metal Detox?

By: Alex Perkins

We live in a world where the air we breathe, the water we drink and the food we consume are full of toxins. These toxins enter the body and accumulate over the years and contribute to several health problems such as heart disease, stroke, asthma and developmental deficiencies.

Although we can try our best to minimize exposure to these toxins, they still enter our bodies on some level. The good news is, with Advanced TRS there is a safe and effective way to detox from these heavy metals and toxins that are wreaking havoc in our bodies.

Advanced TRS is a cutting-edge solution to help safely and effectively get toxins out of the body. Advanced TRS is a tasteless, simple, oral spray used in the morning and the evening. By using Advanced TRS you can make significant improvements to your health by extracting heavy metals and toxins that your body would not otherwise.

Detoxifying is the best way to guarantee that you do not consume more metals than what is needed for the many different organs in our bodies. Advanced TRS detox will increase your energy level, make you feel active, stronger, and mentally sharper. Although you will feel energized, it also helps in giving you a good night's rest. Detoxifying will ensure that your metal consumption level is moderate and that your organs are performing at an optimal level. Advanced TRS can also help in the prevention of certain chronic diseases.

Detoxifying has proven to be of so much importance to the overall functioning of the various vital organs. Coseva's advanced Toxic Removal System (TRS) can detoxify the body to ensure that we get to experience all the benefits mentioned above.

Get your advanced TRS here today

<http://Aprillynn.mycoseva.com>



# Recipes from our hearths to yours...

## PUMPKIN BARS

THESE PUMPKIN BARS WITH CREAM CHEESE FROSTING ARE THE ULTIMATE FALL TREAT! THEY'RE MOIST, TENDER, AND FILLED WITH PUMPKIN SPICE FLAVOR.

### INGREDIENTS

¼ CUP GROUND FLAXSEED  
¼ CUP PLUS 2 TABLESPOONS WARM WATER  
¾ CUP (90G) ALL-PURPOSE FLOUR  
¾ CUP ALMOND FLOUR  
1 TABLESPOON PUMPKIN PIE SPICE\*  
2 TEASPOONS BAKING POWDER  
½ TEASPOON BAKING SODA  
½ TEASPOON KOSHER SEA SALT  
1 CUP CANNED PUMPKIN PUREE  
2 TABLESPOONS MELTED COCONUT OIL  
⅓ CUP MAPLE SYRUP  
1 TEASPOON VANILLA EXTRACT  
CHOCOLATE CHIPS, OPTIONAL FOR SPRINKLING

### VEGAN CREAM CHEESE FROSTING:

4 OUNCES VEGAN CREAM CHEESE  
2 CUPS POWDERED SUGAR  
1½ TABLESPOONS VEGAN BUTTER, SLIGHTLY SOFTENED  
⅛ TEASPOON VANILLA EXTRACT



### INSTRUCTIONS

PREHEAT THE OVEN TO 350°F AND LIGHTLY GREASE AN 8X8-INCH BAKING DISH.

IN A SMALL BOWL, COMBINE THE FLAXSEED AND THE WATER AND SET ASIDE FOR 5 MINUTES TO THICKEN.

IN A LARGE BOWL, COMBINE THE ALL-PURPOSE FLOUR, ALMOND FLOUR, CINNAMON, NUTMEG, CARDAMOM, BAKING POWDER, BAKING SODA, AND SALT.

IN A MEDIUM BOWL, WHISK TOGETHER THE PUMPKIN, COCONUT OIL, MAPLE SYRUP, VANILLA, AND THE FLAXSEED MIXTURE.

POUR THE WET INGREDIENTS INTO THE BOWL OF DRY INGREDIENTS AND STIR UNTIL JUST COMBINED. SPREAD INTO THE BAKING DISH (THE BATTER WILL BE THICK) AND BAKE FOR 20 TO 23 MINUTES OR UNTIL A TOOTHPICK COMES OUT CLEAN. LET THE CAKE COOL COMPLETELY BEFORE FROSTING OR SLICING.

WHILE THE CAKE COOLS, MAKE THE FROSTING: IN A LARGE BOWL, BEAT THE CREAM CHEESE AND BUTTER WITH AN ELECTRIC MIXER UNTIL SMOOTH. ADD THE VANILLA AND POWDERED SUGAR, AND MIX UNTIL SMOOTH.

### NOTES

NOTE: IF YOU'RE NOT VEGAN, YOU CAN USE REGULAR CREAM CHEESE AND REGULAR BUTTER.

\*YOU CAN ALSO USE 2 TEASPOONS CINNAMON, ½ TEASPOON NUTMEG, AND ½ TEASPOON CARDAMOM IN PLACE OF THE PUMPKIN PIE SPICE.

From Jessica Stern Foster



## Ingredients:

2 pounds boneless, skinless  
chicken thighs  
2 tablespoons taco seasoning  
1 (8-ounce) can tomato sauce  
½ cup (1 stick) salted butter  
sliced jalapeño peppers  
sliced red onions  
chopped tomatoes  
diced avocado  
shredded cheese  
sour cream

## Preparation time:

10 minutes

## Baking time:

40 minutes

## Difficulty level:

Medium



Place the chicken thighs in a 4-quart or larger slow cooker and sprinkle each thigh with the taco seasoning.

Pour the tomato sauce over the seasoned chicken and top with the butter. Add body text

Cook on low for 8 to 10 hours, until the chicken is tender.

Shred the chicken with a fork and mix it with the liquid in the slow cooker.

If desired, serve the shredded chicken with sliced jalapeños, sliced onions, chopped tomatoes, diced avocado, shredded cheese, and/or sour cream.

# Shredded Mexican Chicken











- 1/2 teaspoon salt
- 3/4 teaspoon baking powder
- 3/4 teaspoon baking soda or Allum
- 1 Tablespoon vanilla extract
- 1 Tablespoon butter extract
- 2 1/2 cups flour such as all-purpose, whole wheat pastry, spelt or gluten-free
- 3/4 cup plus 2 Tablespoons vegetable oil
- 1 cup packed brown sugar or Sucanat
- 1/2 cup sugar
- 2 eggs
- 1 1/2 cups semisweet chocolate chips, best quality
- 1/2 cup chopped nuts, optional



PREP: 20 min



Medium



Yield: 30 cookies




Kid Chief Friendly

### Instructions:

- Preheat the oven to 375F.
- Cream the eggs and sugars in a food processor or with an electric mixer until light and fluffy. Add the oil and vanilla and mix in thoroughly. Add the flour, baking powder, baking soda, and salt and pulse (or mix at low speed) until just combined. Fold in the chips and nuts (if using) by hand.
- Drop the cookies in heaping teaspoonfuls onto a cookie sheet lined with parchment paper, 1 inch apart.
- Bake 10 minutes. The cookies will firm up as they cool, so do not be tempted to bake them longer, or they will harden. Bake only one tray at a time. Store at room temperature in tin boxes. Separate each layer of cookies with foil or wax paper so they don't stick together.





Our mission is to teach  
God's Word to the  
nations, make disciplines,  
and raise Biblical leaders

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**WHO IS REDEEM OUR CHILDREN  
& WORSHIP AT THE ROC?**



**REDEEM OUR CHILDREN (ROC) WHO WE ARE...**

**ROC IS A CO-OP OF MINISTRIES WHERE WE ACTIVELY RESCUE TRAFFICKED PEOPLE. ROC ALSO HAS A CO-OP OF DESTINY CENTERS & HOUSES TO HELP WITH THE RESTORATION & REDEMPTION OF TRAFFICKED PERSONS. CURRENTLY WE ARE FINISHING UP OUR 70TH DESTINY HOUSE! THE ROC DESTINY CENTERS PROVIDE MEDICAL, MENTAL HEALTH, AND SPIRITUAL WITH EDUCATION & JOB SKILLS TO BUILD A PRODUCTIVE LIFE IN SOCIETY. RESTORATION FOR ALL THE SURVIVORS HOUSED. ROC ALSO WORKS TO BRING AWARENESS TO HUMAN TRAFFICKING THROUGH THE SURVIVOR STORY OF IT'S FOUNDER, JESSICA STERN FOSTER. JESSICA WAS KIDNAPPED, SOLD INTO HUMAN TRAFFICKING & SUPERNATURALLY RESCUED! JESSICA WAS THE 1ST SURVIVOR RESCUED, REDEEMED & RESTORED THROUGH THE ROC FOUNDATION! THROUGH THE AWARENESS, WE ADDITIONALLY RAISE FUNDS FOR THE RESCUES AND DESTINY CENTERS! THE ROC IS BASED IN THE USA AND IS ALSO A GLOBAL FOUNDATION AND NON-PROFIT 501C3.**

*[www.RedeemOurChildren.org](http://www.RedeemOurChildren.org)*