

# Grace & Truth Magazine

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Happy  
Thanksgiving

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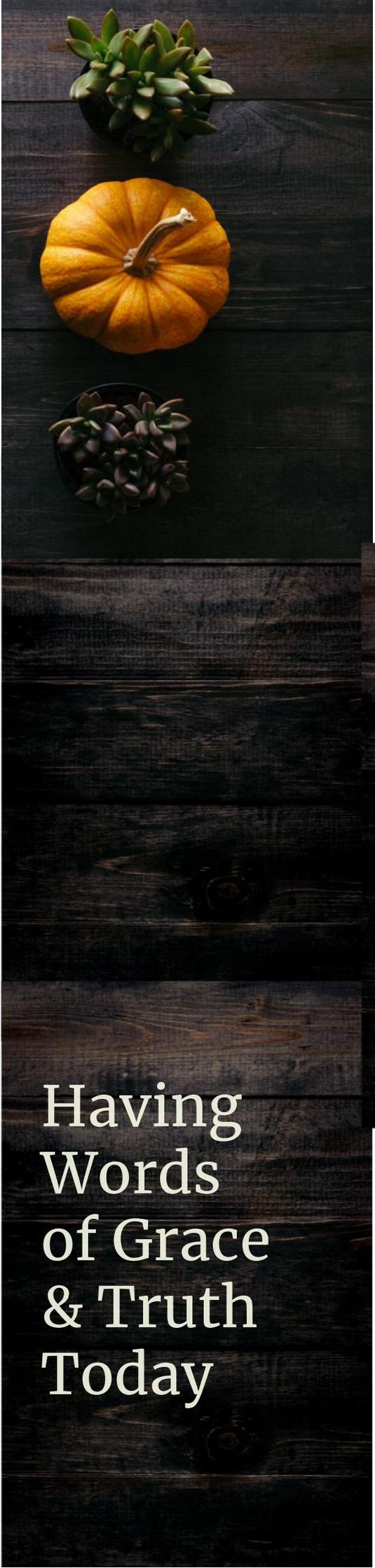
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Having  
Words  
of Grace  
& Truth  
Today

"But those who  
hope in the  
LORD will  
renew their  
strength. They  
will soar on  
wings like  
eagles; they  
will run & not  
grow weary,  
they will walk  
& not be faint."  
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*Happy  
Thanksgiving*

FROM ALL OF US HERE AT  
GRACE & TRUTH MAGAZINE

FROM  
❧  
THE EDITOR  
❧

THROUGHOUT THESE PAST EIGHT MONTHS WE HAVE ALL BEEN REMINDED OF THE THINGS THAT ARE IMPORTANT...

GOD, FAMILY, LIFE, LIBERTY, AND OUR FREEDOMS! NEVER BEFORE HAVE WE HAD A GENERATION OF PEOPLE WILLING TO GIVE UP THEIR HUMAN RIGHTS FOR SMALL COMFORTS AND FREEDOMS. WE HAVE GONE FROM A PEOPLE WHO FIGHT FOR TIME IN THE BATTLEFIELD TO A PEOPLE WHO STAY AT HOME AND HIDE! NO MORE! WE ARE TAKING A STAND AND TAKING OUR GOD GIVEN FREEDOMS BACK!

THIS MAGAZINE IS FOR THE PEOPLE, BY THE PEOPLE! WE ARE A GROUP OF BELIEVERS THAT HAVE BANDED TOGETHER TO BRING YOU THE NEWS AS WE UNCOVER IT WITH BIBLICAL INSPIRATION FROM OUR TEAM HERE AT THE ROC FOUNDATION AND GRACE & TRUTH MAGAZINE!

WE PRAY FOR EACH AND EVERY PERSON WHO READS OUR MAGAZINE. WE BELIEVE THAT GOD IS DOING A NEW THING! PEOPLE GET READY... OUR MESSIAH YESHUA JESUS IS COMING!



HAPPY THANKSGIVING,

*Jessica Stern Foster*



## **Conversations with Kendra Nelson & Tamika Johnson Every Thursday at 12:30 PM CST & 1:30 PM EST on [GraceAndTruthRadio.World](https://www.GraceAndTruthRadio.World)**

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Kendra S. Nelson was born and raised in Warrenton, GA. She's a Radical for Jesus, devoted wife, and a mother of 3 girls and 1 boy. She enjoys reading God's words, advocating for broken women, and spending time with her family. As Co-Pastor, Kendra launched a ministry that has taken God outside the confinement of being in a box to spread the good news of Correction, Comfort and Encouragement to the unpopular and unqualified that are seeking to inherit the Kingdom of God. As she walks in the will of God she stands on 2 Timothy 1:7 For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

Tamika Johnson is a wife and the mother of 4 adorable children (2 boys and 2 girls). She grew up in the small southern town of Warrenton, GA. Tamika is a humbled woman of God who has a servant's heart. She love sharing the Word of God, praying, counseling, and encouraging others. One of her favorite scriptures are Jeremiah 1:5. "Before I formed you in your mother's womb, I knew you and before you were born I set you apart and appointed you as a prophet to the nation's."

# Conversations with Kendra Nelson & Tamika Johnson

## FIVE PRINCIPLES OF VOTING BIBLICALLY

**There's so much division within the body of Christ and voting. There are many that feel as though politics and Christianity don't mix. They identify that God is sovereign and his will be accomplished anyway so why vote. So, therefore, they turn the blind-eye to the things that are going on in the world. Well today we're going to enlighten you on the importance of voting and how to vote.**

1. Prayer. Scripture says in Isaiah 55:8 "My thoughts are nothing like your thoughts," says the Lord. "And my ways are far beyond anything you could imagine." We are to seek God's will through prayer. Because of our sinful nature we have a tendency of choosing who we deem a better candidate that can totally go against God's will. God is sovereign and knows all things so therefore he knows what's best. We have to be grounded in God's unchanging Word. Studying and applying his word helps us to recognize and perceive what's expected of us. His word is our weapon against everything that comes against us. The gospel has implications for all areas of life and Christ followers are allowed to honor God in every area of our life. We should seek to surrender everything to the Lord, including political participation.

2. We must educate ourselves on the issues at hand and how each candidate has proposed dealing with those issues. We must also understand which laws are being pushed and know each candidate platform. Some choose a candidate based on their upbringing, some because they are intimidated by their family and friends, and others feel that they don't know enough to make informed decisions. Proverbs 15:14 states, "The mind of the prudent always acquire knowledge, And the ear of the wise always seeks knowledge."

3. Kingdom alignment. When casting your vote, it should align with the word of God. Colossians 3:17 says, "And whatever you do or say, do it as a representative of the Lord, Jesus, giving thanks through him to God the Father." We should always pray for God's will to be done on earth as it is in heaven. God



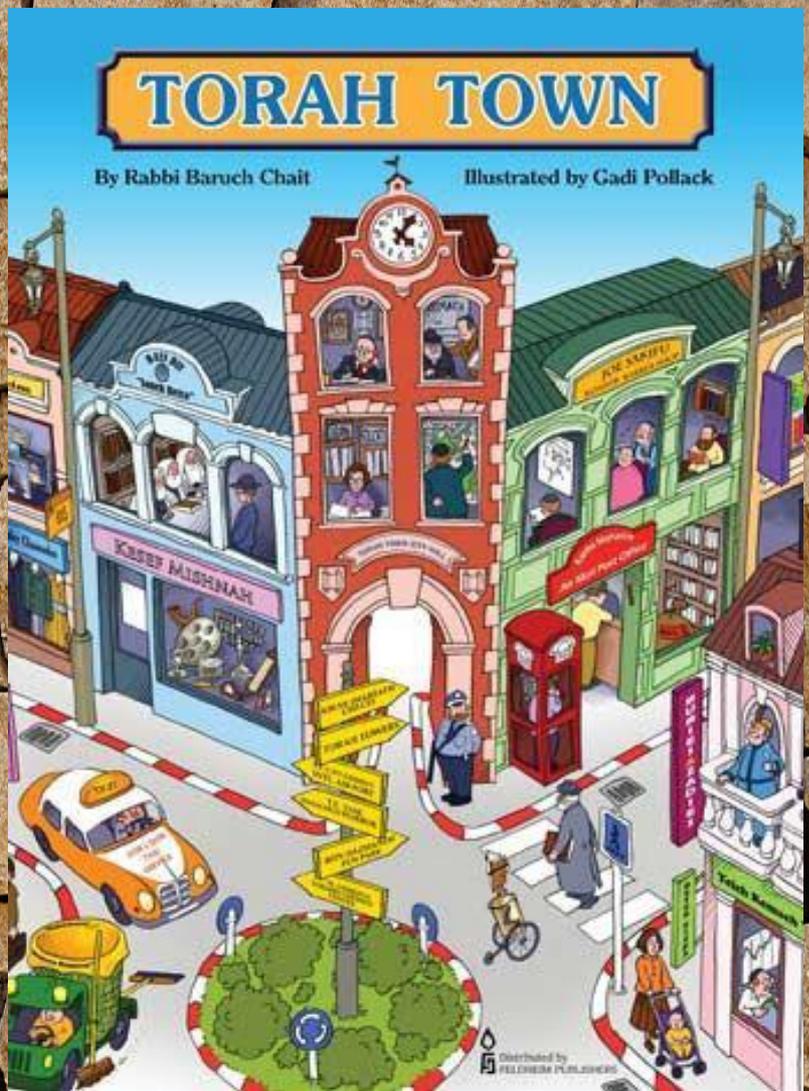
uses "US" his people to accomplish His will. We have a tendency of voting according to our personal views. Simply put, what best suites our individual lifestyle. If your views and vote are that of the same of an atheist, then it's time to reevaluate what kingdom you're aligned with.

4. We should prayerfully approach the issue of political involvement and seek Godly counsel. You wouldn't want to vote for a party who discount and contradict God's unchanging moral law. While abortion and same sex marriage may seem to be "right" in the world, they are wrong in God.

5. Research. You should do your own due diligence in researching the political parties and what they stand for. Hosea 4:1 says my people perish for a lack of knowledge because they reject the truth. We should never follow the trend or news outlets that are used to manipulate our thinking. An important question to keep in mind is what does God represent? Does God agree with abortions? What political party is against abortions? What political party is against feminism? How does God feel about homosexuality? Climate change? What does God think about BLM that's ran by witches? While

educating ourselves on the political platforms we should also educate ourselves on the laws of God.

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## TORAH TOWN

### TALK TO YOUR CHILDREN ABOUT SALVATION

#### KEYS TO TALKING TO A CHILD ABOUT SALVATION:

- **Ask Questions** - Get clarification before deciding how to answer a question. For example, you might say, "What made you ask that question?" or "Where did you hear about this?" Remember, many times the question a child asks may not be the actual question for which he is needing an answer. Avoid asking questions that can be answered with "yes" or "no."
- **Avoid giving more information than a child needs** - Adults can be tempted to tell all they know on a subject. When a child asks a question, only answer what the child is asking. If a child asks for more information, be more specific with your answers.
- **Don't jump to conclusions** - A child may ask, "Why did Andy get baptized?" This question may be only a request for information, not a request for the gospel presentation.
- **Speak in clear terms** - Avoid symbolic analogies that distract from discussion and understanding.
- **Use simple wording** - Rather than using the phrase "accepting Yeshua into your heart," say words like "becoming a Christian".

#### STEPS OF GOD'S PLAN FOR SALVATION:

1. **YHWH loves you and has a great plan for you (Psalm 139:13-16)** - Talk about these truths. Say, "Tell me one way you know YHWH loves you."
2. **We have all sinned (Romans 3:23)** - Everyone must understand that he is separated from YHWH. Sin is best understood as choosing to do things our way instead of God's way (have you child name some examples of sin such as disobedience, lying, fighting, or even stealing)
3. **We deserve to be punished for our sins (Romans 6:23)** - Explain that a "wage" is what we earn for doing something. Let them know that death refers to separation from YHWH. We will all die, but we can not be with YHWH if we have sin in our life.
4. **Even though we sin, YHWH loves us and will forgive us (Romans 5:8)** - Ask, "How do you think it makes God feel when you sin?" Focus on the fact that God loves the child even when they sin. Make sure that they understand that God knows about every sin that they commit. Say, "God promised that one day a Savior would come and not sin and would die for all people. Do you know who that Savior is? Did you know that He died for you?"
5. **Yeshua died for us (John 3:16)** - Tell about John 3:16 and explain that because sin separates people from YHWH, everyone needs a Savior. Ask, "Do you know why Yeshua died?" Reply, "Yeshua (Jesus) loved you so much. He willingly died for you, so you could be with Him forever." If the child is old enough to understand the resurrection, say, "Yeshua rose from the dead, so we could have eternal life."
6. **You can become a Christian by confessing that Yeshua (Jesus) is your Savior and Lord (Romans 10:9)** - Ask, "Would you like to be a Christian and start living for Yeshua (Jesus) today?" State that the word confess means to say that Yeshua (Jesus) is your Savior and that you must Admit your Sins, Believe Yeshua died and Commit to serving Him and others.

## TORAH TOWN

### THE ABC'S OF SALVATION



#### ADMIT:

Admit that you are a sinner and have made mistakes.

#### BELIEVE:

Believe that Yeshua is the only Son of YHWH and he chose to die for you.

#### COMMIT:

Commit to a life of following Yeshua and loving others.

# Keep the Faith, Regardless of What We See or Hear!

By: Dr. Roberts Liardon

Only history will tell the full significance of the appointment of Amy Coney Barrett to the Supreme Court of the United States last month, but her behavior during the confirmation process spoke to me personally.

As I watched her answer the questions of senators, I marveled. When those opposing her hurled insult and accusation at her, she remained poised and eloquent. She knew her stuff and gently but firmly stood her ground. When she was praised by those promoting her, she remained humble and grateful. There was no hint of pride or arrogance. There were no shouting matches. I only saw a quiet, wise woman – full of the power of the Holy Spirit.

Her godly performance challenged me. As I wait for the election results, I covet her faith, her courage, and her gentleness. If you saw her also, you probably feel the same conviction not to be moved by lies, accusations, or insults. We must face down all fears with faith and act courageously. We must stay in the peace of God, rest in the finished work of our Lord Jesus Christ, and refuse to be worn down or worn out by false reports and news.

We know our Heavenly Father is hearing our prayers and answering them. We also know that He rarely answers our prayers the way we would like Him to! So we must trust Him to do what's best and stay the course. We must keep the faith regardless of what we see or hear, and continue to declare the truth: He is faithful!

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Dr. Roberts Liardon is an author of 86 books, public speaker, spiritual leader, church historian, and humanitarian. He has established many churches and accredited Bible schools. He is currently building Embassy International Church in Orlando, Florida, an apostolic center to serve his community and the nations. Dr. Liardon has ministered in over 127 nations and loves to pray, teach the Word of God, and prophesy to bless God's people. He speaks to a current generation of believers who want to draw closer to the heart and mind of God and impact their communities and the nations through the Gospel of Jesus Christ.

Our IG community knows Pastor Roberts as the God's Generals guy! For more about him, visit his website at: [www.RobertsLiardon.org](http://www.RobertsLiardon.org).



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# Bible Ban... Book Burning

by Amanda Bishop

What else can 2020 throw our way? Covid-19 lockdowns, fires, murder hornets, cancel culture, and now news coming out of Scotland from Catholic and Christian leaders about Bibles being banned.

Can you imagine having the police come in without warrant and taking any books or documents to use against you as evidence of a hate crime? A HATE CRIME.

You and I probably have many books in our homes that are considered “inflammatory” according to the Hate Crime and Public Order (Scotland) Bill.

For months Scotland’s Hate Crime and Public Order Bill have been under the watchful eye of many. The new bill was created to make sure those covered are protected from hate crimes that are fit for the 21st century. The problem is in the wording of the bill itself. Word phrases like “inflammatory”, “abusive”, “hateful” behavior, and “stirring up hatred” could have detrimental effects on the Christian community.

Ciaran Kelly, Deputy Director at The Christian Institute, has said “Provisions on ‘inflammatory material’ could be used against Christian books, sermons by church ministers – even the Bible itself. The potential reach of the offences is enormous, affecting religious practice in public and in private.”

Mr. Kelly is not the only one with concern. Anthony Horan, Director of the Catholic parliamentary office said, “Allowing for respectful debate means avoiding censorship and accepting the divergent views and multitude of arguments inhabiting society”. Some taking the opposite point of view or maybe they don’t realize that freedom of speech and freedom of thought are the real issue.

Ian Stewart, the convener of Atheists Scotland, wrote in the Dundee newspaper *The Courier*: “Atheists see some merit in Justice Secretary Humza Yousaf’s Hate Crime bill, as it will enable the prosecution of all Scotland’s religions and their Holy

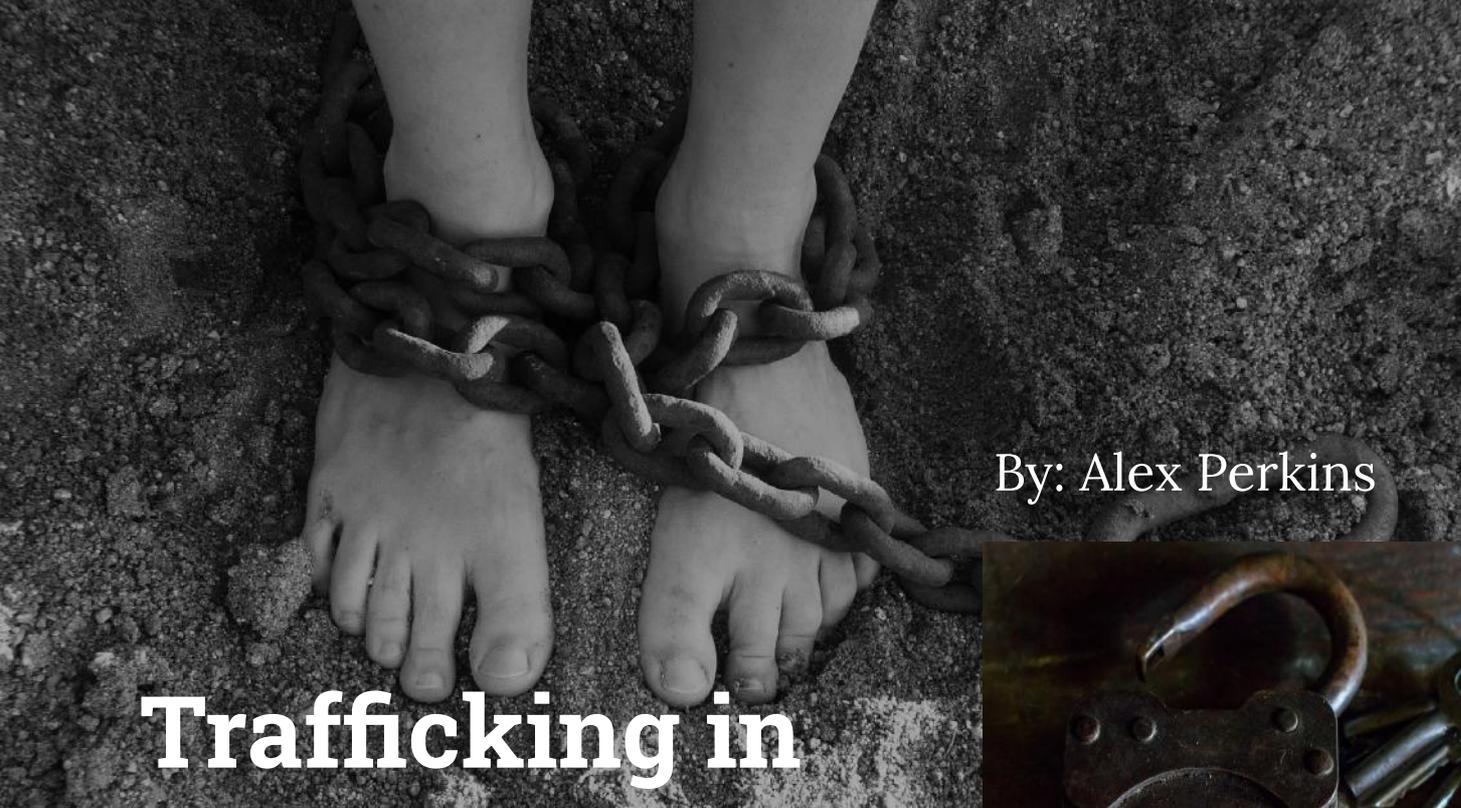


Books for spreading hatred.” Mr. Stewart’s group plans to “monitor all Holy Books, sermons in places of worship and the social media accounts of the various religions and report any hatred to Police Scotland for criminal investigation.”

After reading through section 5 of this bill, I am almost shocked at all the ways that have been listed that may “stir up hatred”. Section 5(6) defines the different ways in which a person may communicate material to another person for the purposes of an offence under section 5(1) or (2). Some ways include as sign, on the internet through websites blogs, podcasts, social media; online streaming, by email, playing a video, through public performance of a play; through spoken word, the written word, electronic communication. Think of all the ways we do our best to spread the Good News of the Gospel. Now look back at the partial list from this Hate Crime Bill. How many of the items listed does your church, or synagogue use? How quickly have things around us changed here in our own country.

Although still in the early stages, this cannot go unnoticed. As we see things unfolding across our country it would not be far fetched to see this happen here in America. Every day we creep closer and closer. Friends, we must be involved in our local governments to know what is being proposed.

**For more information on this article, please, [click this link.](#)**



By: Alex Perkins

# Trafficking in Trump's America



President Donald J. Trump has done more than any other President to combat human trafficking in his nearly 4 years of office. Under President Trump authorities have arrested an unprecedented number of sexual predators involved in child sex trafficking in the U.S. In April of 2020 President Trump announced 35 million in new Justice Department grants to organizations that provide safe housing for victims of sex trafficking. According to the White House, "The grants will be shared by 73 organizations in 33 states to provide anywhere from six to twenty-four months of transitional short-term housing assistance to survivors, including to pay rent, utilities, or related expenses, such as a security deposit." One would think that these accomplishments would have been the biggest stories in the National news, but instead the mainstream media failed to report on this.

During President Trump's first month in office alone, law enforcement officers arrested more than 1500 suspected pedophiles, compared to just 400 arrests during all of 2014, according to an FBI statistic. The following year, more than 2,300 suspected online sex traffickers were arrested during "Operation Broken Heart."

Because of Operation Broken Heart 383 children, who were the victims of horrific sexual abuse, were rescued. This was in one single operation. The rescue of hundreds of children should have been front page news all over the country, but again the media failed to cover this story. Spreading public awareness through the media is one of the ways we can help combat human trafficking, but the media refuses to cover this monumental issue.

Members of the media defend pedophiles and sex traffickers just to take a jab at the President. Human Trafficking affects tens of thousands of victims in the United States every year, and over half of those affected are children.



Anyone who has compassion for human beings should be able to see that fighting these unimaginable crimes, is exactly what our federal law enforcement should be doing.

Washington's elite have known about Jeffrey Epstein for years. His "Island of Horrors" was not something that happened overnight. In 2009, prior to building Little St James, Epstein was facing sexual assault charges in Florida. According to the attorney representing the victims in the case, many elites were subpoenaed. The only person to come forward with good information about Epstein was then private citizen Donald Trump. Too many politicians and media elite ignore the horrific reality of human trafficking. Some go so far as to mock and ridicule those who speak openly about this subject. President Trump has taken an amazingly strong stance against human trafficking and is attacked for this stance, simply because many elites are involved in the practice themselves.

The media should be covering human trafficking as it is estimated that 50,000 people are trafficked into the U.S. each year. The media's lack of coverage makes it seem like they are protecting the predators. If they are simply not covering this subject because of their hate towards President Trump I would ask them to consider this: Human trafficking destroys tens of thousands of American lives each year and turning it into a political issue is not only cruel and

insensitive, but downright immoral. Regardless of one's political beliefs, there is no excuse for undermining the effort to save children's lives. When all of the information is released in the ongoing Epstein case I think we will see that the media are in fact protecting the elite, thus destroying their credibility forever.



Alex Perkins is a writer, Wife, Mum and woman of God. Alex is working everyday to help combat Human Trafficking. She is part of the ROC Media team, helping to educate the masses and hunt down pedophiles and Traffickers on social media! lives in California with her family.



**WITH PASTOR ROBERTS LIARDON**  
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# Heavy Metal Detox

By: Alex Perkins

CONTROLAVIRUS.

Everyone can benefit from a heavy metal detox because we have all been exposed to many different toxic metals and chemicals over our lifetime. These metals enter our bodies by way of vaccines, city water, aluminum-based deodorant, the food we consume, and the air we breathe (due to chemtrails) just to name a few. Did you know that viruses like Covid19 feed off heavy metals? These heavy metals that have accumulated in our bodies over time actually make viruses stronger.

Toxins are dangerous because they poison us slowly. These toxins damage the central nervous system, the brain, the liver, and other important organs. They also weaken our immune system and make us susceptible to catching viruses like Covid19. These metals and toxins feed the viruses, cancers, bacteria, and other foreign trespassers that enter the body. When we contract a virus such as Covid19, due to the heavy metals in our bodies, it can produce its own symptoms. Some of these symptoms are dizziness, numbness, fatigue, tingling, heart palpitations, vertigo, neck pain, and many other aches and pains throughout the body. This is just another reason why ridding the body of these heavy metals and toxins is so important.

According to one study that assessed the antiviral properties and effects of zeolites on coronaviruses,

“The antiviral properties of zeolite powders amended with metal ions were assessed using human coronavirus 229E, feline infectious peritonitis virus (FIPV) and feline calicivirus F-9. Zeolites containing silver and silver/copper caused significant reductions of coronavirus 229E after one-hour suspension. The silver/copper combinations yielded a reduction within 24 hours. It was also the most effective against FIPV after 4 hours. Other formulations were ineffective against FIPV. On plastic coupons with incorporated silver/copper-zeolites reductions were achieved for coronavirus 229E and feline calicivirus with 24 hours, respectively. Silver/copper zeolite reduced titers of all viruses tested, suggesting that it may be effective against related pathogens of interest like SARS coronavirus, other coronaviruses, and human norovirus. Of note, it was effective against both enveloped and nonenveloped viruses. Metal-zeolites could therefore possibly be used in applications to reduce virus contamination of fomites and thus the spread of viral disease.”

Due to the Pandemic many people are staying home. This is the perfect opportunity to focus on one's health and a great time to detox since heavy metals play a role in the bodies ability to fight Covid19. We know that TRS removes heavy metals from our body, including our brain, where heavy metals accumulate more. Advanced TRS uses breakthrough

nanotechnology to remove and cleanse toxins and heavy metals, and all of this is performed at the cellular level. TRS passes safely through the urinary tract without depleting the body of essential electrolytes. TRS also balances PH levels and boosts immune system function.

Another benefit of doing a heavy metal detox is it helps eliminate candida and parasites from the body. Like viruses, Candida and parasites, feed on heavy metals too. The die off symptoms when people kill candida with anti-fungals are partly the result of the release of heavy metals into the body which overwhelms the liver and cannot be excreted fast enough. Therefore, detoxing heavy metals first or along with killing candida and parasites is important so that you do not risk toxic metals redistributing throughout the body.

TRS is a zeolite bound to water and can cross the blood brain barrier where other detoxes cannot go. TRS is tasteless and is sprayed directly into the mouth or can also be sprayed on food. It is safe for all ages including babies. TRS is readily available (worldwide) and shipping takes about three s.day

Source:

Bright, K.R., Sicairos-Ruelas, E.E., Gundy, P.M et al. Assessment of the Antiviral Properties of Zeolites Containing Metal Ions. Food Environ Virol 1, 37 (2009).  
<https://doi.org/10.1007/s12560-008-9006-1>

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# Socialism & the Trump Card

**An interview with  
Dr Carol Swain  
and Dinesh D'Souza**

America's democratic republic is in trouble. Socialism is breathing down our necks, and in case you don't know, socialism is an economic and as our guest will tell us a cultural system that's bigger than government just owning the means of production, and the natural resources.

Socialism is a stepping stone to communism. It's failed in every nation that's tried it, and unfortunately many Americans are warming up to the idea especially our young people. So, joining me today to discuss socialism, which has taken place in America and his latest film, is Dinesh D'Souza who has been called the "Master of Conservative Film Genre" he's here to discuss socialism and his latest film "Trump Card" which will be released on October 9th.

16 - Socialism and The Trump Card.....

Swain: So, Dinesh welcome back to the, "Be the People Show"

D'Souza: Carol it's always a pleasure, great to be on the show.

Swain: And tell our listeners why, in fact I've read that you've said that this is your most important political film, is that accurate? That you would say it was more important than your two previous films that certainly had an impact on America?

D'Souza: I think it's my most important and best film for really two reasons, one is that the country is really hanging in the balance here. The democratic left has unleashed a fury of fanaticism and lawlessness that I think is without precedent, at least in my adult life time, and so the stakes are higher. I think the second thing is that we've got with Trump, this very unusual political leader. Not someone that we would have chosen in advance, not someone who would even have the conservative credentials, perhaps not even the temperament to be the leader in a difficult time, and yet whose proving to be an unbelievably resourceful fighter,

and so that's why I titled the film "Trump Card" it outlines the threat which is socialism, the left's desire to move us in the direction of socialism, and then trump as the leader of the antisocialist movement.

Swain: Oh my... and when you look at America where do you see us? Because the young people and not just young people, old people follow Bernie Sanders, and what is different about the kind of socialism that Americans seem to find appealing? And, if you think about the COVID-19 Corona Virus crisis, where the government stepped in and gave people, you know, lots of things to try and soften the blow of their not working. What do you see? First, how's the Bernie Sanders socialism different? And then what dangers for us?

D'Souza: Bernie Sanders is very much an old style socialist, and you can see this is the places that he visits. He went

for his honeymoon to Moscow. He's said things like "Breadlines are a good thing". He's a big fan of Castro and Cuba, of the Sandinistas and Nicaragua. So, this is the kind of oldline socialism. Now when young people listen to Bernie, they don't really hear this. They hear things like "minimum wage", "universal basic income", "free college", and so on... and so for young people today, and you have to have a little sympathy for them, their growing up in a difficult world. College cost are ridiculously high, health care cost are unnecessarily high, and so this notion of getting stuff for free, or more accurately, getting other people to pay the bills. Kind of like going to a restaurant and someone tells you, "I'll get the guy at the next table to pay your bill". You're going to be like "wow that sounds like a pretty good arrangement".



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So, it's not that hard to understand why young people are tempted by socialism. There not really in a sense, anticapitalist, because if you were to say to them... "Okay young people, would you like to stop using your iPhone? and give up GPS? and stop going on Uber? and renting an Airbnb? Would you like to give up all the abundance that technological capitalism has deposited on your doorstep over the past generation?" ... they'd be like "What? What? are you crazy? Why would I do that?" ... so, they have no intention of relinquishing the abundance of capitalism, but they're also hoping to benefit from the freebies of socialism.

Swain: I can see that... and when we hear people like Alexandra Ocasio Cortez, "AOC", talk about socialism. Is she on the same page with Bernie? Or, is she touting something different?

D'Souza: Well, she's on the same page in some risk facts. And of course, she endorsed Bernie, but her tone is completely different. It's like talking to two people from different planets almost. Bernie has the kind of earnest, kind of Rip Van Winkle whine, it almost feels like this is a guy whose been asleep for 30 years and has woken up and is really surprised to see people using cellphones. AOC lives in the culture; she swims in modern American culture and she's mastered a lingo. that is almost sounds simi stupid but is very conversational and appealing to young people because she feels quote "real" like she is giving you the real scoop. And uhm so with AOC you have a socialism that is I think just as much cultural as is economic a lot of leftist and socialists care more about abortion than the minimum wage. They care more about the transgender bathroom than they do about basic universal income.

Which means that their agenda is cultural Marxism as much as it is economic redistribution.

Swain: And do you see that more like totalitarianism, what they want? And then the socialism that you see taking place in America. I would argue that it has Marxist roots. What would you say about that?

D'Souza: Well the left will emphatically deny that they are trying to impose the totalitarianism of Mao Lenin and Stalin. They insist that they want democratic socialism. Which is to say that it is socialism that has the moral backing of the idea of democracy. And it's true that they want to create this kind of majority coalition of oppressed victims. The reason they divide society into rich vs poor, black vs white, male vs female, straight vs gay, legal vs illegal, is they are trying to create this sort of 51% majority made up of supposed victims from all these different groups. But their goal is that once they get that majority they can rule and oppress the remaining 49% so they are hoping to achieve you may say a socialist result through a democratic means. Now one of the things that Orwell points out in his, George Orwell in his books is that democratic socialism somehow always pushes in the direction of authoritarian socialism. So initially they talk about raising the minimum wage, economic redistribution, a living wage, but pretty soon they are starting to tell you what to think, what to say. Try to get you fired from your job because of what you believe. Trying to control the churches, trying to control the family. So, socialism might begin in a sort of democratic way but pretty soon it takes on an authoritarian tinge.

Swain: I want to thank you so much for spending time with us today and telling us about what you are doing to keep America great because America is already great but to keep it great. I know that your films educate a lot of people and I believe that our listeners if you go and watch the films and you tell your friend, your neighbors, your children about it. We will have more people who understand the political environment. And will be able to resist what is taking place in America.

D'Souza: Thank you Carol it's been a pleasure.

Remember it is up to you to be the people who change our nation and our world. One of the most important was is getting involved. There are so many ways that you can get involved. Watching the films, sharing the films, using your social media to promote your values. Those are things that a lot of us can do. So, until next time, Be the People.

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**DR. CAROL SWAIN  
EVERY THURSDAY  
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Dr. Carol Swain is the host of the podcast "Be the People" (GTRW) and

"Two Minutes to Think About it with Dr. Carol Swain (Bott Radio). She is also an author and editor of nine books, which have won three national awards and a Pulitzer Prize. Dr. Swain is a former university professor of political science and law at Princeton and Vanderbilt Universities, and a nationally known political commentator who has appeared on Fox News, ABC Headline News, CNN, BBC Radio and NPR, among other outlets. Her opinion pieces have been published in the likes of The New York Times, USA Today, CNN Online,

the Epoch Times, the Washington Post,

and the Wall Street Journal. For more about her, visit her website at: [www.CarolMSwain.com](http://www.CarolMSwain.com).



Ezekiel 36:26 Trade your stoney heart for a Yeshua DNA heart!



*Jessica Stern Foster*

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# The First Thanksgiving

By: Dr. Roberts Liardon



## Pastor Roberts, I hear different accounts of the first Thanksgiving. What do you believe?

I believe the historic documents, the writings of the Pilgrims. Their accounts tell not only what happened but the true relationship between them and the Indians in those first years in America. I thank WallBuilders for providing the following information from those sources.

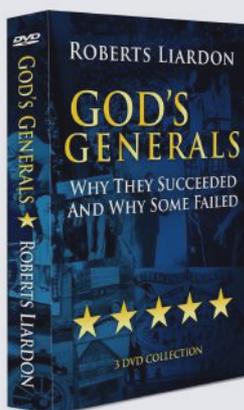
In November 1620, after a grueling voyage on the Mayflower across the Atlantic, the Puritans we now call Pilgrims landed at what they called Plymouth, Massachusetts, in America. They immediately began to build dwellings to survive the winter, but by spring, nearly half had died. That spring, an Indian named Samoset came to visit them. Samoset had learned English from British traders. They had a peaceful meeting, and a week later he returned with an Indian named Squanto.

Squanto had been abducted and sold as a slave in Spain, but he had managed to escape to England. There, he learned the English language and culture. In 1619, he returned to America, only to find that his entire tribe had died of small pox. After meeting the Pilgrims, he became a Christian and lived with the Pilgrims as an interpreter and guide. Governor Bradford said that Squanto was, “a special instrument sent of God for good . . . and never left till he died.”

## He helped the Pilgrims learn how to survive in the new land.

Grateful to God for their new Indian friends, the Pilgrims declared a three-day feast in December 1621. There were ninety Indians and fifty Pilgrims. They ate shellfish, lobster, venison, cornbread, berries – and turkey – together. There were games and competitions for all the young men, but most importantly, the Indians and Pilgrims prayed together. Through the love and gratitude of the Pilgrims, many Indians received Jesus Christ as Lord and Savior.

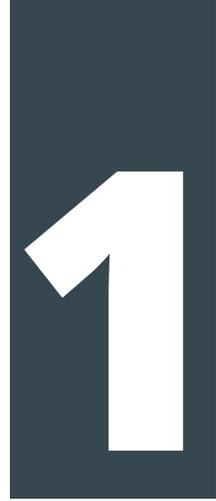
What we must realize is that historians who don't know the Lord Jesus Christ or the operations of the Holy Spirit will not interpret events in the right spirit and may bend the truth and distort the facts to promote a personal bias or agenda. Always consider the source of “historical facts”!



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# The Heritage of American Thanksgiving

By: Marta Greenman



My early memories of Thanksgiving include making hand turkeys in school. You've made them, the ones drawn around your hand and cut out with feathers glued on to make your thanksgiving art work for the family refrigerator. But why do we celebrate Thanksgiving?

Let's journey back to America's first Thanksgiving. The first Thanksgiving was celebrated the fall of 1621, a year after 102 passengers arrived in the New World on the Mayflower. Who were these men and women who celebrated the first Thanksgiving? Why is it important to celebrate? As we are reminded that our religious freedoms are essential, ask the Lord what He wants you to do with this important information.

Webster defines pilgrim as "...one who journeys in foreign lands." The Pilgrims, who were included in the Puritan movement, could not find religious freedom in England and chose to become "pilgrims," travelers to the New World.

The Pilgrims were Puritans, so we ask - "Who were the Puritans?" To answer this, we to go back in history to 1526 when William Tyndale's English translation of the New Testament was smuggled into England. This was the first time people could read the Bible in their own language and were not dependent on a priest to tell what

**God's Word said. The common man paid several days wages to obtain a copy of this scared book.**

By 1532, William Tyndale had translated half the Old Testament and had officially become a target of King Henry VIII, along with anyone who associated with Tyndale. Why would translating the Bible be an offence against the King? The king was not only ruled the country but he also controlled the church. Putting Bibles in the hands of the people would give them power. What would happen if by reading the Bible they realized the church was not teaching the truth? Suppose the Bible taught that every man, including the King, is accountable to God?

After Henry was declared King, he separated from the Catholic Church and formed the Church of England. Henry instituted statutes outlining the relationship between the King and the Pope and the structure of the Church of England, the Act of Appeals; the Acts of Succession; and the first Act of Supremacy, declaring the king was "the only Supreme Head in Earth of the Church of England." These macro reforms trickled down to minute details of worship. The details of worship did not include the common man being able to read the Bible. Although the term Divine Right of Kings was not in use until 1597, the spirit of the Divine Right of Kings was in full force.

Therefore, when Tyndale wanted to put a Bible into the hands of the plowman, he became a threat to the monarchy of the King of England. So King Henry VIII vowed he would put Tyndale to death, and he would use the church to accomplish his goal.

William Tyndale was eventually arrested and imprisoned for eighteen months. John Foxe wrote in Foxe's Book of Martyrs of Tyndale's confinement, "Such was the power of his doctrine and the sincerity of his life, that during the time of his imprisonment . . . he converted his keeper, the keeper's daughter, and others of his household. Also, the rest that were with Tyndale conversant in the castle, reported of him, that if he were not a good Christian man, they could not tell whom they might take to be one."

August 1536 brought the years of those who had hunted Tyndale like ravaging wolves to a triumphant end. He was convicted of heresy, removed from the priesthood and scheduled for execution. William Tyndale was publicly executed October 1536. John Foxe reported Tyndale cried "at the stake with a fervent zeal, and a loud voice, 'Lord! Open the king of England's eyes.'"



In reading the Bible, people discovered great discrepancies between the leaders who controlled the church and themselves and what God's Word actually said. As a result, they wanted to purify the church and bring it up to biblical standards, so they were called Puritans. Separatists came from the Puritans since they decided it was impossible to purify the Church of England therefore "separating" themselves from the state church. All Separatists were Puritans but not all Puritans were Separatists.

Fast-forward to 1590 when Queen Elizabeth I reigned. She established Anglican service for the Church of England. This included mandatory church attendance and rules against unlawful assembly meaning attendance at a church other than the Church of England. Imprisonment awaited one caught in these offenses until they agreed to comply with the Queen's demands. One who refused to obey after his term of imprisonment was exiled from England. And if they returned to England after being exiled, they faced execution.

Despite the clearly outlined fate of rebellion against the queen which included death, a 12 year old William Bradford defied the Queen's orders. William Bradford eventually became one of the 102 passengers on the Mayflower destined for "The New World." By 1621 William Bradford was governor of Plymouth Colony. He spent his life helping shape and stabilize the political institutions of the first permanent colony in New England.

At the age of 12, young Bradford was walking sixteen miles each week to attend church in Bayworth. Bradford's uncles did not approve and threatened the lad. William was steadfast in his beliefs: "the wrath of his uncles, nor the scoff of his neighbors . . . diverted him from his pious inclinations." In fact, Bradford told his uncles, if he was to suffer disaster

## **"Thanksgiving is good, but 'thanksgiving' is better." Author Unknown**

because of his new beliefs, then he would be suffering 'for a good Cause.' They should neither be angry with him nor feel sorry for him, he insisted, because God had called him to follow in this way, and 'hath given me a heart so to do.'"

Queen Elizabeth instituted the Supremacy Act in 1534 making it illegal to be a Puritan. Anyone who disagreed with Elizabeth's new church settlement got a name that was spit out like a curse, PURITAN. The state, the queen and the monarch used the clergy as their mouthpiece to control the people. The government controlled the church, and the church controlled the people, the optimum of tyranny and oppression.

When Queen Elizabeth died, King James succeeded her as King in 1603. The Puritans hoped things might improve. They entreated the king for reform. The King replied, "I will [have] none of that!" he thundered; a church in which its members made their own choices about how they were to be governed 'as well agreeth with a Monarchy as God and the Devil. Then Jack & Tom, & Will and Dick shall meete [sic] and at their pleasure censure me, and my Council, and all our proceedings.' James would not be censured. He swore he would put down anyone who challenged his authority as head of the church. 'I will make them conform, or I will harry them out of the land.'"

Things got drastically worse. Kirk Cameron, in the Documentary Monumental, said, "This guy was a tyrant king on steroids. He was the one who actually invented the phrase 'the Divine Right of Kings.' He bankrupted his nation. He tripled the debt and He considered himself to be a devout Christian while he was obsessed with hunting down and

destroying the most devout people in his land. One of the things that fascinates [me] is knowing that once the Bible was translated into English and given to the common man that changed everything. Because they started thinking for themselves, they said this is what the word of God says; therefore, church ought to be like what God says it should be not what the king says. And the king himself is a man who should be under God's authority of the King of Kings and the King of England must too abide by the law of God.

What does the term, Divine Right of Kings, mean? "The divine right of kings is a political and religious doctrine of royal and political legitimacy. It asserts that a monarch is subject to no earthly authority, deriving his right to rule directly from the will of God. The king is, thus, not subject to the will of his people, the aristocracy, or any other estate of the realm, including (in the view of some, especially in Protestant countries) the Church. According to this doctrine, since only God can judge an unjust king, the king can do no wrong. The doctrine implies that any attempt to depose the king or to restrict his powers runs contrary to the will of God and may constitute [a] sacrilegious act."

When people identified as Puritans and Separatists, they had to choose between leaving the country or remaining and facing death.

William Bradford became an orphan at seven. His uncles raised the frail and sickly boy. God used this illness as a blessing in Bradford's life. Since William could not perform farm work, his uncles decided to send him to school to study subjects which would help them with accounting and other farm business. At this time, ninety percent of men in Europe were illiterate. The gift of education would set William apart with the elite of that time. The Lord used this gift to shape and mold Bradford for the remainder of his life. This gift from God would be used to shape the future colony in Plymouth.

The members of William Bradford's home church in Scrooby were known as Separatists or extreme Puritans. They realized their only option for religious freedom was to leave England. Therefore, they sold their belongings and prepared to move to Holland (the Netherlands). Late one night in 1607 with only what they could carry, they boarded a ship. Instead of heading for freedom, they found themselves headed for imprisonment. The ship's captain had betrayed them. Everything was lost, their money, their meager possessions even their books.

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In Luke 9, Jesus was having a conversation with His disciples when one stated, "I will follow You wherever You go." 58 Jesus replied, "The foxes have holes and the birds of the air have nests, but the Son of Man has nowhere to lay His head." 59 But He said to another, "Follow Me." But he said, "Lord, permit me first to go and bury my father." 60 But He said to him, "Allow the dead to bury their own dead; but as for you, go and proclaim everywhere the kingdom of God." 61 Another also said, "I will follow You, Lord; but first permit me to say good-bye to those at home." 62 But Jesus said to him, "No one, after putting his hand to the plow and looking back, is fit for the kingdom of God."

The Pilgrims had counted the cost of not having a place to lay their heads, but most understood the parable and made the decision to put their hands to the plow and not look back because they wanted to be counted worthy of the kingdom of God.

A few of the Scrooby congregation abandoned the idea of fleeing England, but most stood made plans for another escape. They contracted with a Dutch captain and prayed for better results. They divided into two groups in case the worst happened—they would not all be together. At the appointed time, the women and children arrived before the men and waited in a smaller boat in a creek. The men approached at sunrise. The tide had turned, and the women could not reach the ship. With only half the men aboard, hostile crowds rushed the beach with guns. The Dutch captain panicked and abandoned the remaining men and all the women and children. The women watched while the men on the beach were arrested and once again incarcerated. Bradford, among those arrested, had to endure more persecution and difficulties than we in America can fathom. Bradford wrote this, "was no marvell [sic]—yet newcomers 'came on with fresh courage, & greatly animated others.'"



**“Nevertheless, to keep a good conscience, and walk in such a way as God has prescribed in his word, is a thing which I must prefer before you all, and above life itself.”**

— **William Bradford**

Not all the Scrooby Congregation were imprisoned but those men who escaped arranged for others to leave in small groups so as to go unnoticed. All the Separatists finally made their way to Amsterdam by August 1608. Dr. Marshall Foster, president of the World History Institute, in the documentary *Monumental: In Search for America's National Treasure* said, “[The Netherlands] was the only place they could have gone in the entire world that was not under a tyrant [king] who would kill them. [If ] They went to France tens of thousands were dying. If they would have gone over to Germany, millions were dying in the streets. If they went up to Scotland, forty thousand or more were dying, even ministers by the thousands were being persecuted and butchered. And so of all the places in the world that they could have gone that year that [Amsterdam] was the one place they could be free, and they could worship God, and they could prepare for the future.”

To propagate the gospel, the Separatist acquired a printing press to print pamphlets and books, though it violated the laws of King James. They were printed and put into barrels and sent out to sea. The believers prayed their material would arrive on the shores of England. “In 1619, [William] Brewster anonymously published his *Perth Assembly*, which attacked King James for forcing Scottish Presbyterians to accept the rule of English bishops, [King] James demanded that the author be arrested . . . [Brewster] began hiding in one Separatist home after another, but as the manhunt continued month after month, Bradford and the others soon recognized

their elder would forever be a homeless fugitive as long as they remained in Leyden. Also“. . . a ten-year truce the Dutch had drawn up with Spain was nearing its end. All the citizens of the Netherlands feared the revival of what was a very bloody struggle, but none feared it more than the Separatists. If Spain should be the victor, it would mean the Catholic Church would become the state church. The Inquisition was established in the Netherlands and rooted out Separatists with intimidation and torture. The persecutions that Elizabeth and James had established in England were fleabites in comparison.

The Puritans feared persecution in Amsterdam, so they made the decision to go to a new land. For twelve years, the Puritans lived in the Netherlands, but it was time to find a new land of freedom, a land where the Puritans would be free to worship as they believed. Their desire was a land where they would not live in fear under a tyrant. This would be difficult, since the Netherlands was the only European country allowing such freedom. They had to find new land...but where? The Separatist' love of God and commitment to sharing His gospel were of prime importance to them. Dr. Marshall Foster said, “They came to propagate the gospel of Christ or the kingdom of Christ to the remotest part of the world. Yea they could be but stepping-stones for the promotion of so great of work... [They had] a generational vision that they can lay their lives down in this wilderness and literally put their faces down in the mud and have their children walk on their back[s] to a better day. That's a generational perspective. In fact, it [their generational vision] was so true of them at the end of Bradford's life he says, ‘That this one small light that we have kindled here in Plymouth has shined to this entire nation.’ So it happened four hundred years later the liberty the world now enjoys is because these people had the faith to lay down their lives in the wilderness four hundred years ago.”



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The Puritans set sail for the New World August 5, 1620, three years after they realized the need to leave the Netherlands. In 1617, they contacted Captain John Smith, who had previously made a voyage to the New World in 1614. The Puritans' decision to go to America meant someone had to travel to England. Two key elements from England needed to be acquired for their journey. First they needed the financial backing of the London Company, which had financed the Jamestown Colony in 1607. More importantly, they needed a "patent [land grant or permit] from the King [James] of England to settle his land. They hoped if James was willing to send convicts and the condemned to the New World, he would be willing to allow them to go as well." They expected the patent would not be easily obtained. William Brewster was still in hiding from King James and his life was in danger if he traveled to England and William Bradford was considered too young to handle such an important matter. Therefore, the Puritans selected John Carver and Robert Cushman to plead their cause before the London Company and the King. Carver and Cushman sought out Sir Edwin Sandys of the London Company, also known as the First Virginia Company. The meeting with Sir Edwin went exceedingly well. He was excited "a group of people were willing to travel to Virginia; if they added health to a dying colony, it meant profits for both the London Company and the King himself. But there was a sticking point, the Separatists insisted upon a statement to insure their religious freedom in the New World. Edwin Sandys assured Cushman and Carver such a promise would not be difficult to obtain."

Robert Naunton, the secretary of state, met with King James on behalf of the Puritans to acquire the land patent. He promised their request for religious freedom would not be an

issue. "When the proposal was finally brought to the king, he seemed to agree enthusiastically. 'What profits may arise in the parts to which they intend to go?' he asked, perhaps demonstrating why he was so enthusiastic. When he was told that they would be fishermen, the king declared, 'So God have my soul, 'tis an honest trade. It was the Apostle's own calling.' "But as so often happened with the Separatists, happy beginnings did not always lead to equally happy endings. The next day [King] James suggested the Separatists meet with the bishops from the Church of England to discuss their differences. The folk in Leyden, many of whom had visited British prisons, would have none of that. The result was, James would not issue the patent for reasons of state, though privately he promised if the Separatists would go to Virginia even without the charter, he would ... not molest them, provided they carried themselves peaceably .... With such a 'sandy foundation,' many argued, they could not proceed. But others like Bradford were not yet ready to yield [give up], recognizing it was God, and not the king, who would lead them in this new adventure. Besides a charter with a 'seale as broad as the house floor' was no guarantee; a king could revoke a charter at his whim. They must depend on God's providence, and not on the blessings of kings or bishops."

After two years, the Separatists finally obtained the patent from King James by hiding their identities. It ultimately would not be used. The group was approached to form a seven-year, joint stock agreement with London Merchant Adventures.



The expectation was for exports (like furs) from the New World to go back to England to be sold to pay off the investors. Yet after the Pilgrims set sail for America, setbacks and difficulties continued. The *Speedwell*, a ship purchased by the Pilgrims for their new fishing business, had to be abandoned in England because it was not seaworthy. This affected the journey to America and also the proposed business of becoming fishermen. Since only the *Mayflower* was available, chartered by the Merchant Adventures, twenty people abandoned the dream of traveling to the New World.

William Bradford first used the term "pilgrims" to describe himself and his band of Separatists as they set sail from Holland and the name stuck. As the *Mayflower* landed in America on November 10, 1620, the Pilgrims had spent sixty-six days at sea--and four months living on the ship--arriving months behind schedule. They were too late to plant crops. The only food they would have until spring would be what they could kill. The Pilgrims knew they were headed into a difficult winter. They did not know how difficult a winter it would be.

Only one passenger died on the journey but, by the spring of 1621, forty-five of the 102 passengers had succumbed to the harsh winter. Despite their great difficulties, the Pilgrims were grateful. Bradford "hoped that his children--and the children of all the fathers on that voyage--could say, 'Yea, let them which have been redeemed of the Lord, shew how he hath delivered them from the hand of the oppressour(sic). When they wandered in theand found no citie(sic) to dwell in, both hungrie(sic), and thirstie(sic), their sowle(sic) was over-whelmed in them. Let them confess before the Lord his loving kindness, and his wonderfull(sic) works before the sons of men.' deserte (sic) wilderness out of the way

**"I will give you thanks in the great assembly; among the throngs I will praise you." Psalm 35:18**



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# THE HERITAGE OF AMERICAN THANKSGIVING

By; Marta Greenman

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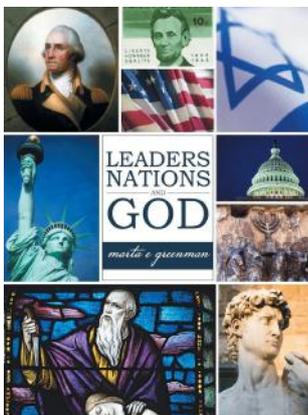
William Bradford's uncles' greatest fears had become reality. The group was made "a spectacle & wonder to the multitude, which came flocking on all sides to behold them." They were dragged before the magistrates of the town and imprisoned; messengers hurried to London to inform King James's [sic] court of the attempted escape." Most were released after a month of incarceration, yet six leaders were kept for trial. Eventually all were sent back to Austerlitz, their lives were altered forever. They had sold everything for passage to Holland, some did not have a home to which they could return. Most would live in poverty for the rest of their lives. The Scrooby church was learning the high cost of following Jesus.

**One hundred and fifty years later, in 1789 our first President, George Washington, sent out a Proclamation for the first Thanksgiving for the new nation of the United States which says, "Whereas it is the duty of all Nations to acknowledge the**

providence of Almighty God, to obey His will, to be grateful for his benefits, and humbly to implore his protection and favor, and Whereas both Houses of Congress have by their joint committee requested me "to recommend to the People of the United States a day of public thanks-giving and prayer to be observed by acknowledging with grateful hearts the many signal favors of Almighty god, especially by affording them an opportunity peaceably to establish a form of government for their safety and Happiness.

So, when you sit down to Thanksgiving dinner ... Be Thankful! Thank the Lord for everything that happened to bring you to today. Thank the Lord for our first Pilgrims who scarified so much for you and for me to be here today.

**Listen to Marta Greenman on her show, Under God with Marta and Maureen Every Monday at 1:30 PM PST & 2:30 PM MST & 3:30 PM CST & 4:30 PM EST on GraceAndTruthRadio.World**



## BOOK: LEADERS, NATIONS & GOD

By: Marta E. Greenman

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# This Is a Spiritual Test – Our Nation Is Being Cleansed

By: Dr. Candice Smithyman



Given all we are going through as a nation, I thought this word that I spoke on Sunday November 1, 2020 would be relevant to share today. I sent this out to my email list on Election day, Tuesday, November 3, 2020. Read the prophetic word below under the date.

This prophetic word below for month of Cheshvan, is relevant as President Trump has found himself in this very place. On Cheshvan 17 which began Tuesday, November 3, 2020 at sundown was also the exact day the flood rains came after Noah had prepared the Ark in 2105 BCE. Now, we as a nation have found ourselves in a flood, as we are in a time of testing and we will see the deliverance of the Lord. We repented during Yom Kippur and had multiple rally's in Washington, DC, well now is a time to remember that we are clean as a nation and when you declare and decree clean, then God makes those who repent actually clean in spirit, soul and body. The spirit, soul and body of our nation are being cleansed and healed so that we will start a new system where the roots of evil will be eradicated. We are only experiencing what we prayed for. I know we prayed for a godly President to rule but the issues ran much deeper. So, as Americans let us stand together and continue to pray for God to clean the root system of our nation and bring about the true blessings of our Constitution and the unity, peace, justice, righteousness and the elements of a godly culture.

We are also seeing this play out with the recent confession of Carl Lentz, the past senior leader of Hillsong East Coast in New York, who God is also cleansing and making whole before our eyes. God loves His people and this nation and He will heal us and cleanse us to the core so that we shine bright for His glory. Global glory is coming but it cannot until root systems are cleansed. Wait, watch and listen as God will continue to reshape America for justice, righteousness, and the American way.

Here was the prophetic word from Sunday, November 1, 2020 sent out on Election Day, Tuesday, November 3, 2020.

## God is Doing Mighty Things

I hear the Lord saying, "Do not be concerned about your health issues. I have your health in My hands. I am releasing what is necessary in order to bring healing to your body, mind and soul."

Hold on to this word. Do not give place to fear. Hold onto the Word and release your faith. In other words, you may need to take an action step: take communion, proclaim, declare and decree over your body the healing power of Jesus. "By His stripes, I have been healed. I'm ascended with the Lord and seated with Him. I have no pain in this area." Then maintain your healing by standing on the Word in faith and staying focused on Christ.

With rain, the water flows. Get excited! God is doing great things. Thank Him for it and watch it come to pass!

Let me pray for you today: "Father, remove any fear, worry or anxiety that pertains to my friend's health, finances, family or relationships. Jesus, release the rain from Heaven upon them. Give them peace and let them know You have taken care of every need. Help them to release Your blessing instead of clutching it tightly in fear. Restore them Lord, in Jesus name, amen."

I want you to declare this over your life: I am a portal that is permanent. I will do whatever God asks me. I will thank the Lord in all things. I will honor and respect God my Provider. I am a releaser. I will release the rain that is coming to me, and I will not be attached to it!

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**Dr. Candice Smithyman** is an international prophetic revivalist & healing minister who is Executive Pastor of Freedom Destiny Church, and Vice President of Dream Mentors International. She is also Host of the Glory Road Television broadcast on Faith Networks, CBN News Facebook and Youtube, Jesus Daily, King TV and other outlets. She has appeared on Sid Roth's "Its Supernatural", among other shows, and is the author of "Releasing Heaven: Creating a Supernatural Environment through Heavenly Encounters", among other books and publications. For a full bio you may visit: [www.candicesmithyman.com](http://www.candicesmithyman.com)

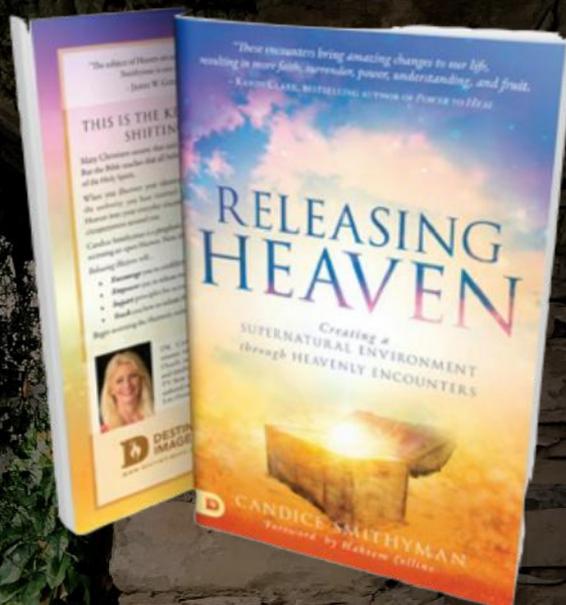
Many Christians assume that only a few gifted individuals can move in the miraculous, but the Bible teaches that all believers have unlimited access to the supernatural power of the Holy Spirit.

When you discover your identity in Jesus, cultivate a heavenly mindset, and access the authority you have received in Jesus, you can immediately release the power of Heaven into your everyday circumstances. This is the key to changing atmospheres and circumstances around you.

Candice Smithyman is a prophetic voice who has learned to move in the supernatural by accessing an open Heaven. Now, she wants to mentor you to do the same. *Releasing Heaven* will...

- Encourage you to confidently enter the supernatural realm as a citizen of Heaven.
- Empower you to release miracles by praying from a heavenly dimension.
- Impart principles for accessing your heavenly riches every day.
- Teach you how to release the vats of heaven for your need and the needs of others.
- Begin accessing the Heavenly realm to change your world today!

These encounters bring amazing changes to our life, resulting in more faith, surrender, power, understanding, and fruit.” – Randy Clark, bestselling author of *Power to Heal*



“I appreciate the encouragement and inspiration Pastor Candice Smithyman brings through her book, *Releasing Heaven*. Learning how to host the presence of God and recognize His ways is extremely important to being able to flow in His power and experience His supernatural presence.”



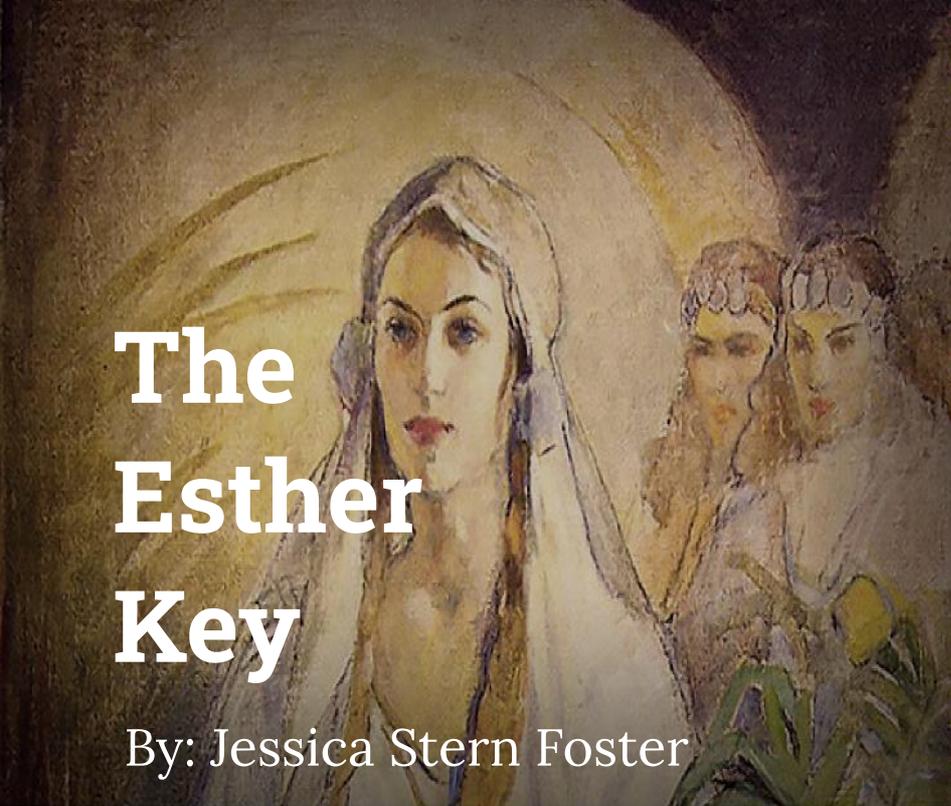
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# The Esther Key

By: Jessica Stern Foster

**Esther lived in exile, was an orphan, was technically Human Trafficked (she was taken from her family against her will), she was raped, and she risked execution!**

**Yet these are the things overlooked by most people.**

Typically, I share the story of Esther and the Esther Key during the Jewish celebration of Purim. The original Purim story took place more than 2500-2600 years ago in Persia (modern day Iran). At that time virtually all the Jewish people lived under Persian rule. An unprecedented genocidal death decree was issued against them, which was miraculously overturned. It is known by us Jewish folks as the Feast of Lots! Purim is one of the merriest of holidays! The next celebration in the Gregorian calendar is on February 25-26, 2021! But Mordechai and Esther are back in the news – and the place where it is happening is right here in good old America!

In Jewish culture, we do not talk about Queen Esther without speaking about Mordecai. I am not speaking of the Mordecai versus Haman complex here (that is another article all together). What I am saying to my friends who were not raised in the traditional Jewish home or within Jewish culture, is simply this...

Without Mordecai, we would have no Esther and without Esther, we would have no Mordecai. Before you flip the page, rolling your eyes, hear me out. It is easy to say that I am dismissing women out of the Jewish culture and the dismissiveness that mainstream Judaism shows in regard to women. While I do see that as true, I see something much deeper here!

During this time, the Jewish people lived scattered throughout Persia after the Babylonian exile, which is literally modern-day Iran. Although they had been granted freedom to return to their homeland, many of the Jewish people stayed in exile rather than go back to a war-torn Jerusalem. During the war days of Jerusalem, Esther's parents were killed- executed to be exact. She had lost both her father and her mother and was raised by her older cousin, Mordecai (Esther 2:7).

Seldom do we really address the plight of the king that got him into the mess of having to need a new queen! Persian King, Xerxes (a.k.a. Ahasuerus), was hosting his own version of the UN Summit. The men closest to him made sure that he became so drunk and inebriated that he made a decree that not even he could overturn. The king was forced to replacement the Queen due to his own drunken actions. If Queen Vashti had done what the King had demanded then she would have been executed. By her refusal she was exiled, but not killed. What people fail to talk about is that according to historical records, the King loved and adored Queen Vashti and she had much political influence with the king. Haman and his secret army fooled the King and got him drunk, putting him in a place to make a decree in order to gather to himself all suitable virgins in the region. According to historical records, some of these women were sacrificed to their other gods.

women were gathered in Susa, the citadel in custody of Hegai, Esther also was taken to the king's palace and put in custody of Hegai, who had charge of the women. (Esther 2:8)

We read in Scripture that Esther was young and exceptionally beautiful. But when we also look into scripture, we see that while Esther was not the most beautiful, she was the most brilliant, smart, witty and clever. Esther had been educated, which not only gave her value, but made her more attractive to the king.

This part comes as a shocker to people to my Christian friends, but the Scriptures are pretty clear about what happened to each young lady when it became their turn to meet the king. Each young virgin had twelve months under the regulations for the women, since this was the regular period of their beautifying, six months with oil of myrrh and six months with spices and ointments for women. So when the young woman went in to the king in this way, she was given whatever she desired to take with her from the harem to the king's palace. In the evening she would go in, and in the morning she would return to the second harem in custody of Shaashgaz, the king's eunuch, who was in charge of the concubines. She would not go in to the king again, unless the king delighted in her and she was summoned by name." (Esther 2:12-14)

The virgins, who were all quite young, were escorted to the king, who is said to have been approximately 40 years of age at the time. They were taken one by one, for him to sleep with. They didn't return to the other virgins, but instead were added to the number of the king's other concubines (a.k.a. sex slaves without wife status). No other man could ever be their husband, and they never saw the king again unless he was "pleased with them." In short, the king test-drove all the models before making his purchase, and he "purchased" Esther to replace his former queen...AKA... Esther was Human Trafficked and a Virgin Bride. SO if this information comes as a shock, just wait, because I have a few more things to share that may take your breath away!

Now before we get to the amazing part where Queen Esther of Susa saves the day, let us focus on her cousin, Mordecai! Mordecai found out about a plot to kill the king and was able to get word to the king about the plot! This gave Mordecai the Jew favor in the king's eyes. Mordecai was given

a job in the king's court...this would be like receiving a position in the President's Cabinet here in American terms!

Of course, we all know that this infuriated Haman, and he was out not just to kill and annihilate all of the Jews, but he truly hated Mordecai! After all, Mordecai spoiled his plot to kill the king and take over the land as the Anti-Christ role in ancient Persia! So Haman plotted again and this is where it gets sticky... Mordecai refused to bow to the king as he served the one true King of Kings, the God of Abraham, Isaac and Jacob! To bow to any other would be committing sin and Mordecai was a good Jewish man, honoring God in all he did!

So this is where we often skip over. Mordecai was the secret Rabbi to the Jewish people! He called for the Remnant of Jewish people to get ready! The Remnant of Jewish people had ALREADY started fasting and praying before Esther called for ALL the Jewish people to fast and pray! It is in the Remnant of the fiber of this Esther AND Mordecai Key that we see the Great Awakening! The Remnant are those that stood in the gap for God's Chosen People, the people of Israel!

SO if you would like to get the rest of this story, I invite you to join me the week of December 1, 2020 where I will share with you The Esther Key on my show: The Jewess Believer! Join me, Jessica Stern Foster, as we dig in a little bit deeper and discover all the God has for us hidden in His Word! Every Tuesday & Thursday Nights at 5 PM PST & 6 PM MST & 7 PM CST & 8 PM EST on GraceAndRadio.World (If you are reading this after, this show will be archived for your enjoyment!)

Until next time, Friends... Berakhah ve Ahava!

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**Jessica Stern Foster** is the Editor and founder of Grace & Truth Magazine, Redeem Our Children Foundation, and known for her Radio Show The Jewess Believer. She grew up in a Jewish family, who came to know Jesus as their Lord and Savior. Jessica's Bubbie (who was thrown from the train to Auschwitz) along with her parents who raised her in an old school Jewish manner. With over 20 years ministry experience, Hebrew and Greek Studies, with over 12 years of college studies, a 3 time cancer survivor and writer. Jessica shares her journey of being kidnapped, sold at auction and supernatural rescued by God! She is an activist to stop human trafficking! **Ezekiel 36:26 - Isaiah 53 - John 3:16** Jessica lives on the Chesapeake Shores of Maryland with her big Jewish family!

# SPIRITUAL PRAYER OF COVERING FOR THE CORONAVIRUS

[www.RedeemOurChildren.org](http://www.RedeemOurChildren.org)

## Heavenly Father, I repent...

and ask You to forgive me for any door(s) that are/were opened or that gave Satan and his demons license to attack me and my family. I thank you that You forgive me. Your Word says that whosoever's sins are remitted, they are remitted - and right now I remit all in the Name of Jesus Christ. Now I command every unclean spirit to leave now in the Mighty Name of Yeshua / Jesus!

Father, right now, in the Mighty Name of Yeshua/ Jesus, I ask for Your mighty angels to be dispatched to me and my family and to stand shoulder to shoulder around me, and (name family members) - right now- so that we are totally hidden in the Might Name of Christ Jesus, by the Blood of the Lamb.

I cover myself, I cover (name family members), I cover my family, my home, my belongings and coverage my pets and vehicles with the precious Blood of the Lamb, Yeshua/Jesus! Right now, I bind the demonic strongman assigned to me, my family, and my home. I break the power of the strongman and I call on Your mighty angels, O Lord, to assist to spoil Satan's house! I call on the warring angels of Heaven, to be sent by the Lord, God to come and do warfare in the Heavens over me for the battle that is going on for my soul and the souls of my family members.

HEAVENLY FATHER, WE Worship you right now! We come before you with Thanksgiving in our hearts in a spirit of Praise and in full surrender to you o, Lord our God! You alone are the great I AM, You are the El Shaddai (Lord God Almighty), You are my El Elyon (The Most High God), You are my Adonai (Lord and Master), You are Yahweh (my Lord, my Jehovah), You are my Jehovah Rapha (The Lord That Heals), You are my Jehovah Shammah (my Lord who Is There for me), You are my Jehovah Tsidkenu (The Lord Our Righteousness), You are Jehovah Mekoddishkem (The Lord Who Sanctifies us), You are Jehovah-Olam (The Everlasting God), You are my Jehovah-Elohim (my God, Creator of the Universe), You are Jehovah-Qanna (my God and Father who is Jealous for me), You are my Jehovah Jireh (The Lord Who Provides for me), You are Jehovah Shalom (The Lord of Peace), You are Jehovah Sabaoth (The Lord of Hosts), and You are my Jehovah Nissi (my Lord and my Banner)! I come before you, O Lord and surrender all that I am to You and ask you to keep me in the refuge of your fortress, totally and completely Hidden in you, ABBA Daddy, by the blood of Your Son shed at Calvary for me and my sins.

YOU SAID, O Lord, in Exodus 23:25 that when we worship You, o Lord, that Your blessing will be on your food and water. That You, O Lord, will take away sickness from among us! Right now we worship you, O Lord, in spirit and in truth and we stand upon your Word that it will not return void, in the Mighty Name of Yeshua Jesus!

Satan, I bind you, rebuke you, and render you powerless in the Mighty Name of Jesus! This Coronavirus is a pestilence! In Psalm 91: God is my refuge and my fortress, my God, in whom I trust." Surely You, O Lord, will save me from the fowler's snare and from the deadly pestilence. You said that you will cover you with your feathers, and under your wings, O Lord, and that is where I find refuge. My faithfulness will be my shield and rampart. I will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday, because I am Child of the Most High God, The God of Abraham, Isaac and Jacob. Your Word, O Lord, says that A thousand may fall at my side, ten thousand at my right hand, but it will not come near me and that I will only observe with my eyes and see the punishment of the wicked. If I say, "The Lord is my refuge," then you will make me a dwelling in you, the Most High. Your Word, O Lords says that no harm will overtake me, no disaster will come near my home. For you, O Lord, will command Your angels concerning me to guard me in all my ways! I will lift Your Name, O Lord, up in my hands, so that I will not strike my foot against a stone. IN THE Mighty Name of Yeshua Jesus, I will tread on the lion and the cobra; I will trample the great lion and the serpent. "Because You, O Lord, love me! You promised that you will rescue me; protect me, as I acknowledge Your Name, O God.

Lord, You promised that when I call on You, You will answer me; and you will be with me in trouble! Your Word promises that you will delive me and give long life! Your Word promises to satisfy my hearts desires and show me salvation in you, O Lord! Thank you for delivering me and my house!

Father, I call on your ministering angels to minister to me, to minister my family, my home, and to minister to those people close to me and to make us afresh today. I speak peace and restoration to my mind, emotions, body, soul, and spirit. I speak peace and restoration to (Name Family Member) mind, emotions, body, soul, and spirit. (Repeat for each person.)

Above all, O Lord, I give you thanks! For you alone are worthy to be praised forevermore! I give you all the praise and all the glory, In Might Name of Your Son, Jesus/Yeshua, who shed His Blood at Calvary for me so that I shall not die, but live forever more with You in eternity, O Lord, my God, my Abba Father, King of the Universe, and The Great I AM!

Thank you for being my Saviour, Messiah Yeshua! Amen!heading

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# HOLIDAY SHOPPING SAFETY

By: Matt Daniel

## Personal Safety Tips For Shopping in Public

Stay alert and be aware of whats going on around you.

- Park in well-lighted space be sure to lock the car, close the windows, and hide shopping bags and gifts in the trunk.
- Avoid carrying large amounts of cash; pay with a credit or debit card when possible.
- Deter pickpockets and purse snatchers. Don't overburden yourself with packages. Be extra careful with purse and wallets. Carry purse close to your body. Put a wallet in an inside coat or front pocket.
- Shopping with kids? Teach them to go to a store clerk or security officer if they get separated.

## Safety Tips for Online Shopping

- Make sure you have a secure network connection. Public WIFI can be hacked with proper tools.
- Make sure you are on a trusted web site. Type web address out to site instead of clicking from another. Be aware of phishing schemes.
- Lock device when not in use with a password. Unlocked or unprotected devices can be compromised with proper tools.
- Make sure security software is updated and working properly

## Safety Tips for shopping with threats of virus

### According to the CDC

Shop online when possible

- Wear a Mask
- Maintain social distancing of at least six feet
- Carry hand sanitizer us it after leaving a store.
- Wash hands with soap and water for at least 20 seconds after you get home



# Weekly OMUG: From Fear to Worship

BY: Marta Greenman



The Hebrew Word for Fear is yare' It is used over 382 times in the Old Testament. The Theological Workbook of the Old Testament teaches us there are five uses for the word yare'. The most obvious one is emotional fear. Second is the intellectual anticipation of evil. Third, the Bible talks about the fear of the Lord. This meaning of yare' gives us a reverence of awe of who God is. Fourth, is righteous behavior or piety. Because of our reverence of who God is our behavior is a reflection of this belief. But the final meaning surprises me the most. It is formal religious worship.

Nehemiah 4:14 it teaches, "When Nehemiah saw their fear, I rose and spoke to the nobles, the officials and the rest of the people, 'Do not be afraid of them; remember the Lord who is great and awesome and fight for your families, your sons and your daughters, your wives and your homes.'" This word awesome is the same Hebrew word yare'. What was Nehemiah teaching the children of Israel? When we have emotional fear what should my response be? We need to remember the Lord is great and awesome, or yare'. Therefore, because He is yare' we can worship Him!

Nehemiah wanted to show the strength of the people, so he gave them somewhat of a battle cry. Therefore, in Nehemiah 4:20 he commanded, "Wherever you hear the sound of the trumpet, join us there. Our God will fight for us!" We can learn how to battle our emotional fears. When we are afraid what should be our response? We can confidently worship the Lord, knowing He will fight for us.

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Listen to Marta Greenman on her show, Under God with Marta and Maureen Every Monday at 1:30 PM PST & 2:30 PM MST & 3:30 PM CST & 4:30 PM EST on [GraceAndTruthRadio.World](http://GraceAndTruthRadio.World)

# Weekly OMUG: We Will Be Victorious

**BY: Marta Greenman**

**When I saw their fear, I rose and spoke to the nobles, the officials and the rest of the people: 'Do not be afraid of them; remember the Lord who is great and awesome, and fight for your brothers, your sons, your daughters, your wives and your houses... At whatever place you hear the sound of the trumpet, rally to us there. Our God will fight for us.'" Nehemiah 4:14,20**

Nehemiah was an ordinary man who was called to an extortionary mission. He was to lead the people of Jerusalem in rebuilding the wall. In Biblical times the wall represented security and protection. When the Jewish people began to rebuild the wall, opposition arrived immediately. Nehemiah and the team very quickly found themselves in spiritual warfare. Sanballat and Tobiah were their neighboring enemies who began to mock and ridicule them for the purpose of trying to stop their work.

When we step out in faith to accomplish a God sized task you can be assured, we too, like Nehemiah, will run into opposition. Nehemiah had strategies for spiritual warfare. His first line of defense was always prayer. Second, he was a man of faith. Faith is action. Nehemiah combined prayer with faith (action) and became an unstoppable force.

Even when we know our enemies and their strategies, even the most seasoned believer can be engulfed in fear. Nehemiah reminded the people of who God is, and what He is able to do, therefore they didn't need to fear but to continue to build the wall because of their obedience Nehemiah knew the Lord would fight for them.

When we step out and are obedient to God's calling in our life, this is faith. Like Nehemiah we need to take our weapons of warfare on our journey. We can combine prayer and action, like Nehemiah, and become an unstoppable force for our Lord. We will rarely have the answers to many of the situations we find ourselves in but when walk forward despite our fears, arm ourselves with weapons of warfare, and depend on God to guide us with His plan step by step, we will be victorious.



# Peaceful Thanksgiving

By: Amanda Bishop

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made know to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. Philippians 4:6,7

Dear Friends with littles,

All those who are doing your best to keep it together this year and holding your breath as the holidays approach. I see you, but that is not near as important as this.....GOD SEES YOU. He knows how you want to make it through the day, without fighting, crying, spills, and extra messes. He knows, friend. How about you and I make a plan together? A plan to do our very best to have a peaceful thanksgiving.

My First tip is to makes sure the Littles have a drink, snack, and a favorite toy or puzzle. While they are busy you can start thinking about Thanksgiving Day.

What would you like to cook? Once you have decided what you want to serve your family, you can make your grocery list from the recipes you have chosen. If you take the time to make this list you will save yourself stress later. In order to save money, you can shop your pantry.

Second tip while shopping your pantry, why not grab a basket, bucket, or box. Go ahead and place these items in your basket so you don't have to look for them again when you're ready to cook. That list is probably much shorter now! This is important, put the list in your wallet.

How about we get the house ready before the big shopping trip? You will need a place to put all the things you are bringing home. Tidy up the refrigerator, but please don't go crazy and wear yourself out. We are working on peaceful not perfection. This is a good time to take a break, check on the babies, and sit down to sip some tea.

Check your wallet for the list. Pray over the list, ask God to go before you. He will. He knows your needs, He provides. Just ask. Stick to your list, use laser focus and remind yourself to only buy what is on the list. Once you are home you can quickly put the groceries away. You have already made a place in your pantry and refrigerator.



Third tip is making ahead as many dishes as you can. I will be making mashed potatoes, green bean casserole, dirt pudding, and noodles before the big day. I don't want to get overwhelmed so, I will cook two on Tuesday and two on Wednesday and just warm them on the Big day. This will give me a chance to spend as much time as possible with my family.

At our house, Thanksgiving is about eating, games, cuddles, naps repeat. We like the least amount of clean up possible. We fill up the sink with hot soapy water, wash as we go and toss what we can. Will it all go perfectly? Nope. Will there be messes, spills, and crying? Maybe, but there will also be grace, and forgiveness. Give yourself a heaping scoop of both.

Happy Thanksgiving,  
*Amanda Bishop*



### **Dirt Dessert**

1 pound Oreo cookies  
1-8oz pkg cream cheese  
1/2 C butter  
1C powdered sugar  
1-12oz Cool Whip, thawed  
2 pkg Instant Vanilla Pudding  
3 C milk  
1t vanilla

Crush half of the Oreo cookies. (I use a food processor, it's more fun to have Littles put them in a gallon zip lock bag and beat them with a rolling pin!) Spread on the bottom of a 9x13 inch pan. Beat the cream cheese and butter together until smooth. Add in sugar and cool whip. Beat together. In another bowl combine pudding mixes, milk, and vanilla. Fold and stir pudding into the first bowl. Spread filling over the cookie base. Crush remaining cookies and sprinkle over the filling. Refrigerate.

# ARMOR UPPER--THE FRUIT BOWL

By Kay Arbaugh

As Thanksgiving comes upon us we think about beautiful flower arrangements, dinner placements, centerpieces, maybe even a carefully arranged fruit bowl. So I ask, are you a little fruity?

Well, maybe a time or two in my life I have been called that or it has been said I'm a little fruity...now some may take that as an insult, but I'm gonna say...Thank you...that's a compliment!

I know, I know, I'm being funny, but really when I was studying and reading the scriptures that is what I was thinking...which fruit do we most resemble? Do we try to have that wonderful aroma of all of the fruits? No, I'm not talking about a banana or an orange...The fruits I'm talking about are the "Fruits of the Spirit"...these are what you might call attributes our Heavenly Father wants us to have. He actually tells us in His Word that we are to "walk" in them.

So the question is...how do we "walk" in the spirit...what does that mean?

First we need to understand what this fruit of the spirit is, and what it is not, lets look at Galatians 5:16-17 . But I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.

We see have two opposing things here, the spirit and the desires of the flesh, they are in complete opposition. They can not dwell together, they can have no part of each other. Those things are: Gal 5:19 Now the works of the flesh are evident: sexual immorality, impurity, sensuality, idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God.

We are warned to stay away from these things, because if we walk in these desires it is impossible to please God.

Our goal, to please God, should be to walk in the spirit. First lets look at what these fruits of the spirit are. Gal 5:22-26 the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also keep in step with the Spirit. Let us not become conceited, provoking one another, envying one another.

By this we see that we all have desires and passions of our flesh...these are the things that we want to do, knowing that they are not right. When we crucify our flesh, it means that we put to death our own desires and we live for the desires of our Heavenly Father. Our example of this is Jesus/Yeshua...he walked this out when he was here on earth as our example. He showed us true humility and love and goodness...so when we do as He did, we are walking in the spirit. Now because we are all weak and we all have desires that we don't want this can not always be easy for us. We are reminded this in Romans chapters 7 & 8 "I know that in me, that is, in my flesh, dwells no good thing." Apart from the gracious influences of the Holy Spirit, none of our inclinations or desires is holy or good, "for the mind of the flesh is hostile to God's law and does not submit to it because it cannot" .

When we read this we know that is is not that we can do this on our own...it is the Holy Spirit or Ruach that helps us to be able to walk in it.

What about when we fail? We try but sometimes feel we just can not submit...well, this is not something that we automatically know. We might have one or two of these fruits of the spirit, but there are several of them, and it is difficult to exhibit them all...but the thing is, the more we work at developing them the more we will be able to do it. It is like building a muscle...you have to keep working it and adding weight in order to keep building it bigger...much the same as when we exhibit the fruits of the spirit the more we do the better we will get at it and the better they will show up in our lives.

Now although we may be good at being mild, do we have patience or maybe we need to work on showing our joy to those around us...a lot of times we get so used to our strengths, we forget to work on our weaknesses, to exercise them and build them so that we are full and complete in all areas.

So the next time you walk past the fruit bowl, remember that we should all desire to be a "little fruity"! Fay Arbaugh Please visit our website at [www.warriorwomenoffaith.org](http://www.warriorwomenoffaith.org) for amazing testimonies and be sure to sign up with your email so you never miss a podcast!

If you're like me, you can't wait for the pumpkin everything season to begin. This recipe will make your Thanksgiving easy and I actually prefer this recipe of Pumpkin Dump Cake to the traditional pumpkin pie. The nuts and butter make this a true winner in our home and it is so easy to make.

# Pumpkin Dump Cake

By: Fay Arbaugh

## INGREDIENTS:

- 1 29oz can 100% pure pumpkin
- 1 cup granulated sugar
- 1 can 12 oz evaporated milk
- 3 eggs
- 4 tsp. pumpkin pie spice
- 3/4 cup melted butter
- 1 box yellow cake mix
- 1/2 tsp salt
- 1 cup pecans chopped

## DIRECTIONS:

- Combine pumpkin, sugar, evaporated milk, eggs, pumpkin pie spice and salt.
- Beat well and pour into greased 9" X 13" cake pan
- Sprinkle cake mix over top, followed by pecans.
- Pour melted butter over top.
- Bake at 350 degrees for 50-60 minutes

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# HOMESCHOOL FAMILIES

Parents - Kids - Grandparents  
NOT just a job for Moms in 2020

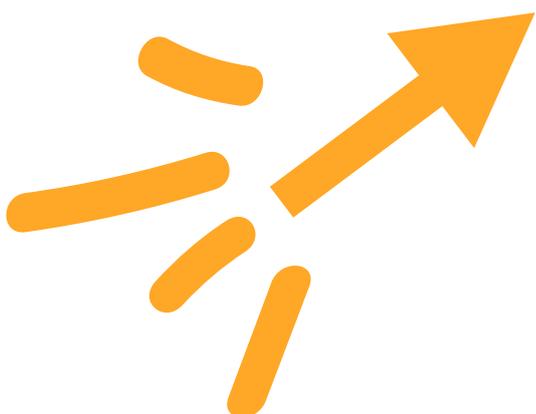


# Tips for read-aloud time: Are they listening?

Let's talk reading with your kids. Sometimes getting them to all sit still and listen is hard--or even impossible, depending on the day you've had! Some simple tips and tricks for getting your kids to engage in read-aloud time are to give them something to do with their hands. If you are reading a book about Abraham Lincoln, give them Lincoln Logs or pretzel sticks and ask them to build a log cabin. Print out coloring pages that go with the theme of the day. If you are really brave, pull out paints or play-doh. Even when you don't think they are listening, I promise that they are.

---

It's no secret that we love books and reading! Check out are this month's staff personal picks!



## God's Generals For Kids, Vol 2: "Smith Wigglesworth" by Roberts Liardon and Olly Goldenberg

The second volume focuses on a famous evangelist names Smith Wigglesworth. He believed all things are possible with God. All we have to do is believe that God can work. Smith's life was full of faith.

## "An Old Fashioned Thanksgiving" By Louisa May Alcott

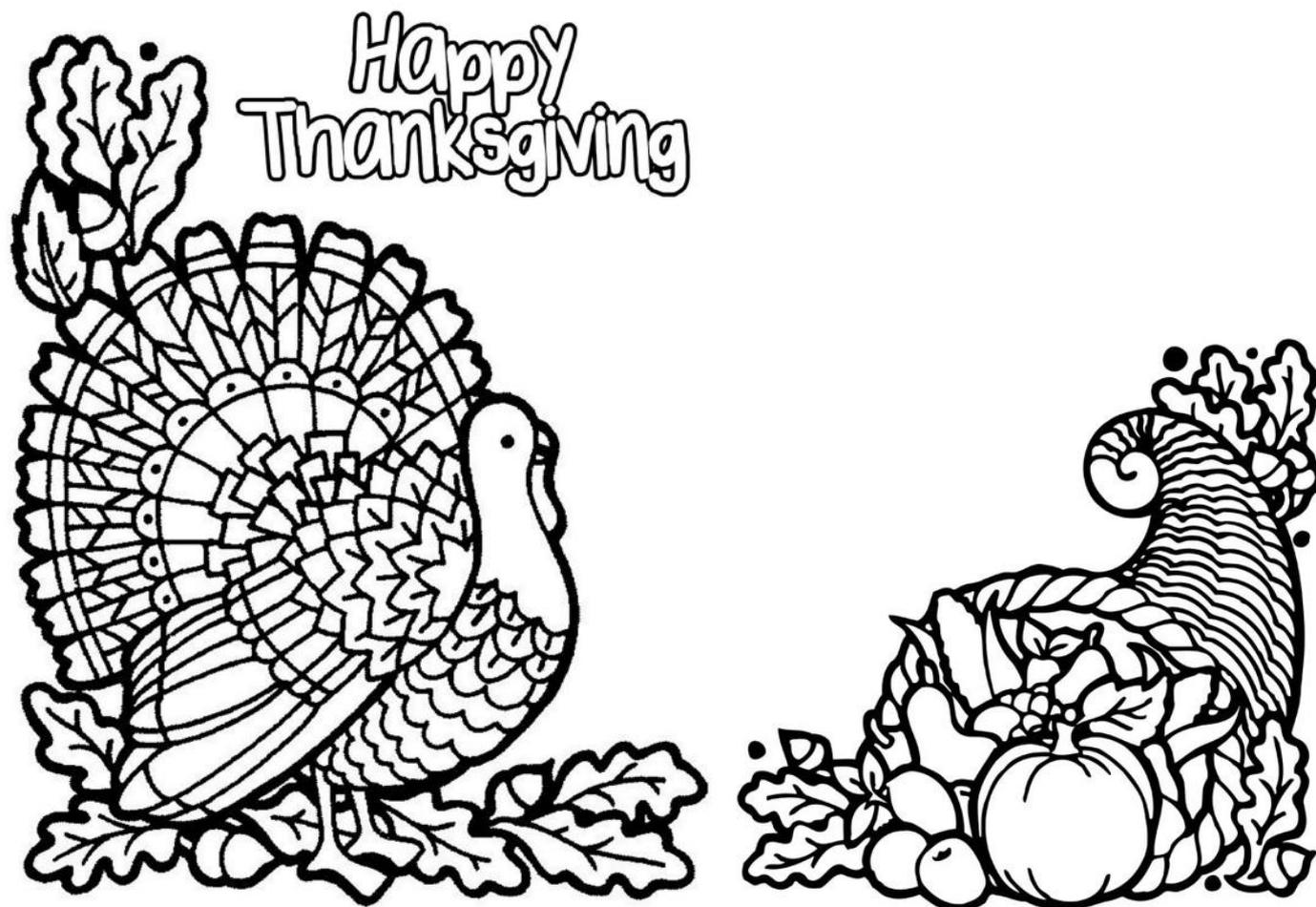
In this poignant Thanksgiving tale, the author takes us back to a forgotten time of beauty and simplicity. Follow along with the Bassett children as their family Thanksgiving unfolds and they learn what really matters.

# Thanksgiving Fun & Homeschooling

During these trying times we live in right now, especially depending on where you live (for example, I'm out in Southern California where we are confined to the comfort of our homes), finding fun things to do at home can be a real challenge. It is frowned upon that we go anywhere or see other people not in your home. Those parents who are homeschooling, or distance learning, are trying to figure out how to make learning around the holidays fun and exciting - using all of their creative strength to come up with ideas. I know that those at home with children with special needs can find it extra challenging. It can be a struggle, but the blessed part about it is that YOU ARE NOT ALONE.

As a current teaching credential student, hoping to gain an education specialist credential, I am looking to serve those students with special needs. Whether it be that their (dis)ability be poor hearing/eyesight, autism, ADHD...any of it. With that being said, let's find an activity that can be done that is totally user friendly, builds up movement skills, works on school subjects, and can be done with minimal help from parents.

One of the most significant activities we can do to work on these As a current teaching credential student, hoping to gain an education specialist credential, I am looking to serve those students with special needs. Whether it be that their (dis)ability be poor hearing/eyesight, autism, ADHD...any of it. With that being said, let's find an activity that can be done that is totally user friendly, builds up movement skills, works on school subjects, and can be done with minimal help from parents. This recipe for making turkey Rice Krispy treats can be as complicated or as simple as you would like. But in the hopes that it can be used for children with special needs, let's make it simple!





**I am thankful for:** \_\_\_\_\_

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# Turkey Rice Krispy Treats

## Ingredients/Tools:

- 15x10 Baking Pan
- 2.5" round cookie cutter
- Box of Rice Krispy cereal
- Could even be Cocoa Krispy!
- Splash of vanilla
- 1 stick of butter
- Bag of marshmallows
- Parchment paper
- M&M's
- Reese's Mini Peanut Butter Cups
- Or Ghirardelli Chocolate Melting Wafers
- Reese's Pieces
- Small container of chocolate frosting in a bag (easier to control the amount that comes out)
- Candy Corn
- For a less sugary option, and less steps, you can use rice cakes! I bet the caramel ones would be delicious

## DIRECTIONS:

Melt the stick of butter in a pot with the heat on medium-high.

Once the butter is melted, add in the marshmallows and vanilla. (Feel free to add colored marshmallows or flavored ones for some fun variation!)

When the marshmallows and butter have melted together, pour in Rice Krispy cereal. Stir together until mixed well. Mixture will be sticky!

Remove the Rice Krispy mixture from heat and begin placing it in the baking pan. Do not firmly pack it into the pan! Set aside until Rice Krispy treats are cooled and more firm.

When the Rice Krispy treat is ready, use the cookie cutter to cut out circles. This used as the base.

Put chocolate frosting on the Reese's cup and place it in the middle of the Rice Krispy treat, frosting side down.

Place frosting on two M&M's, placing them on the Rice Krispy treat as eyes.

Carefully cut an orange M&M in half, put frosting on it, and place it on the treat like a beak.

Lastly, put frosting on candy corn, and place them on the Rice Krispy treat like turkey feathers. Enjoy your fun treat!

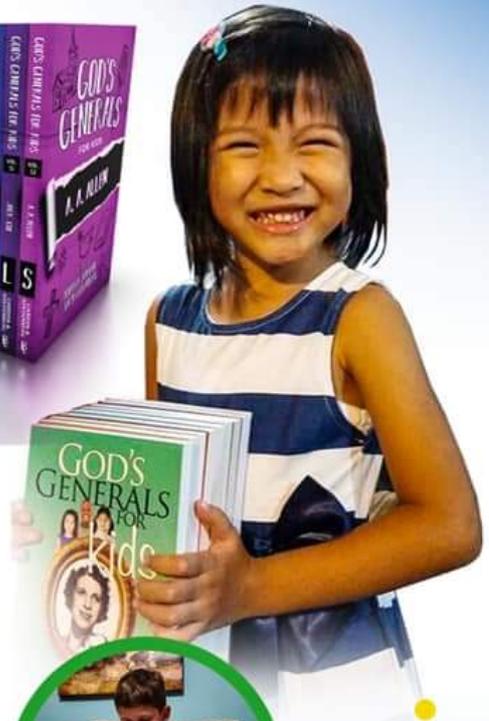
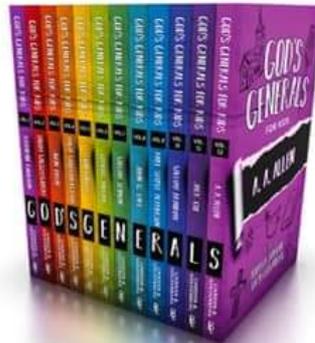
# God's Generals Books for Kids



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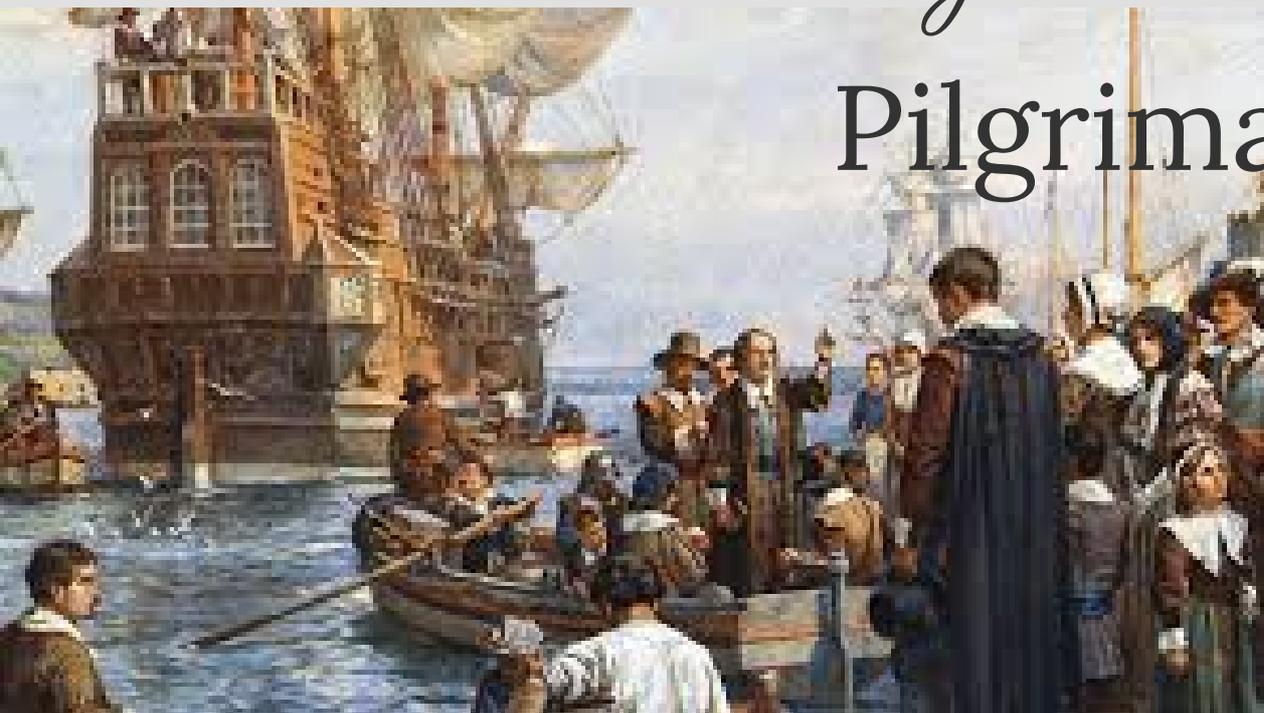


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# a Homeschooling

# Pilgrimage



**By: Jocelyn LaFavers**

Thanksgiving is just a few days away and some—or most—of you may be most thankful for the break from school that is on your horizon; I know I am! Where are you in your homeschooling journey? A few months in? A few years in? MANY years in? For each and every one of us, homeschooling is a pilgrimage not unlike the brave souls who left their homelands in search of religious freedom. Perhaps that religious freedom is precisely why your children are not in public school.

Many adults will say that some of their fondest school day memories are focused around the holidays. Children learn so much about their country's origins during this time and as a homeschool parent, you may be trying to decide how best to incorporate one of our most beloved national holidays into your school year. There are so many fun ways in which to accomplish this!

If you are trying to work out how to add in extra work, let me stop you there. Put your other subjects on hold and make the week of Thanksgiving devoted to learning all about this very special holiday. Both you and your kids deserve a week of relaxing (as much as you can while cleaning and prepping for a big dinner), but this is also the perfect time to learn some amazing things. Take it easy, find out what your kids already know, and what their interests are.

Does your family have favorite books about Thanksgiving? Spend time rereading those and add in some new ones that you have never tried! Some favorites here at Grace and Truth are: “Give Thanks to the Lord” by Karma Wilson, “The Berenstain Bears Give Thanks” by Jan Berenstain, “The First Thanksgiving” By Linda Hayward, and “Pilgrim Cat” by Carol Antoinette Peacock. While not all completely historically accurate, these books are beautifully written and will bring smiles to your faces and questions from your children, which is where education truly begins.

Learn about the true history of Squanto and the demise of his tribe, the Patuxet. It is largely believed that his knowledge of the land and his kindness to the new settlers were key to their survival. His friendship to them was a true gift from God.

Language arts can be as simple as a small child copying a short poem or as complicated as a high school student writing an in-depth essay on the Mayflower Compact.

Mathematics can be found in everyday life, so simply ask your children to employ the skills they have been honing all year long! Teach them to calculate changes in your recipes when you halve or double them, tabulate the estimated speed at which the Mayflower may have sailed from London to Plymouth, or merely to count out how many forks and napkins you will need for every guest.

A fun way to incorporate this history into your day is to find recipes similar to the ones used in the early years at Plymouth. Some of these will be English or Dutch in origin and some of these will be Native American. Have fun discovering and cooking new recipes together; you will find that this is an educational opportunity full of new information for both you and your children!



Thanksgiving is an amazing time for homeschool and you will find yourselves learning new things each and every year. I would like to leave with you my best wishes for our most thankful of days and a darling poem that you can recite with some of your biggest blessings.

Until next time,

*Jocelyn LaFavers*

*"The year has turned its circle,  
The seasons come and go.  
The harvest all is gathered in  
And chilly north winds blow.  
Orchards have shared their treasures,  
The fields, their yellow grain,  
So open wide the doorway  
Thanksgiving comes again!"  
"Trees adorned in splendid  
Hues of orange and gold  
Autumn days grown shorter  
North winds turning cold  
Knowingly creation  
Seems to be aware  
God's promise of the seasons  
Is proof that He is there  
Verily creation  
Invites us to recall  
Now with a grateful heart  
God has supplied it all."  
—Author Unknown*



*Welcome to our ...*

Eat, drink  
and be *thankful*

# IT'S A THANKSGIVING CELEBRATION!

This year has been something of a whirlwind, hasn't it? Many family gatherings have been smaller than normal, or have been cancelled due to the pandemic that is 2020 and you may find yourself preparing a full holiday spread by yourself for the first time. From cranberries and dressing to turkey and pie, we have got you covered.

# Home & Hearth

As we walk you through how to prepare a family Thanksgiving meal, let us introduce you to the members of our family here at Grace and Truth magazine. Think of this as a virtual progressive dinner where we welcome you into our kitchens and share some of our favorite dishes with you: our new friends.

So put on your most festive scarf and your favorite stretchy pants and get ready for a feast!

*--The Grace and Truth Team*



# the turkey



By Jocelyn LaFavers

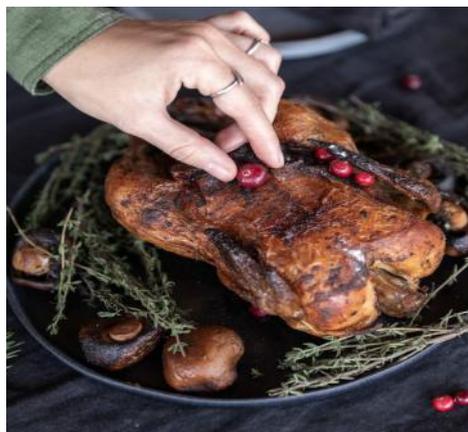
## Picking a bird

Judging how large your turkey should be or what brand it should be might seem intimidating, but I promise that it is quite simple. Few brands are better than others, so I always buy the one that is most steeply discounted on sale at my local grocery store. After all, the proof is in the pudding...erm...gravy. The real quality of the turkey is in how well it is cooked and seasoned, not in the brand you purchase.

When it comes to choosing a bird based on size, the general rule of thumb is to calculate one pound of turkey per person. This doesn't assume that your guests will each eat one pound of turkey before they settle in to watch the football game, this also accounts for bone weight.

**Most people serve a roast turkey as the centerpiece of their Thanksgiving day feast, so this is where we will direct our focus first. Buying a turkey, or other bird if turkey isn't your jam, can be intimidating. Is bigger better? How do you get the best deal? What brand should you buy? WOW, this thing feels heavy. It's okay, we are here to help.**

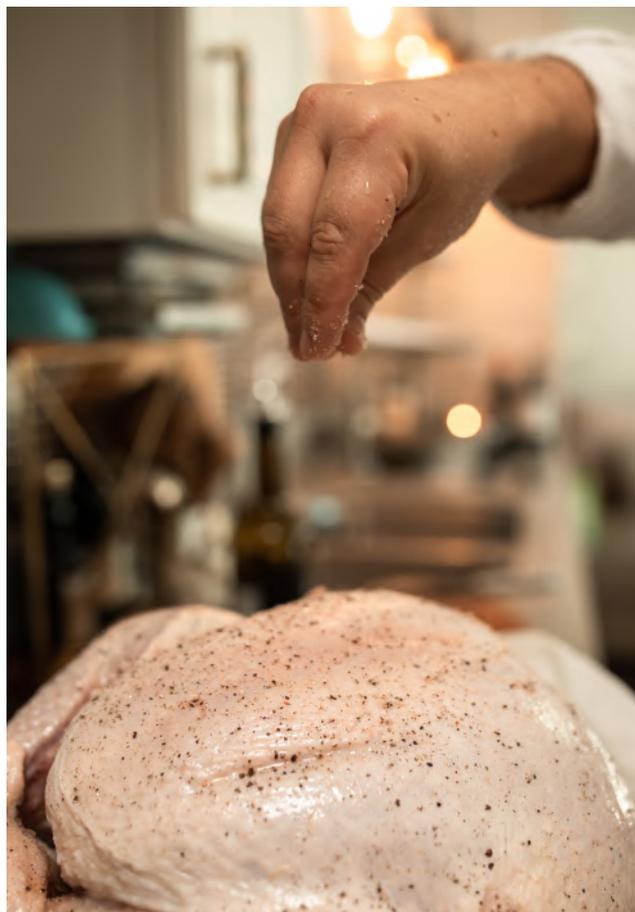
Defrosting a turkey is another thing that can feel challenging. The safest ways to defrost that bowling ball in your freezer are either in the refrigerator or in a cooler of ice. It takes an average of 24 hours per four pounds of bird to fully defrost, so make sure that you give yourself plenty of time. This year my husband came home the conquering hero of the grocery store, bearing in hand a whopping twenty-three pound Tom and receiving a kiss from me, so I will need to take that giant from the freezer six days before T-Day. If you choose to defrost in a cooler, remember to replace the ice as it melts so it stays cool enough and you and your loved ones don't come down with the dreaded salmonella.



## Preparing your turkey

Most of us imagine rising before dawn to start this majestic task and let's be real... none of us wants to get up that early on a holiday, as Hallmark-channel-movie as that may sound in our minds. In reality, an unstuffed turkey should roast for 15 minutes per pound in a 325-degree oven, so you don't have to get started as early in the day as you might think. My giant turkey will only need to roast for 4.5-5 hours. Some people prefer to put their dressing into the cavity of the turkey, but many professionals don't recommend that anymore as it can actually end up undercooked. My personal opinion is that dressing is much tastier when put into a casserole dish and baked, not to mention that stuffing your turkey adds a lot of oven time.

Preheat your oven to 500 degrees F. To start off, nestle that bird breast up into a large roasting pan and pat the skin dry with a paper towel. Wet skin doesn't crisp up very well and you want a delicious and golden brown skin. Make sure that you have also removed the innards, which are usually in a paper or plastic bag. Check the little cavity up by the neck, too just to be safe. With your hand, gently separate the skin from the meat in preparation for your next step: Butter. This is not a necessary step by any means, but once you have used butter on your turkey, you will never want to skip it again! Use plain butter or mix in some of your favorite spices, but just make sure that it is real butter and not margarine or a similar replacement. Butter under the skin of your turkey provides amazing flavor and helps keep that meat tender and juicy! Apply the butter liberally and do not, I repeat, DO NOT think about calories! Next you can think about aromatics, which are things that you put inside of your turkey while it cooks. I toss some garlic, onion, and celery into the empty cavity and they infuse a delicious aroma into the meat while it roasts.



Put the turkey into the oven on the lowest rack and leave for 30 minutes. After that, reduce the temperature to 325 degrees F and cook there until your thermometer reads 160 degrees F in the thickest part of the bird. Use a baster every half hour to soak the turkey with all of that lovely liquid that begins to cook out.

When you remove your masterpiece from the oven, cover it with foil and allow to rest on the counter for half an hour while you finish your other items. Letting meat rest means that the juices will redistribute and not pour out when cutting, resulting in a more moist and delicious slice of holiday heaven.

## Keep reading for some of our Grace & Truth Family Favorites...

# Texas Style Smoked Turkey

By: Jessica Stern Foster



## INGREDIENTS

1/2 CUP SPICEOLOGY TURKEY RUB  
1LB BUTTER  
1/2 CUP SALT, KOSHER  
1 BRINED TURKEY

## COOKING INSTRUCTIONS

This Texas Style Pellet Grill Turkey is a simple recipe that will make your Thanksgiving much less stressful. Enjoy the basic, but flavorful ingredients that make the meat and smoky flavors the star of the show, in true Texas BBQ tradition. As the Turkey cooks low and slow at 300°F for almost 4 hours, you will have plenty of time to enjoy the holiday with your guests. Trust us, this is one you'll want to serve throughout the year.

## HOW TO COOK A TURKEY ON A PELLET GRILL

With 8 in 1 cooking options on a Pit Boss Pellet Grill, you can smoke, BBQ, bake and roast a whole turkey. This recipe calls for the bird to be barbecued low and slow at 300°F. To smoke the turkey, simply turn the temperature down to 250°F during the initial phase and turn up to 300°F when you place it in the roasting pan.

1. Preheat Grill to 300°F
2. Liberally season Turkey with equal parts kosher salt and Spiceology Turkey Rub.
3. Cook on grill until Internal temp reaches approximately 145°F or the skin has darkened to your liking.
4. Place turkey in a roasting pan topped with a pound of chopped butter and cover.
5. Return to the grill until internal temp of the thigh and breast reaches 165°F
6. Let rest for 30 minutes, carve and serve.

## SPECIAL TOOLS

- o Roasting Pan

# Grilled Herb Potatoes

By: Jessica Stern Foster



## INGREDIENTS:

- 2 lbs. red potatoes
- ¼ cup olive oil
- Potato Seasoning
- 1 teaspoon rosemary
- 2 teaspoon oregano
- ¾ teaspoons thyme
- 1 teaspoons Hungarian Paprika
- 1 teaspoons onion powder
- 1 teaspoon Himalayan salt
- 1/8 teaspoon pepper

## DIRECTIONS:

- Combine the spices for the potato seasoning. Drizzle most of the olive oil over the spice mix and stir well to combine. Only add the remaining oil to the potatoes if necessary.
- Slice the potatoes into ½ inch thick slices. I like to thinly slice the round ends off so that each side of potato is able to lay flat on the grill.
- Place the potato slices into a large bowl and drizzle them with the olive oil/seasoning mix. Toss to combine well.
- Preheat the grill to medium-high heat.
- Layer two large pieces of foil down and lightly coat it with cooking spray.
- Place the potatoes on top of the foil, in a single layer if possible. Cover with foil and seal it shut.
- Place the foil packet on the grill and shut the lid. Heat for 20 minutes.
- Use kitchen tongs to flip the potatoes and heat for an additional 5-10 minutes, uncovered.
- Remove from the grill and serve!

# Marta's Corn Bake Casserole

## INSTRUCTIONS:

Thanksgiving is my favorite holiday. I love the focus on Thankfulness and the true meaning behind the holiday itself, and of course the food. There are many must haves at our Thanksgiving dinner, many we spend hours and sometimes days to make our Thanksgiving feast delectable. But the recipe I want to pass along is quick, easy, and most important delicious.

- 1 - stick of melted butter
- 2 - cans of cream corn
- 2 - cans of whole kernel corn (drained)
- 1 - 16 oz. sour cream.
- 2 - boxes of jiffy bread mix

Mix everything well together. Cook at 350 degrees for 1 hour.

Serves 10 - 12 people



PREP: 10 min  
COOK: 60 min



Easy



Serving:4

# BAKED MACARONI

**By: Kendra Nelson**

## Ingredients

16oz Macaroni Shells, cooked  
2 cups Almond Milk  
2tbsp Egg Replacer or 2 eggs  
Earth Balance Butter Spread  
8oz Sargento Sharp Cheese  
8oz Sargento 4 State Cheese  
8oz Sargento Mexican Blend Cheese  
Ground White Pepper

Salt

## Directions

1. Preheat oven to 350 degrees.
2. Bring a large pot of water to a boil.
3. Add salt
4. Cook rinsed macaroni shells according to pkg directions until tender.
5. Prepare egg replacer according to the directions and place aside.
6. Spray nonstick spray in your 9x12 dish.
7. Drain shells and transfer cooked pasta into a mixing bowl.
8. 2 bags of Sargento cheese, 2 tablespoons of butter and mix into the shells.
9. Add almond milk & Egg Replacer. Mix well. Add salt & pepper to taste.
10. Transfer to your dish. Pour remaining cheese on top of macaroni mixture.
11. Take 3-4 tablespoons of butter and place in different areas on top of cheese.
12. Cook for 45 minutes uncovered.

NOTE: The ingredients above can be substituted. Because of allergies this recipe contains plant-based egg, butter, and milk. The cheese used in this recipe is lactose free.

To make completely vegan choose plant-based cheese & ENJOY!!!

# BROCCOLI CHEESE RICE CASSEROLE

**By: Tamika Johnson**

## Ingredients

2 tablespoons butter  
1 small onion, chopped  
Salt & Pepper (season to taste)  
16 oz American Shredded Cheese  
16 oz Cheddar Shredded Cheese  
1 can condensed cream of mushroom soup  
1 can condensed cream of chicken soup  
2 bags Success White Rice  
¾ cup milk  
2 heads fresh broccoli

## Directions

Preheat Oven to 350 degrees and grease a casserole dish

1. Place water in pot on stove and season water with salt. Place rice in water. Bring to boil.

**DO NOT COOK RICE COMPLETELY. REMEMBER YOU WILL PUT RICE IN OVEN AND YOU DO NOT WANT IT MUSHY**

2. Wash broccoli and cut in pieces. Place in 9x13 pan

3. Melt butter on top of stove and add onion. Cook for 5 minutes.

4. Mix cream of mushroom and cream of chicken soup in bowl

5. Add American Cheese and Milk and Whisk (season with salt and pepper)

6. Pour rice on broccoli

7. Pour the of cream of mushroom, cream of chicken soup, American Cheese and Milk mix on Rice and broccoli

8. Mix Well

9. Cover with aluminum foil

10. Place in oven for 30 minutes

11. Remove foil sprinkle shredded cheese on top and place in oven for 10 minutes

**ENJOY THIS DELICIOUS DISH!!!**

# SWEET POTATO CASSEROLE

By: Candice Smithyman

## Ingredients

- 1 large can sweet potatoes
- 1-1/2 cup of sugar
- 2 eggs well beaten
- 1 stick butter or margarine
- 1/2 cup of milk
- 1 tsp vanilla

## Directions

Mix well and pour into 2 quart casserole dish all the ingredients.

### Topping-

- 1 cup brown sugar
- 1 cup pecans, chopped
- 1 stick soft margarine or butter - do not melt
- 2 Tablespoons of flour

Mix together and spread evenly over potatoes mixture. Bake 350 degrees for 45 min in a 2 quart casserole dish.

# PEANUT BUTTER PIE

BY: Melanie Carey

## Ingredients

### FOR THE CRUST

- 3/4 cup graham cracker crumbs
- 1/4 cup granulated sugar
- 2 tablespoons brown sugar
- 4 tablespoons melted butter

### FOR THE FILLING

- 1 1/2 cups heavy cream
- 8 ounces cream cheese softened
- 3/4 cup granulated sugar
- 1 cup creamy peanut butter
- 1 tablespoon vanilla

### FOR THE GANACHE TOPPING

- 1/2 cup heavy cream
- 1 cup semi-sweet chocolate chips

## Directions

- To prepare the crust, blend graham cracker crumbs, granulated sugar, brown sugar and melted butter in a bowl until fully combined. Press mixture into a 9" pie plate, covering bottom completely and pushing the crumbs about 1-2 inches up the side of the pie plate. Put the pie crust into the freezer while preparing the filling.
- Whip the 1 1/2 cups heavy cream until it holds peaks. Set aside in refrigerator while preparing the rest of the filling.
- In a large bowl, beat cream cheese until smooth. Add sugar and mix until blended. Add peanut butter and vanilla, mixing well. (Scrape the sides of the bowl as needed to ensure that the ingredients are fully blended.)
- Fold whipped cream into the peanut butter mixture, blending well. Pour filling into the prepared pie crust. Place filled pie into the freezer.
- To prepare the ganache, in a small saucepan (use one with a lid), slowly bring the remaining 1/2 cup of heavy cream to a boil (be careful not to scald the cream). Turn off the heat and add chocolate chips, pushing the chips into the cream until almost completely covered. Put the lid on the pan and let sit on the stove.
- After 10 minutes, stir until the chocolate chips are melted and fully blended into the cream. Cool to room temperature, then pour sauce over pie. Place in freezer for 30 minutes before serving.
- Note: If serving pie more than 1/2 an hour after final preparation, store in the freezer. Thaw for 20 minutes before serving for a frozen, ice cream-like consistency. (If you are having difficulty cleanly removing the pie crust from your pie plate, submerge the very bottom of the dish in some hot tap water - about 1/2 inch water in your kitchen sink - to loosen the crust being careful not to get water in the pie itself.) Or thaw for longer in the refrigerator for a gooey, soft pie.



# *Crumble & Nuts*

## Ingredients

1/2 ts cinnamon

1 x tbs coconut oil

150g plain yogurt

1/2 cup rolled oats

1 x tbs pistachio

1 x tbs coconut sugar

Spread raspberries along bottom of baking dish. Top evenly with oat crumbs. Bake until topping is golden brown, about 45 minutes. Let raspberry crumble come to room temperature.

To serve, divide yogurt among six bowls. Preheat oven to 375° F.

In a medium bowl, combine flour, brown sugar, and salt. Add butter and using your hands or a pastry cutter, rub butter into sugar mixture until almost completely combined. Add oats and continue to blend.





# THE BREAD THAT STRENGTHENS THE HEART

- by Melody Bentfield

When the Bible includes Bread in the Lord's prayer (Matthew 6:11), you know in your knower that bread matters! Bread has so many biblical references, because let's face it- bread signifies nourishment (1 Kings 17:6), satiety (Luke 11:3), provision (Matthew 14:13-21), what we seek for our salvation (John 6:48, 6:51), and it strengthens the heart (Psalm 104:15). So when I was newly married, in graduate school, and found myself in the classic "starving graduate student" lifestyle with my husband who loved to devour multiple loaves of \$8 organic artisan breads each week, I needed to find a solution that was both affordable and edible. Thus began my bread journey!

The first recipe I ever made was the classic New York Times No-Knead Bread recipe, but I found that at higher altitude, it was always a bit wonky. I also wanted more flavor, so I began playing with variations, scouring the internet for different bread-guru tips, and found my own way. Eventually, I delved into the world of sourdough bread-baking, whole grain bread baking, milling my grains fresh, and more.

And then I had children. Suddenly the 24-36 hour rise times and sporadic stretch and fold techniques using a gentle hand became virtually impossible. My curious 11 month old boy (we'll call him Baby Chef) and my almost 4 year old bubbly bright little girl (we'll call her Sweet Chef) have the uncanny ability to immediately need something at that very moment and no sooner. So, I had to adapt.

Before I share the recipe, I want to share a prayer with you that will strengthen your heart. During these times of uncertainty, life itself has been brought to the forefront as we stay home to protect ourselves and others – but we must remember to continue to live! In Psalms 104:14-15, the Bible says "He causeth the grass to grow for the cattle...and [gives] bread which strengtheneth man's heart." Regardless if you're a low carb fanatic or a carb junkie, bread is filling and provides a sturdiness when nothing else is available... a slice of good whole grain bread sustains me and my family and keeps us going. And when we think of the Lord as our Bread of Life, no wonder that parallel rings true! Here we go:

\*When baking at high altitude, increase the bread flour to 160z by weight, or closer to 3.5 cups. If you would like a whole-grain variation, you can safely incorporate whole grain flour to comprise of up to 1/3 of the flour. For example, if you're using 3 cups of flour, you can use 1 cup of Hard White Winter Wheat (my favorite whole grain for bread) and then 2 cups of bread flour.

\*Bread flour is also known as strong flour

\*For variations in herbs, try tarragon, parsley, Italian herb blends, sage, etc. Every loaf is wonderful, but always err on the side of less is more when it comes to adding seasonings other than salt. If you want a plain unflavored bread, omit the herbs and proceed as instructed.

\*If you would like a longer ferment, omit the red wine vinegar and let the dough ferment for 8-12 hours. I have gone as long as 16 hours, and while partially over-risen, the dough still came out fabulous. The red-wine vinegar helps with the flavors that would otherwise be present for a longer ferment. If, like me, you find that you forgot you had started a loaf, just pop it in the fridge to retard the fermentation. I have done this and picked up from where I left off in the recipe, up to 5 days later. It had more of a sourdough flavor by this point, but had a beautifully chewy crumb!





# ROSEMARY GARLIC NO-KNEAD ARTISAN BREAD

Servings: 1 loaf

Time: 5 minutes prep, 5-6 hours rising, 1 hr second proof, 45 minutes baking – Approximately 8 hours total

Ingredients:

3 cups bread flour\*

½ tsp SAF Instant Yeast or regular Instant Yeast

2 tsp salt (ideally pink Himalayan salt)

1.5 Tbsp dried or 3 Tbsp fresh Rosemary\*

2 tsp granulated garlic\*

½ tsp red wine vinegar\*

1 ½ cups purified or spring water

Equipment:

Large mixing bowl

Shower cap or plastic cover that seals on top of bowl

Fork or danish dough whisk

Kitchen scale\*

Proofing bowl

Bread pan – this can be a regular loaf pan, a stoneware cloche of varying sizes (I used an oblong one in this case), a cast iron dutch oven with a lid, a stone baking sheet. Anything that can withstand 500 degree temperatures

Dough scraper or a large serving spoon

Bench scraper (optional)

Sharp serrated knife or bread lame

Prayer of Thanksgiving:

Heavenly Father, I praise you for your sustaining and life-giving sacrifice on the cross for me and my sins. I thank you for my [insert who/what you're grateful for]. You're amazing Almighty God!

During these times, I ask in the name of Yeshua Jesus for an extra dose of your strength and for more of you, my bread of life. Fill me up with your Holy Spirit, and sustain my soul with the nourishment of your words, your peace, your grace, and your mercy. Fill up [insert name here] with your Holy Spirit and sustain [insert name here]'s soul with the nourishment of your words, your peace, your grace, and your mercy [repeat for each family/friend member]. As I seek to feed my family both spiritually and physically during this Thanksgiving and holiday seasons, let me remember how much I and all of us need you Yeshua Jesus, my Messiah and Savior!

Thank you God that you love me so much that I can come to you and ask you for the simple things, as you bless me with your holy sustenance and tenacity to move forward with your grace and love. In the name of Yeshua Jesus, may I share your unending love with the boundaries that you demonstrate to me through your scriptures, remembering who and whose I am, and pouring myself out to serve others as I allow you to pour into me.

In the name of Mighty Yeshua Jesus, Amen!

Below you'll find a recipe for my Rosemary Garlic No-Knead Bread that I made with Sweet Chef just the other day. With careful oversight by me, and Baby Chef hanging out in a carrier on my back, Sweet Chef did the measuring, pouring and mixing, and I did the stuff with the oven, and anything sharp or hot. If a not-quite-4 year old can make this, you can for sure make it! I hope you enjoy it as much as we have.



-Reach under the dough (a bench scraper makes this very easy but hands work just as well) and turn the dough over into your prepared proofing bowl. Mine is an oblong rattan-coiled bowl matching the size and shape of my baking dish, with a floured cotton liner. Cover with plastic/shower cap and let sit in a warm spot for 30-45 minutes. During this time, preheat your oven to 500 degrees, with your bread pan/baking dish inside the oven. Note: If you're in a time-pinch, this step can be skipped and you will still have a decent loaf.

-After the 30 - 45 minute second rise, remove the plastic cover and bring the proofing bowl with the dough to your oven. With an oven mitt ready, open the oven, pull out your tray with the baking dish so that it is partially extended, and gently dump the dough into the baking dish. If you wish to score a pattern into the bread or add extra design, slice cuts into the top of the dough, perpendicular to the dough's surface, about 1/4" to 1/2" deep. If your baking dish has a cover, put the cover back on and pop it all in the oven. If your baking dish does not have a cover, it is a good idea to place a foil tent on top of the loaf for the first 30 minutes to prevent the crust from browning too much.

-Bake 30 minutes at 500 degrees, then reduce temperature to 450 degrees and bake an additional 15 minutes.

-Remove bread from oven and immediately turn the bread onto a wire rack to cool. Tap the bottom of the bread - it should sound hollow. If it sounds dense and thick, it is still uncooked, and put back in the oven for about 5 more minutes.

-Now comes the hardest part: Let your bread cool for at least an hour before cutting in. If you slice the bread too early, it's actually still cooking and you will end up with a drier loaf the next day. Sometimes I just let it cool overnight. The thick crust keeps it from going stale and makes for perfect toast the next morning.

## INSTRUCTIONS:

-Mix together dry ingredients in the large mixing bowl with a spoon. If you would like extra aromatic flavor, you can gently crush the rosemary before adding it to the dry ingredients.

-Add the red wine vinegar to the water. Pour the water vinegar mixture over the dry ingredients, and mix either with a fork or a danish dough whisk, only until there are no longer any dry bits and everything is incorporated. If you find that the dough is stiff and thick, add in water, a Tablespoon at a time and give it a stir. The dough should be shaggy, and sticky, not smooth, with no runny or dry bits.

-Cover with plastic (I use a shower cap that I bought for this purpose) and let sit 4- 6 hours in a warm place, no warmer than 80 degrees. The dough will have risen with bubbles all over the top.

-Gently tip the bowl toward a floured surface, starting from one side of the dough, pour and scrape (dough scraper or large serving spoon) at the same time so that the dough doesn't get broken up but ends up on your counter in one large wet wobbly lump.

-Quickly, either using a bench scraper, or heavily floured fingers, reach under the sides of the dough and fold in the right and then the left, like a tri-fold letter. Gently pat, then rotate 90 degrees and repeat. The dough should be very wobbly, but covered in enough flour that you should be able to handle it very quickly without it sticking too much.



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