

Grace & Truth Magazine

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**This Edition's
cover is a
watercolor feature
by Janet Asbury**



*Janet Asbury, the artist behind
"Janet Asbury Designs" ...*

was born in the suburbs north of Chicago, Illinois. She moved to South Florida with her family as a teenager where she met and married her husband, Skip. Together they raised their two children, Cory and Hannah. Both entrepreneurs, they ran their record store and homeschooled their children. Her true passion was to create. From lettering and drawing, sewing and crochet as a child; now she dabbled in acrylics, paper arts, moving on to oil painting after a few lessons. Art did not take center stage, but was fit in between littles' naps and after bed time. After all, they were her greatest creative endeavor! Passions set aside; the priority of children, homeschooling and helping run the family business were the priorities of the day! The journey would continue...

In late 1999, the family sold the record store and packed up for their dream move to the mountains of North Carolina. The beauty of the mountains' flora and fauna sparked that undeniable creativity again! After 5 more years of owning a Dairy Queen, then 7 years of ministry operating a food bank in Kansas City, MO; the door was wide open to pick up the creative journey that she was always meant to take. Watercolor became the medium to master, and that journey continues! God told her it was time to both sow into her gifting and reap the benefit He intended from it. So she listened, and obeyed. Five years later, and mostly self-taught, she is teaching classes both in her home studio and online. Commission requests are flowing in continually and creativity is flowing out! You can follow along on her journey via her Instagram account, Janet Asbury. Or jump in to one of her classes on the Skillshare website! You can start with this free 2-week trial : <https://www.skillshare.com/r/profile/Janet-Asbury/5939582>

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**I will give thanks to the Lord because
of His righteousness; I will sing praise
of the Name of the Lord Most High!"
Psalm 7:17**

WORSHIP AT THE ROC



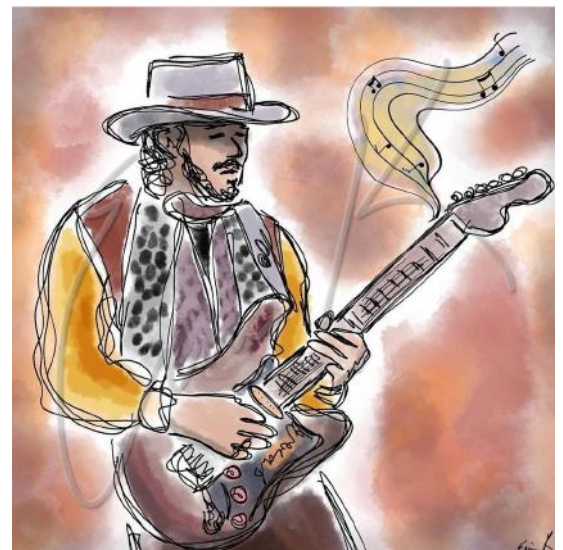
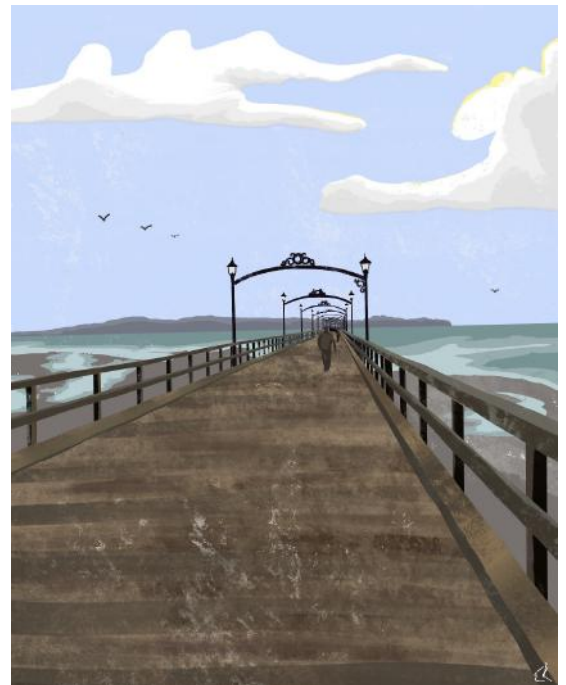
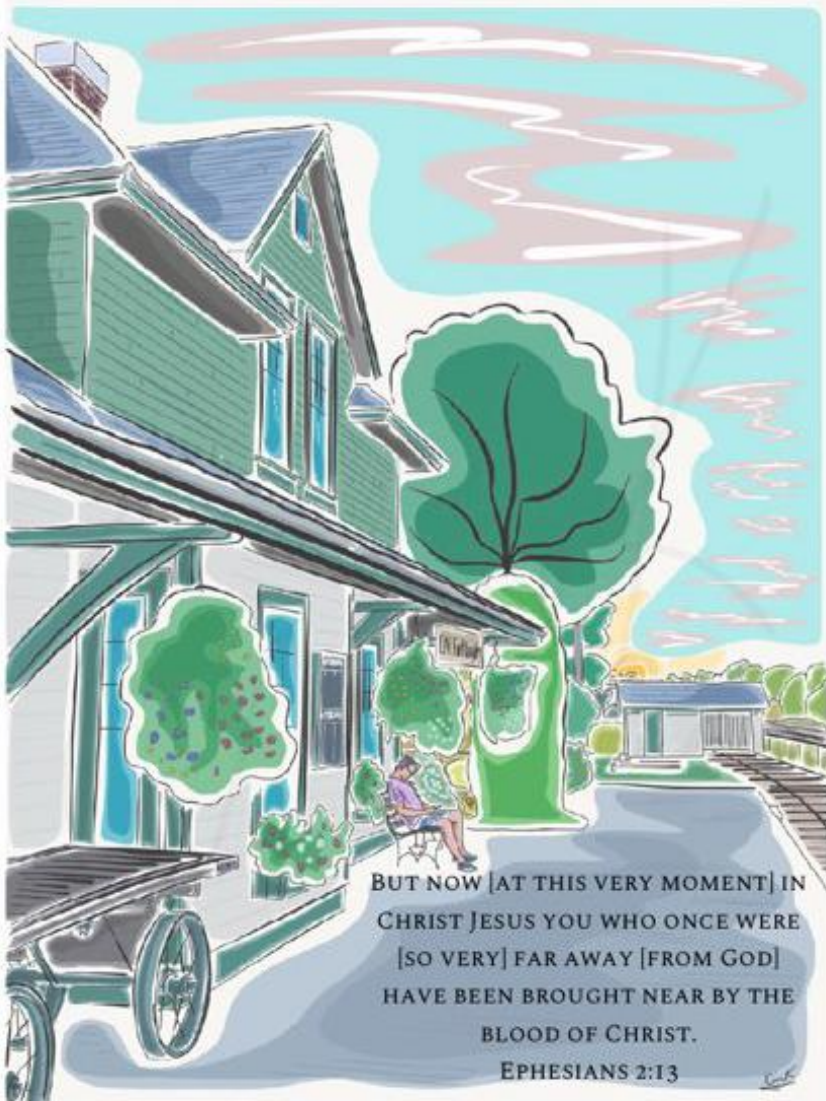
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A MESSAGE FROM US

here at Grace & Truth Magazine

As the summer approaches and the warm days get warmer, we find that it is time to take summer vacations and day trips, cookouts, and family time! Yet with some travel restrictions and maybe so hesitation to travel looming, many are rediscovering their towns and surrounding areas!!

In the 1950s it was popular to tour America and check out local sights, parks, and American monuments! Now more than ever, many families are discovering places in their local area! As you decide to check out the places in your own town, state, or across the U.S.A., make sure you take lots of photos and scrapbook your memories for years to come!

We love each of you and, as always, we are here if you need prayer. Please let us know how we can pray for you at prayer@redeemourchildren.org



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LIVE ONLINE
AS WE LIVE
LIFE FOR
CHRIST OUTSIDE
THE FOUR
WALLS

SAVAGE FOR CHRIST
RANDAL REEDER





BONE BROTH FOR KIDS & TODDLERS

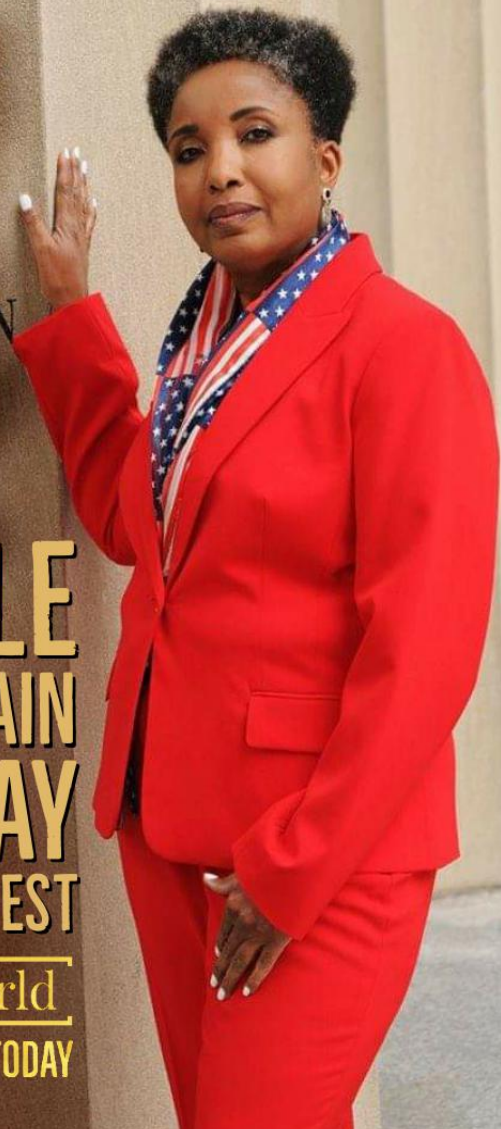
YOU'RE PROBABLY FAMILIAR WITH BONE BROTH AS GOOD FOR YOUR OWN HEALTH. BUT IT'S TIME TO TAKE A SECOND LOOK AT THIS NOT-SO-NEW SUPERFOOD, BECAUSE IT HAS BENEFITS FOR THE WHOLE FAMILY... EVEN YOUR LITTLE ONE!



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Facebook's Censorship of a Black Conservative Woman

By: Dr. Carol Swain

Hello everyone, I am pretty upset right now because of Facebook. March 19, 2021, I received a notice that I have been suspended from doing Facebook lives for 30 days because of a post that I shared on Feb 5, 2019. I violated Facebook's community standards.

I find it very interesting that they would use a post from 2019 to prevent me from doing a Facebook live that I scheduled for March 20, 2021. It tells me that someone at Facebook, but also the political left progressive monitors, that they consider my voice a threat. So much of a threat that they would reach back into the past two years to find a reason to prevent me from talking to people who follow me on Facebook.

I am very concerned about big tech and the political censorship and the total disregard for the first amendment. It is more important than ever before for us as Americans who believe in traditional values and principles to stand up and fight back

against the progressives. If we don't begin to change America make allies with people in the democratic party as well as people who are I won't say progressives but liberals who care about America we will lose our country. And as it is, we have almost lost our country.

We saw what happen in the last election and the failure of the courts to do what they needed to do. We also saw that whenever we discussed the irregularities in the last election that people who were most vocal had their Facebook and Twitter accounts shutdown. I have not had a lot of problems with Facebook or Twitter.

LinkedIn suspended my account for about three days after I shared the Mike Lindell study about the election. They quickly put the site back up but this thing with Facebook, it really bothers me because most of my followers are on Facebook have already migrated to Gab, Parler, MeWe, CloutHub, telegram and I'm probably missing some sites but most of my followers are on Facebook and Twitter.



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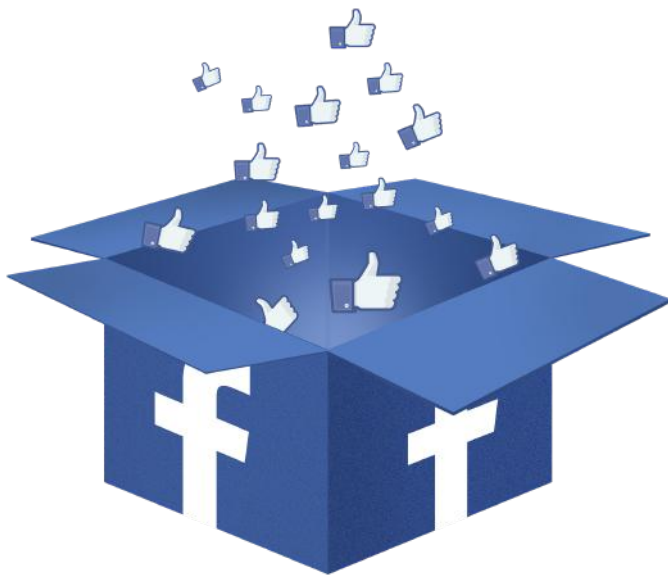
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It is a serious situation because you think about the 2022 election. Unless we can find an alternative and unless we can find away to break up the monopolies when it comes to big tech they intend to do what they did in 2020 did in only worse. So, I am only telling you what has taken place.

I have appealed to Facebook I have not gotten a response so until I hear otherwise my ability to do Facebook live will be suspended for 30 days. That is my situation.

I would love to hear from you, but I would also like to hear from people who have thought through strategies. We can move to conservative platforms and we can preach to the choir, but I would rather see us live in a country where free speech is protected and respected.

I would like to see conservatives treated fairly and not discriminated against because of their viewpoint. We know that when Facebook talks about community standards they are placing their standards pretty low. What they are doing is trying to shut down conservatives.



Dr. Carol Swain is the host of the podcast

“Be the People” (GTRW) and

“Two Minutes to Think About it with Dr. Carol Swain (Bott Radio). She is also an author and editor of nine books, which have won three national awards and a Pulitzer Prize. Dr. Swain is a former university professor of political science and law at Princeton and Vanderbilt Universities, and a nationally known political commentator who has appeared on Fox News, ABC Headline News, CNN, BBC Radio and NPR, among other outlets. Her opinion pieces have been published in the likes of The New York Times, USA Today, CNN Online,

the Epoch Times, the Washington Post,

and the Wall Street Journal. For more about her, visit her website at: www.CarolMSwain.com



The Importance of Memorial Day



By: Lt. Col. Allen West

**“This do in remembrance of me . . .
”**

— Luke 22:19 NIV

Memorial Day... I humbly pray y'all are not running around and saying "Happy Memorial Day." Today is not about happiness, it is about honor! Today is about those who gave the last full measure of devotion; the ultimate sacrifice for country, and for those who desire liberty and freedom from tyranny.

Today is a day when we should focus less on barbecues, swimming pools, and retail sales, and instead, take a walk among the gardens of stone. I suppose if we could fully realize the folly of saying "Happy Memorial Day" and replace it with "Honor Memorial Day," we would indeed honor this day . . . not just today, but every day.

The title of this missive should be remembered and recognized by everyone, it comes from the movie, "Saving Private Ryan." I am quite sure that the movie will be playing today. It is a story from the Greatest Generation and the day of the largest amphibious operation in history, Operation Overlord, known as D-Day, June 6, 1944. The movie tells the story of Ranger Company Commander, CPT Miller, portrayed by Tom Hanks. The opening is without a doubt the most graphic and true portrayal of what it was like for our brave American heroes who hit the beaches of Normandy. The crux of the film is that one young paratrooper in the 101st Airborne Division, PVT Ryan, played by Matt Damon, has unknowingly lost all of his three

brothers in combat . . . and all three letters arrived at once to a patriotic mother. The decision was made to find Ryan and get him back home, a mission that fell to CPT Miller and a select few from his infantry company.

They do find PVT Ryan during an anti-armor ambush against the Germans. Instead of being immediately extracted, Ryan refuses to leave his fellow "troopers" as there is an imminent German counter-offensive coming to capture a critical bridge crossing. In the end, all of CPT Miller's group, save one, are killed, along with most of Ryan's squad. CPT Miller is shot, and as he is dying, he pulls Ryan close to him and utters these impactful two words, "earn this."

Today, there are generations of those laid to rest in the gardens of stone who are calling out to America, "earn this." They are challenging us, just as CPT Miller did, to earn the sacrifices of their lives.

The end of the movie goes forward to a grown Ryan, older, asking his wife to "tell me I was a good man, tell me I lived a good life." America — Texas — if we were to ask ourselves if we are truly earning the sacrifices of those for whom we honor today, what would our honest answer be?

There are still World War II Veterans who are alive. Recently, I lost a dear friend, Ray Lambert, a veteran of the 16th Infantry Regiment, First Infantry Division, Omaha Beach, Normandy. These men who fought the

the vilest of tyrannies, National Socialist (Nazi) Germany, fascist Italy, and Imperial Japan, probably never believed they would find those very principles, tyranny, existing in their very own America. Our brave heroes who gave their lives fighting against Stalinism, socialism, and communism would have never thought there would be a Communist Party USA, Antifa, or a Marxist organization calling themselves BLM, who have recently aligned themselves with an Islamic jihadist group, Hamas.

How many of those who have lost their lives at the hands of Islamic jihadists in Iraq, Afghanistan, or at home such as 9-11, would believe we would have members of our very own Congress supporting Islamic terrorist groups. Or that we would have Islamic legal jihadists as part of a DoD working group seeking our “extremists” in our military, meaning conservatives.

Our honored dead must be rolling in their graves knowing that a US military officer was relieved of command for speaking out against Marxism, the antithesis of our Constitutional Republic and its fundamental principles. After all, those who made the ultimate sacrifice took an oath to support and defend our constitution against all enemies, foreign and domestic. But, it appears to be quite in vogue to undermine our rule of law.

Does anyone believe that we “earn this” by having wide-open borders that allow illegal immigrants to flood our country, commit horrific acts of violence, such as the illegal immigrant who murdered Mollie Tibbets in Iowa? Is that how we Honor Memorial Day, by enabling the undermining of our very own country?

Do we honor our fallen by voting into office – including the highest office in the land – those who truly believe America is a horrible country, racist, and redefines our history and founding to align with the new Marxist ideology of racial divisiveness? Yes, I am quite sure there are those who think everything is just great now in America. They are the ones who probably have never visited the gardens of stone and hold our real heroes in utter disdain. They are not “earning this.” They are destroying this, for which many have died to support and defend.

My dad and mom are among those buried in a national cemetery. My resolve and dedication to fight for America emanate from them, the original “Guardians of the Republic” in our family. Every day of my life is dedicated to that simple challenge, “earn this.” At the age of fifteen, my dad challenged me to be the first officer in our family. It was a great day when Dad and Mom pinned on my Second Lieutenant rank on the campus of the University of Tennessee.

Today, Memorial Day 2021, be still and listen, America, and you will hear it, the voices of those men and women who have gone before us. They are saying “earn this.”

Will you accept the challenge going forward? Or, will you continue to say “Happy Memorial Day,” and spit upon the hallowed ground fertilized by the blood of heroes, and watered by the tears of those they left behind?

Jesus once said to His apostles at the last supper, “. . . this do in remembrance of Me.” What are you doing today – and every day – in remembrance of our fallen Soldiers, Sailors, Airmen, Marines, and Coast Guardsmen? And, spare me the insidious gender-neutral bovine excrement!

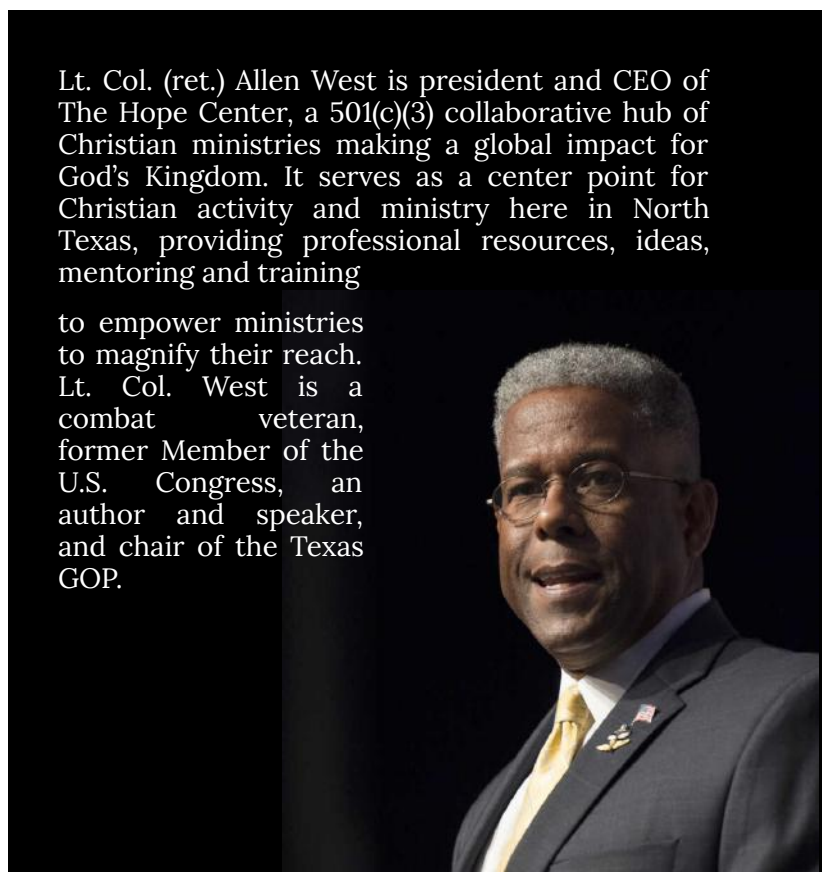
HONOR MEMORIAL DAY!!!!
Steadfast and Loyal,



Lt. Col. (ret.) Allen West is president and CEO of The Hope Center, a 501(c)(3) collaborative hub of Christian ministries making a global impact for God's Kingdom. It serves as a center point for Christian activity and ministry here in North Texas, providing professional resources, ideas, mentoring and training

to empower ministries to magnify their reach.

Lt. Col. West is a combat veteran, former Member of the U.S. Congress, an author and speaker, and chair of the Texas GOP.





God's Generals

By: Dr. Roberts Liardon

A Family Heritage, Honoring the Matriarchs of the God's General Legacy

On Tuesday, April 27, 2021, at 2 p.m., a very personal and historic moment took place at the Moore family plot in the Riverview Memorial Park Cemetery in Willard, North Carolina. The beloved matriarch of the Liardon family, Gladoylene (“Grams”) Moore, and her daughter Carol Liardon, were both laid to rest near the final resting places of their loved ones. Many attended from all over the world for this significant milestone moment – which also holds a piece of history from this local region.

It has been almost a century since Gladoylene and LeBasker (“L.B.”) Moore married in 1930 and settled down near Penderlea, North Carolina. Both were already active preachers of the Gospel, and throughout the next several decades, the Moore’s would tend to their farm work during the week; then on the weekends, they’d take their children with them to hold Spirit-filled revival meetings throughout the region in both North and South Carolina. From the beginning of their lives together until L.B.’s death in 1967, the Moore’s continued to pour out their lives in this way for Christ and for the people He died for.

Again, and again, those weekend Pentecostal revival meetings would result in a new local church being birthed, which the Moore's would oversee until they had raised up a trusted pastor to replace them. Then the whole process would begin again as the couple continued to travel with their children to other parts of the region to hold revival meetings. People would come, hungry for more of God, and encounter Jesus in real and miraculous ways. Before long, another local church would be birthed to help reach more people for Christ in that community.

During the 1930s, the Moore's' first four children were born: Ralph, Henry Jacob ("Buddy"), Betty, and Faye. Then in 1941, the couple gave birth to their fifth child, Carolene (later to be called Carol). Murl would follow in a few years to round out the Moore clan.

Along with her siblings, Carol grew up on the family farm and attended the weekend revival meetings, learning how to work hard and to put the Lord first — always. Through the years growing up, Carol and her sisters participated actively in the revival meetings, ministering in song. After graduating from high school, Carol attended Holmes Bible College in Greenville, SC before marrying Kenneth Craft in 1959. By 1961, she had earned her nursing degree and became a registered nurse.

Later in 1965, Carol became a student at Oral Roberts University during its charter year. Kenneth worked on campus, helping with the construction of the university's new buildings. In 1966, their son Roberts was born, and the birth of their daughter Priscilla followed in 1967.

Following the death of L.B. Moore in September 1967, Carol asked her mother to move to Tulsa and help her raise her two children while she worked and finished her degree at ORU. After praying about it, Gladoylene agreed and moved to Tulsa for a divine assignment that would last the rest of her life. Already a seasoned prayer warrior, "Grams" remained a mighty prayer force in the family through the years as she helped Carol in the raising and spiritual training of Roberts and Priscilla. Later Grams Moore would tell her "congregation" of 2 grandchildren, "I got more fruit out of my smallest church than all the other churches put together!"

As for Carol, everything changed abruptly in 1971 in every realm, including financially, when Kenneth divorced her. But Carol kept pressing on, working hard to earn her degree so she could provide for her family. Roberts explained, "Mom was one who never allowed herself to whine or cry. She taught us to get up and keep moving forward, no matter how we might feel."

After graduating from ORU with her Bachelor's in Biological Sciences, Carol took a position as a high school teacher while she continued to earn two Master's degrees in Higher Education Administration and in Library Sciences from the University of Oklahoma over the next several years.



Later she also became a Doctoral Candidate at Oklahoma State University.

Carol went on to achieve other milestones in her career, working at ORU as a librarian for several years – a role that included helping ORU's City of Faith build their medical library. Later she also worked for Ochsner Clinic in New Orleans as a library consultant.

While Carol was still working at the City of Faith, she married Fred Liardon, who later adopted Roberts and Priscilla, giving them his surname. Then in 1984, Carol came to another significant “bend in the road” when her son asked her to come work for him.

At the time, Roberts was only 17½ years old, but his newly established ministry was exploding. Roberts realized that he needed someone he could trust to help run the ministry both administratively and spiritually. After prayer, Carol knew it was the Lord's leading, so she quit her job and came to work for her son as the Executive Vice President of Roberts Liardon Ministries. It was a vital position she would occupy from that moment on until she graduated to Heaven 37 years later at age 80 on April 6, 2021.



Roberts explained, “From the beginning, my mom was the administrative backbone of the ministry. She could also preach, and through the years she traveled to 32 nations to minister, both with me and on her own.”

In 1991, Carol and Fred moved with Grams and Priscilla to Irvine, California, to help Roberts fulfill his assignment from Heaven to establish an international ministry headquarters there. It was a monumental step of faith, but it worked. Grams continued in her role of providing powerful support in prayer, and Priscilla assumed the vital role of youth pastor at the church Roberts founded, called Embassy Christian Center.

Meanwhile, Roberts found his mom to be key in her role of establishing Spirit Life Bible College. It was through her skilled efforts that the college was put on the fast track to become fully accredited on both the federal and state levels, as well as with Christian associations. Carol also helped to develop the Spirit Life curriculum and to build the Spirit Life College library. Besides overseeing the college, she taught in its classes and helped provide oversight of the overseas Bible schools that were established in the years that followed. Later Carol also served as Senior Pastor of Embassy Christian Center for several years.

When the Lord instructed Roberts to establish Operation 500 – sending 500 graduates overseas to minister and paying their expenses for a year – Carol was responsible for creating an entire department to accomplish that mandate. She herself traveled extensively to Nepal, India, Africa, and Europe during that time, teaching the Word and providing excellent oversight of and care for these 500 missionaries.



Throughout Carol's life, she carried the strength of God, an attribute gained through her faithful, breakthrough prayer life. The same could absolutely be said of her mother Gladoylene, who helped instill that love and discipline of prayer in her daughter first and then in her grandchildren. Across the generations and through their fruitful lives, the message carried by these two remarkable women of God reflected that strength and brought freedom to people wherever they went.

In 2004, Grandma Moore peacefully passed away in Irvine, California, at the age of 94, and was buried there. This April 27 will mark the fulfillment of the family's long-held desire to bring her casket home to North Carolina so she can be buried next to her beloved husband L.B. — and now also beside her daughter Carol.

This special gathering for the double burial will took place at the Moore family plot in Riverview Memorial Park Cemetery on Tuesday, April 27. It was a very special time of celebration of two God's Generals and the matriarchs of the Moore/Liardon Family — [Click Here](#) to watch the video.

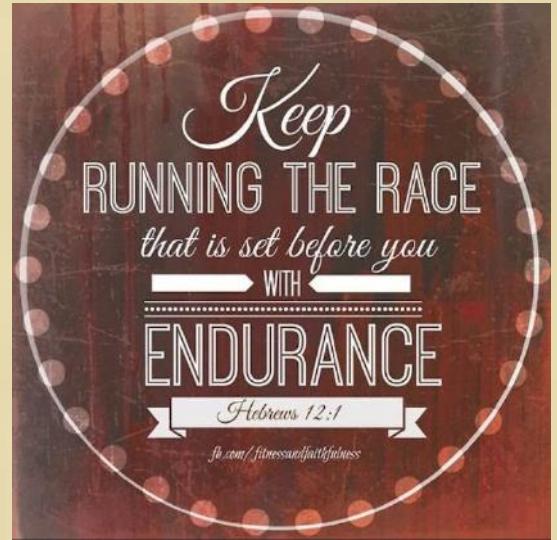


Dr. Roberts Liardon is an author of 86 books, public speaker, spiritual leader, church historian, and humanitarian. He has established many churches and accredited Bible

schools. He is currently building Embassy International Church in Orlando, Florida, an apostolic center to serve his community and the nations. Dr. Liardon has ministered in over 127 nations and loves to pray, teach the Word of God, and prophesy to bless God's people. He speaks to a current generation of believers who want to draw closer to the heart and mind of God and impact their communities and the nations through the Gospel of Jesus Christ.

Our IG community knows Pastor Roberts as the God's Generals guy! For more about him, visit his website at: www.RobertsLiardon.org.

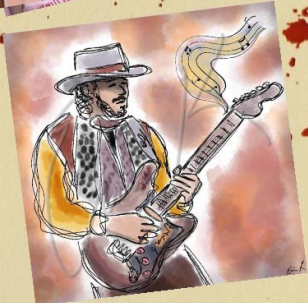




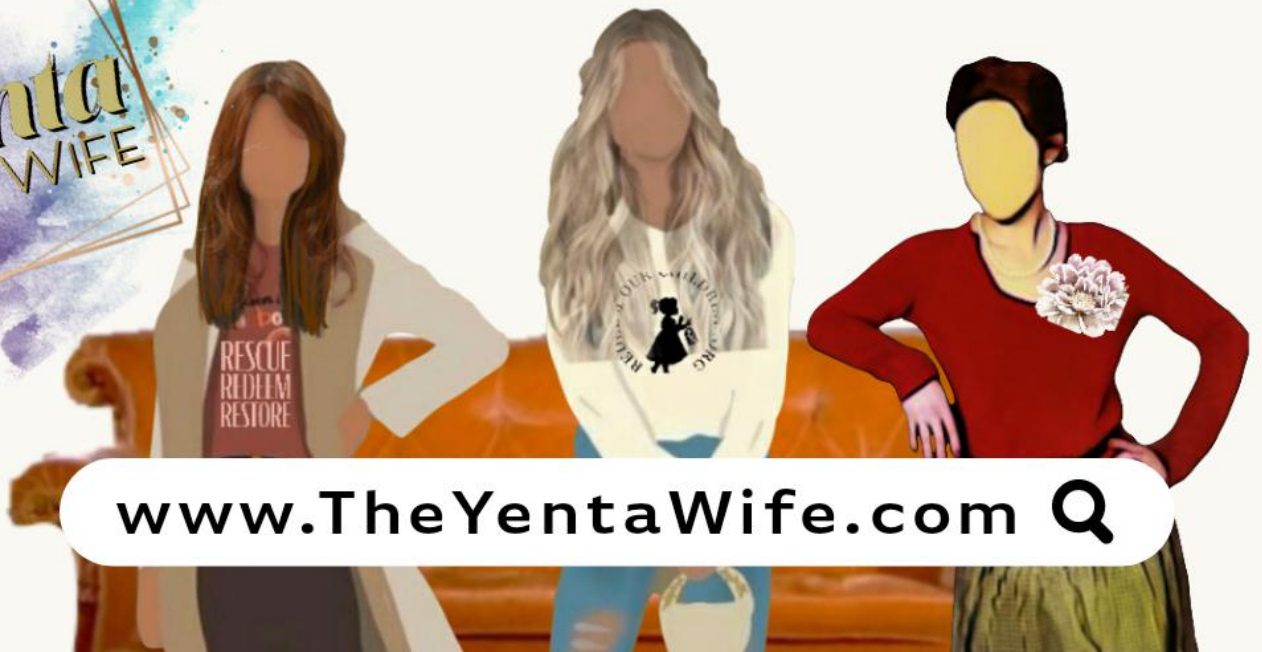
A tribute of:
Pastor Carol Liardon
from EVK the Artist.
Ernie Kasper the Artist has
been commissioned to do
portraits of our previous
President and many well
know figures. Ernie has a
deep passion for serving
Jesus Christ his Savior
through his art, writing
and ministering the Gospel!

EVK THE ARTIST

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Compiled from Pastor Carol Liardon's
2018 Mother's Days sermon
by Pastor Jim Carey with the assistance
of the Grace & Truth Magazine Team

A MOTHER'S DAY MESSAGE FROM PASTOR CAROL LIARDON

Pastor Carol starts her message saying, "Today I want to talk to you about what makes a mother..."

A mother wears many hats; she bonds and knits together the family because she brings the family together like no other person can, with the children and the whole family as a unit. She is a caretaker both inside and outside of her home. Often, a mother is a disciplinarian who keeps order within the family unit.

Proverbs 19:18
says, "Discipline your children while there is still hope. You know, in these days in which we live, there is not a lot of that going on."

When I was growing up as a girl, there was a lot of discipline going on in our household. Today, there seems to be a lack of discipline in our society which has brought many of the problems we see around us today. With the shift in my



generation to today, we are in great need of more teachings in families and homes about Godly values, discipline, and love. Which, sadly, seem to have been lost in an era of television, video games, and broken homes.

Mothers are leaders. Mothers direct, guide, teach, and instruct, just as Proverbs 1:8 says, "Children, do not forsake your mother's teaching."

Anyone who has been camping or even watched the history channel might know what a bear is, and if it is a momma bear and she has cubs to be careful. A wise camper knows that you do not mess with a momma bear's cubs, just like you do not mess with a mother's children. If you decide to make that poor choice, she will rise up to defend her children. As a mother, I am always ready to defend my children.

Mothers are instinctively and taught to be a warrior for her family.

King David wrote in Psalms 144:1 that a mother's hands are taught to war (protect from the enemy).

When we look at a warrior, we see that they have the right gear and abilities to defend. When a mother is a warrior, she protects and defends her family, the children, her home, and what has been entrusted to her. Warriors aggressively go forward for their families. They do not know the meaning of quit. They fight, fight, fight! Mothers, I am talking to you today!

God has equipped you with that warrior spirit! You have not been called to quit or give up. God has called you to be a warrior and attack the enemy! God has given us the Holy Spirit to back you up in the fight so that you can defend your family against the enemy.

Ladies, this will mean that sometimes you must tell your children to do it, "because I said so!" When you love your children, sometimes being a warrior is taking a stand with the word: "NO!" To STOP them and keep them safe in the ways that are right and according to God's Word! When you stay in the Word of God and follow what God is telling you to do for your life and the life of your family, He will direct you on how to raise your family to keep them in God's will for their lives.

Growing up, I was taught by my parents, and especially by my mother, how to live a Godly life. My mother was a Proverbs 31 mother! Years later, I bless her name as a Godly mother that taught us by example. My mother taught us to pray, and we prayed a lot! Every day we would pray and read the Word of God! Every night after dinner we would not sit around a television, we would read the Bible and pray together as a family. So if you were sleepy, you did not leave the room while my mother was preaching or teaching the

the Word of God! You might sleep in that place, but you stayed until it was over.

Proverbs 22:6 says, "Train up a child in the way he should go and when he is older, he will return/ not depart from his training."

This scripture was what happened to my older brother. He left to live a wild life and a few years later he returned and became a missionary.

A great example of Godly motherhood was Katherine Booth. Katherine was the mother of the Salvation Army. She worked side by side with her husband, William Booth to recruit women to serve in the Salvation Army. She never took a rank in the Army but fought for it like a warrior. She really was a Godly mother to so many.

I admire my mother for being the Godly warrior that made me and my family a strong Godly family. My Mother and Father were preachers and traveled from church to church in West Virginia because there were few preachers at that time. My mother, Gladylene Moore, was a strong woman of faith and courage. Many did



Carol Liardon

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not want women to preach in her day, and some even threw stuff at her while she preached. She was a warrior who did not give up. After her husband died, she moved in with me to help me with Roberts and Pricilla while I was in Bible college. My mother helped me raise our family in Godly ways! One night when we were praying, the Lord told me that people could take a lot away from me, but they could not take away what my mother had taught me.

Mothers, if you want things to change in your home, spend more time on your knees. When a mother humbles herself on her knees and cries out to God, God will show up! When we take the time to be in God's presence (not just a few minutes), He shows up in ways that we cannot even imagine. We need to find real time with God so we can become the women of God we are called to become.



**Love you and
Happy Mother's Day
to all of you!**

Pastor Carol Liardon

To listen and watch the full sermon with Pastor Carol Liardon at Embassy Church Orlando, **[click here.](#)**

THE CHOSEN KEY

By: Jessica Stern Foster

A Letter to My Real Mum... the Woman Who Chose Me



On the day of my greatest heartbreak when the betrayal of another that was meant to break me, you chose me! There are no words to express my love, gratitude and gratefulness that out of all the other children, you chose me!

You took the last of what you had and invested in me! You gave up the glory of money, fame, and great fortune to obey the Holy Spirit's charge that I would be your greatest investment!

How can I find the words to express my gratefulness that you chose me...

For those of you who are not familiar with my story of being rescued, redeemed and restored, let me share with you now why the Chosen Key is for ALL of us!

26- www.graceAndTruthMagazine.com.....

When I was 13 years old, I had a family member assist in kidnapping me. This family member did not know the fullness or gravity of her actions. In fact, she loved me, but only to the ability of her capacity to love others.

The family member had been hit by a drunk driver in the later summer, near the turn of fall, by a drunk driver. Her life was altered forever and she was NEVER the same. She was the amazing woman who gave birth to me and carried me in her womb from seed to life!

Back in the 70's, doctors would just prescribe medication to people who were victims of accidents. Not realizing that people of injuries in a medical comatose state can be used to do things they would



It is not our DNA that makes you my real Mother...

not do in the state of conscience, my birth Mom assisted in kidnapping me to be help for ransom. All the while, the kidnapers sold me to a human trafficking group who auctioned me off for \$36,180 with a ten thousand auction buy in. That means... my life was worth \$46,180 to the human trafficking world, plus whatever they could extract from the ransom.

My Dad was set to remarry the most amazing little blonde haired, blue eyes, short and little Jewish lady! Ho, how I had prayed for a Mum who would be my Mum! She was my answer to many prayers and cries to our Father in Heaven!

Right before they were to be wed, within weeks of their union, I was taken and snatched away from the world as I knew it.

My Mum-to-be was not even married to my Daddy yet and the Holy Spirit spoke to her about the money she had received from the recent sale of her house. She had already purchased a new car that she would latter have to return, because she took the money from the sale of her home to pay the cost of my purchase!

She had to wait 6 more months to get married due to the trauma of my kidnapping and the financial hardship it placed upon our family. The woman never complained, and she never brought up the cost of my return. Not even when I was being the worst teenager with an attitude.

She always told me that I was the greatest investment she ever made, because the Holy Spirit told her so!

Ironically after all of the years, when I stepped forward to tell my story, I never realized my Dad never knew where the bulk of the money came from to rescue me. All he knew is that he prayed, and God provided.

My Mum never recovered the money she invested, but she has assured me that the return was much greater!

I do not share this story to take away from her Heavenly glory. My Mum – my real Mum who chose me, the one who God gave me on the worst day of my life, is so humble that she knows spiritual investments are far greater than money or gold could ever give!

And yet, while my story of being chosen is special, we all have been chosen. On this Mother's Day as we celebrate Mum's all over, we also celebrate Pentecost!

On Pentecost (found in the Book of Acts, Chapter 2), we received the Holy Spirit our Comforter here on earth. The Holy Spirit could only come to us after the death of our Messiah- Yeshua Jesus!

So on your worst day, know that our Abba Daddy in Heaven sent His own Son to die on the cross at Calvary for our sins and He took our death and punishment! So that whosoever believes in Jesus as the Son of God might be saved and live an eternal life with our Father God in Heaven! (John 3:16)

So because of Mother's Day, the Day of Pentecost has an extra special place in my rejoicing! Thank you Mum for choosing me! I love you always and forever!

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This scripture seems to be written just for mothers...

“Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.”

Philippians 2:1-4 NIV

She is clothed with strength and dignity; she can laugh at the days to come. She speaks with wisdom, and faithful instruction is on her tongue. She watches over the affairs of her household and does not eat the bread of idleness. Her children arise and call her blessed; her husband also, and he praises her: “Many women do noble things, but you surpass them all.” Proverbs 31:25-29

Jessica Stern Foster is the Creator and Founder of Grace & Truth Magazine, Redeem Our Children Foundation, and known for her Global Radio Show

The Jewess Believer. She grew up in a Jewish family, who came to know Jesus as their Lord and Savior. Jessica's Bubbie (who was thrown from the train to Auschwitz) along with her parents who raised her in an old school Jewish manner. With over 20 years ministry experience, Hebrew and Greek Studies, with over 12 years of college studies, a 3 time cancer survivor and writer.

Jessica shares her journey of being kidnapped, sold at auction and supernatural rescued by God! She is an activist to stop human trafficking! Ezekiel 36:26 - Isaiah 53 - John 3:16 Jessica lives on the Chesapeake Shores of Maryland with her big Jewish family!



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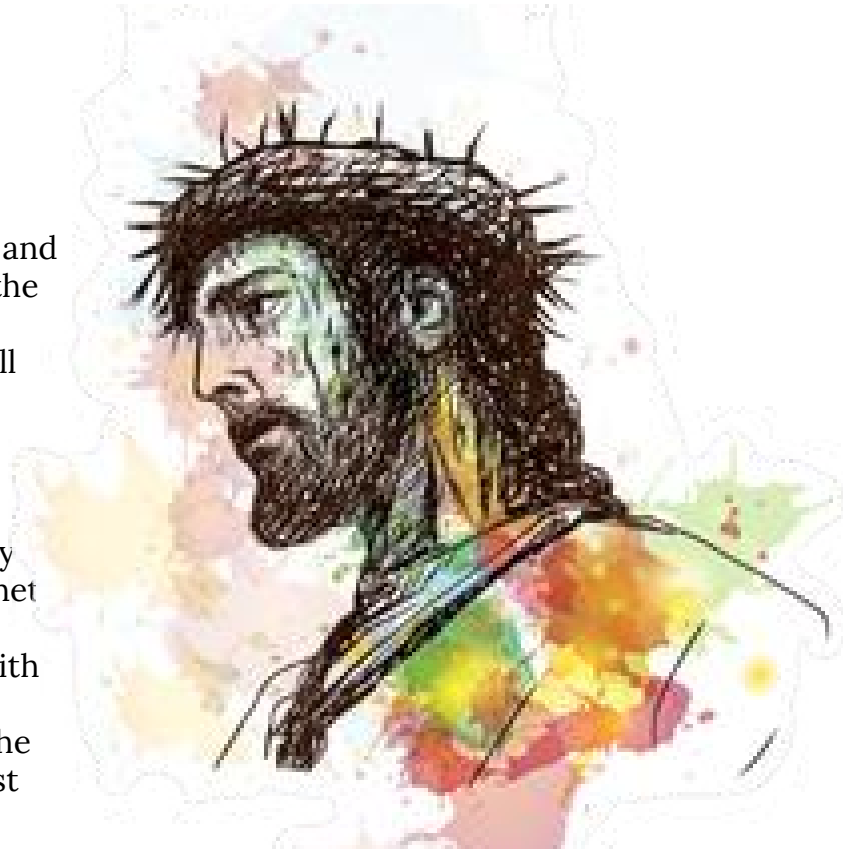
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Weekly OMUG: Wisdom

BY: Maureen Maldonado

“If you will fear the Lord and serve Him, and listen to His voice and not rebel against the command of the Lord, then both you and also the king who reigns over you will follow the Lord your God.
1 Samuel 12:14

Samuel was the 15th and final judge of Israel. He was honest and fair, impartially following God’s law. He was also a prophet who convinced Israel to turn from their wicked ways and to return to the Lord with all their heart. They were to serve Him alone, remove all idols, fast and pray to the Lord and they would be victorious against the Philistines.



This all did come to pass and they conquered. In verse 12, Samuel placed a rock at the place where they had won the battle and told the people, “Thus far, the Lord has helped us.” The “thus far’s” in my life are too numerous to count. Thus far I have a roof over my head. Thus far I have food to eat daily. Thus far I have good health. Thus far I am able to attend church and praise the Lord publicly, etc., etc. The people of Israel seem to have forgotten all the “thus far’s” the Lord had done for them.

The people of Israel cried out for a king. All the other regions had kings and they wanted to be like everyone else. The Lord told Samuel not to be disheartened by this request. The people were rebelling against God, not against Samuel. Saul was the first appointed king and in 1 Samuel 12:14, Samuel tells the people, “If you will fear the Lord and serve Him and listen to His voice and not rebel against the command of the Lord, then both you and also the king who reigns over you will follow the Lord your God.

In Proverbs 9:10, King Solomon declares, “The fear of the Lord is the beginning of wisdom.” Reverence and awe of God is the “fear” of which he speaks. Thus far, our search for guarding against earthly fears has reminded us of the importance of having a healthy “fear” of the Lord!

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Listen to Maureen Maldonado on her show, Under God with Marta and Maureen Every Monday at 1:30 PM PST & 2:30 PM MST & 3:30 PM CST & 4:30 PM EST on GraceAndTruthRadio.World



Do Masks Have an Adverse Effect on Children?

By April Perkins

We live in a time where wearing a face mask is recommended in certain states and mandatory in others to help slow the spread of Covid 19. While these are guidelines for adults in the United States, the same rules do not apply to young children.

According to the CDC, parents should avoid putting masks on children under the age of 2. The reason for this is not simply because young children seem to be at lower risk of contracting Covid 19, but that the CDC's recommendation is rooted in the fact that masks have proven to be extremely dangerous for children at such an early stage of life.

What about children over 2? It seems most schools across the US that are holding in-person classes are requiring kids K-12 to wear masks. Is this really what is best for our children, considering that this virus does not seem to affect them? Could the masks be doing more harm than good?

I believe that requiring masks in schools for our children is adversely affecting their mental and physical health. Children need to be able to see one another's faces, as this is crucial in their process of learning how to communicate.

The stories that I am hearing from parents every day are truly heartbreaking and our children are clearly suffering.

According to Dr. Catherine Birken, a Pediatrician leading a study of the lockdowns impact on young people, "Masks and strict physical distancing should not be emphasized in the school setting as it is not practical and could cause significant physiological harm. Close interaction such as playing, and socializing is central to child development and should not be discouraged."

Why are we requiring our children to wear masks when the studies show that they are causing significant physiological harm? If we are truly trying to protect them from the virus, have we considered that in young children in particular masks can be irritating and may lead to increased touching of the face and eyes which could increase the risk of infection?

I think we all need to start using more common sense.

It appears that we are blindly following mandates and restrictions that are ever-changing without asking any questions. Just because our government tells us that this is what we should do, does not mean that it is what is best for our kids. Our government does not get to dictate this.

Its time for parents to stand up and ask the important questions:

1. If the children are unaffected by this virus, then why make them wear masks?
2. If masks work then why aren't children allowed to play with one another during recess? After all, some of their best learning is done through play.
3. If social distancing works, then why do we need masks when we are 6+ feet apart?

Our children deserve better, and I am reminded of this Proverb:

“Start children off on the way they should go, even when they are old, they will not turn from it.” Proverbs 22:6

As parents, it is our job to decide what is best for our kids and to be their advocate so that just as the Proverb says we may start them off the right way as they begin their journey in life.

April Perkins is a wife, mother, truth seeker, and lover of Jesus Christ her Savior. April is a health activist who believes that the Word of God has the keys to Biblical healing and health. For more on April, www.DontMetalWithMe.com





THE NOT SO EQUAL EQUALITY ACT

By: Marta Greenman

February 25, 2021, the U.S. House of Representatives passed the Equality Act. At the time of this article, the U.S. Senate has yet to vote on this catastrophic bill. President Biden has said he would approve it if passed by the Senate.

The foundation of the Equality Act would amend the Civil Rights Act of 1964 to include gender identity and sexual orientation. God's Word is clear. He created all humanity. We are His greatest creation. He loves us equally and therefore so should we. So why should believers be adamantly against the Equality Act? There are three reasons: 1) Freedom of Religion 2) Freedom of Speech 3) Rights of Women.

Our first Amendment rights protect both Freedom of Religion and Freedom of Speech, "Congress shall make no law respecting an establishment of religion or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances." The Equality Act would dismantle these protected rights for which our Founding Fathers were willing to die.

The Equality Act attacks our Freedom of Religion when the LGBTQ community's beliefs differ with God's Word. This means Christians can come under governmental judgment for standing up for God's Word. Read what Ted Cruz, U.S. Senator for Texas, said about the proposed Equality Act, "This bill is not a discrimination bill. The Democrats, when they're talking about this bill, want to frame it as a discrimination bill, they don't want to own the radical aspects of this bill. It is none of government's business what consenting adults do in their own bedrooms. It is none of government's business what the sexual orientation or gender identity of adults are.

This bill is not about that. This bill is about mandating that biological males should be allowed to compete in girls' sports and women's sports, effectively repealing Title IX. This bill is about suing pastors and churches if they teach biblical teachings on sexuality and morality. This bill is about suing you, an individual citizen, if you dare speak and disagree with their mandated orthodoxy. This bill is about power. And this bill is dangerous."

The Heritage Foundation declares, "The Equality Act is different: It forces every American to agree with controversial government-imposed ideology on sexuality or be treated as an outlaw. The Equality Act demolishes existing civil rights and constitutional freedoms."

In 2014, Hobby Lobby appealed to the Supreme Court to be excluded from the "contraceptive mandate" in the Affordable Care Act (2010) that required businesses with 50 or more employees to provide all contraceptive methods approved by the FDA. The case came down to the 1993 Religious Freedom Reformation ACT (RFRA). This Act protected the Hobby Lobby owner's religious belief to not participate. The Equality Act would all but crush RFRA which "Prohibits any agency, department, or official of the United States or any State (the government) from substantially burdening a person's exercise of religion." If the Equality Act had been law in 2014, Hobby Lobby would most likely be out of business today because they would have lost their case. Under this Act, any church, religious organization or Christian individual would face governmental judgment when opposing the mandates of the Equality Act. The Equality Act will bring persecution to the next level in America.

From the words of Isaiah, "Woe to those who call evil good, and good evil; Who substitute darkness for light and light for darkness; Who

substitute bitter for sweet and sweet for bitter!" (Isaiah 5:20). When a nation decides their ways are higher than God's be assured destruction is headed their way.

Finally, the Equality Act is an assault on women and girls. Read the quote from Congress' website about this bill, "The bill prohibits an individual from being denied access to a shared facility, including a restroom, a locker room, and a dressing room, that is in accordance with the individual's gender identity." Media are reporting of the many transgender athletes competing as women and girls though their biological gender is male. This not only gives these genetically male competitors an unfair advantage, but the Equality Act would also override the 1972 Title IX Act specifically designed to stop discrimination against women and girls and provide them with equal athletic opportunities. Young women are already seeing the effects of lost college scholarship opportunities. This Act would also give males, who identify as women, the opportunity to freely walk into women's dressing rooms, restrooms and of course locker rooms. Parents would not be able to object because of the Equality Act.

Both the Gallop Poll and UCLA Williams Institute tell us about 4.5% of Americans define themselves as LGBTQ. When did the rights of 4.5% of the population gain the privilege of dismantling the rights of 95.5% of Americans? Yes, we need to love these young men and women. We need to help them on their journey called life. We even need to talk openly and honestly about how to solve these problems. But, when will America return to our foundation of godly principles and precepts? We have lost our fear of the Lord and the consequences of such are upon us. "Blessed is the nation whose God is the LORD, the people He has chosen for His own inheritance" (Psalm 33:12). Have we sold our inheritance for a bowl of stew?

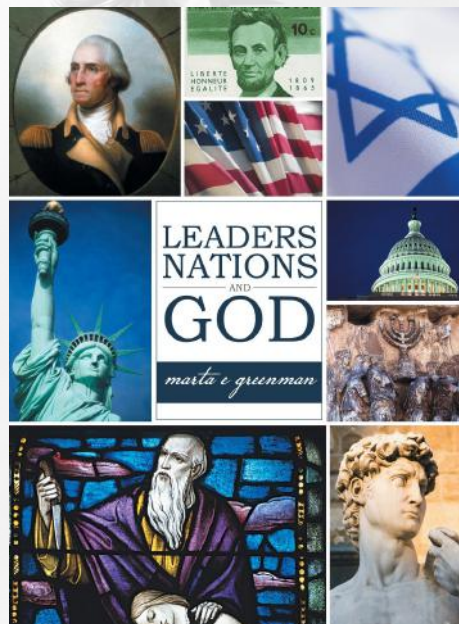
1- https://www.cruz.senate.gov/?p=press_release&id=5700
<https://www.heritage.org/gender/report/11-myths-about-hr-5-the-equality-act-2021>
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<https://www.britannica.com/topic/Religious-Freedom-Restoration-Act> 4 - <https://www.congress.gov/bill/103rd-congress/house-bill/1308>

Marta Greenman

founder of Words of Grace & Truth and GraceAndTruthRadio.World With a mission is to teach God's Word to the nations and teach others to do the same, she is a teacher of teachers and speaks globally. She has been a on a multitude of radio and television programs and is the author of three Bible studies, Bound to Be Free, Leaders, Nations, and God, and ACTs420NOW.

You can hear Marta's radio show: Under God on GraceAndTruthRadio.World every Monday at
1:30 PM PST
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Marta lives in the Dallas, Texas area with her husband, Marshall, of over 25 years.





Pentecost/ (Shavuot) 50 Days after Passover

By: Pastor Jim Carey

The days between the first Passover and the first Pentecost were filled with many roller coaster experiences for the Jewish nation that had just escaped slavery in Egypt. We need to start some weeks prior to the first Passover when a man named Moses and his brother Aaron showed up at the Egyptian capital and asked Pharaoh to let the Hebrew slaves go to have a feast to worship their God. Nine (9) plagues later we come to the first Passover. The Hebrews had not experienced the plagues in Goshen and were asked to eat a meal with unleavened bread, bitter herbs, and an unblemished lamb. They were to paint the blood of the lamb over the doorpost/lintels of their houses. (This would cause the 10th plague to pass over their house and leave them in safety.)

After the death of the firstborn in every Egyptian family, Pharaoh and all the Egyptians wanted the Hebrews to leave town. They even gave them jewels of gold, jewels of silver, and fine clothes for the trip. The Hebrews left their slave quarters in Goshen and headed toward the wilderness. The Egyptians got buyer's remorse and decided they wanted the Hebrew slaves back, at the brickyards, doing hard labor/ working for free.

The million or more Hebrews were by the Red Sea and suddenly the entire Egyptian Army shows up with their hundreds of battle chariots.

They intended to force their slaves back to servitude after killing some to prove their point. All of a sudden Moses lifts his staff and a dry path through the sea appeared. The Hebrews walked over the Red Sea on dry ground. Each of the twelve (12) tribes picked up a large stone to make a sacrifice altar to Jehovah God on the other side. A wall of fire had kept the Egyptian chariots, archers, and spear-carrying soldiers at bay. But they started the crossing at breakneck speed intending to get back their pharaoh's slaves, once the fire-wall burned out.

When the million or more Hebrews went into the sea; they belonged to Pharaoh. Once they came up out of the sea, the sea closed upon the Egyptian Army and they belonged to their God. (You could say they were baptized/ set apart to God.) Jehovah God had protected them with a wall of fire and delivered them from a perusing army...really set them free from over four hundred years of slavery in Egypt.

What do over a million Hebrews do in a sunny hot desert? They ate their few meals and drank the last of their water and cried out for more food and water. What came next surprised everyone.

A new kind of food appeared in the morning dew...small wafer-like stuff called manna (which translates roughly to, "what is it?") and they could have all they wanted for the day. Some stocked up on the what-is-it, but it went bad overnight. Fortunately, the manna appeared each morning and they had all that they wanted/ needed. They were told to get a double portion on the day of preparation prior to the Sabbath Day of rest. (It did not go bad overnight.) But what about drinking water?

They found a big rock that poured out drinking water. It would appear to follow the camp as they moved from place to place.

Sometimes they found an oasis in the desert to drink from. But that rock always showed up in time to quench the thirst of the million-plus Hebrews and their animals. A cloud by day gave them a covering from the hot desert sun. A pillar of fire burned in the center of the camp at night.

They kept on walking toward some unknown mountain on their way to the land of Canaan. A large force of armed men showed up from their king, Amalekite. Some of the Hebrew/ Israelite men were given weapons collected from the dead Egyptians to battle the Amalekites. As long as Moses raised his staff, the Israelites prevailed. If he dropped his arms, the Amalekites would prevail. Aaron and Ur held up Moses' arms the rest of the day and the Israelites won the battle.

In the third month, they arrived at Mount Sinai. Moses went up Mount Sinai and came down with two tablets. On the tablets were written the ten commandments of God. It was the first Pentecost when God gave the Israelites their Torah laws. There was fire, smoke, thunder, and lightning upon the mountain as the Israelites stood before Moses and the Lord to accept and promise to obey the Torah laws. A lot had occurred in the last fifty days since the Passover escape from Egypt. Jehovah God had proved his love, provision, protection, and promises to and for the Israelites. Many more experiences faced the children of Israel/ Jacob.

Fast forward 1,500 years and Israel was a nation that had thrived, been conquered, been scattered, returned to their land (not all), and under the rule of the Romans. They were waiting for the Messiah and a prophet named Jesus walked mightily under the power of Jehovah God. There were many healings, deliverances from bondage, blind eyes opened, deaf ears restored to normal hearing, lepers cleansed, and the dead brought back to life. Many realized Jesus was Messiah. However, the priests, Pharisees, and rulers had Jesus crucified on a cross at Passover in 32/33 AD(E). His followers scattered like sheep upon his death and burial. Then followers of Jesus started talking about him being alive, again. They claimed to talk and walk with him and he even appeared to 500 of them. Jesus ascended into the heavens before their very eyes forty days after Passover. He had told them to wait in Jerusalem until they were endowed with power from on high.

On Pentecost 32/33 AD(E), 120 followers were together and the sound of a rushing mighty wind shook the place. They were filled with the Spirit of God/ Holy Spirit and a new covenant was established with God's children that claimed Jesus as their Messiah. God's Holy Spirit no longer came upon them but abided in them, and just as the prophet Jerimiah had promised...God's laws abided in their hearts. (Acts 1)

The first Passover and Pentecost established God's covenant with His children/ Israel, the 32/33 AD Passover and Pentecost established the new covenant with God's children. We are the Church...the Body of Christ...what a wonderful God we serve.

Pastor Jim

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SOS—“Stuck On Stupid”

By Priscilla Liardon-Guthrie



Many Christians are stuck in a state of wavering and wondering, paralyzed instead of moving in the action that faith demands. They anxiously ponder what God will do, when He has already given them the assurances in His Word and by His Spirit that He will do what He has promised. Because of this wavering, the Church as the body of Christ remains confused and unable to perform the assignments that it has been given.

The Bible says to walk in the spirit, but we are stuck in the material world. We are stuck in the fury of natural circumstances and we are terrified over our mind's inability to figure them out. We are lost in the world of mental confusion we cannot find our way out of the mess we are in.

We have been too long on the other side—on the natural side, and we are there because of the amount of attention we pay to the natural instead of the supernatural. One of the youth in our mission program calls this state “Stuck On Stupid”. This humorous and brutally honest phrase has now become a classic in my vocabulary.

Stuck On Stupid

We are “stuck on stupid” when our minds are more knowledgeable about natural things than spiritual things. We are “stuck on stupid” when we trust our education and the knowledge of this world more than we do God and His Word. We are “stuck on stupid” when we trust the stock market, depending on the advice of those who have succeeded there. We are “stuck on stupid” when we resort to our natural man instead of our God-given unction that causes us to know the things that the Holy Spirit imparts to us.

Commitment To God Brings Success

Consider your last financial crisis. When you heard the bad news about your money, did you think first to run to the church to make a large investment where there is a guaranteed promise of return? If you did not, then you know you have your work cut out for you with regards to getting unstuck from the world's system of economic control.

There is no financial problem that God cannot solve. If we “knew” that in our “knower” then we would put more than a dime in the offering plate. The problem? We are still trying out God's Word instead of committing to it. We are still waiting to see if He will be faithful instead of actively knowing He is faithful.

If you are still trying God out, you will catch yourself thinking, “If He is faithful with a dime maybe I will give Him a quarter next time.” Then you say, “If He is faithful with a quarter, I will give Him five dollars next time.” That is why we do not pull out one-hundred-dollar bills and put them in the offering. We still think there is something in our lives that is going to stop the blessing. The only thing that is going to stop the blessing is not working the Word and laws of the harvest.

Yet, we have been “stuck on stupid” to be more secure with ourselves and our old way of doing things than we are with God and His way of doing things. The “stuck on stupid” part about this behavior is that our security with the old way and ourselves is not producing any results. Someone told me this once, “The definition of insanity is doing the same thing over and over again while expecting different results.” God said He would move heaven and earth for you. If you believed that, you would live differently and you would have more peace.

Something Can Be Done

But this is not just a state of mind, rather, it is life in the Spirit, and it can only come by spending time renewing your mind with God's Word. And that comes the same way faith comes, by hearing, meditating, singing, worshiping, and confessing the Word of God more than anything else. And it will take strong prayers prayed in faith. When I go to my Heavenly Father and I intercede and I ask Him to do something, I expect Him to do it.

Faith is active, aggressive, and adventurous. But many of us in the Body of Christ are asleep. We are just kind of nodding off and things are happening around us and we feel nothing can be done about it. That is because we are dull in our spiritual senses. Soon, it begins to feel like activating our faith is too difficult. That happens because our swords are dull and our spiritual muscles are too weak to pick them up, sharpen, and use them. You cannot slice bread with a dull knife. It does not cut through the bread smoothly and quickly. A dull knife will crush and smash a loaf of bread. Things are not being cut smoothly. Things are not being cut through smoothly for us because our knives are dull. The Word is not having enough voice in our lives to do its job, which is to divide our souls from our spirits.

What I am really saying here is that our spirit lives are dull, and our ears are not sharpened enough to hear the Spirit of God speak strongly. Our "knowing" about things has weakened. Uncertainty has crept into our lifestyle. We feel like we cannot be sure about what we used to know God said. We have brought His promises out of the Spirit and onto the table of discussion where doubt breeds and invades. When you begin to wonder if God will do certain things, you begin to question His goodness, and it has got to be settled inside of you that God is good. In Jeremiah 29:11 God says that He has good plans for you, peace and an expected end. No matter what type of trial you are walking through, it does not change His Word. It is our promise that in all things He has only good intentions for our future. In every type of trial, He has victory for us; in every phase that we are going through, there will always be victory and peace.

Don't Discuss. Believe!

Only God can give you peace in the middle of a trial or tribulation. Your emotions will not bring you security, they will bring you insecurity.



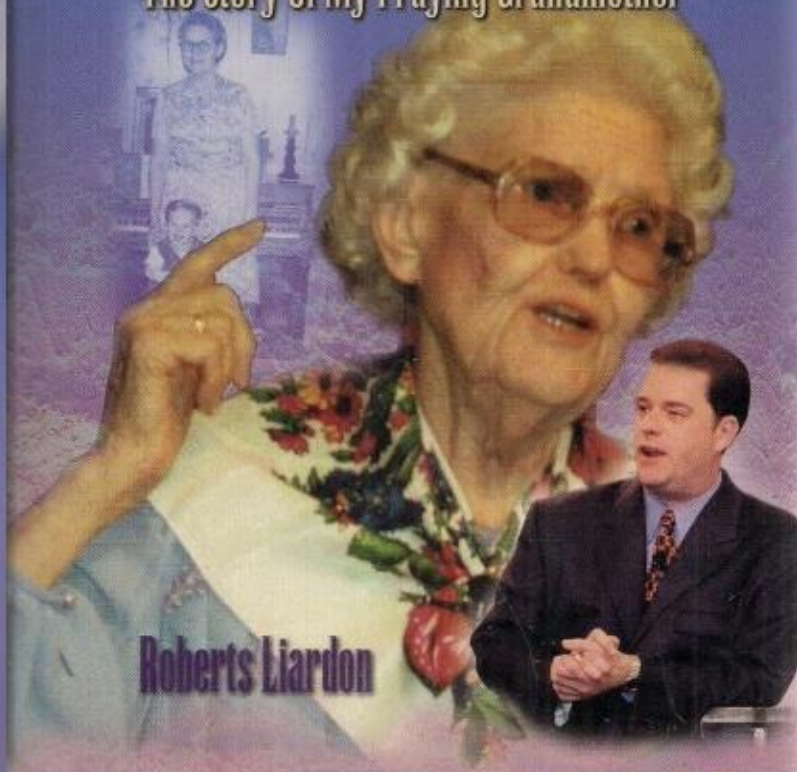
Emotions will cause you to be more open to offense and rejection. Live in God's Word and when the enemy comes and tries to attach these things to you, God will bring the Word up in your spirit. He will stir up Jeremiah 29:11 in you. It does not matter what the eyes see, or the ears hear. It matters what the spirit of God is saying. Choose to dwell on that. When you dwell upon His Word, wisdom, and understanding will come. And that is what will bring you through every tribulation.

God's Plan: Victory!

If your circumstances are still speaking to you, if your natural man is speaking louder than the Word of God, then you are spending too much time in this natural world instead of in the spiritual world. Let the Word invade your thinking process. Let it change the way you walk and talk. God is not complicated. Many people feel it is so complicated to get the power of God to move in their lives. He can move the heavens and earth because He owns them. Make that tangible; let that understanding live so much that it is tangible to you. Absorbing that reality through your spirit man will give you a genuine ability to laugh at the devil when he comes to steal hope from you. Dare the devil to try it. You have got to challenge him and say, "You can't get to me today because I know that God is moving heaven for me."

On Her Knees

The Story Of My Praying Grandmother



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Roberts Liardon shares the moving and powerful story of his grandmother, Gladoylene Moore. She and her husband pioneered churches throughout North Carolina. This inspirational and power-packed story will encourage you to follow God's calling for your life. In these pages, you will discover: How God speaks through dreams and visions; What the ingredients are to ministering effectively as a married couple; How God uses spiritual gifts; Ways to break the curse of poverty on your life, and much more.



Emotions will cause you to be more open to offense and rejection. Live in God's Word a

When you come back into your spiritual position, vision will come back to you. And you will believe again—in miracles for your life's circumstances. You will start to see the hope of your God-ordained destiny. Imagination and dreaming will come back. Excitement will pump through your blood vessels again and you will walk out your call. You will love it.

Do not sit idly by waiting for the rapture. Listen, I would love to go up in the rapture today. I would like to see my grandfather, whom I never knew. I would like to go. But it is not happening anytime too soon because we're "stuck on stupid", locked into the devil's plan for our lives when God wants us to step out into the spirit and really live!

I believe Mel Gibson said it best in the hit movie Braveheart: "Every man dies, but few men really live."

PRISCILLA LIARDON-GUTHRIE, having been born into a family of ministers, encountered God at a young age. Her family's legacy has provided her with a great heritage that has laid a strong foundation in her life.

Throughout her young years she was actively involved in church and worked alongside her brother, Roberts Liardon, as God began to use him mightily at a young age.

Priscilla is a graduate of Victory Bible Institute in Tulsa, OK, and Word of Life Bible College in Uppsala, Sweden. She is ordained with Embassy Global Network since 1993. Priscilla has travelled to 32 countries and is the founder of Priscilla Liardon Ministries. She has served in a variety of ministry positions such as, Children's Ministry Director, Youth Pastor, Bible School Instructor, and Assistant Pastor. Priscilla is an excellent and popular motivational public speaker and has a gift to encourage other people. She is honored to be used by God in any way He chooses.



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New Mantles Released From Heaven— Month of Tammuz

By: Dr. Candice Smithyman

I saw glory angels releasing mantles this past week and they were being dropped on God's people. They were flying through a portal in heaven to the earth, and bringing these mantles right to us so we can begin to get ready for what is coming in the fall season.

A pre-promotion time is happening right now in the Spirit. The month of Tammuz which is the 4th month on the Hebrew ecclesiastical calendar and the 10th month on the Hebrew civil calendar begins sundown, Wednesday, June 9, 2021- sundown Friday, June 11, 2021. God is properly positioning you to receive more from heaven and step into more in the earth. He is revealing more of Himself. He is stretching His people and dispersing new mantles and garments – He's got one for you! A mantle is a cloak or covering that surrounds you and comes from heaven. It is designed to set you and your anointing apart from others in the kingdom of God. It is geared to bring forth the unique assignment that God has called you to walk in the earth. You are a kingdom citizen and this mantle helps you operate in God's kingdom doing His will in the earth.

Remember how the Word says in Luke 2:52, "And Jesus increased in wisdom and stature, and in favor with God and man." A portal has been opened, and wisdom is now pouring forth from heaven. You are growing in wisdom and stature in the heavenlies and earth spaces, which will turn into favor with God and man. These mantle assignments are coming forth, and things are going to rapidly change in your life. You will be walking in more wisdom, statute and favor as you try and understand this new mantle assignment God has for you and how to walk in it properly as we approach the new Hebrew New Year 5782, on Rosh Hashanah, September 6, 2021.

Why is this preparation time important for you? I know you are being stretched and it appears you are being invited by God to something new, but you can't quite put your finger on it. It's to wear new garments and to take on new mantle assignments. This is a time of rejoicing, but also a time of transition. God is calling you to step out in ways that may be difficult or uncomfortable. It's preparation for the real promotion time that will happen in August, right before we step into Rosh Hashanah.

This new mantle will affect your identity just like it affected Elisha in 1 Kings 19:19 (NIV), "So Elijah went from there and found Elisha son of Shaphat. He was plowing with twelve yoke of oxen, and he himself was driving the twelfth pair. Elijah went up to him and threw his cloak around him." Elijah's act of distributing his cloak or mantle changed the course of Elisha's life. He had to get a mental handle on the exchange. We read in 1 Kings 19:20-21 (NIV) the word says, "Elisha then left his oxen and ran after Elijah. 'Let me kiss my father and mother goodbye,' he said, 'and then I will come with you.' 'Go back,' Elijah replied. 'What have I done to you?' So Elisha left him and went back. He took his yoke of oxen and slaughtered them. He burned the plowing equipment to cook the meat and gave it to the people, and they ate. Then he set out to follow Elijah and became his servant."

Your mantle will change your life as well! You will have to learn how to walk in the new mantle. You will have to learn to walk away from old things, even things that are good to take on the new which is better but unfamiliar. You may have to say goodbye to ways you used to do things or even certain relationships of the past because the new is on the horizon. You have just changed your clothes when you put on a new mantle. It is like wearing a tuxedo when you are used to wearing jeans. That is going to take a mind-shift for a while.

However God will grow you in wisdom, stature and favor with Him and man in the earth, and you will be able to carry this mantle well by Rosh Hashanah. Then you will be running with your tuxedo on.

Over the next 3 months, shift your mind to the Word of God. You will see that the eternal time frame has already been shifted because we are in the latter months of the springs rains which happen in the Hebrew months of Tammuz, Av, and Elul, and that is why these mantles are coming forth. God is giving you a little taste now so you can be ready for the bigger promotion in the fall! Today, purpose to position yourself on a strong foundation and be ready to receive great things from the Lord!



Dr. Candice Smithyman is an international prophetic revivalist & healing minister who is Executive Pastor of Freedom Destiny Church, and Vice President of Dream Mentors International. She is also Host of the Glory Road Television broadcast on Faith Networks, CBN News Facebook and Youtube, Jesus Daily, King TV and other outlets. She has appeared on Sid Roth's "Its Supernatural", among other shows, and is the author of "Releasing Heaven: Creating a Supernatural Environment through Heavenly Encounters", among other books and publications. For a full bio you may visit:
www.candicesmithyman.com

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Dear Friends,

Your calling is going to crush you.

If you're called to mend the brokenhearted, you're going to wrestle with broken-heartedness.
If you're called to prophesy, you're going to struggle to control your mouth.

If you're called lay hands, you will battle spiritual viruses. If you are called to preach
and to teach the gospel, you will be sifted for the wisdom that anoints your message.

If you are called to empower, your self-esteem will be attacked, your successes will
be hard fought.

Your calling will come with cups, thorns and sifting that are necessary for your mantle
to be authentic, humble and powerful.

Your crushing won't be easy because your assignment is not easy.

Your oil is not cheap.

Protecting your oil will cost you everything,
but your oil is valuable! Know your worth!

*Berakhah ve Ahava,
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Forgiveness is the Heart of the Matter

By: Lorraine Whoberry

Experiences and life circumstances alter our character and often our attitudes.

“But even if you should suffer for what is right, you are blessed. “Do not fear their threats; do not be frightened.” 1 Peter 3:14

In an act of rage that stemmed from jealousy, anger and hatred, a young man commits a heinous act against two young girls. One is murdered, the other left for dead. A mother's faith is tested when she learns her world has been shattered into a million pieces.

The brutality of the girls' attacks were so violent, I vowed I would never forgive the man who committed them. I didn't know the depth of hatred I could have for another human being, until I experienced this form of violence against two innocent victims. It was extremely personal.

Our day began as any other typical day. Yet, what would unravel would send us spiraling out of control into a world of grief, pain and suffering we were not equipped to handle.

Without a personal relationship with Christ Jesus, we never could have found the strength to move forward, or the healing we needed to overcome the stigmatism of victimization. Yet, because we have a kinship with our Lord and Savior, we learned grief is a gift from God, and by choosing to live a life as such, we learned to forgive. We are free by the blood of Christ Jesus.

There were no warning signs that were visible to us, so when evil entered our home, it slithered in quietly, and deadly, leaving behind, a wake of destruction that

became a lifetime journey of learning how to breathe again.

Forgiveness is the heart of the matter.

Forgiveness changed everything for us. Although Kristie and I found forgiveness, our timelines greatly differed. Kristie was saved, yet she lived a life separated from God, and her family.

As a mom of two beautiful daughters, one deceased, one running away from all she knew, I quickly sank into my own world of pain and suffering a journey of nine long years.

Christ was my only foundation. Through my personal pilgrimage, I found healing from a loving, compassionate heavenly Father, who loves me unconditionally.

Jesus' body was torn and broken as He suffered unimaginable hatred, while carrying the weight of a sinful world on His shoulders, hung on a cross as a sacrifice for an unworthy human race.

This was revealed in a new light when the Lord asked me to forgive the young man responsible for the murder of Stacie and the attack on Kristie. Leading me through the desert of hopelessness, hope began to shine through the faith that was rooted in my soul. I knew the journey would be difficult, but I also knew in my heart what I needed and what I desperately wanted: to heal, live, trust, and love again, as a child of God.

What was the lesson through a journey of grief so debilitating that only Christ could heal? Forgiveness is the heart of the matter.

“This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all.” 1 John 1:5 (NIV)

God planted a seed of forgiveness in my heart. I had to learn how to cultivate it and allow it to become the heart of the matter.

Invariably, Christ is the greatest love story ever told. And grief is a gift, a gift that comes only when we are willing to surrender all of our heartache, pain and suffering by laying it at the foot the cross and embracing God's truth.

Our family found healing through the love and hope of Christ Jesus.

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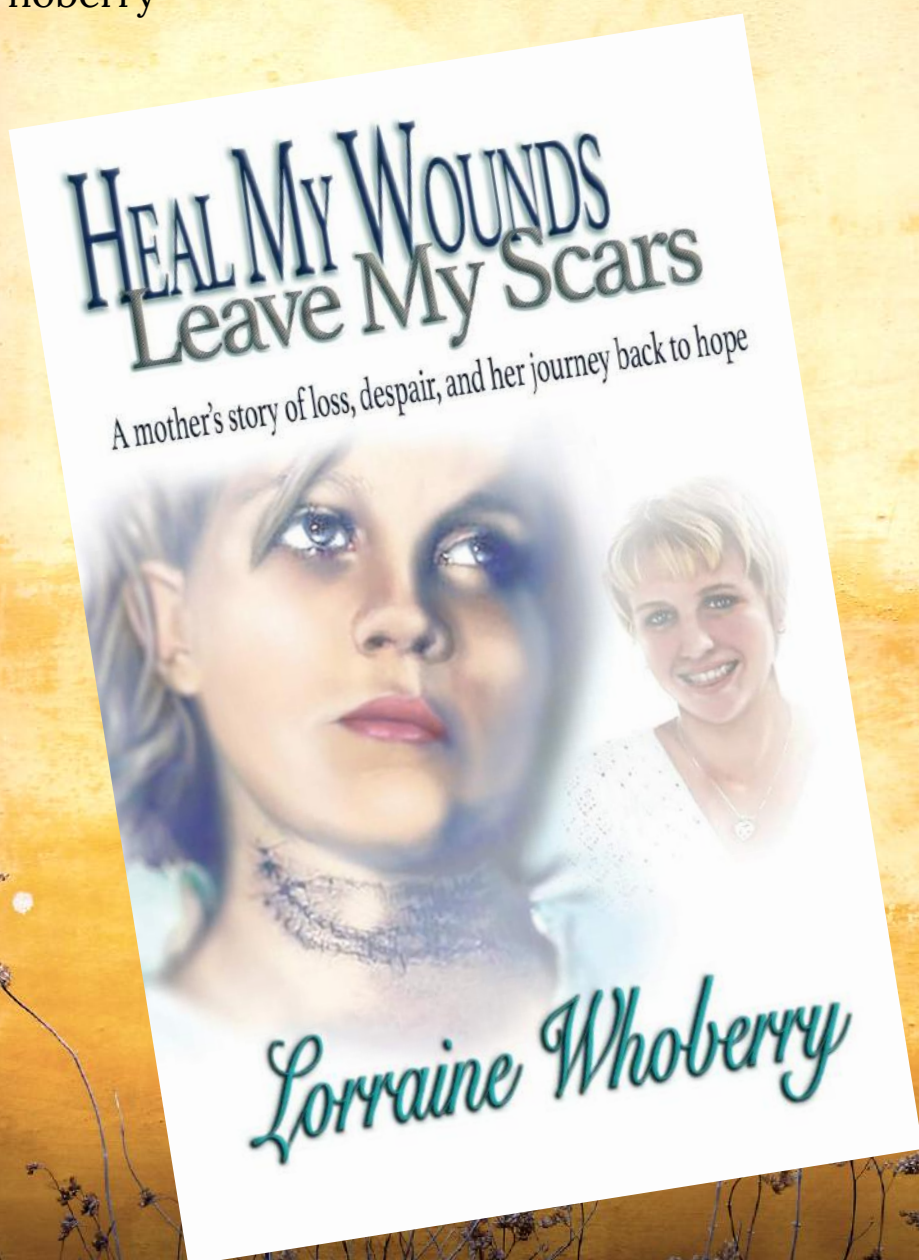
We want to encourage you. Just as grief is a gift, the greater gift is learning to forgive. Speaking and believing God's promises and truth over ourselves shatters the lies of the evil one. Christ's love sets us free. May we learn to have an attitude of grace, mercy, renewed hope, and love for our fellow man.

As Paul says in Romans 12:2, "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing, and perfect will." (NIV)

Forgiveness is the heart of the matter.

I pray this Passover and Easter Season brings you great joy and comfort as we experience God's love in a new light, together, as one in Christ.

Lorraine Whoberry



Lorraine didn't grow up in the church. She was introduced to God periodically throughout her younger years, mostly by her paternal grandmother, a true southern Baptist woman. What she discovered about her own grandmother years, would confirm to her that God had a plan for her life all along; a plan she wouldn't have discovered on her own. The tragedy of losing a child and nearly losing another would become the pivotal point in her life that set her on a journey of discovering that grief is a gift from God, and forgiveness is a vital element to ultimate healing.

On a quest to learn God's plan for her in the midst of her healing, she enrolled in the American Baptist Church of Ohio Leadership Academy in hopes of becoming a lay pastor in her church. This three-year intensive study would give Lorraine the foundation she needed to pursue the journey of a lifetime. She gained knowledge and wisdom that only God could teach her.

God has done miraculous works in Lorraine's life and she desires to share her walk with Him through seven long years of living in the shadow of a grief that almost devoured her, to emerging from her cocoon, and learning the truth of God's amazing grace, and mercy, with a renewed purpose through forgiveness. Christ gave Lorraine a new ministry she could never have fathomed as He sends her to places she would never have gone before He changed her life completely. She trusts Him unequivocally.

She wants others to experience the God she knows intimately. A God that so loved the world, that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Lorraine is a Warrior for the Kingdom! She fights for those society has discarded, just as her daughter Stacie did. Lorraine is the author of her first book: *Heal My Wounds; Leave My Scars – A Mother's story of loss, despair, and her journey back to hope.*

In His amazing grace,

Lorraine





The Reuniting Of Mother And Son

By: Christine Brejcha

As we celebrate in joy on this upcoming Mother’s Day, allow me to captivate your hearts by the presence of our Savior and by sharing with you the glory and the truth of Jesus Christ, Mary (the Mother of God,) and the Holy Day of Pentecost.

But first, let’s look at Acts 2:1-4 ESV:

2 When the day of Pentecost arrived, they were all together in one place. 2 And suddenly there came from heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting. 3 And divided tongues as of fire appeared to them and rested on each one of them. 4 And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance.

The Bible says that awe came upon every soul, and the apostles were doing many wonders and signs. It says in verse 42 of the second chapter of Acts, and all who believe we're together and had all things in common.

The people were even selling their possessions and belongings and distributing them to all who were in need;

to show their gratitude for the coming of their Savior.

To the one who gave His life on the cross, Jesus, who made way for the fiery presence of the Holy Ghost to blaze in the hearts of men.

Now, can you imagine what Mary, the Mother of God, felt at this moment? The Mother whose son was taken from her too soon?

It wasn't long before when she swaddled her infant in milk rags, and before the throne of a manger, wise men and cattle bowed before Him.

In the cold, dark, and dusty covering of a manger because no one thought enough to make room for her King.

Mary, the Mother of God, would raise this child as her own and as a human being, all the while knowing that one day He would reign as a Divine King.

Mary, the Mother of God who lived with the beginning and the end of all things, the Creator of the Heavens and Earth. The little boy with the big round eyes that through them she could see all of eternity.

Mary would remember chasing this little tyke around the tables and into the streets, and when He fell, she cradled Him in her arms; and when she bandaged the knees of Jesus, Mary knew she was mending the wounds of God.

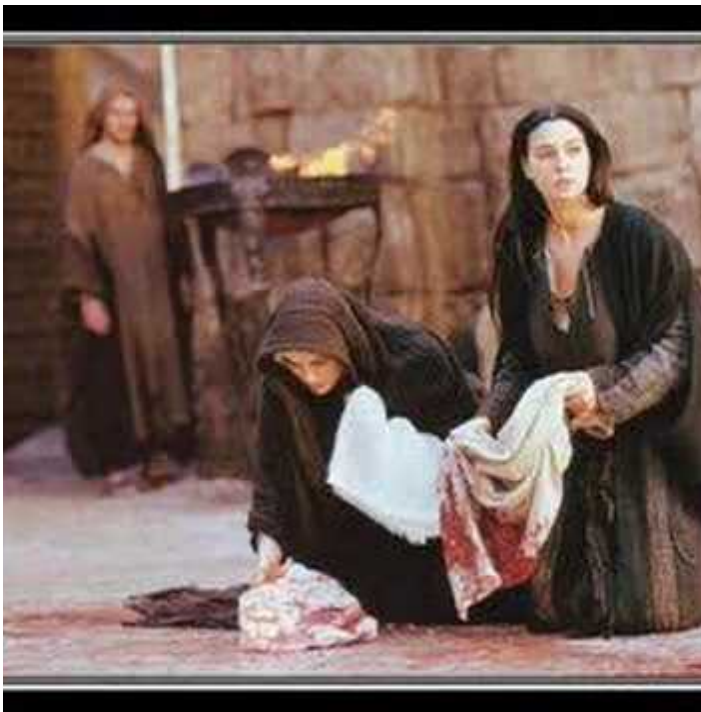
Mary, the Mother of God, who watched the Romans scourge her baby half to death, then witnessed them savagely murder her Son.

So, when Mary was filled with the Holy Spirit and bursting with the presence of her baby once again, can you imagine what she was feeling? The moment Jesus overcame her and feeling Him inside of her?

The Holy Ghost of Christ who had once made His home inside of her womb is now ravishing her body with the power of His presence?

What was she thinking? I imagine Grace is too light a word to detail the weight of what Mary must have felt. To be filled with the fire of the presence of God, and again.

Mary, the Mother of a murdered child, is now filled with her baby; the pain vanishes for an instant because they are together, but this time she feels the power given to Him by His Father.



Mary, the Mother of God, is now consumed with the fulfillment of the prophecy, spoken by her Son, Jesus Christ.

Before her, she watched as the wind was whipping and the apostles were speaking in many tongues, and as the languages of many nations filled the air with His Divine presence.

Wow, I cannot begin to imagine her peace. The Bible says that astonishment filled the room from the visitors from Rome, both Jews, Proselytes, Cretans, and Arabians.

The Bible also says they were amazed and perplexed, saying to one another, "What does this mean?"

When all the while, Mary knew what it meant, and as a mother myself, I know without a shadow of a doubt she was thinking, "You fools, this is my Son, the one who was mocked, lied upon, and died for each of you."

Mary, the Mother of God, a holy woman, and a faithful servant, but above all, Mary was a woman, and she was a mom.

A mama bear who would do anything to protect her cub, and with all my heart, I know she was thinking, "this fiery power that you see and hear is my Son."

And with joy in her heart and the ever-present sorrow she was forced to carry, Mary was filled with the pride of a gloating mother, rejoicing in the glory of her Savior.

Mary was no different than we are like parents; she wasn't mesmerized by the power of the Spirit; she was overcome with the love of her Son.

Before the foundations of the Earth, Jesus was destined to be breathed into her womb, and the Heavenly Father spoke that she would be filled with the child, Emanuel.

The child would see that all of humanity is released from the bondage of sin, and by His sacrifice, Jesus made the way on the cross when there was none.

So, on this anniversary of the Pentecost, which Mother's Day often veils, we honor both child and Mother.

We praise God for His presence on Earth and the woman He chose.

The Holy Spirit, who is the essence of God, showers the hearts of those willing to receive Him, and it all began on this Holy Day of Pentecost. The unveiling of the splendor who heals, seals, protects, and prophecies.

The powerful presence of God who functions as the mediator for men, capable of expelling demons, filling us with tongues, and binds up every evil practice.

The fire of the Holy Spirit cauterizes old wounds, seals scars, and purifies all wickedness; everything unclean.

So, on this Holy Day Of Pentecost, we glorify Jesus Christ first and foremost, for all that He has done, we thank You, Lord.



Let us also honor the Mother of God, the caretaker of Jesus Christ. The woman who gave herself as Mothers often do, to become the human vessel that would usher in the Holy Messiah.

Mary, the Mother of a King; yet a man who was looked at as a pauper most of His life, but later, He made way for all who are repentant to be with the Father.

Praise God!

To all of the beautiful mothers out there, please, rather than remember this, God sees the challenges of motherhood and the sacrifice many have made.

He watches each of you in the moments of joy with your children, and sits beside you, and mourns when you mourn when they wander.

Jesus, who knows everything about each one, and to each of you, Jesus says.

“My Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled, and do not be afraid.”

“I AM with you.”

God Bless You,

Christine Brejcha



Christine Brejcha is the TV Host of Christine's Cornerstone, on The Life Network For Women, founded by Pastor Paula White-Caine. Download the Life Network For Women App on your favorite Streaming platforms to watch.

Christine's series touches on the many facets of healing through the Gospel of Jesus Christ. She applies what the scriptures have to say in a unconventional way in which people can understand the scriptures, and how they apply to the controversial issues of today.

Christine is also an on-air voice and Contributor at Christian Mix 106 Radio and a TV Host at CTF-TV Christian broadcasting.

Brejcha founded Christine's Cornerstone Ministry in 2017, and after a near death experience. This is when she saw and spoke to Jesus Christ. This life altering experience, led her to give up her sixteen year career in sales, finance, and real estate, to pursue full time ministry.

Christine is a Prophetic voice in a world crying out for the Spirit of Jesus Christ.

Evangelist Brejcha resides in Washington DC with her ministry.

Her mission is to preach the truth of the Gospel of Jesus Christ, and to see that justice is served in the areas of the most need in America.

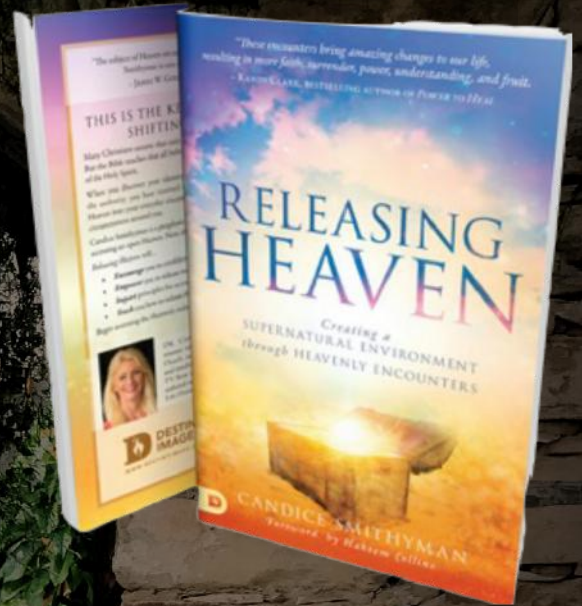
Many Christians assume that only a few gifted individuals can move in the miraculous, but the Bible teaches that all believers have unlimited access to the supernatural power of the Holy Spirit.

When you discover your identity in Jesus, cultivate a heavenly mindset, and access the authority you have received in Jesus, you can immediately release the power of Heaven into your everyday circumstances. This is the key to changing atmospheres and circumstances around you.

Candice Smithyman is a prophetic voice who has learned to move in the supernatural by accessing an open Heaven. Now, she wants to mentor you to do the same. *Releasing Heaven* will...

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These encounters bring amazing changes to our life, resulting in more faith, surrender, power, understanding, and fruit.” – Randy Clark, bestselling author of *Power to Heal*



“I appreciate the encouragement and inspiration Pastor Candice Smithyman brings through her book, *Releasing Heaven*. Learning how to host the presence of God and recognize His ways is extremely important to being able to flow in His power and experience His supernatural presence.”



Dr. Randy Clark
Founder, Global Awakening



Releasing Heaven
by Candice Smithyman

“The subject of Heaven on earth is one of those strategic themes and Candice Smithyman is one of those anointed chosen messengers.”

– James W. Goll,
God Encounters Ministries

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Weekly OMUG: 911

Prayers

BY: Marta Greenman

“For all of them were trying to frighten us, thinking, ‘They will become discouraged with the work and it will not be done.’ But now, O God, strengthen my hands.”
Nehemiah 6:9



Sanballat, Tobiah, and Geshem were enemies of Nehemiah. They continually mocked and ridiculed him in an attempt to discourage him from his God-given task of rebuilding the wall in Jerusalem. Sanballat sent a letter to Nehemiah inviting him to a meeting. Nehemiah, understanding their true motive was to harm him, remained steadfast in continuing his work.

After five more attempts with the same results, Sanballat slandered Nehemiah’s character. Nehemiah 6:9 gives us his response. “For all of them were trying to frighten us, thinking, ‘They will become discouraged with the work and it will not be done.’ But now, O God, strengthen my hands.”

Fear is a tactic of the evil one to stop God’s people from accomplishing our God-given work. Did you notice how Nehemiah handled the situation? He said what I call a 911 prayer. You know, the ones said in a panic, an emergency. A prayer when you don’t have time for lengthy eloquence. You need an answer NOW! So, you cry out with the one sentence prayer. A prayer of desperation only Jesus can understand.

Nehemiah knew the cost of not finishing his assignment. The wall was a source of protection. A first line of defense for the city. He also knew the spiritual attacks that had been increasing in severity were not going to stop. Nehemiah’s formula to overcome fear was to pray for the Lord to strengthen him to continue the work.

How many times have you felt like Nehemiah? Knowing your job is impossible without the hand of the Lord’s protection and strength. You wake up every day to another challenge and obstacle. The enemy’s relentless attacks keep trying to paralyze you. Learn from Nehemiah, say your 911 prayer and keep progressing in the plans and purpose God has for your life.

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Listen to Marta Greenman on her show, Under God with Marta and Maureen Every Monday at 1:30 PM PST & 2:30 PM MST & 3:30 PM CST & 4:30 PM EST on GraceAndTruthRadio.World

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Creating Beauty From Ashes

By Joel Beach

Very often the will of God for your life is not what you expected it to be. Though you may have made an incredible mess of things in the past and you may think you have wasted all that time walking down your own road.

God knew where you were going. He knew what you would choose, the good and the bad. He also knew that you would eventually run back to Him, and He would heal you. You see, He is in the business of turning ashes into beauty, death into life.

O Lord, you have searched me and known me! You know when I sit down and when I rise up; you discern my thoughts from afar. You search out my path and my lying down and are acquainted with all my ways. Even before a word is on my tongue, behold, O Lord, you know it altogether. You hem me in, behind and before, and lay your hand upon me. Such knowledge is too wonderful for me; it is high; I cannot attain it. Psalm 139:1-6

He has a divine plan and purpose for everything that has happened in your life, the good, bad, and the ugly. He has used each of them in such a way to form you into His new creation. The way He always intended you to be, strong, vibrant, faithful, and secure in the Lord only. Without the crushing and the burning down of your old self, you could not have been reborn into His Spirit. Now to be used as His invaluable instrument for

righteousness, for the Kingdom of Heaven.

Isn't He so amazing? To turn your pain to glory, regret to redemption, and to redirect your trajectory upon this earth to change people's lives for all eternity. He has given you the privilege, through the power of Jesus Christ, to turn the broken from death to life.

What a testimony of the power and love of God. Through the Spirit of Jesus Christ, you too can reach out to a lost soul and be a part of restoring them to new life. For without Him and His loving, merciful, and powerful hand we could have done nothing.

I say to the Lord, "You are my Lord; I have no good apart from you." Psalm 16:2
Now no longer will you be weak, small, and held back from the purpose He has prepared for you. But you will go out in the power and might of the Spirit of the Lord and will fight for what is true, right, and holy in His sight. To save the lost, broken, and weary from a wicked and twisted generation.



The Spirit of the Lord God is upon me, because the Lord has anointed me to bring good news to the poor; He has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; to proclaim the year of the Lord's favor, and the day of vengeance of our God;

To comfort all who mourn; to grant to those who mourn in Zion— to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit; that they may be called oaks of righteousness, the planting of the Lord, that He may be glorified. Isaiah 61:1-3

So hold your head up high and walk in the Spirit of the Lord. Straighten yourself and strengthen your faith and confidence in your God. Fix your eyes upon Jesus and the path He has prepared before you. Then walk with complete confidence and assurance that He will fulfill your life all according to His perfect plan.

Your scars will be your testimony. Your story will be a declaration, that God can renew and restore those who thought they were lost forever. In His time, He will restore beauty from ashes and breath new life into those who were dead.

<http://thesoulsower.com/2020/06>



Joel Beach is first and foremost a servant of the Lord Jesus Christ. His lifelong passion is to encourage the weak and seek to save the lost with the Gospel of Jesus Christ. He has been a Professional Automotive Master Technician for 20 years. He is also a father of three sons, an accomplished writer of biblical devotions, Christian poetry, and Gospel messages.

His gifting is in speaking a literary message through the Holy Spirit, from a firm and steadfast foundation of the Holy scriptures. His work can be viewed on his blog site thesoulsower.com. Joel's work has been an inspirational and uplifting part of the lives of many. He is a great asset to the body of Christ's church, and to all who receive his message. For more, please visit: www.thesoulsower.com



*Welcome to our ...
Hearth & Home*



COFFEE BAR



As the seasons change in every part of the world, we hope that you find yourself grinning with delight. Here in America where the Grace and Truth team resides, we are drifting into the balmy days of Summer, while our readers in other parts of the world are easing into the coziness of Winter.

These days are magical, no matter which season is upon you! As our readers in the northern hemisphere are relishing in days spent by the water, having family reunion picnics, and making memories on vacation, we hope that this issue's contents inspire relaxing reading as your children play, encourage you to try new recipes for those picnics, and learn more about our Father's great love for you!

We wish you a wonderful season, no matter what season you are in!

--*The Grace and Truth Team*



HUMAN TRAFFICKING IN YOUR BACKYARD

By: Melissa Sundblom

As you are reading the title to this article, you are probably thinking, “there is no way human trafficking can be in my backyard.” Several years ago, I would have been one of those people. Then I had an experience that changed my thinking.

When I was around 19 years old, I met a wonderful young woman. She attended the college my now-husband went to. I would stay with her when I was in town. We would stay up for hours talking about Jesus and the supernatural things we had encountered. She was so grounded in scripture and knew about Jesus. She appeared happy on the outside. She would have a smile on her face and show joy every time I saw her.

Yet, every time I would see her there was this feeling that something was not right. She would dress in clothes that were not always appropriate for the weather, but I would tell myself she is probably cold. She would not really talk about personal things like emotions or her upbringing, but I would tell myself she is reserved. She did not really join in with the people at the college. She stayed tight to the people she lived with.

Then fast forward four years later. I was beginning to realize more about the issues of human trafficking and the need to get involved. I started to get involved and volunteered at a center where women that were trafficked, could come in for a meal, learn about Jesus, and experience the love of Jesus that they never encountered before.

That young woman was placed on my heart. As I sat on the phone with her, I heard the words that would bring an ache in my heart that I had never before experienced; “Melissa, I have something to tell you.” As I heard those words, I knew...right then and there, that those feelings I had years before were not wrong. That I should have listened to that still, small, voice inside of me.

For the next hour or so she told the truth that brought clarity to my life and a burning passion to bring this truth to light. She would proceed to tell me that she had been trafficked since she was 5 years old until she was rescued at 22. The clothes she wore covered up the tattoos she was forced to get that showed other pimps who she belonged to. She was so quiet and reserved because her pimps monitored every move she made. Her traffickers would

intermingle with her friends from the college to appear to be friends and not traffickers. She told me how she put on a fake persona to keep her secrets “secret”. As the conversation unfolded, I learned about the trauma that she had encountered for 17 years.

She had revealed to me what deep inside I already knew she was going to say.

Why hadn't I trusted that still, small, voice inside of me? Why hadn't I stepped up and said something? If I had trusted what the Holy Spirit was trying to tell me could it have been different for her? Instead, I ignored that voice because it didn't fit my perception of what human trafficking looked like.

Her words still penetrate my heart today and remind me that we are closer to the horrors of human trafficking than we even realize. It has opened my eyes to see human trafficking in places and among people I otherwise would not have seen.

Today, I am challenging you to open your eyes and trust the Holy Spirit when He says something is not right in your spirit. I can imagine right now that there are names and situations that are popping into your head as you read this that are making you think twice. I pray that the Lord will open your eyes and sharpen your discernment so that we can all make a difference in this terrible thing that is human trafficking.





BLOSSOMING JOY

By: Jocelyn LaFavers

The transition from Spring to Summer is upon us, and in most places, it is the gentlest of all seasonal changes. When Winter gives way to Spring it is not without struggle. Winter longs to hold us in its icy grip for just one week more over and over again, but Spring and Summer trade places as smoothly as dance partners in a Virginia reel. They dance singularly, facing opposite one another, then come together for a joyous and merry romp down the aisle before separating again, their fingers gently grazing like lovers as they separate and once again go their individual ways. If the season of Spring brings happiness, then the season of Summer brings sheer joy!

Our Christian walk is not unlike this! In our seasons of Spring, we have so many days that are colder than we would like, but we see lovely, beautiful flowers and green buds on the trees that lift our spirits. There is rain—again, more than we often like, but we welcome rain instead of snow! Then...oh, then...Summer comes. The heat that comes with Summer brings a breathtaking BURST of color from flowers, trees, and all things living! Animals scamper around in glee and children run through subdivisions on school breaks, their laughter carrying through open windows. Beaches and lakes are filled with happy families, couples on romantic picnics, birdwatching introverts, and a good time can be found by anyone who steps outside their door. You see, the rains and cold snaps of Spring bring about the flush of vibrant life in Summer.

God designed our seasons to echo how He designed our seasons of life. So often He pours out His love and teachings on us in seasons like Spring and we get overwhelmed. It feels like a

flood, and we are not sure what He is doing or what He wants to teach us, but before we realize it, we are in a season of flourishing! Much like a baby that does not sleep through the night, but suddenly...mama realizes that her sweet baby has not woken her up at night for a week or more. How did that happen? When did that happen? She has more energy during the day; both parents do not have the same backaches that they did before. They are not sure exactly what day the event occurred, but they do know that their lives are flourishing in their new season of renewed rest. Spring and Summer are a tangible reflection of that!

Mama, as your children spend more time outdoors, you find that your house is cleaner, and you can be more relaxed. Dad, maybe you do your best praying when you are alone on your lawnmower. The Lord shows us joy in every season, but I believe that Spring and Summer are the most joy-filled of all! There is bright green beauty everywhere we look. Waters are flowing at their height, animals are on the move, the songs of nature fill the air! I pray that this season brings you joy beyond your wildest dreams! I pray that life feels more abundant this year than ever before! As you reflect on the sadness and fear that reigned last Spring and Summer, may you look at this one with new eyes. Things are still not right, there is still tyranny, there is still falsely instilled fear. But the Lord is showing us that He is still on His throne. That He never left it. I pray that you hear His voice in the wind. In the water. In the songs of the birds and insects. I pray that your joy that was watered in the Spring will burst forth like a geyser in Summer! Let the gentle breezes and the sounds that carry on them sweep away all of your cares and cast them into the sea of forgetfulness. I speak joy and peace over your days, in the mighty name of Yeshua/Jesus!

Jocelyn LaFavers

is Grace & Truth Magazine's Senior Editor. She is a writer, blogger, and ministry leader. She has spent many years writing, her work spanning from articles and short stories to a fiction novella and several stage plays. Jocelyn grew up as a ministry kid. She serves in her church as the director of the drama department where she writes all original material for their productions. Her passions and hobbies include reading, writing fiction, sewing her own wardrobe, watching documentaries, cooking, and DIY projects around her 1960s ranch home where she lives with her husband, Ryan, and their big family as a homeschool parent! Her favorite time of day is any time stolen away with Jesus and a cup of coffee!



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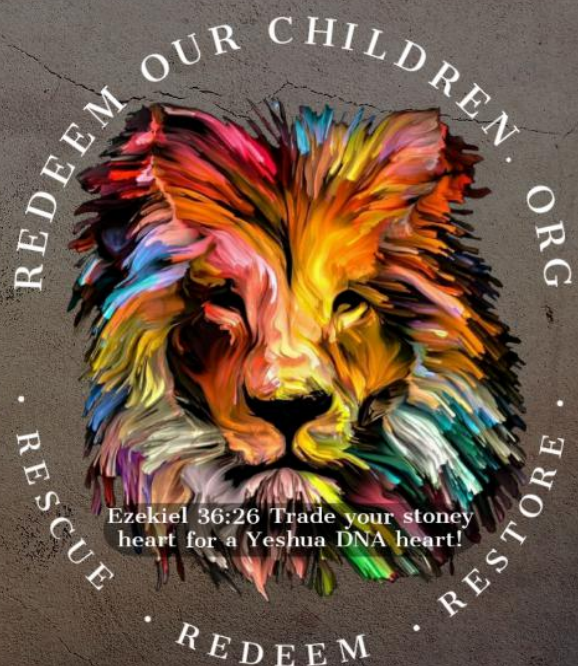
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THE LASTING IMPACT OF FATHERS

BY: Melissa Sundblom

What if I told you that your relationship with your father would shape who you are for the rest of your life? In our culture today we have watched as fathers have become feminized, their masculine role being minimized and removed as though it means nothing. Yet, we see the damage this has done to our children; in their academics, in their relationships, and in the patterns we see play out for generations to come if we do not break the cycle.

We see that children who have involved fathers do better academically. In a 2005 study, it was found that a father's involvement in their child's academics could decrease the impact of income-based limitations on their child's academic achievement. [1] According to NCES, children whose fathers play an active role in their academics are more likely to get A's, less likely to repeat a grade, less likely to be suspended or expelled, and more likely to be involved in extra-curricular activities. [2] Fathers play an important role to help children succeed. They instill self-confidence to be able to accomplish goals.

We see that children who have involved fathers have healthier relationships than those who have an absent father. I am sure research is not the only place you can see the patterns, as we can plainly see it in friends, family members and even in television shows. In a small study done by Katie Granger, she found that when a father is present it shows a daughter what she should perceive a relationship to be. The daughters in this study who had involved fathers learned about support, loyalty, trust, and closeness in their relationships. [3] She stated that one participant without a present father responded, "With my dad not being in my life, I kind of have an idea of how a man is supposed to treat me, but...I really don't know what

to do, what not to do, what's acceptable and what isn't acceptable in a relationship. So...I don't really know what a good relationship is, or what one is supposed to be like. I have only seen the bad: like when my mom talks about my dad and says, 'He's not a good father and he was never a good boyfriend, either.' I just go off what I see in the movies because I don't really know. So, I feel like my relationships end because I have these high expectations of what I think relationships are supposed to be like, and then they're not." [4] This raises another important point: that fathers are intended to teach their daughters what a relationship should be, and how they should be treated. This was explained by a participant like this, "Dads definitely need to tell their daughters how they should be treated in a relationship and to not settle. Fathers should also explain to their daughters that they should not let whoever they're in a relationship with walk all over them, and make sure it's known that her opinion matters, too.

Relationships are not one-sided, and it's all about compromise..."[5]

There are three groups of people that will read this article. The first group has fathers that have been involved in their lives. That involvement is usually deep and nurturing. They would describe their relationship as loving. The second group has fathers that are present but have not been actively involved in their lives. They are likely to describe their relationships with their fathers as strained or simply "okay." The last group never knew their fathers at all.

To the first group I say, thank your father for his attentiveness and presence in your life. He made you into the woman or man you are today. He gave you stability and love. He showed you what a relationship is supposed to look like.

To the second and third group that can place themselves in the statistics--there is hope. We have a heavenly Father who loves us unconditionally, and for so many that is unfathomable. He can heal those wounds of not having a father who loves you, supports you, encourages you, and tells you you can do it. He can heal those wounds created by not having a father who instilled discipline and taught respect and closeness. He can be that father for you if you let Him. He can show you what a healthy relationship is. If you can just let go of that need to gain the acceptance of others and instead cling to Jesus because He died for you so you could be adopted into the Kingdom. You will experience the freedom that He came to bring!

[1]Brent McBride, Sarah Schoppe-Sullivan, and Moon-Ho-Ho. "The mediating role of fathers' school involvement on student achievement," *Applied Developmental Psychology* 26 (2005) 213.

[2]NCES. (1998, April). Students do better when their fathers are involved at school. Retrieved, from <http://nces.ed.gov/pubs98/98121.pdf>

[3]D. Scott Sibley and Katie Granger. How Father's Influence Their Daughter's Romantic Relationships. Institute for Family Studies, July 15, 2019, <https://ifstudies.org/blog/how-fathers-influence-their-daughters-romantic-relationships>.

[4]D. Scott Sibley and Katie Granger. How Father's Influence Their Daughter's Romantic Relationships.

[5]D. Scott Sibley and Katie Granger. How Father's Influence Their Daughter's Romantic Relationships.



Letters to God From a Mom

By: Brittany Fritsch

Fear. As a new mom, all I knew was fear. Fear of not being good enough, strong enough, mom enough, and worst of all, fear of losing it all. I had never felt a fear like this before; it was deep and disturbing, something that I could not dispel on my own. This fear led me to God.

I had a general understanding of God and of Jesus, and the forgiveness and love they offer and stand for. I had heard stories of angels that always started with the words, “fear not”. Yet the question remained at the forefront of my mind: how? The answer was simple and so overwhelmingly complex--Jesus! Many questions followed: How do I learn about Jesus, how do I talk to Him? What does a relationship with Him? Prayer? Yup, just one more thing to fail at. I was overwhelmed by this new relationship and didn't know what steps to take next.

Then I looked at my newborn and thought about all of the things I want for her in her life. It occurred to me that fear, this devastatingly paralyzing condition of emotion, is the one thing I wish I could keep her from. If I could save her from the grip of that terrifying emotion, then I would move heaven and earth to make that possible, but that's not reality! I realized that I couldn't keep fear out of her life any more than I could keep it from my own, but I could show her what is worth fearing and what is not.

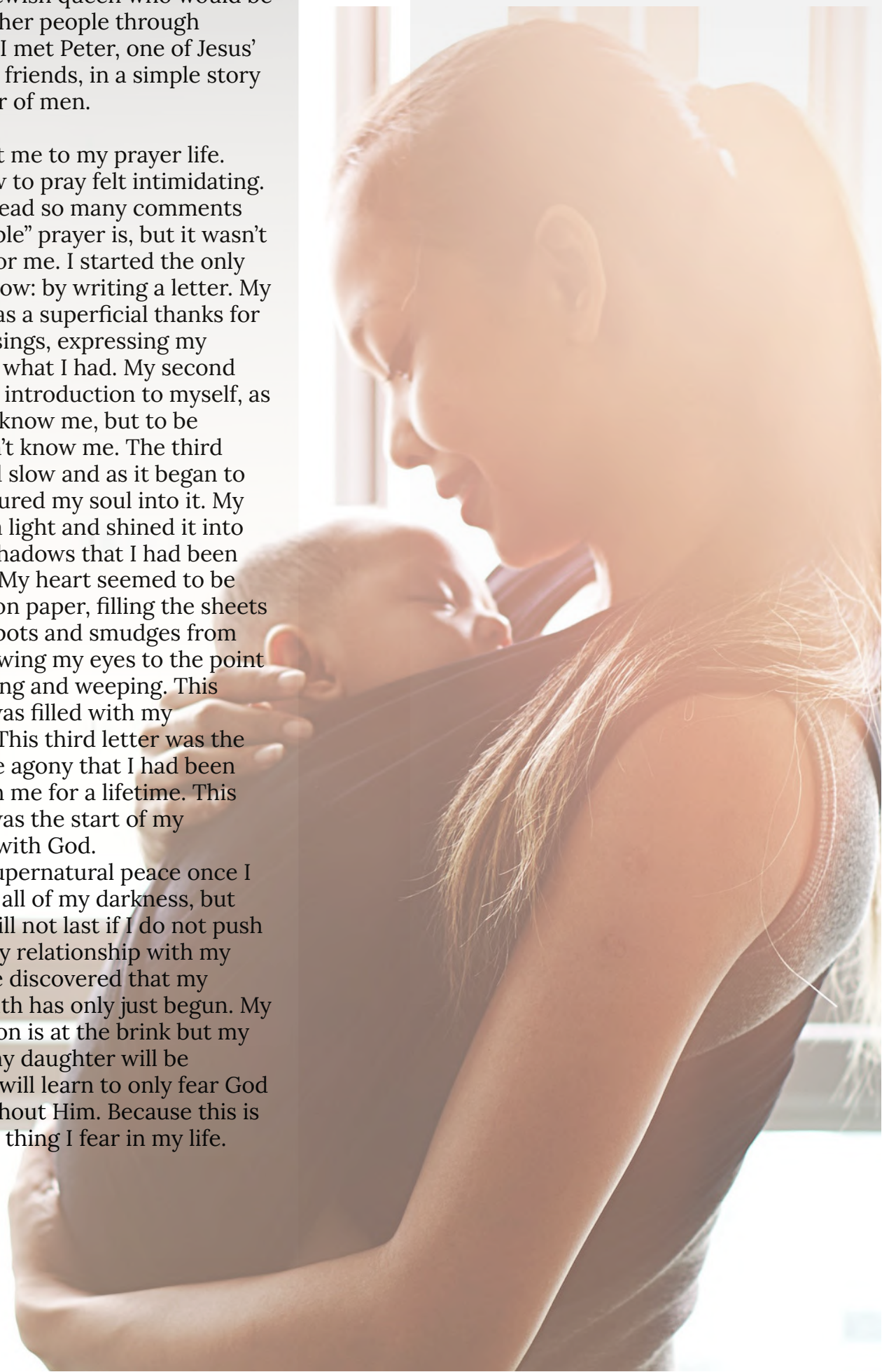
I started teaching her about her Heavenly Father by using the guidance God was showing me, although I didn't realize at the time this was God. Board books written for children to better understand THE BOOK were our staple! I got to know Noah and learn about his blind faith in a God who would flood

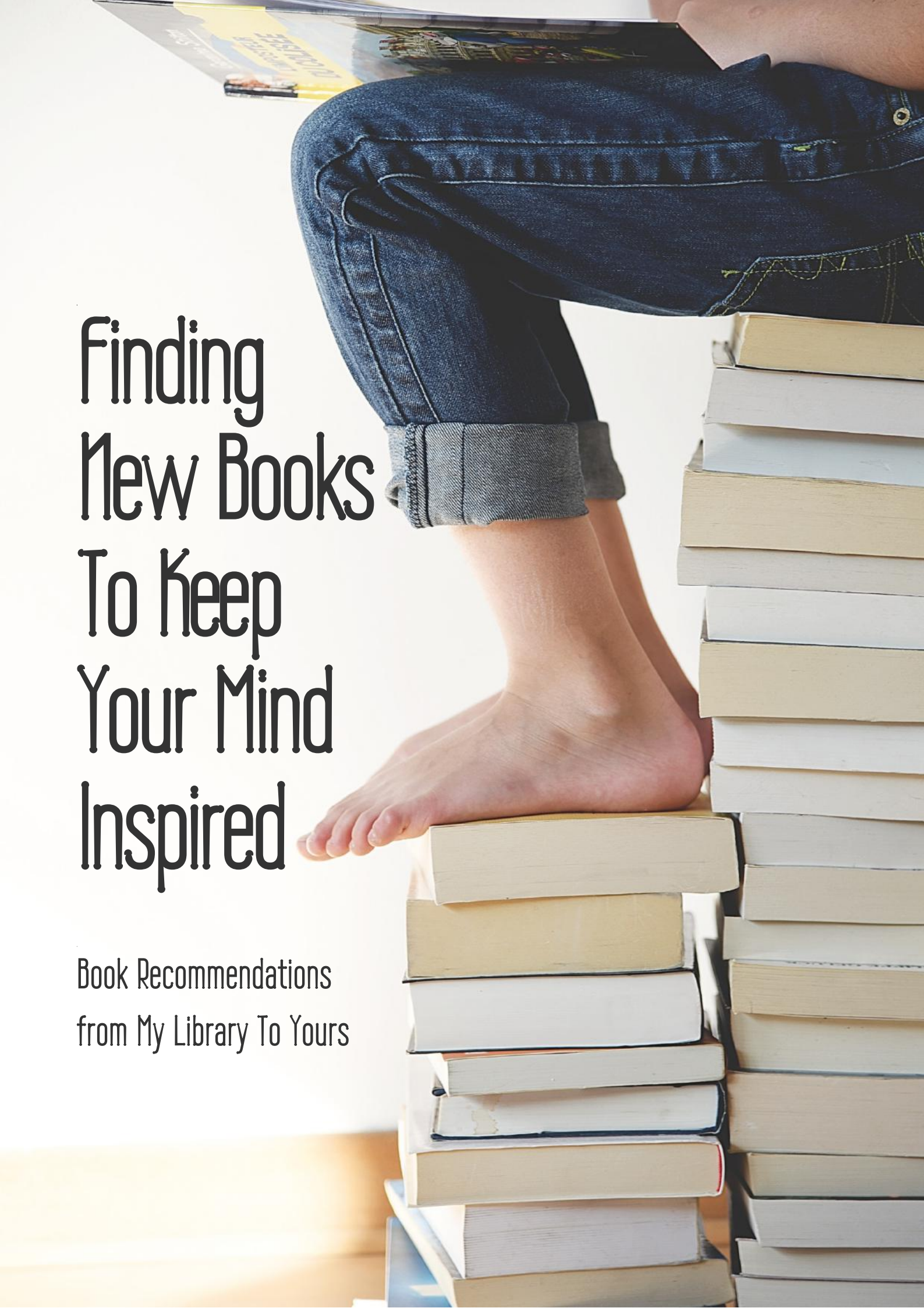


the earth and restore it through sequins and squeak toys. I learned of Esther, the Jewish queen who would be used to save her people through illustrations. I met Peter, one of Jesus' most trusted friends, in a simple story about a fisher of men.

This brought me to my prayer life. Knowing how to pray felt intimidating. I heard and read so many comments on "how simple" prayer is, but it wasn't that simple for me. I started the only way I knew how: by writing a letter. My first letter was a superficial thanks for obvious blessings, expressing my gratitude for what I had. My second letter was an introduction to myself, as if God didn't know me, but to be honest I didn't know me. The third letter started slow and as it began to develop, I poured my soul into it. My letters took a light and shined it into my darkest shadows that I had been hiding from. My heart seemed to be combusting on paper, filling the sheets with water spots and smudges from tears overflowing my eyes to the point of blind writing and weeping. This third letter was filled with my repentance. This third letter was the release of the agony that I had been carrying with me for a lifetime. This third letter was the start of my relationship with God.

I did find a supernatural peace once I had released all of my darkness, but that peace will not last if I do not push forward in my relationship with my Father. I have discovered that my journey of faith has only just begun. My transformation is at the brink but my promise to my daughter will be fulfilled. She will learn to only fear God and a life without Him. Because this is now the only thing I fear in my life.



A person wearing blue jeans with the cuffs rolled up is sitting on a tall stack of books. They are holding an open book in their hands, reading it. The background is a plain, light-colored wall.

Finding New Books To Keep Your Mind Inspired

Book Recommendations
from My Library To Yours



Welcome to My Book Corner!

Are you a bookworm who can never quite remember the title of that next book you were going to read? Do you have multiple reading lists spread across Amazon, Goodreads, your local library, and on the backs of dozens of receipts in your purse? Do you have trouble remembering what is already in your constantly growing book collection? If so, this personal book catalog is for you.

With your reading list and book collection conveniently in one place, it's easy to see when you're running low on new material and need to make a trip to the bookstore. When your friend recommends a new book, you can change the view and cross-reference how well you've liked other books by that author.

Jessica Stern Foster
Founder/CEO
Grace & Truth Magazine





Breaking Controlling Powers

Dr. Roberts Liardon

Victory Over Spiritual Attacks

Roberts Liardon has combined three of his best-selling books—Breaking Controlling Powers, Learning to Say No Without Feeling Guilty, and How to Survive an Attack—to give you spiritual weaponry you need to fight the good fight of faith!

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Saying no to temptation and yes to God

Receiving the Holy Spirit's power

If you want renewed strength to stand firm against evil attacks; if people are coming between you and God; or if you ever feel like the whole world is against you, then this three-in-one volume is for you!



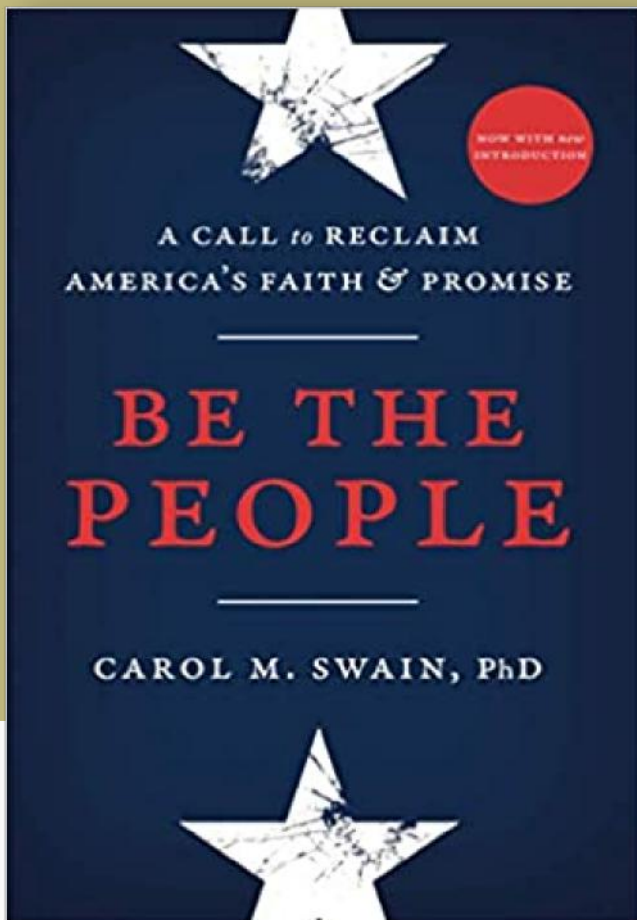
Guardian of the Republic: An American Ronin's Journey to Faith, Family and Freedom

Allen West, Michele Hickford

Guardian of the Republic, a political memoir by former Congressman Allen West, chronicles his rise from humble beginnings in Atlanta to his service as a Florida congressman. As a black, conservative Republican, he defends the values on which he was raised - family, faith, tradition, service, honor, fiscal responsibility, courage, and freedom. Not afraid to speak his mind, he challenges far Left politics and hopes to help America get back on track.

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The advertisement features a hand holding a smartphone on the left. The phone screen displays a logo for 'W.A.R. & ROC' (Worship at the Redeem Our Children) with a tree and the text 'REDEEM OUR CHILDREN' and 'WORSHIP AT THE ROC'. The background is a blurred image of a person reading a book.



Be The People

Dr. Carol Swain

Cultural elites in the media, academia, and politics are daily deceiving millions of Americans into passively supporting policies that are detrimental to the nation and their own best interest. Although some Americans can see through the smokescreen, they feel powerless to redirect the forces inside and outside government that radically threaten cherished values and principles.

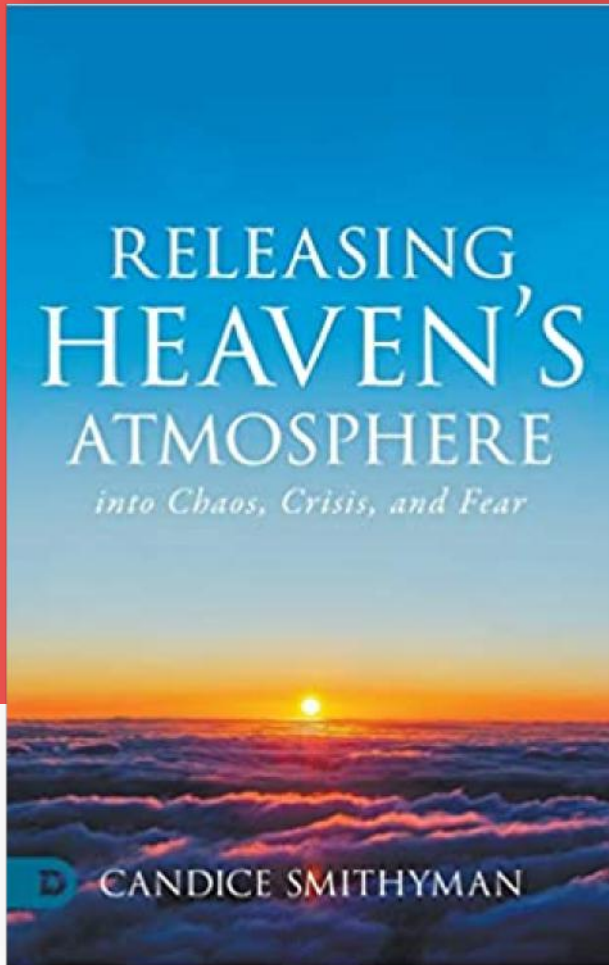
Drawing on her training in political science and law, Dr. Swain thoughtfully examines the religious significance of the founding of our nation and the deceptions that have infiltrated our daily lives and now threaten traditional families, unborn children, and members of various racial and ethnic groups—as well as national sovereignty itself--and provides action points for the people of this country to make the political system more responsive.

The book is divided into two sections:

- Forsaking what we once knew
- Re-embracing truth and justice in policy choices

It also covers key topics such as:

- America's shift to moral relativism
- America's religious roots
- Abortion's fragile facade
- Historical and biblical views on families and children
- Erosion of rule of law, national security, and immigration
- Racial and ethnic challenges
- Reclaiming the future



Releasing Heaven's Atmosphere

Dr. Candice Smithyman

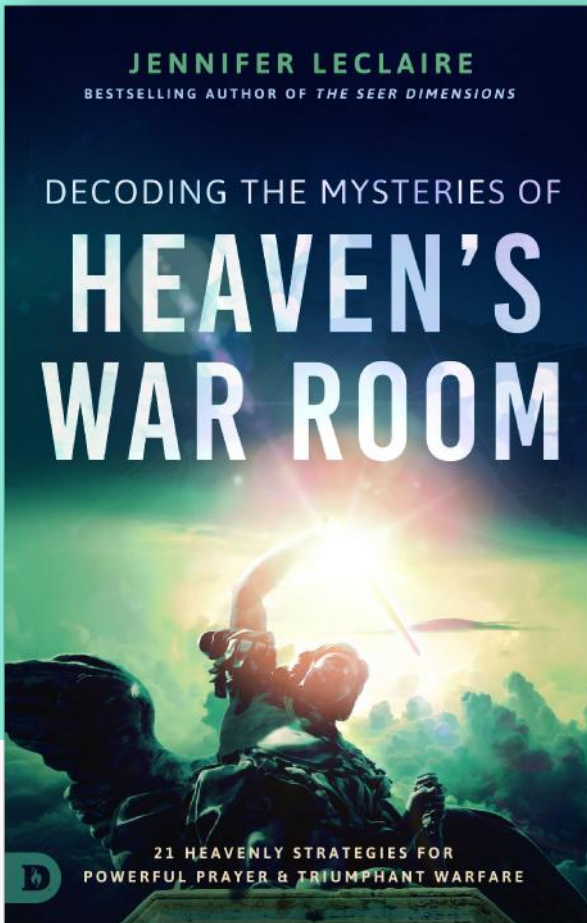
We all have moments of fear, anxiety, and a sense of being overwhelmed when chaos ensues around us.

In *Releasing Heaven's Atmosphere into Chaos, Crisis and Fear*, you will learn how to have a victorious mindset to conquer the chaos and fear in your life. When we understand how to be seated with Christ in heavenly places, even in the midst of our difficult circumstances, we will be setting ourselves up to walk in victory!

In *Releasing Heaven's Atmosphere into Chaos, Crisis, and Fear* you will learn:

Victory exists first through understating your position in Christ.
God will give you success in all you do because of who He is.
Principles of faith so you can overcome chaos, crisis, and fear.
How to remain single minded in the midst of your difficulties.

Learn how to live life in the understanding that God is for you, in all things, even when you experience chaos, crisis, and fear. Learn to release the atmosphere of Heaven by faith and watch peace and joy overwhelm you, even in the most challenging of times!



Heaven's War Room

Jennifer LeClaire

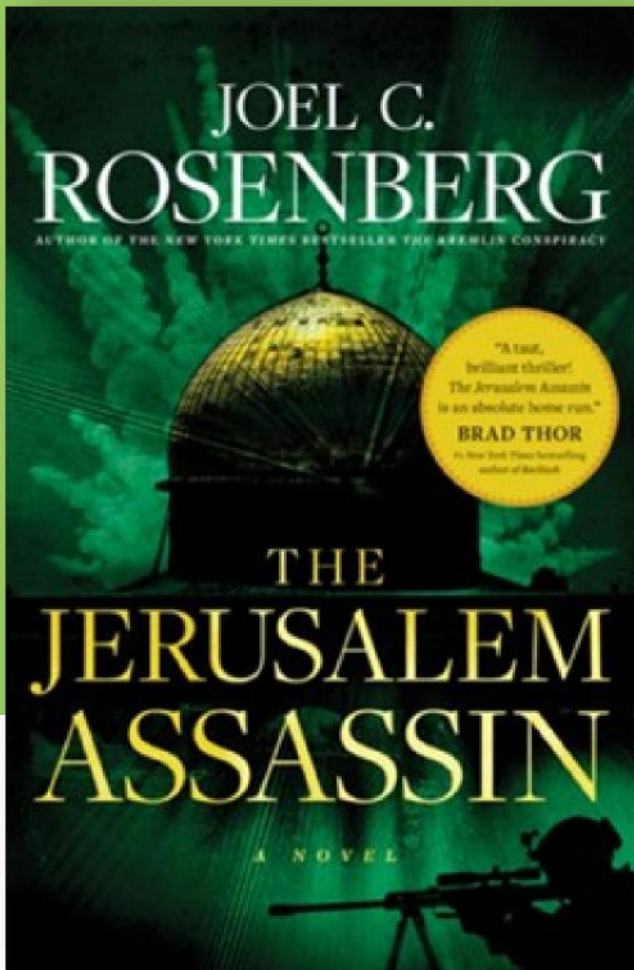
Jennifer LeClaire, globally recognized as a prophet, spiritual warfare trainer and prayer leader, received a vivid, visionary supernatural encounter in the War Room of Heaven that marked her life and forever transformed her understanding of prayer and spiritual warfare.

In this vision, I saw a veil rip open from the top to bottom. I am unsure if God Himself ripped open the veil or if the angels in heaven dismantled the visual barrier between the realms of heaven and earth. As I peered behind the veil, I saw a long walkway with bookshelves and tables on either side. It looked like a lonely path where few had traveled over the ages. At first I couldn't see anyone on the path. What I could see was books—many, many books. Rows and rows of books. Finally, my attention was drawn to a man walking down the open path with a magnifying glass, almost like an investigator. He was looking at the scrolls.

The man was examining the fine print, looking closer at things others seem to have missed. When I asked the Lord what the man was looking into, I suddenly had a knowing in my spirit that these books were full of mysteries that became revelations to generations past—revelations recorded and lost.

I understood these books of mysteries contain revelations angels long to look into...

Through Decoding the Mysteries of Heaven's War Room, Jennifer shares 20 powerful mysteries that are founded on Scripture and will show you how to partner with the supernatural to see a greater manifestation of God's victory on Earth through your life.



The Jerusalem Assassin

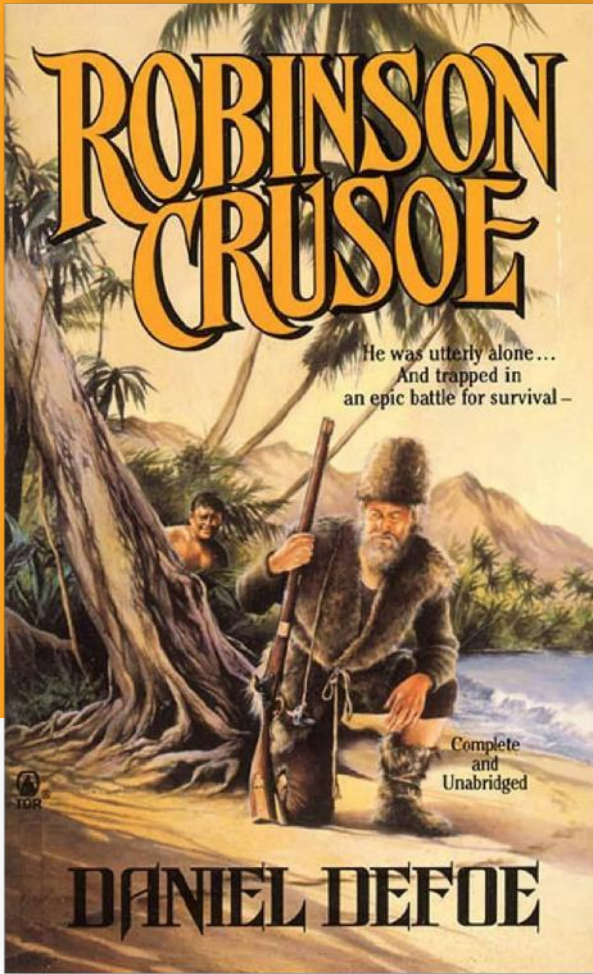
Joel C. Rosenberg

When U.S. president Andrew Clarke announces his plan for a peace summit at the Temple Mount in Jerusalem, his supporters begin dying---violently. CIA operative Marcus Ryker is called in to end the carnage, and uncovers a plot to eliminate Clarke and seize leadership of the Muslim world. Facing a 48-hour deadline, can he prevent the ensuing apocalypse? 480 pages, softcover from Tyndale.

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Robinson Crusoe

Daniel Defoe

Defoe wrote many political tracts and was often in trouble with the authorities, including a spell in prison. Intellectuals and political leaders paid attention to his fresh ideas and sometimes consulted with him.

Defoe was a prolific and versatile writer, producing more than three hundred works—books, pamphlets, and journals—on diverse topics, including politics, crime, religion, marriage, psychology, and the supernatural. He was also a pioneer of business journalism and economic journalism.

Robinson Crusoe, as a young and impulsive wanderer, defied his parents and went to sea. He was involved in a series of violent storms at sea and was warned by the captain that he should not be a seafaring man. Ashamed to go home, Crusoe boarded another ship and returned from a successful trip to Africa. Taking off again, Crusoe met with bad luck and was taken prisoner in Sallee. His captors sent Crusoe out to fish, and he used this to his advantage and escaped, along with a slave.

THE HEALING POWER OF

BUBBIE'S KITCHEN





MEDITERRANEAN & HEALTHY EATING

What is the Mediterranean diet and how can you start eating one of the healthiest diets in the world? Here are easy ideas to get more Mediterranean diet foods into your life.

The Mediterranean diet is an eating pattern that follows the traditional way of eating in the countries surrounding the Mediterranean Sea. You don't have to live in Italy, Spain or France to benefit from the diet, however; many people are transitioning to it for the range of health benefits it provides.

The Mediterranean diet isn't a strict plan. Rather, it's a way of eating that emphasizes fruits, vegetables, whole grains, legumes and olive oil. Fish is the main protein source instead of red meat, pork or poultry. And yes, it includes red wine-in moderation. Fermented dairy is consumed regularly but in moderate amounts. Eggs and poultry are occasionally consumed, but red meat and processed foods are not eaten regularly.

The Mediterranean diet is associated with lower cholesterol, reduced risk of heart disease and stroke, lower risk of Parkinson's and Alzheimer's diseases and a longer life. Emerging research shows it may also reduce risk of, and benefit those with, depression, anxiety, type 2 diabetes and some cancers.



COOK WITH OLIVE OIL

If you've been cooking with vegetable oil or coconut oil, make the switch to extra-virgin olive oil. Olive oil is rich in monounsaturated fatty acids, which may improve HDL cholesterol, the "good" type of cholesterol. HDL cholesterol ferries "bad" LDL particles out of arteries, according to a 2017 study in *Circulation*. Use olive oil in homemade salad dressings and vinaigrettes. Drizzle it on finished dishes like fish or chicken to boost flavor. Swap butter for olive oil in mashed potatoes, pasta and more.



EAT MORE FRUITS & VEGGIES

One of the main health benefits of vegetables is their high nutrient content. Vegetables are loaded with vitamins and minerals that contribute to growth and the maintenance of good health. For example, the U.S. Department of Agriculture notes that many vegetables are high in potassium, which is important for healthy blood pressure. Various vitamins, such as C and A, help keep eyes, skin, teeth and gums healthy, fight infection and promote wound healing. Perhaps most importantly, vegetables are rich in a particular group of nutrients called antioxidants, which fight cellular damage and help prevent heart disease, cancer, Parkinson's disease, atherosclerosis, heart attack and Alzheimer's disease, says the Linus Pauling Institute.



Bubbie's Vidalia Onion Brisket

INGREDIENTS:

- One 5½-pound brisket
- Kosher salt and freshly ground black pepper
- 3 tablespoons EVOO
- 12 garlic cloves, peeled
- 5 medium Vidalia onions, thinly sliced
- 2 large shallots
- 1 cup sherry wine
- 3 cups beef stock
- 2 sprigs fresh rosemary
- 2 sprigs fresh thyme
- Chopped parsley and chives, for garnishing



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DIRECTIONS:

1. Preheat the oven to 350°F. Pat the brisket dry with paper towels; season liberally with salt and pepper. Heat the oil in a large, wide Dutch oven or roasting pan over medium-high heat. Sear the brisket, turning as needed until completely golden brown, 20 to 25 minutes. Transfer to a sheet pan.
2. Add the garlic, shallots and onions to the Dutch oven and reduce the heat to medium. Cook, stirring often, until softened and caramelized, 25 to 30 minutes.
3. Add the sherry to deglaze, then stir in the stock and season with salt. Return the brisket to the pot and add the rosemary and thyme. Once the liquid begins to simmer, cover and cook in the oven until tender, about 3 hours. Remove from the oven and let cool, then refrigerate overnight.
4. The next day, remove the brisket from the pot and slice it against the grain into ¼-inch slices. Return the meat to the pot and warm over medium heat; adjust seasoning with salt. Garnish with chopped parsley and chives before serving.

Spicy Roasted



INGREDIENTS:

- 1 tablespoon vegetable oil
- 1 head cauliflower
- 1½ cups plain Greek yogurt
- 1 lime, zested and juiced
- 2 tablespoons chile powder
- 1 tablespoon cumin
- 1 tablespoon garlic powder
- 1 teaspoon curry powder
- 2 teaspoons kosher salt
- 1 teaspoon black pepper



robertsliardon_official



robertsliardon_official My mother is a healthy eater. Today she is eating head of cauliflower for lunch. I have never seen this as a entree before. Would you eat this for your lunch meal ?

In Memory of Pastor Carol Liardon. Her son, Roberts, took her to lunch one day and took a photo of her lunch... a large, whole, roasted head of cauliflower! Pastor Carol enjoyed her lunch and her time with her son!



Whole Cauliflower

By: Jessica Stern Foster

DIRECTIONS:

1. Preheat the oven to 400° and lightly grease a small baking sheet with vegetable oil. Set aside.
2. Trim the base of the cauliflower to remove any green leaves and the woody stem.
3. In a medium bowl, combine the yogurt with the lime zest and juice, chile powder, cumin, garlic powder, curry powder, salt and pepper.
4. Dunk the cauliflower into the bowl and use a brush or your hands to smear the marinade evenly over its surface. (Excess marinade can be stored in the refrigerator in an airtight container for up to three days and used with meat, fish or other veggies.)
5. Place the cauliflower on the prepared baking sheet and roast until the surface is dry and lightly browned, 30 to 40 minutes. The marinade will make a crust on the surface of the cauliflower.
6. Let the cauliflower cool for 10 minutes before cutting it into wedges and serving alongside a big green salad.

***** Optional: Top with Parmesan Cheese and serve with ranch dressings.**



Roma Shakshuka

The Bubbie's Kitchen

INGREDIENTS:

- 2 tablespoons extra-virgin olive oil
- 2 large shallots, minced
- 1 red bell pepper, minced
- 3 garlic cloves, minced
- 2 tablespoons harissa
- 28-ounces of Roma crushed tomatoes
- 2 teaspoons ground cumin
- 1 teaspoon ground coriander
- Salt and freshly ground black pepper
- 8 large eggs
- ¼ cup chopped fresh parsley
- ¼ cup chopped fresh cilantro
- Crusty bread, if desired



**Great source of
potassium and
vitamin C**





DIRECTIONS:

1. Preheat the oven to 350°F.
2. In a large, oven-safe skillet, heat the olive oil over medium heat. Add the onion and bell pepper and sauté until tender, 4 to 5 minutes. Add the garlic and sauté until fragrant, 1 minute more.
3. Stir in the harissa and cook for 1 minute, stirring constantly. Add the tomatoes, stir again and bring to a simmer. Add the cumin and coriander, season with salt and pepper. Simmer 10 to 15 minutes, until the flavor develops.
4. Make 8 wells in the tomato sauce and carefully crack an egg into each. Transfer the skillet to the oven and bake until the egg whites are fully set, but the yolks are still slightly jiggly, 23 to 27 minutes.
5. Garnish the shakshuka with parsley and cilantro. Serve immediately with bread for dipping.



The Perfect Easy Mezze Platter

From Bubbie's Kitchen

Sometimes munchies are exactly what you need for dinner, and this platter has it all with a myriad of goodies like hummus, cucumber, feta, artichoke hearts, and Lavash bread.



Air Fryer Brussel Sprouts with Balsamic Glaze

with: Jocelyn LaFavers

Equipment

Air Fryer

INGREDIENTS

- 1 pound brussels sprouts trimmed & quartered
- 2 Tablespoons extra virgin olive oil
- 2 Tablespoons balsamic vinegar
- ¾ teaspoon kosher salt

DIRECTIONS

- 1 - Heat air fryer to 380 degrees.
- 2 - In a bowl, toss together brussels sprouts, oil, vinegar, and salt.
- 3 - Place brussels sprouts in air fryer basket. Fry for 18 minutes, shaking basket or stirring the brussels sprouts halfway through.
- 4 - Season with additional salt if needed, and enjoy.



NOTES

If you want to air fry brussels sprouts with bacon, cut four pieces of raw bacon into 2-inch pieces and toss them with the sprouts before they go into the air fryer.

Grilled Corn on the Cob

From: Jocelyn LaFavers

INGREDIENTS

- 1 ear of corn per dinner guest
- butter
- salt



DIRECTIONS

Without removing the husk, place clean ears of corn on the upper rack of your grill and allow to cook for ten minutes. Remove from the grill and allow to cool for a few moments on a plate. Grasping the stalk, peel back the husk carefully while corn is still hot, and apply butter and salt liberally. Enjoy your freshly grilled corn alongside the rest of your meal and relish in the knowledge that you spent almost no time at all husking and de-silking your dish!

NOTES

This method can also be accomplished in the oven on cold or rainy days. Preheat your oven to 350* F and follow the same method. Cooking the corn inside its own husk steams it and makes it far simpler to remove the husk and silk than before it has been cooked. If you have concerns about bugs or anything catching fire, simply soak the corn for five minutes before cooking.



Mexican Street Corn

From: Jocelyn LaFavers

INGREDIENTS

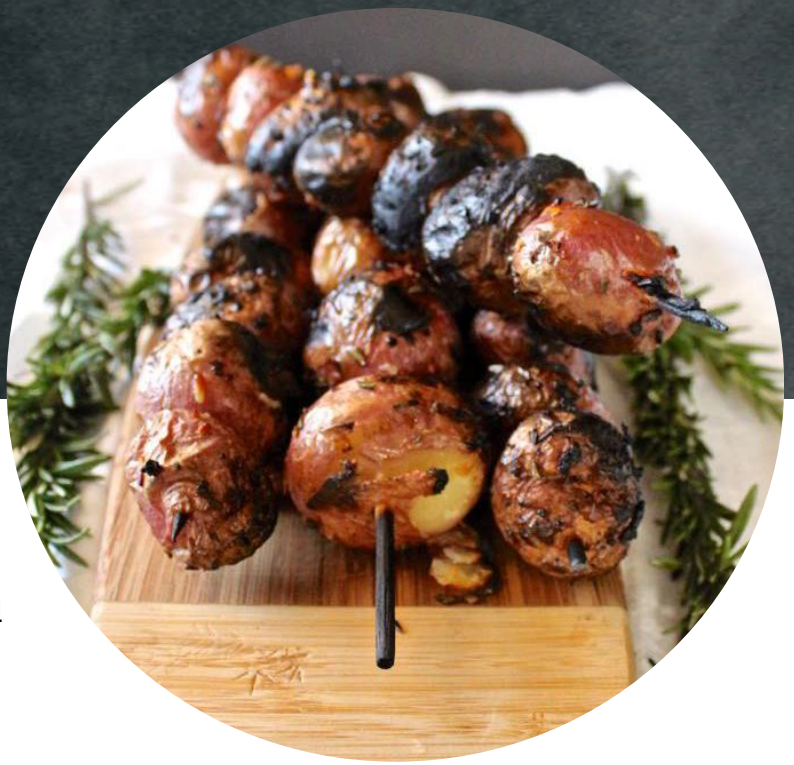
- 1 ear of corn per dinner guest
- real mayonnaise
- chili powder, paprika, or tahin seasoning
- chopped cilantro or parsley
- parmesan cheese

DIRECTIONS

Using the method on the opposite page, cook as many ears of corn as you have need. Once corn has been cooked, spread mayonnaise onto the kernels instead of butter. Sprinkle one of the seasonings listed above on the corn, all are delicious! Top with parmesan cheese and enjoy! Many people like to garnish with cilantro or parsley for added flavor.



Skewered Grilled Potatoes



From: Bubbie's Kitchen

INGREDIENTS

- 2 pounds red potatoes, quartered
- ½ cup water
- ½ cup light mayonnaise
- ¼ cup dry white wine
- 2 teaspoons crushed dried rosemary
- 1 teaspoon garlic powder
- wooden skewers, soaked in water for

DIRECTIONS

1 - Place potatoes and water in a microwave safe bowl. Cook potatoes in microwave on high until just tender, about 15 minutes, stirring half-way through. Drain potatoes and allow to steam for a few minutes to dry.

2 - In a large bowl, stir together mayonnaise, wine, rosemary, and garlic powder. Mix in drained potatoes and toss to coat. Marinate, covered, in the refrigerator for 1 hour.

3 - Preheat an outdoor grill for high heat and lightly oil grate.

4 - Remove potatoes from marinade, and skewer. Grill, covered, for 6 to 8 minutes, brushing occasionally with marinade, turning half-way through. Remove potatoes from skewers and serve hot.



Grilled Zucchini



With: Melanie Carey

INGREDIENTS

- 2 medium zucchini, sliced into thick strips
- 1 tbsp. extra-virgin olive oil
- 1/2 tsp. lemon zest
- 1/4 tsp. crushed red pepper flakes, plus more for garnish
- Kosher salt
- Freshly ground black pepper
- 4 basil leaves, torn into medium pieces

DIRECTIONS

- 1 - Preheat grill on medium-high. In a large bowl, toss zucchini with oil, lemon zest, and red pepper flakes.
- 2 - Season with salt and pepper.
- 3 - Once grill is hot, carefully use tongs to rub an oiled paper towel over grates.
- 4 - Using tongs, place zucchini on grill. Cover and cook, 3 minutes. Flip and continue cooking on high, covered, 2 to 3 minutes more.
- 5 - When zucchini is tender, remove from heat and garnish with basil and more red pepper flakes.



The Benefits of Lemon Water

From: Bubbie's Kitchen

Growing up in a Jewish home, we have always drunk lemon water and other fruit infused waters. As long as I can remember, we have always drunk lemon water! As an avid drinker (of water!), it was refreshing to learn a new spin on an old favorite. After learning only some of the benefits of lemon water, I started getting more purposeful about drinking a glass of lemon water every morning. Little did I know just how many there are.



Why lemon water?

Lemons are packed like a clown car with nutrients, including vitamin C, B-complex vitamins, calcium, iron, magnesium, potassium, and fiber. They even contain more potassium than apples or grapes!

Let's take a look at the nutritional value of lemons:

Because of how hard lemon juice can be on the enamel of your teeth, it's important to dilute it with water of any temperature (though lukewarm is recommended).

Benefits of drinking lemon water

1. Give your immune system a boost- Vitamin C is like our immune system's jumper cables, and lemon juice is full of it. The level of vitamin C in your system is one of the first things to plummet when you're stressed, which is why experts recommended popping extra vitamin C during especially stressful days.
2. Excellent source of potassium- As already mentioned, lemons are high in potassium, which is good for heart health, as well as brain and nerve function.
3. Aid digestion- Lemon juice not only encourages healthy digestion by loosening toxins in your digestive tract, it helps to relieve symptoms of indigestion such as heartburn, burping, and bloating.
4. Cleanse your system- It helps flush out the toxins in your body by enhancing enzyme function, stimulating your liver.
5. Freshen your breath- It helps relieve toothaches and gingivitis. The citric acid can erode tooth enamel, either hold off on brushing your teeth after drinking lemon water or brush your teeth before drinking it.

6. Keep your skin blemish-free- The antioxidants in lemon juice help to not only decrease blemishes, but wrinkles too!

It can also be applied to scars and age spots to reduce their appearance. Because it's detoxifying your blood, it will maintain your skin's radiance.

7. Help you lose weight- Lemons contain pectin fiber, which assists in fighting hunger cravings.

8. Reduce inflammation- If you drink lemon water on a regular basis, it will decrease the acidity in your body, which is where disease states occur. It removes uric acid in your joints, which is one of the main causes of inflammation.

9. Give you an energy boost- Lemon juice provides your body with energy when it enters your digestive tract. It also helps reduce anxiety and depression. (Even the scent of lemons has a calming effect on your nervous system!)

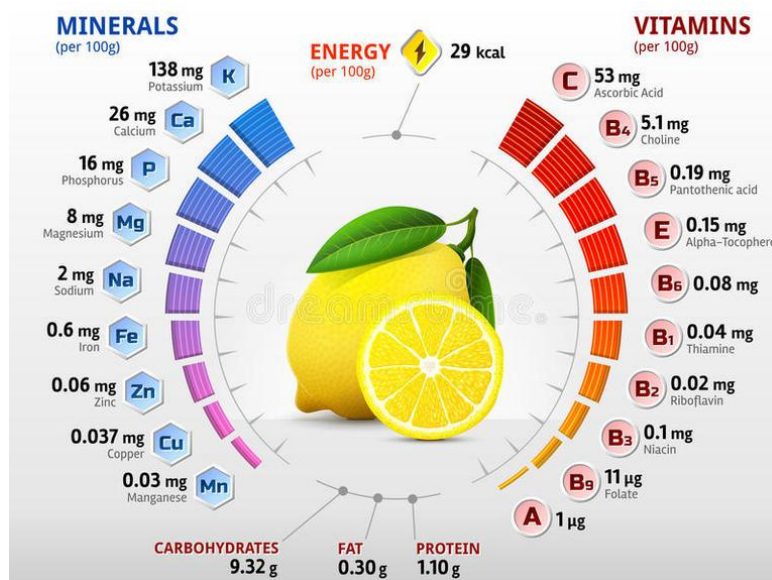
10. Help to cut out caffeine- Replacing your morning coffee with a cup of hot lemon water can really do wonders. You will feel refreshed and no longer have to deal with that pesky afternoon crash. Your nerves will be thankful too.

11. Help fight viral infections- Warm lemon water is the most effective way to diminish viral infections and their subsequent sore throats. Plus, with the lemon juice also boosting your immune system, you'll simultaneously fight off the infection completely.

How to drink lemon water for the best of health

- For those who weigh less than 150 pounds, squeeze half a lemon's worth of juice into a glass of water. If anyone weighs over 150 pounds, use an entire lemon's juice.
- Lukewarm lemon water is recommended. You can dilute the lemon juice more, depending on your personal taste.
- Drink it first thing in the morning and wait 15 to 30 minutes to have breakfast. This will help you fully receive the benefits of lemon water, which are listed above.
- Drinking lemon water is one of the most substantial yet simple changes you can make for your health.

I hope these little Bubbie Etsahs on lemon water has helped to enrich your body and your health today! Until next time!



Strawberry Pie

with a shortbread crust

By: Amanda Bishop

INGREDIENTS

- 1 pre-prepared shortbread pie crust
- 1-4pk vanilla snack pudding
- 1-8oz pk strawberry cream cheese softened
- 2 T strawberry syrup
- Fresh Strawberries

DIRECTIONS

Dump all the pudding, cream cheese, and strawberry syrup in a medium-sized mixing bowl. Beat together until smooth. Pour in pie crust. Slice the strawberries to place on top, then chill for at least 30 minutes before serving.



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Key Lime Pie

with Macadamia Nut Crust

With: Melissa Sundblom

INGREDIENTS

Graham Cracker Macadamia Nut Crust

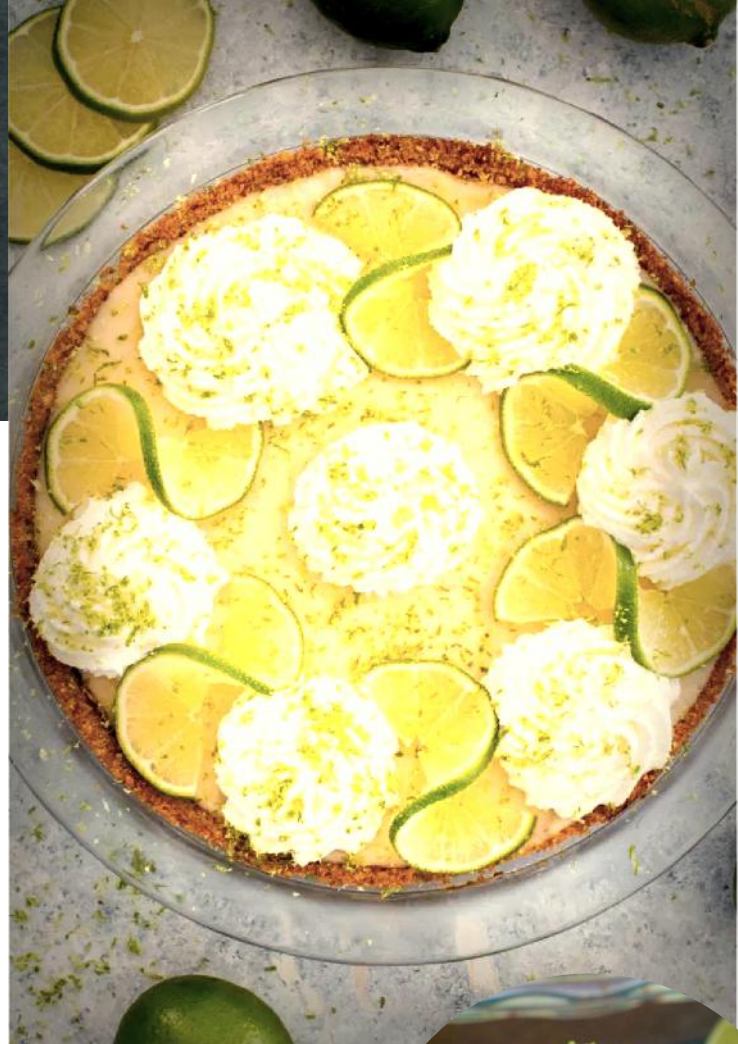
- 9 full sheet graham crackers
- ½ cup salted macadamia nuts
- 1 Tablespoon granulated sugar
- 5 Tablespoons unsalted butter, melted

Filling and Topping

- 28 ounces (two 14 ounce cans) Sweetened condensed milk
- 1 cup key lime juice (240 ml)
- 4 large egg yolks
- Garnish: lime zest, lime slices, macadamia nuts or whipped cream

DIRECTIONS

- 1- Preheat oven to 350 degrees F
- 2 - Make the crust: Using a food processor, pulse the graham crackers and macadamia nuts together into crumbs. A few larger pieces of nuts is OK! Pour into a medium bowl and stir in sugar and melted butter until combined. Press tightly into the bottom and up the sides of a 9-inch pie dish. Pre-bake crust for 8 minutes. Leave oven on.
- 3 - Make the filling: Whisk the sweetened condensed milk, lime juice, and egg yolks together- or use an electric mixer. Pour into warm crust.
- 4 - Bake the pie for 15-20 minutes or until only *slightly* jiggly in the center. You want it mostly set. Remove from the oven and allow to cool completely on a wire rack. Once cool, cover and chill for at least 1 hour (and up to 3 days) before serving.
- 5 - Garnish as desired. Store leftovers in the refrigerator for up to 1 week.



HUMAN TRAFFICKING AWARENESS & INFORMATION

INFORMATION FROM THE U.S. STATE DEPARTMENT



Everyone has the potential to discover a human trafficking situation. While the victims may sometimes be kept behind locked doors, they are often hidden right in front of us at, for example, construction sites, restaurants, elder care centers, nail salons, agricultural fields, and hotels. Traffickers' use of coercion – such as threats of deportation and harm to the victim or their family members – is so powerful that even if you reach out to victims, they may be too fearful to accept your help. Knowing indicators of human trafficking and some follow up questions will help you act on your gut feeling that something is wrong and report it.

Human Trafficking Indicators

While not an exhaustive list, these are some key red flags that could alert you to a potential trafficking situation that should be reported:

- Living with employer
- Poor living conditions
- Multiple people in cramped space
- Inability to speak to individual alone
- Answers appear to be scripted and rehearsed
- Employer is holding identity documents
- Signs of physical abuse
- Submissive or fearful
- Unpaid or paid very little
- Under 18 and in prostitution

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... rather let the cat out of the bag than a
... To conclude, he runs as long as he can,
... and then goes to earth, and his heir is in at his
... beath. But his heir does not stand in his
... shoes, for he never wore any thing but boots.
[Hood's comic Annual.]

Indian Eloquence. A writer in the New-York Mirror, gives this lament of an Indian Warrior of the Yamacsee tribe over the graves of his fathers and the recollections and affections of his youth. It is "the majesty of grief without

Where to Get Help

If you believe you have identified someone still in the trafficking situation, alert law enforcement immediately at the numbers provided below. It may be unsafe to attempt to rescue a trafficking victim. You have no way of knowing how the trafficker may react and retaliate against the victim and you. If, however, you identify a victim who has escaped the trafficking situation, there are a number of organizations to whom the victim could be referred for help with shelter, medical care, legal assistance, and other critical services. In this case, call the National Human Trafficking Hotline.

911 Emergency

We at ROC do realize that there are good police officers and bad police officers. We know that there are many amazing police officers that go above and beyond. For urgent situations, notify local law enforcement immediately by calling 911. You may also want to alert the National Human Trafficking Hotline described below so that they can ensure response by law enforcement officials knowledgeable about human trafficking.

1-888-373-7888 National Human Trafficking Hotline

Call the National Human Trafficking Hotline, a national 24-hour, toll-free, multilingual anti-trafficking hotline. Call 1-888-373-7888 to report a tip; connect with anti-trafficking services in your area; or request training and technical assistance, general information, or specific anti-trafficking resources. The Hotline is equipped to handle calls from all regions of the United States from a wide range of callers including, but not limited to: potential trafficking victims, community members, law enforcement, medical professionals, legal professionals, service providers, researchers, students, and policymakers.

ROC Assistance

IF you do not feel as if the situation is being addressed, you can email Report@RedeemOurChildren.org and we will further assist in working to help resolve any situations. While we do work with Rescue Teams and have active members of ROC working on the Frontlines to combat Human Trafficking Globally, our primary focus is the aftercare, healing, and restoration of people through Biblical precepts and Redemption so Survivors can live a life worth living!

Help Trafficking Survivors
Rescue, Redeem and Restore
by giving today... click here
www.RedeemOurChildren.org



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STAY HEALTHY
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STAY PRAYED UP

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