



CLOVERDALE SKATING CLUB

SUMMER SCHEDULE July 7-August 15th

Schedule (and All Off Ice is tentative) is Subject to Change

All Ice Sessions to take place at Surrey Sports and Leisure Centre

No Skating on Monday August 4th

Last Updated: April 22 2025

***Note for Bronze-HP Skaters: The Director of Skating may change your designated session on some days pending registration.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:45-8:30am Bronze A/STAR Academy Freeskate	2:45-3:30pm Bronze A Freeskate	7:45-8:30am Bronze A/STAR Academy Freeskate	3:00-3:45pm Bronze A Group	4:15-5:00pm HP Freeskate
8:30-9:15am Bronze B/C Freeskate	3:45-4:15pm Bronze A Dryland	8:40-8:55am Bronze A Jump	4:00-4:30 Bronze A Fitness/Stretch	5:00-5:45pm Gold A/B Freeskate
9:15-9:30am FLOOD	3:30-4:15pm	8:05-8:20am	3:45-4:30pm	5:45-6:30pm
9:30-9:45	Bronze B/Silver A Freeskate	Bronze B Jump	Bronze B/Silver A Group	Bronze A/B Freeskate
Silver A/B Group	4:25-4:55pm	8:30-9:15am	4:40-5:10pm	6:30-6:45pm FLOOD
9:45-10:30am	Bronze B/Silver A Dryland	Bronze B/C Freeskate	Bronze B/Silver A Fitness /Stretch	6:45-7:30pm
Silver A/B Freeskate	4:15-5:00pm	9:15-9:30am FLOOD	4:30-5:15pm	Silver A/B Freeskate
10:30-10:45	STAR Academy	9:05-9:20am	STAR Academy	7:30-8:15pm
Gold B/HP Group	5:55-5:45pm	Silver AB Jump	5:20-6:00pm	Junior STARSkate/Bronze C Group
10:45-11:30	STAR Academy Off Ice	9:30-9:45am	CanSkate	
Gold B/HP Freeskate	5:05-5:45pm	Silver A/B Group	5:25-5:55pm	
	CanSkate	9:45-10:30am	Pre-CanSkate	
	5:10-5:40pm	Silver A/B Freeskate	5:30-6:00pm	
	Pre-CanSkate	10:05-10:20am	Gold A/B Dryland	
	5:45-6:00pm FLOOD	Gold B/HP Jump	6:00-6:15pm FLOOD	
	6:00-6:45pm	10:30-10:45am	6:15-7:00pm	
	Silver B/Gold A Freeskate	Gold B/HP Group	Gold A/B Freeskate	
	7:00-7:45pm	10:45-11:30am	6:15-6:45pm	
	Silver B/Gold A Yoga	Gold B/HP Freeskate	Silver B Dryland	
	6:45-7:30pm		7:00-7:45pm	
	Gold B/HP Freeskate		Silver B Freeskate	
	7:45-8:30pm		6:45-7:15	
	Gold B/HP Yoga		HP Dryland	
	7:30-8:15pm		7:45-8:30pm	
	Junior STARSkate/Bronze C Group		HP Freeskate	
Off Ice Locations at SSLC	Tuesday 3:45-5:45pm (Large Hall) 7:00-8:30pm (MP 2)	Wednesdays Jump class - meet coach at Rink 2 by dressing room 8	Thursdays 4:00-5:15pm (MP 2) 6:30-8:00pm (MP 2)	
Friday August 8th - Alternative Schedule				
4:15-6:30pm SummerSkate Simulation				
6:30-6:45pm FLOOD				
6:45-7:30pm STAR 4+ Freeskate (Buy on)				
7:30-8:15pm- Junior STARSkate				