



CLOVERDALE SKATING CLUB

WINTER SCHEDULE January 8th - March 16th

All Ice Sessions to take place at CLOVERDDALE ARENA / Off Ice Sessions Listed Below

Last Updated: January 31, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:30 - 4:15pm Bronze FreeSkate	3:30 - 4:30pm Bronze Group	6:30am - 7:30am Silver/Gold Open	3:30 - 4:15pm STAR Academy	2:30 - 3:30pm Star 4+ Open	7:30 - 8:15am Bronze FreeSkate
4:30 - 5:00pm Bronze Dryland	4:45 - 5:15pm Bronze Dryland: Dance	7:30am - 8:15am STAR Academy & Jr. STARSkate FreeSkate	4:15 - 4:30pm Silver Skills / Dance	3:30 - 4:30pm Bronze Group	8:20 - 8:35am Bronze Jump
4:15 - 5:00pm Star Academy	4:30-5:30 Silver/Gold Group		4:30 - 5:15pm Silver FreeSkate	4:45 - 5:15pm Bronze Dryland	7:50 - 8:05am Silver Jump
5:15 - 5:45pm STAR Academy Dryland	5:45-6:15pm Silver/Gold Dryland: Dance		5:30 - 6:00pm Silver Dryland: Yoga		8:15 - 9:00am Silver FreeSkate
5:05 - 5:45pm CanSkate (PreCan 5:10 - 5:40pm)	5:30 - 6:15pm Jr. STARSkate		5:15 - 5:30pm Gold Skills / Dance		9:00 - 9:15am Silver/Gold Group
5:45 - 6:00pm FLOOD			5:30 - 6:15pm Gold FreeSkate		8:35 - 8:50am Gold Jump
5:15 - 5:45pm Silver Dryland			6:30 - 7:00pm Gold Dryland: Yoga		9:00 - 9:15am Silver/Gold Group
6:00 - 6:45pm Silver FreeSkate					9:15 - 10:00am Gold FreeSkate
6:00 - 6:30pm Gold Dryland					10:00 - 10:15am FLOOD
6:45 - 7:30pm Gold FreeSkate					10:20 - 11:00am CanSkate (PreCan 10:25-10:55am)
					11:05 - 11:45am CanSkate (PreCan 11:10 - 11:40am)
					11:45am - 12:30pm Jr. STARSkate

Dryland Training Off Ice Class Locations:

Monday Bronze/Silver/Gold	Shannon Hall
Monday STAR Academy	Cloverdale Rec Centre (CRC) MP Room 204/205
Tuesday Bronze	CRC MP Room 203
Tuesday Silver/Gold	CRC MP Room 203
Thursday Silver	CRC MP Room 204
Thursday Gold	CRC MP Room 204
Friday Bronze	CRC MP Room 204/205
Saturday Bronze/Silver/Gold	Cloverdale Arena Lobby

Important Dates:

BC Coast Region Championships Simulation January 25th:
-No Silver or Gold Session

Family Day February 19th:
-No Skating