

WORKSHOP A-CAREGIVER WRITING-CONCORD

WORKSHOP B-CREATING CALM IN CHAOS: SIMPLE SUSTAINABLE SELF CARE-WEBSTER

WORKSHOP C-SOCIAL ASSISTIVE ROBOT FOR CAREGIVERS OF INDIVIDUALS WITH ALZHEIMER'S AND DEMENTIA-PIERCE

WORKSHOP D & H -HEALING RHYTHYMS & SONGS: WEST AFRICAN STYLING DRUMMING-PREFUNCTION AREA

WORKSHOP E-CANDLE LIGHT GUIDED MEDIATION AND RELAXATION - CONCORD

WORKSHOP F-LIVING YOUR STORY-A PERSON CENTERED APPROACH TO LIFE PLANNING!-PIERCE

WORKSHOP G-CARING FOR YOURSELF: WHAT DOES THAT MEAN AND HOW CAN IT BE DONE? - WEBSTER

