

The State of New Hampshire
By His Excellency
Christopher T. Sununu, Governor

A Proclamation

In the year of our Lord Two Thousand and Twenty-Three

FAMILY CAREGIVER MONTH
NOVEMBER 2023

WHEREAS, the State of New Hampshire recognizes that informal caregiving by family members and friends is essential for children, adults, and older adults who have disabilities, fragile medical conditions, and behavioral or mental health conditions, and adults with Alzheimer's disease and related disorders to remain in the community; and

WHEREAS, in New Hampshire, over 170,000 citizens provide informal care to another person, and nationally nearly one in four households are involved in caregiving; and

WHEREAS, nationally 53 million caregivers make up our informal social services system and 85% of long term care is provided by unpaid family caregivers. Informal family caregivers provide the greatest share of long-term care for these individuals; and

WHEREAS, among those counted as informal family caregivers, there is a growing number of grandparents who have taken on the responsibility of raising their grandchildren due to difficult parental circumstances or the parents being unavailable, with an estimated 2.7 million grandparent and kinship caregivers nationally; and

WHEREAS, family caregivers also provide crucial supports to our Nation's veterans by supporting their ability to stay in the homes and communities that they defended, surrounded by the loved ones they fought for; and

WHEREAS, while caregiving for a loved one is an important and rewarding role, it can also be difficult as many informal caregivers are forced to miss days of work, or quit their jobs in order to care for their loved ones, adding intense stress to their household, and often sacrificing their own health and finances; and

WHEREAS, it is important to acknowledge and honor the love, dedication, and sacrifice of family members and informal caregivers across the State;

NOW, THEREFORE, I, CHRISTOPHER T. SUNUNU, GOVERNOR of the State of New Hampshire, do hereby proclaim **NOVEMBER 2023** as **FAMILY CAREGIVER MONTH** in the State of New Hampshire, and call this to the attention of all citizens.



IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Seal of the State of New Hampshire to be affixed this 27th day of October, 2023.

Christopher T. Sununu
Governor