

JANUARY 2022



MESSIAS TEMPLE CHURCH

Bishop Harry S. Grayson, Pastor

21 Day CONSECRATION

January 10-30

A Time For Prayer, Fasting, &
Reading God's Word.

Reignite

the Fire Within

Official Guidebook

www.messias temple.org

January 2022 (21 Day Consecration Schedule)

The 21-Day Consecration is designed to help us grow in our relationship with God and become complete in body, mind, soul, and spirit. It's often said that it takes 21 days to change a habit, so this is not just about prayer and Bible study. It includes a partial fast, daily prayer, scripture readings and exercise. "Partial" fast means that we will eliminate some common things from our daily diet, but will provide options. **If you have any known medical conditions or think you have a medical condition, consult your doctor before beginning the fast.* Lastly, try to commit to attending all worship services and bible classes either on-site or virtually. Take notes on your personal reflection throughout this journey.

Special Services

COMMUNION | Sunday, January 9th @ 10:30am (EST)

Guest Speaker-Bishop Willie Thornton

Online viewers "Holy Sacraments" pick-up dates.

- ♦ Thursday, January 6th – 1:30pm – 2:30pm
- ♦ Saturday, January 8th – 12:00noon – 1:30pm

REVIVAL | Friday – Sunday, January 14th – 16th

Guest Speaker-Bishop George Dawson

Friday @ 7:00pm (EST) **On-site & Online**

Saturday @ 11:00am (EST) ****MEN ONLY SESSION**** **On-site Only**

Sunday @ 10:30am (EST) **On-site & Online**

Sunday @ 6:00pm (EST) ****Youth and Young Adult Session**** **Online Only**

Prayer:

(10-15 minutes of meditation and prayer each day)

Online Corporate Prayer

Schedule: Tuesday @ 7:00pm (VIA Zoom ID: 815 2637 9739 Passcode: 48197)

Friday @ 11:00am (VIA zoom ID 266 530 026)

WEEKLY PRAYER FOCUS

Week 1: (Jan. 10-16)

Praying for:

Revival in the church.(Reignite the Fire)

Bishop and Leadership.

Souls to be saved, Good Health and Healing

Your personal growth in God

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Week 2: (Jan. 17-23)

Praying for:

Spiritual growth in families .
Healing in our natural and spiritual bodies.
Bereaved families.
Souls to be saved.
Depression and anxiety

Week 3: (Jan. 24-30)

Praying for

International Missions.
Our church family needs.
Souls to be saved.
Youth and Young Adults
School Children and Youth
Winning the Battlefield of your mind.

Fasting:

Food: (Choose One)

Option 1 | Every Tuesday & Thursday ***Absolute*** (Midnight to 4pm)

Option 2 | Monday- Friday - ***Modified Danial Fast***.

No Fast Food
No red meat
No fried foods
No sweets
No pop (water, coffee, tea, 100% fruit juice only)

Social Media / TV

Limit for work, news, or spiritual programs.

Scripture Reading

20 minutes of bible reading each day Focus Scripture below

Week 1 (Focus scriptures to read)

Fasting & MEDITATION

- Matthew 6:16-18
- Matthew 4:1-11
- Esther 4:12-17; 8:3-8
- Daniel 1:1-21
- Luke 2:36-38
- Psalm 1:1-6
- Psalm 19:1-14
- Isaiah 26:3-9
- Joshua 1:1-9
- Psalm 119: 1-16

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Week 2 (Focus scriptures to read)

Prayer

- Luke 18:1-14
- Matthew 6:1-18
- James 5:13-24
- 1 Thessalonians 5:12-24
- Ephesians 6:10-20

Week 3 (Focus scriptures to read)

Gratitude

Philippians 4:1-13
Colossians 3:1-17
Luke 17:11-19
2 Corinthians 9:6-15
Daniel 6:1-28

Refocusing Our finances:

- Save a dollar a day
- Seed it in the Word
- Sow it towards financial freedom on the 21st day of the fast

EXERCISE

Exercise is an important part of a healthy lifestyle. It offers many health benefits – helps to control weight, lowers blood pressure, combats many health conditions and diseases, improves mood, boosts energy and more!

HOW OFTEN TO EXERCISE: Exercise at least 3 times per week, for at least 30 minutes. You don't have to do the full 30 minutes all at once; you can break it up throughout your day. Remember to drink at least five (5) 8 oz. glasses of water every day!

NOW LET'S COMMIT:

What Day(s) are you Fasting this Week? _____

What type of Fast? _____

What time frames will your Fast? ____: ____ AM to ____: ____ PM

What is your need/desired outcome from fasting and this Consecration? _____

_____.

Do you have a Prayer Partner to Fast with you? Y/N

Where in the Bible do you plan to read to accompany your Fast?

_____.

What are your Personal Prayer Targets you will pray for during your Fast time?

_____.