Abigail Hale Horses

Introduction to Liberty



***Building a stronger relationship and connection with your horse***

Clinic Outline

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| **Time** | **Activity** | **Outcomes** |
| 10:00-10:30 | Liberty Demo with BLM Mustang Pippa’s Promise | Abby will perform a liberty demonstration with Pippa, then take some time to explain some basic philosophies behind her methods and liberty training |
| 10:30-11:00 | Breakdown of first two exercises with demo horse1. Draw
2. Drive
 | Abby will use a participant’s horse to discuss the first two of five foundational exercises used to begin liberty training |
| 11:00-11:15 | Participants go get horses and bring to arena to begin hands on learning*Tools: Halter, leadrope and one dressage or carriage length whip* |  |
| 11:15-12:30 | Group Instruction with participant’s horses working on draw and drive exercises |  |
| 12:30-1:00 | LUNCH |  |
| 1:00-1:30 | Breakdown of exercises 3-5 with demo horse1. Partial Hindquarter Yield
2. Drawback Circles
3. Putting it all together- Liberty Circle
 | Abby will use a participant’s horse to discuss the next three foundational exercises used to begin liberty training |
| 1:35-1:45 | Participants go get horses and bring to arena to begin hands on learning*Tools: Halter, leadrope and TWO whips, one of which should be dressage length and the second carriage length* |  |
| 1:45-2:15 | Participants will work on exercise three, partial hindquarter yield with their horses | Abby will teach the group and then go around and give some 1:1 instruction |
| 2:15-2:45 | Participants will work on exercise four, drawback circles with their horses | Abby will teach the group and then go around and give some 1:1 instruction |
| 2:45-3:00 | Water Break  |  |
| 3:00-3:30 | Participants will work on putting it all together- liberty circles! | Abby will teach the group and then go around and give some 1:1 instruction |
| 3:30-4:00 | Time alloted for questions and extra help |  |

TOOLS NEEDED:

* Halter (rope halter preferred)
* Lead rope 10-20 ft in length
* Dressage length Whip
* Carriage length Whip