

BC Relays March 13-14, 2026
FINAL TIME SCHEDULE

Friday/Saturday

Heptathlon and Decathlon start TBA

FIELD EVENTS

10:00 HAMMER (W) followed by shot, javelin, discus
10:00 DISCUS (M) followed by hammer, shot, javelin
11:00-2:00 LONG JUMP M&W OPEN PIT
11:00 POLE VAULT (W) men to follow
11:30 HIGH JUMP (W) men to follow
2:30-4:00 TRIPLE JUMP M&W OPEN PIT

TRACK EVENTS

11:30 Steeple (W)
11:45 Steeple (M)
12:00 4 X 100 (W)
12:10 4 X 100 (M)
12:20 1500 (W)
12:35 1500 (M)
12:55 100 HURDLES (W)
1:05 110 HURDLES (M)
1:15 400 (W)
1:25 400 (M)
1:45 100 (W)
2:00 100 (M)
2:30 800 (W)
2:50 800 (M)
3:15 400 HURDLES (W)
3:25 400 HURDLES (M)
3:35 200 (W)
3:50 200 (M)
4:20 5000 (W)
4:50 5000(M)
5:20 4 X 400 (W)
5:30 4 X 400 (M)