



Rise

Renewal Youth Collective

Empowerment, rejuvenation, growth, and communal support at Chichester Boys' Club

Nurturing minds and growing hearts



**Therapeutic well-being dinner**

**Homework support**

**Youth Club**

Every Thursday during term time 3.30pm – 6.30pm. Creating a safe space for shared meals and discussions to promote emotional well-being

Childcare qualified practitioners specialising in trauma informed and attachment theory care

Lifting up through supportive care and empowerment

Calm and peaceful environment for homework and “family” style evening meal

Collective journey towards thriving and fostering connections within the youth community



Meals will be prepared and cooked using produce from UK Harvest – with special thanks

Trained staff with support from volunteers from the local community

For more information or to book a place

Chichester Boys' Club, 34A Little London, Chichester, PO19 1PL

[Chichesterboysclub@outlook.com](mailto:Chichesterboysclub@outlook.com)