

# Sabina Speaks

Suicide Prevention

## Certified Trainer | Keynote Speaker Workshops | Retreats

Sabina Zunguze is a dedicated professional in the behavioral health field with over 20 years of experience at the international, national, and local levels. Her life took an unexpected turn in 2017 when she tragically lost her daughter to suicide. This personal tragedy has fueled Sabina's unwavering commitment to preventing suicide and focusing on mental well-being for all.



### IN PERSON OR ONLINE TRAINING & WORKSHOPS

As a **certified suicide prevention professional**, Sabina teaches people across a variety of businesses and organizations to identify individuals who are struggling with mental health issues and help these individuals get the services they need. Create a healthy and supportive work environment, improve employee well-being, job satisfaction and productivity with services that include:

- › Keynote Addresses
- › Leadership Training
- › Employee Onboarding
- › Workshops and Training
- › Stress Management Techniques
- › Retreats
- › Suicide Prevention Consulting (Businesses & Schools)

### KNOW THE SIGNS. SAVE A LIFE.



#### LINKS & RESOURCES

- › The Tatissa Zunguze Foundation for Suicide Prevention and Social Justice  
[TheTatissaFoundation.org](http://TheTatissaFoundation.org)

#### LISTEN

- › [The-Healthability-Project.Castos.com/Episodes/A-Mother-Becomes-a-Suicide-Survivor](https://www.The-Healthability-Project.Castos.com/Episodes/A-Mother-Becomes-a-Suicide-Survivor)

#### CONNECT

- ›  /sabinaspeaks1
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### BOOK SABINA TODAY

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#### CERTIFICATIONS & MEMBERSHIPS INCLUDE

