

# CONTACT

540-302-8469



breefrac@gmail.com

# EDUCATION

Master of Social Work

Radford University 2001-2002

**Bachelor of Social Work** 

Radford University 1996-2000

## SKILLS

LEADERSHIP

Program Development

Strategic Thinking

Leadership

**Team Oriented** 

Change Management

**Problem Solving** 

**Effective Communication** 

Creativity and Innovation

Planning and Delivery

Collaboration

Workplace Culture

# BREYON FRACTION

CONSULTANT | STRATEGIST | COUNSELOR

# **PROFILE**

At the intersection of behavioral health and organizational consulting, including workplace culture development, policy and program planning, and behavioral health advisory.

## **EXPERIENCE**

#### DIRECTOR

#### Youth Advocate Programs | 2021-Present

- Program Development and Management
- · Employee Onboarding
- · Staff Development and Training
- · Administrative and Reporting Oversight and Management
- Fiscal and Budgeting Management and Forecasting
- · Community Engagement, Public Relations, and Development
- Oversee the Strategic Planning and Direction
- Workplace Culture and Performance

## MANAGING DIRECTOR | CONSULTANT

# Fraction Innovations Group | 2019-Present

- Behavioral Health and Organizational Consulting
- Workplace Culture Development
- Policy and Program Development
- Culture Transformation & Inclusive Workplaces
- Leadership Development and Employee Engagement
- Conflict Resolution and Crisis Intervention
- Workplace Communication and Feedback
- Child and Family Service Consultation
- Community Development

# SKILLS

#### COUNSELING

Program Development

Individual Counseling

Family Counseling

Adolescent and Children

Motivational Interviewing

Cognitive-Behavioral

Dialectical Behavioral Therapy

Juvenile and Adult Corrections

**Group Counseling** 

Case Coordination/Management

Substance Abuse Services

# CERTIFICATIONS, LICENSES, ACTIVITIES

- Licensed Mental Health
  Professional- Resident
- Certified Healing Centered
  Engagement Practitioner
- Professional Dialogue
  Practitioner
- Partnership for Community
  Wellness- Board of Directors
- Spot on Kirk- Board of Directors
- Roanoke Valley Collective
  Response
- Smithfield-Preston
  Foundation- Board of Directors

# BREYON FRACTION

CONSULTANT | STRATEGIST | COUNSELOR

# CONSULTANT | CLINICIAN

#### Virginia Department of Corrections | 2011-2021

- Communication and Client Engagement
- Workplace Culture Development
- Behavioral Health Policy and Practices
- Strategic Planning and Evidence-Based Practices
- Community and Stakeholder Engagement
- Employee Dialogues and Leadership Development
- Individual, Family, and Group Counseling
- Psychoeducational Groups
- Probation and Parole Services

## THERAPIST | PROGRAM COORDINATOR

# Blue Ridge Behavioral Healthcare | 2005-2011

- Individual and Family Counseling
- Program Development and Management
- · Consultation, Supervision, and Coaching
- Mental Health and Substance Abuse Services
- Learning and Development
- Financial Management and Recording
- Juvenile Detention and School Services
- In-Home, Outpatient, Group, and Substance Abuse Services

# **THERAPIST**

# Family Preservation | 2003 - 2005

- · Individual and Family Counseling
- Mental Health and Substance Abuse Services
- Learning and Development
- Community Engagement
- Referrals and Recommendations