

Class Schedule Fulcrum Brazilian Jiu-Jitsu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday AM
		4:15–5:00 Little Lions Ages 6–8			10AM–11AM Mixed Lions Family Class All ages
	5:00–6:00 Mixed Lions All ages		5:00–6:00 Mixed Lions All ages		
5:15–6:15 Mixed Lions All ages		5:15–6:15 Family Class Ages 9+			
	6:00–6:30 Advanced Kids Ages 10+				
					 <p>current as of 03.01.20</p>

Legend



Family Class - Parents can train with their kids if they purchase a studio uniform & patches.

Notes

No classes on Friday & Sunday
All classes are with the gi (uniform)

Contact info

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