

CHALFONTS AND GERRARDS CROSS BUCKINGHAMSHIRE COMMUNITY WELLBEING HUB NEWSLETTER

BUCKINGHAMSHIRE
COMMUNITY WELLBEING HUB

Awarded Place of the Year at the 2025
Excellence in Health Creation Awards!

WELCOME

We are pleased to announce that Chalfonts and Gerrards Cross Buckinghamshire Community Wellbeing Hub is now open. The hub recently welcomed professionals and partnership organisations to its first open morning, giving individuals the opportunity to network, explore the space and facilities available and take part in a co-creation exercise which allowed reflection on the hubs missions and purpose.

The open morning was a great success and marked an important milestone in creating an inclusive and welcoming place for individuals across Buckinghamshire to access health and wellbeing support, activities and resources.

Feedback from the event highlighted the hub as being:

"NICE, OPEN SPACE"

"WELCOMING"

**"EXCEEDED MY
EXPECTATIONS"**

**"GREAT VALUE - EXACTLY WHAT THE
COMMUNITY NEEDS"**

**"PEACEFUL AND WARM PLACE
TO GATHER"**

EVENTS HELD SINCE THE HUB OPENED

February:

The first event hosted at the hub was delivered by adult social care who ran a **'preparing for future care' session**. The overall aim of the session was to encourage individuals to work together to co produce a transparent, accessible support model including information and guidance, that makes it easier for people to get the right help when accessing adult social care for the first time. By the end of the session individuals had an understanding of; community based options that provide local & affordable care, straightforward financial advice pathways and support surrounding how to live independently for longer.

March:

Chalfonts and Gerrards Cross Buckinghamshire Community Wellbeing Hub are delighted to introduce **'Meet Up Mondays'**; a series of professional connection and collaboration sessions. These informal sessions provide a welcoming space to connect, share insights, explore new opportunities for collaboration and strengthen relationships. Please feel free to bring promotional material to showcase your services.

'MEET UP MONDAYS'

1-3PM

13TH APRIL

11TH MAY

8TH JUNE

ALL ENQUIRIES:

EVENTS@BUCKSCOMMUNITYHUB.COM

BUCKINGHAMSHIRE
COMMUNITY WELLBEING HUB
CHALFONTS & GERRARDS CROSS HOSPITAL

MEET UP MONDAYS

Awarded Place of the Year at the 2025
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Connection & Collaboration Sessions
1-3pm

2nd March
13th April
11th May
8th June

Strengthen relationships with our valued professional partners.
The informal sessions will offer a welcoming space to connect, exchange
insights, and explore new opportunities for collaboration. Please feel free
to bring promotional material to showcase your services.

To participate please email: events@buckscommunityhub.com

"Integrating Care, Nurturing Wellbeing & Empowering Futures"

07831406268
events@buckscommunityhub.com

Chalfonts & Gerrards Cross
Hospital,
Hampden Road,
Chalfont St Peter.

Bluebird Care ran a nail care taster session which enabled individuals to experience a complimentary 30 minute treatment from a nail care specialist. The session supported individuals who may struggle to bend or safely maintain their own nail care. The event saw many local residents enjoy: nail clipping and filing, cuticle care, callus treatment, polish application and removal, touch therapy massage & skin integrity.

The hub wrapped up the month of March by running a drop in **online directory support session**.

Are you signed up to Joy?– Joy is the software for delivering preventative care at scale, covering over 22 million patients across the UK. The aim is to make it easy for patients and residents to be connected, or to connect themselves, into local support that will improve their long term health and wellbeing.

Through the use of Joy Marketplace individuals can discover events, groups and activities with the overall purpose of connecting people to life-changing services. The aim of the session was to provide hands on support, helping individuals gain confidence and a clear understanding of Joy and its many benefits. The event was valuable and has supported many individuals in staying connected to events, groups and activities within their local community.

To access Joy Marketplace please scan the QR Code –



UPCOMING EVENTS

April:

Visiting Angels will be delivering an informative **scam awareness talk**, hosted at the hub, designed to help attendees recognise, prevent, and respond to common scams.

SCAM AWARENESS TALK

TUESDAY 14TH APRIL

11AM – 12PM

BOOKINGS ARE BEING MANAGED BY **VISITING ANGELS** – PLEASE CALL OR TEXT **07540 240485** TO RESERVE YOUR PLACE AT THE EVENT.

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OUR FACILITIES & RECENT SNAPS!



IN CASE YOU MISSED IT:

If you have any enquiries about the hub or would like to book the space and facilities on offer, please get in touch by emailing:

events@buckscommunityhub.com

DUE TO DEMAND, WE AIM TO RESPOND WITHIN 3-5 WORKING DAYS

If you have visited the hub, we would love to hear from you. Your feedback helps us improve and shape the experience for everyone who attends.



To provide feedback please scan the QR Code attached.

Lastly, the Chalfonts & Gerrards Cross BCW Hub team would like to say a massive thank you to Friends of Chalfonts and Gerrards Cross Community Hospital for their continued support and dedication to the hub.

