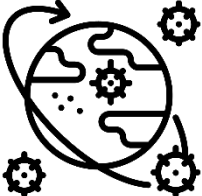





## COVID – 19 POLICY

### About this Document

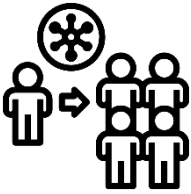
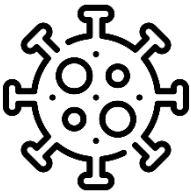


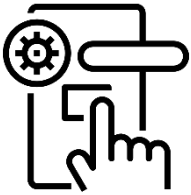
	<p>Covid – 19 (also known as Coronavirus) has spread quickly around the world.</p>
	<p>When Illness spreads around the world and affects many people, it is called a <b>pandemic</b></p>
	<p>This document will help you understand COVID- 19 and how we will help you during this COVIS -19 pandemic</p>
	<p>This document should be read together with the <u>Infection Control easy to read document</u></p>

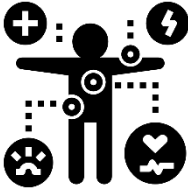
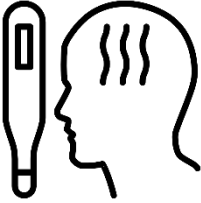



### What is Covid -19?






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Updated: 30/11/2022 Version: 1 Review Date: November 2023



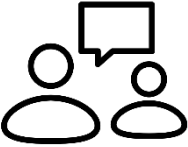
## What are the signs of Covid -19



	<p>A virus is an illness that spread quickly from one person to another</p>
	<p>Covid -19 is a virus that can spread</p>
	<p>By touching people that have Covid - 19</p>
	<p>When people with Covid -19 Cough or sneeze</p>
	<p>By touching any objects that have the COVIS – 19 virus on them.</p>

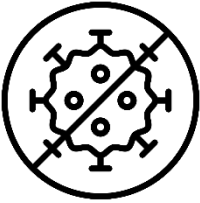




	<p>The most common signs of Covid -19 are:</p>
	<p>A fever</p>
	<p>A Dry cough</p>
	<p>Tiredness</p>
	<p>Feeling hard to breath</p>

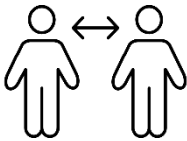


	<p>A person with Covid-19 might have other less common signs. Some less common signs of Covid-19 are:</p>
	<p>Pain in any part of their body</p>
	<p>Sore throat</p>
	<p>Loss of taste and/ or smell</p>
	<p>Rashes</p>

## What can you do to stop the spread of Covid -19


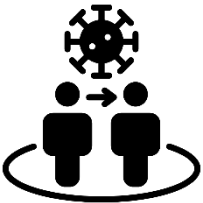
	<p>Signs of Covid-19 might feel a lot like a cold or a flu.</p>
	<p>The only way to know for sure if you have Covid-19 or not is to do a test.</p>
	<p>If you think you might have Covid-19 please let us know.</p>

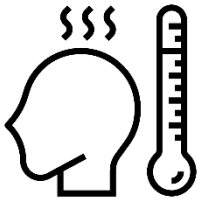



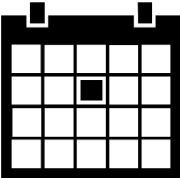

	<p>We will help you lower the risk of catching Covid-19</p>
	<p>We will have infection control measures in place at all times (Please read your <i>Infection Control easily read</i> for more information)</p>

	<p>You can help stop the spread of Covid-19 by:</p>
	<p>Cleaning your hands often with soap and water or hand sanitiser</p>
	<p>Covering your mouth with a tissue when you cough or sneeze (for more information see the section on cough etiquette in the Infection Control easy to read)</p>
	<p>Not touching your face</p>
	<p>Staying home if you feel sick</p>

	<p>Staying 1.5 apart from people around you, this is called <b>Social Distancing</b></p>
	<p>You and your workers might be required to wear a mask</p>
	<p>If you feel uncomfortable with wearing a mask please let us know. We are hear to help.</p>

### Covid -19 tests

	<p>You might need to get a Covid-19 test if:</p>
	<p>You were in the same place as someone with Covid-19</p>

	<p>You have some signs of Covid-19</p>
	<p>You were close to someone that has or might have Covid-19</p>
	<p>The test will be done by a health profession (e.g doctor)</p>
	<p>The health professional will put a small white rod into your nose or that, then, they will quickly pull it out again</p>
	<p>In one or two days, we will get the test results</p>
	<p>The test results will show if you have Covid – 19 or not</p>



