

Fox Trot Winners 1978-2025

10-Mile Race

Year	Male Winner	Time	Female Winner	Time
1978	Jim Macnider, Roselle	51:02.7*	Kim Fredette, Tinley Park	Unknown
1979	Jim Macnider, Roselle	51:38.9*	Gillian File, New Zealand	1:00:58.5
1980	Jim Macnider, Roselle	50:34.8	Ellen O'Malley, Hinsdale	1:02:55.9
1981	Jim Macnider, Roselle	52:31.8	Marcy Demnan, Clinton, WI	1:09:29.3
1982	Michael Axinn, Chicago	51:15.8	Deborah Jacobs, Evanston	1:07:02.3
1983	Michael Cook, Schaumburg	50:24.4**	B.J. Hall, Wonder Lake	1:02:02.6
1984	Jeff Hill, Glen Ellyn	51:44.3	Janeth Salazaar, Schaumburg	1:02:15.7
1985	Jukka Kalio, Des Plaines	52:13.8	Janeth Salazaar, Hoffman E.	59:57.2
1986	Hal Carlson, Aurora	52:48.5	Jane Murphy, River Forest	1:02:01.8
1987	Tom Antczak, Rockford	52:28.7	Carolyn Smith, Rockford	59:37.8
1988	Bruce Tracy, Rockford	53:38.6	Carolyn Smith, Rockford	1:03:16.4
1989	Noel Hallinan, Wilmette	52:32.2	Valerie Golbus, Northbrook	1:01:29.2
1990	Dan Martin, Glen Ellyn	52:24.9	Ann Schaefer, Chicago	1:00:22.3
1991	Dan Martin, Glen Ellyn	52:49.6	Jane Murphy, Chicago	1:00:21.6
1992	Richard Staback, Schaumburg	53:05.4	Janeth Salazar-Ohst, Wood Dale	1:02:03.8
1993	Dan Skarda, Libertyville	53:02.7	Annette Scott, Naperville	1:03:24.1
1994	Derek Olenek, Glendale Hts.	52:20.4	Ann Schaefer, Schaumburg	1:02:38.1
1995	Derek Olenek, Glendale Hts.	51:39.9	Janeth Salazar-Ohst, Wood Dale	1:00:25.0
1996	Derek Olenek, Bartlett	52:31.6	Corinne Hlavka, Racine, WI	1:03:07.1
1997	Derek Olenek, Bartlett	52:37.3	Michelle Ralph, Gurnee	1:04:51.6
1998	Derek Olenek, Bartlett	51:53.6	Christine Gale, Glenview	1:02:49.5
1999	Derek Olenek, Bartlett	52:43.3	Michelle Manzo-Slavievo, Alsip	1:00:07.2
2000	Mike Kairis, Berwyn	54:19.6	Michelle Ralph, Gurnee	1:03:57.1
2001	Mike Szasz, Northbrook	53:19.7	Ann Schaefer-Coles, Algonquin	59:53.1
2002	Mike Szasz, Northbrook	55:55.0	Gloria Iverson, Palos Hills	59:48.2
2003	Tom Bellos, Joliet	54:02	Jenny Spangler, Gurnee	58:04**
2004	Fermin Nunez, Elgin	55:39	Tracey Vondra, Lake Villa	1:07:12
2005	Charlie Kern, Elmhurst	52:07	Gloria Iverson, Lincolnwood	1:01:28
2006	Dave Lyons, Glen Ellyn	54:30	Gloris Iverson, Lincolnwood	1:03:44
2007	Joe Parks, Crystal Lake	53:14	Jenny Spangler, Gurnee	59:56
2008	Dave Wilson, Brookfield	55:59	Alona Banai, Oak Park	1:03:20
2009	Mark Riggs, West Dundee	54:07	Amanda Domich, Dundee	1:04:54
2010	Matt Blume, Chicago	55:13	Meg Thorsen, Park Ridge	1:11:10
2011	Nick Hird, Naperville	53:03	Amanda Hooper, LITH	1:04:07
2012	Thomas Frazier, Lake Forest	52:54	Alyson Fosnot, Villa Park	1:04:42
2013	Ryan Guiliano, Cary	54:06	Alyson Fosnot, Villa Park	1:04:21
2014	Emisael Favela, Berwyn	53:59	Laura Batterink, Evanston	59:11
2015	Ryan Guiliano, Oakwood Hills	53:33	Kelly Giardino, Dundee	1:12:35
2016	No 10-Mile Race			

2017	Pol Nabben, South Elgin	57:14	Gloria Romero, Chicago	1:12:21
2018	Leonardo Tovar-Tovar, Elgin	57:23	Marisa Monbrod, Crystal Lake	1:15:59
2019	Matthew Blume, Chicago	53:13	Gloria Romero, Chicago	1:13:25
2020#	Jeffrey Klemm, Hampshire	1:02:22	Carrie Schneider, South Elgin	1:20:04
2021	Kevin Havel, Elmhurst	51:12	Becky Havel, Elmhurst	1:11:01
2022	Alexander Garcia, Elgin	1:02:14	Ashley Adelmeyer, Chicago	1:10:40
2023##	Matthew Blume	49:33	Magaly Gomez, Lee Summit, MO	1:03:40
2024	Matthew Blume	53:19	Magaly Gomez, Lee Summit, MO	1:07:18
2025	Mathhew Blume	54:47	Irma Jimenez, Elgin	1:04:47

5K Race (began 1995)

1995	Jay Jackson, Woodstock	14:53.0**	Karen Harrissey, Evanston	19:23.4
1996	Brian Miller, Rockford	17:15.2	Rebecca Johnson, Glen Ellyn	20:06.1
1997	Wert Goldenstein, Elgin	16:14.8	Christina Nieto, Elgin	19:31.0
1998	Jeremy Ruston, Bartlett	16:30.7	Laura Witek-Jones, Marengo	18:04.2
1999	Jeremy Ruston, Huntley	17:04.1	Heather Clark, Carpentersville	20:28.1
2000	John Powers, Streamwood	16:33.9	Peggy Pate, DeKalb	19:44.5
2001	Shawn Lucas, Elgin	16:08.2	Elizabeth Tewolde, Elgin	19:43.4
2002	Josh Ruston, Deerfield	16:12.2	Nancy Nieto, South Elgin	19:11.6
2003	Josh Ruston, Deerfield	16:12	Paulina Garcia, Streamwood	19:06
2004	Shawn Lucas, Elgin	16:15	Kristina Aubert, Crystal Lake	19:15
2005	Ryan Guiliano, Schaumburg	15:28	Kristina Aubert, Crystal Lake	19:32
2006	Kevin Renicker, Naperville	16:26	Kristina Aubert, Crystal Lake	18:41
2007	Tim Henry, Wheaton	16:14	Alicia Czatka, DeKalb	18:17
2008	Aaron Etienne, Elburn	16:04	Katherine Adams, Marengo	18:55
2009	Jeremy Ruston, Huntley	16:10	Brooke Wolfe, Mt. Prospect	18:44
2010	Adam Zucco, Sarasota, IL	17:32	Brooke Wolfe, Mt. Prospect	18:56
2011	Kyle Brady, Streamwood	15:29	Lydia Wong, Chicago	19:04
2012	Shawn Lucas, Elgin	16:05	Kathryn Hague, Chicago	17:47
2013	Willie Kaul, Elmhurst	15:28	Kathryn Hague, Chicago	18:02
2014	Andrew Nelson, Geneva	15:40	Audrey Ernst, South Elgin	18:49
2015	Jordan Kremer, Naperville	15:57	Meaghan Ciochon, Elgin	19:03
2016	Braxton Schuldt, Sterling	17:57	Kasey Moreno, Elgin	19:32
2017	Emmanuel Lopez, Elgin	17:32	Jenna Buchanan, Bartlett	20:34
2018	Jeremy Ruston, Dundee	16:59	Jenna Buchanan, Bartlett	19:43
2019	Scott Speare, Huntley	18:24	Jenna Buchanan, Bartlett	20:20
2020#	Scott Speare, Huntley	17:54	Julie Schultz, Elgin	18:20
2021	Tommy Nitz, Lake in the Hills	17:17	Britney Whitehead, Chicago	17:12**
2022	David Gonzalez, South Elgin	17:36	Heather Durant, Elgin	18:39
2023	Cole Tupper, Elgin	17:18	Heather Durant, Elgin	18:34
2024	Cole Tupper, Elgin	17:02	Heather Durant, Elgin	18:32
2025	Cole Tupper, Elgin	16:33	Caitlyn Daniel, St. Charles	18:42

10K Race (2016-2019 only)

2016	John Knudson, Elgin	36:10	Rosalinda Lopez, Elgin	45:05
2017	Leonardo Tovar-Tovar, Elgin	33:26**	Kasey Moreno, Elgin	41:36**
2018	Carlos Rivas, Streamwood	38:16	Katherine McCleary, South Elgin	48:41
2019	Jeremy Ruston, Dundee	35:29	Lianny Guzman, Elgin	47:31

* The race was reportedly two blocks long for the first two years

**All-time best time for the respective category/gender

Virtual results only during COVID pandemic

Shortened course, roughly 9.25 miles.

Times for 1999-2002 came from the results booklet that was mailed to all runners shortly after the race.
All times from 2003 on were pulled from the website, Athlinks, and are undoubtedly rounded off.