

Fox Trot Winners 1978-1998

10-Mile Race

Year	Male Winner	Time	Female Winner	Time
1978	Jim Macnider, Roselle	51:02.7*	Kim Fredette, Tinley Park	Unknown
1979	Jim Macnider, Roselle	51:38.9*	Gillian File, New Zealand	1:00:58.5
1980	Jim Macnider, Roselle	50:34.8	Ellen O'Malley, Hinsdale	1:02:55.9
1981	Jim Macnider, Roselle	52:31.8	Marcy Demnan, Clinton, WI	1:09:29.3
1982	Michael Axinn, Chicago	51:15.8	Deborah Jacobs, Evanston	1:07:02.3
1983	Michael Cook, Schaumburg	50:24.4**	B.J. Hall, Wonder Lake	1:02:02.6
1984	Jeff Hill, Glen Ellyn	51:44.3	Janeth Salazaar, Schaumburg	1:02:15.7
1985	Jukka Kalio, Des Plaines	52:13.8	Janeth Salazaar, Hoffman E.	59:57.2
1986	Hal Carlson, Aurora	52:48.5	Jane Murphy, River Forest	1:02:01.8
1987	Tjom Antczak, Rockford	52:28.7	Carolyn Smith, Rockford	59:37.8
1988	Bruce Tracy, Rockford	53:38.6	Carolyn Smith, Rockford	1:03:16.4
1989	Noel Hallinan, Wilmette	52:32.2	Valerie Golbus, Northbrook	1:01:29.2
1990	Dan Martin, Glen Ellyn	52:24.9	Ann Schaefer, Chicago	1:00:22.3
1991	Dan Martin, Glen Ellyn	52:49.6	Jane Murphy, Chicago	1:00:21.6
1992	Richard Staback, Schaumburg	53:05.4	J. Salazar-Ohst, Wood Dale	1:02:03.8
1993	Dan Skarda, Libertyville	53:02.7	Annette Scott, Naperville	1:03:24.1
1994	Derek Olenek, Glendale Hts.	52:20.4	Ann Schaefer, Schaumburg	1:02:38.1
1995	Derek Olenek, Glendale Hts.	51:39.9	J. Salazar-Ohst, Wood Dale	1:00:25.0
1996	Derek Olenek, Bartlett	52:31.6	Corinne Hlavka, Racine, WI	1:03:07.1
1997	Derek Olenek, Bartlett	52:37.3	Michelle Ralph, Gurnee	1:04:51.6
1998	Derek Olenek, Bartlett	51:53.6	Christine Gale, Glenview	1:02:49.5

5K Race (began 1995)

1995	Jay Jackson, Woodstock	14:53.0**	Karen Harrissey, Evanston	19:23.4
1996	Brian Miller, Rockford	17:15.2	Rebecca Johnson, Glen Ellyn	20:06.1
1997	Wert Goldenstein, Elgin	16:14.8	Christina Nieto, Elgin	19:31.0
1998	Jeremy Ruston, Bartlett	16:30.7	Laura Witek-Jones, Marengo	18:04.2

* The race was reportedly two blocks long for the first two years

**All time best time for the respective category/gender