



Presents

The Rise Program

Program Overview

A structured youth development program designed to support **emotional regulation, healthy relationships, and positive decision-making** among youth.

The RISE program integrates **trauma-informed practices and decision-making skills** designed to equip students with practical tools for managing emotions, resolving conflict, building self-awareness, and self-esteem.

This program is designed to run as a stand-alone 6-week cohort or it can be integrated into the mission of organizations committed to **supporting youth who benefit from alternative or nontraditional learning environments.**