

OUR COACHING METHODOLOGY



This is what a recommended coaching interaction looks like

Step 1	Discovery conversation : Identify the areas that are holding you back from achieving your true potential. Via an in person or online conversation (could last from 60-90 minutes)
Step 2	Option 1: Continue weekly / fortnightly one-on-one coaching (3 - 6 months) Option 2: Sign up for the 'Re-engineer your relationships, find your bliss' workshop (8 weeks)
Step 3	After Option 1: A 30 minute Follow up once every 2 months (recommended) for the 1st year After Option 2: a) Opt for fortnightly one-on-one coaching (3 months) or b) A 30 minute follow-up once every 2 months (recommended for the 1st year)

Charges

Step 1	Step 2	Step 3
This session is complimentary	Option 1 : 60,000/- for 12 sessions (60 minutes each)	2,500/- for a 30 minute follow up session
	Option 2 : 15,000/- for the workshop (includes 8 weekly group sessions and 1 individual session)	

All payments to be made in advance via UPI - deepti.chaku@okicici . Pls send payment confirmation to hello@deeptichaku.com or 8851628510 .