

Funky Monkey Yoga LLC

Please read through the terms and conditions thoroughly before enrolling. When enrolling as a student of Funky Monkey Yoga LLC, you agree to the terms and conditions as laid out on Funky Monkey Yoga website www.funkymonkeyyoga.net

GENERAL

1. All purchases of services (classes, workshops, events) are non-refundable, unless stated.
2. All students must have a unique online account associated with a unique email address. Friends and family members may not share the same email address.
3. Because Funky Monkey Yoga rates are already much less expensive than all other studios in the area, no discounts will be given on class packages, intro offers, or workshops.
4. Every effort is made to hold class on time. The schedule is subject to change without prior notice. Please check the online schedule for the most up-to-date schedule. Funky Monkey Yoga is not liable to refund, transfer or offer compensation of any kind for classes that are late, changed or cancelled for any reason.
5. Please arrive at least 5 minutes before your private session. For online classes please check in about 10 minutes before class starts in case you have technical difficulties.
6. Payment must be made upon booking. No students will be permitted to sign-up for a class, workshop, or event as unpaid unless it is a free or donation-based class. Unpaid classes or membership payments will be back charged.
7. You agree that you have been examined by a qualified medical practitioner within the past six months and have been found by such practitioner to be in good physical health and physically able to perform all yoga classes.
8. It is the responsibility of the student to notify Funky Monkey Yoga LLC of any previous injury, illness, or conditions that may impact their practice.
9. Classes at Funky Monkey Yoga may be physically strenuous, and you voluntarily participate in them with full knowledge that there is risk of personal injury, property loss or death.
10. You will follow all instructions given to you by Alexis Burroughs instructor at Funky Monkey Yoga, and you acknowledge that any failure to do so will be at your own risk and may cause injury.
11. In attending classes at Funky Monkey Yoga, you agree that neither you, your heirs, assigns or legal representatives will sue or make any other claims of any kind whatsoever against Funky Monkey Yoga or its members for any personal injury, property damage/loss, or wrongful death, whether caused by negligence or otherwise.
12. Funky Monkey Yoga reserves the right to refuse entry.
13. Prices may increase from time to time to reflect increases in cost and benefits.
14. Terms, Conditions, and Fees are subject to change without prior notification.
15. By booking into a class you automatically agree to the above terms & conditions.

CLASS CANCELLATIONS & BOOKING ETIQUETTE

1. If you book an **in person or online class, you must cancel or reschedule no later than 24hrs before your class for a full refund of that session. Failure to do so or no show will result in forfeit of class and no refund will be given for that session.**

2. If you book an online class and do not show up for a class, you will be charged for it, (excludes workshops). If there is an exception to this rule, it will say so in the description of the class as well as at the time of purchase.
3. Workshop and event cancellations must be made 48 hours prior to the start of the reserved workshop or event. If you do not attend or cancel within 48 hours of start time, you will be fully charged for the workshop.
4. Workshops, events and trainings are only non-refundable if cancelled prior to 48 hours to start of workshop/event/training.
5. Please cancel if you are unable to attend a class or workshop to make your space available to others.

(Online Only) Private Yoga Classes/Workshops

1. Gear - mat, or non-slip towel, 2 blocks, bolster or pillows, blankets, strap, wall, and water bottle.
2. Please switch off your cell phone and make sure you're device for your online class is switched to "do not disturb" while in class.
3. This is the time for your practice, so please make sure that you're not going to be disturbed. Please take care of yourself, if you need to take a break find a comfortable pose to rest in, please keep hydrated.
4. Make sure that the space you are in is free from clutter, or anything that you could trip over during your practice especially if you need to move around (moving to a wall). If using a chair for a prop, please make sure the chair will not fall over and is safe to use as a prop.

iRest™ Yoga Nidra Meditation Classes

1. iRest™ Yoga Nidra can be practiced either seated or laying down, please make sure you have blankets near you as your core temperature can drop.
2. Disclaimer: Please note I am not a licensed medical or healthcare practitioner and I cannot treat or diagnose any symptom(s). It's important to seek professional medical advice if you are dealing with any Mental Health Issues. I teach iRest™ as a tool that maybe effective in helping you to relax. If you are interested in practicing iRest™ for any Mental Health symptoms, it's important to talk with your healthcare practitioner, iRest™ has been known or may trigger symptoms. For more information and to discuss if this may be a tool for you please contact me at alexis@funkymonkeyyoga.net Please also visit www.funkymonkeyyoga.net/iRestYogaNidra or www.irest.org where you can find out more information about the practice and how it's used.

Class Packages With Set # of Classes

1. The 4-class package comes in three tiered payments, please pay what you are able to afford
2. All 4 Class Packages will expire 3 months after first use.

Introductory Offers

1. My new student special is only available to brand new students, no matter how long it has been since you have been to a class at Funky Monkey Yoga.
2. Only one per student is permitted.
3. All promotions are non-transferable and non-returnable and cannot be shared.

4. Clients found to be buying the Intro offer more than once will be suspended and charged any additional class costs they may have incurred.

Privacy Policy -Read very carefully:

Who Are We? Alexis Burroughs, owner of Funky Monkey Yoga LLC. Website: www.funkymonkeyyoga.net Email: alexis@funkymonkeyyoga.net

Who do we contact?

Funky Monkey Yoga LLC will only contact individuals who specifically give us consent. Consent may be given by contacting us through our website, a text message consent, or by purchasing one of my services.

What information do we collect and where is it stored?

Personal Data:

1. Your first name, last name, phone number, and e-mail address as provided by you contacting us through www.funkymonkeyyoga.net
 2. Your full name, postal address, cell phone, email address, emergency contact name and phone number, and date of birth, provided by you when registering to schedule and purchase classes at Funky Monkey Yoga LLC.
 3. Your Information can only be accessed by Alexis Burroughs, owner of Funky Monkey Yoga LLC.
- If you would like any of your information deleted, please email alexis@funkymonkeyyoga.net
 - You may be asked to store your credit card information. This will be completely voluntary and used to more easily sell you services from Funky Monkey Yoga LLC.

All such information is strictly protected and used only for delivering the content and products the user has signed up for or purchased. This information is never used for other purposes and is never shared with 3rd parties for their own use. This data can be deleted at the request of the consumer as long as it is in compliance with the signed contract.

Processors/Vendors Used Who Collect Information:

Alexis Burroughs and www.funkymonkeyyoga.net uses some processors/vendors to run as a business. These include:

1. PayPal make purchased, and collect automatic payments.
2. gem.godaddy.com to create emails and promotions.
3. godaddy.com to host our website.

www.funkymonkeyyoga.net does not share your information with these processors/vendors. Information will only be provided to these processors by YOU in order to sign-up at these sites. The information collected by these processors is stored by them. Click the links to be taken to the privacy policies of the associated processors.

Existence of Individual rights:

As a consumer of services offered by Alexis Burroughs and www.funkymonkeyyoga.net you have the right of:

- Access to your personal data – to know what data is stored where.
- To correct personal data where it is incorrect or incomplete
- To delete personal data as long as it is not necessary to uphold your signed contract
- Restrict/suspend processing of personal data in compliance with your signed contract
- Complain to a supervisory authority

- Withdraw consent at any time unless doing so goes against what was agreed upon in your signed contract
- Object to processing in compliance with your signed contract

Anonymous Usage History (non-Personal Data)

This information is strictly limited to the history of activities that you engage in while on our site. It does NOT include any personally identifiable information (PII).

The purpose of this information is to improve your experience.

For example, by storing the fact that you have already taken the free recovery archetype quiz, we don't need to have that pop-up appear again.

There is a small subset of this history that we use with 3rd parties, such as Google or Facebook, for the purpose of measuring and improving the efficacy of advertising campaigns.

Some of these third parties, aggregate such information across many websites. This allows them to identify users who are more likely to be interested in specific offerings like fashion, sports, education and so on. Please see the privacy policies of [Google](#) and [Facebook](#) for more information.

What are cookies and how do we use them?

Cookies: Like many other commercial sites, our site utilizes standard technologies called "cookies" and clear GIFs to collect information about how our Site is used. A cookie is a small data text file, which a website stores on your computer's hard drive (if your web browser permits) that can later be retrieved to identify you to us. Cookies were designed to help a website recognize a user's browser as a previous visitor and thus save and remember any preferences that may have been set while the user was browsing the site. A cookie cannot be read by a website other than the one that set the cookie. A cookie cannot pass on a computer virus or capture any of the Personally Identifiable information. There are ways of turning cookies off on your computer. If you do this, it could impact your experience on websites.

Disclaimer

This policy may be changed at any time by Alexis Burroughs and www.funkymonkeyyoga.net's discretion. If we should update this policy, we will post the updates to this page on our Website. This policy was revised MAY 19, 2023 in order to be GDPR compliant.

For more information, to make a complaint, to ask questions, or delete your data please contact: Alexis Burroughs at either alexis@funkymonkeyyoga.net or www.funkymonkeyyoga.net