

# THE ENERGETIC LIFESTYLE

A dramatic sunset over the ocean with multiple bright purple lightning bolts striking down from a dark, stormy sky. The sky transitions from a deep purple at the top to a bright orange and yellow near the horizon. The ocean is dark blue with white-capped waves in the foreground.

USING BIO-ENERGETICS  
TO HARNESS THE POWER  
OF NATURE TO MAXIMIZE  
HUMAN HEALTH AND  
POTENTIAL

# HEALTH & WELLNESS VS. WHOLENESS



- **ESSENTIALLY** – Get the good stuff IN & get the bad stuff OUT.
- **BONES AND MUSCLES** – easiest to fix and the core for the rest.
- **ORGANS AND TISSUES** - the long term regeneration of any degenerative process.
- **MENTAL** – You can not train the mind without training the body. Your mind will give out long before your body will. We have to schedule times to use all aspects of our minds.
- **EMOTIONAL** – Learning to integrate what you have learned into those relationships that are the most important to you.
- **SPIRITUAL** – We are spiritual beings having a human experience. We are the sum of our experiences. BUT the way we process these events can distort our perspective.
- **FINANCIAL** –The single greatest stressor that we see across the board is financial stress and it leads to the diminishment of all other areas



# JUST LIKE A MECHANIC CHECKS YOUR CAR...

We can check you out and  
help optimize your energy  
and performance!

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# COMPUTERIZED 'MULTICHANNEL' BIOFEEDBACK:

Now we can connect you to our computer via non-invasive GSR pads, introduce frequencies into your system, and tell you what makes you stronger and what makes you weaker.

It is this technology that allows us to finally access the emotional body and its interaction with the physical body.

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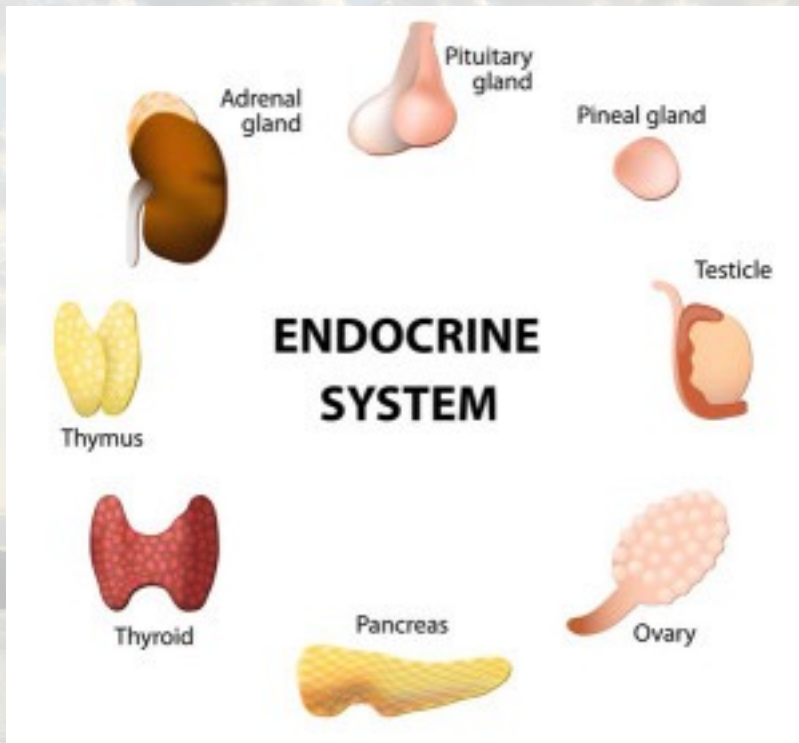


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# FIGHT OR FLIGHT

- Fight or flight is managed systemically by the endocrine stress cycle
- Increased Heart Rate
- Increased Blood Pressure
- Increased Respiration
- Decreased Digestion
- Decreased Elimination
- Increased Toxic Burden

# ENDOCRINE STRESS



- A
  - + → **ADRENALS** –get up and go
- B
  - + → **THYROID** –weight/metabolism/immune
- C
  - + → **OVARIES/TESTES** –reproduction/drives
- D
  - + → **THYMUS** -heart
- E
  - + → **PITUITARY GLAND** -operator
- F
  - + → **PINEAL** –master gland of the brain
- G

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# PHARMACEUTICAL GRADE NUTRITION



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SPECIFICALLY CALIBRATED AND PROGRAMMED FOR YOU



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# EMOTIONAL RE-CALIBRATION

- We can now access and help reset the emotional body. Re-calibrating the fight or flight mechanism in the body.
  - This reduces the physiological stresses created by the emotional body.
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# COUPLE'S & FAMILY RE-INTEGRATIONS

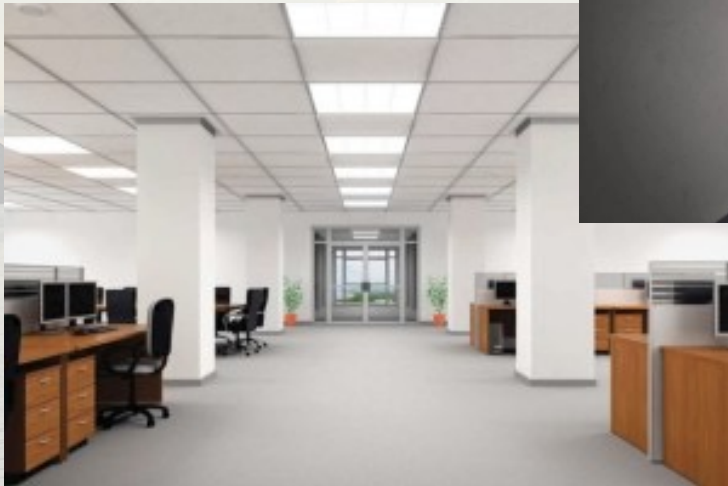
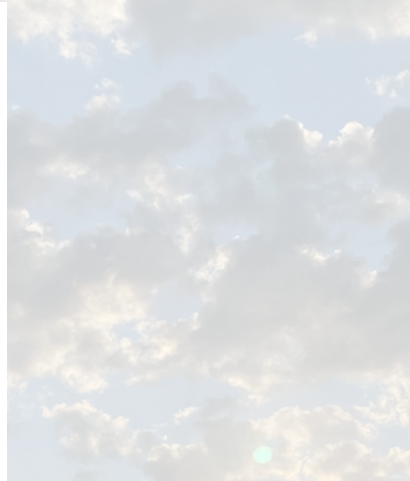
Emotional Re-Calibration can be used with more than one person, a couple, or a group.

We become conditioned to those we are around the most. This can activate either oxytocin for connection and bonding or the adrenals for fight or flight.

We can help re-modulate you as a couple, family, or a group



# WE WILL DISCUSS BIO-ENERGETIC STRESSORS



Today is a new era of EMF stress



5G

We must learn to adapt to our  
ever-changing world

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# TAKE CONTROL OF YOUR WORLD

**Grounded in these scientific discoveries, at the very heart of all Q-Link® products is the proprietary crystalline core which we call Sympathetic Resonance Technology™(SRT™).**

**It is this SRT-core that reinforces the body's resonance, returning it to a clearer and more balanced natural state.**

**When two objects interact sympathetically, just like two similarly tuned tuning forks, or two friends coming together, their energies interact and amplify each other.**



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[www.Drmichaelsqlink.shop](http://www.Drmichaelsqlink.shop)



# EAT RIGHT FOR YOUR BLOOD TYPE

In reality, health, wellness, and anti-aging amounts to understanding how to rebuild the body up faster than it is being torn apart.

# QUALITY FATS

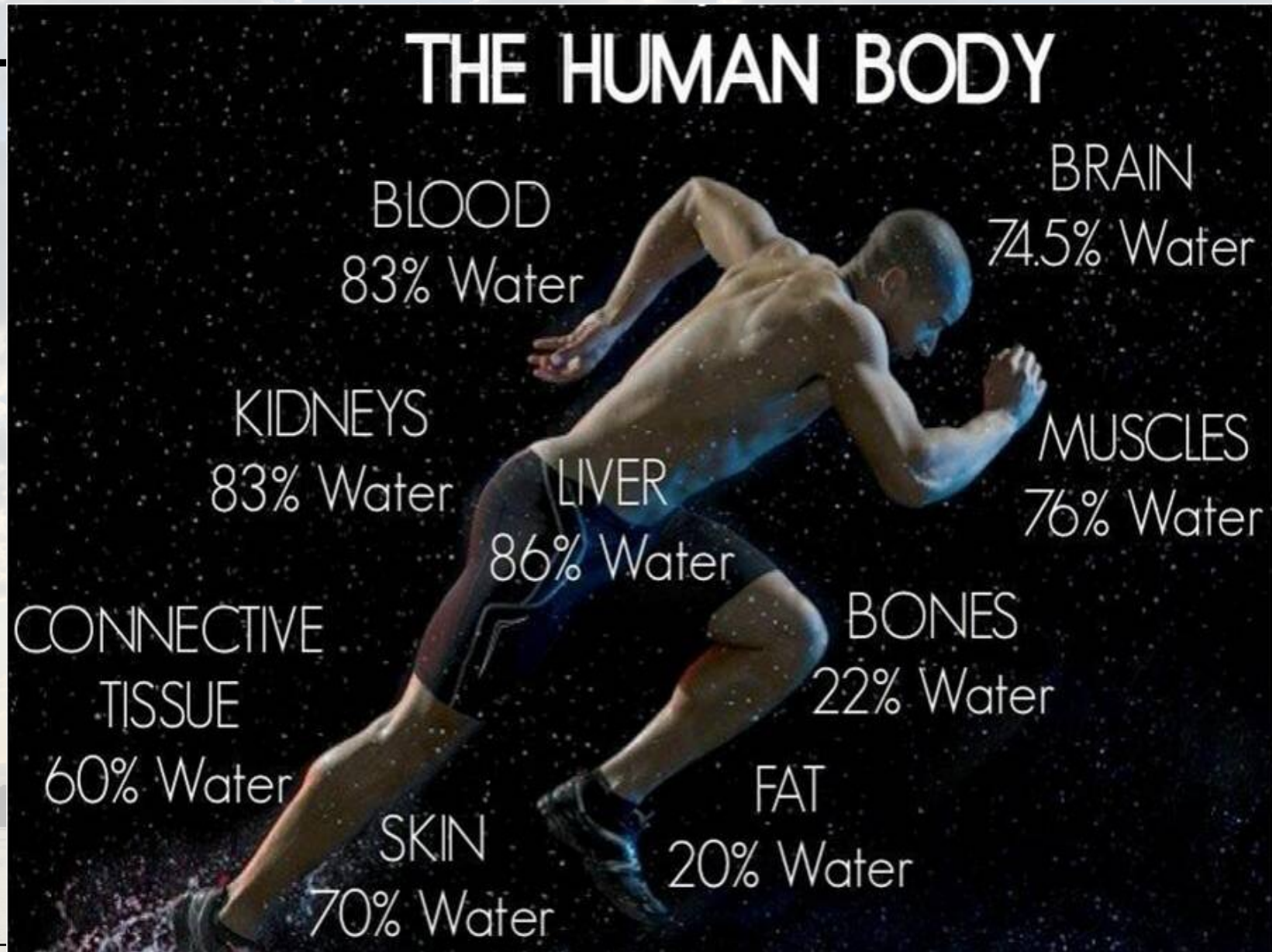
Feed Your  
Brain &  
Nervous  
System

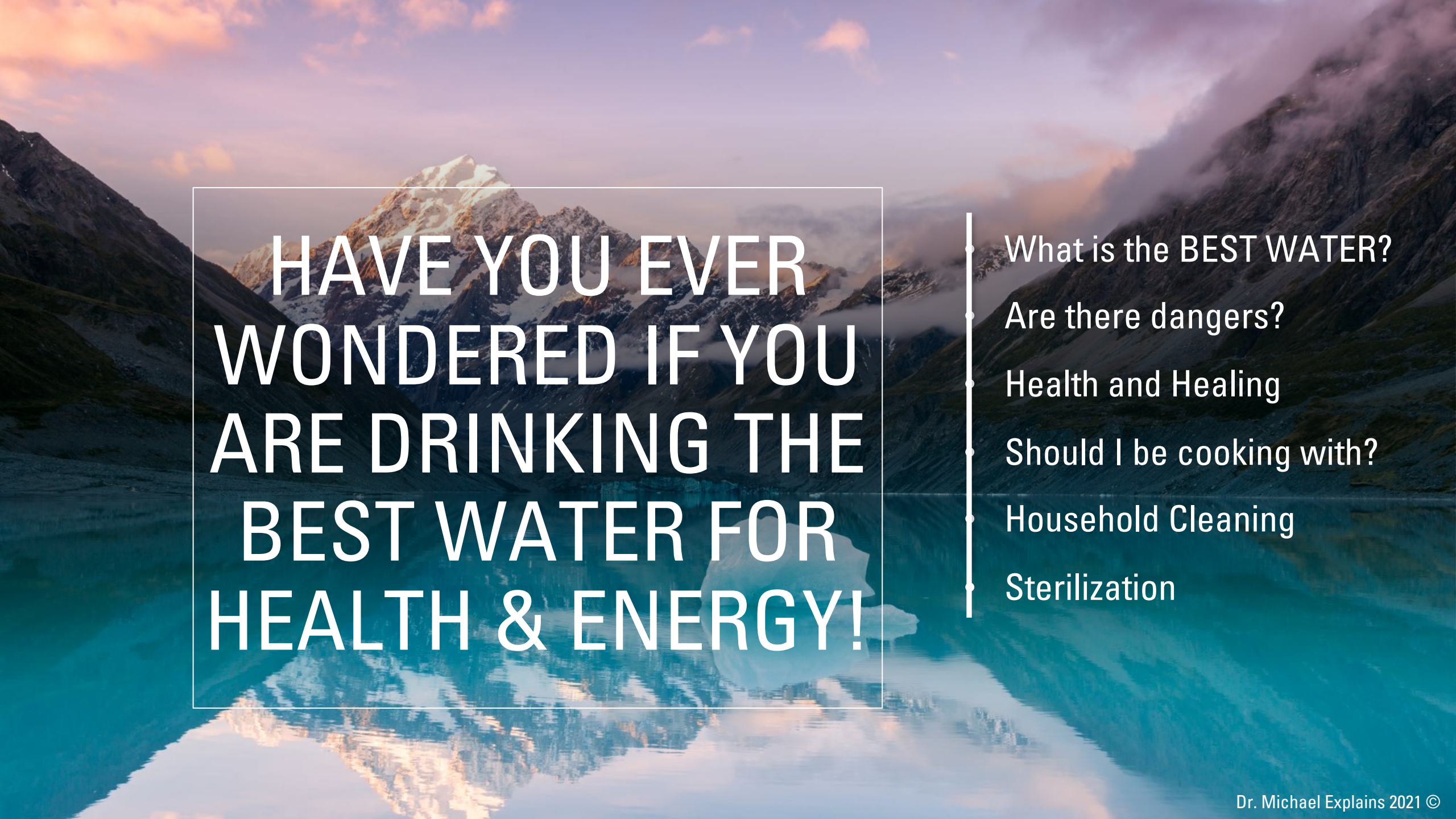


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# THE HUMAN BODY IS 72% WATER

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HAVE YOU EVER  
WONDERED IF YOU  
ARE DRINKING THE  
BEST WATER FOR  
HEALTH & ENERGY!

What is the BEST WATER?

Are there dangers?

Health and Healing

Should I be cooking with?

Household Cleaning

Sterilization



**WHEN YOUR CHILD'S LIFE  
LITERALLY DEPENDS ON  
WATER, ONLY THE BEST  
WILL DO.**

Skylar was born in 2009 with severe gastroschisis, literally inside-out.

Acute dehydration syndrome nearly killed her several times.

It nearly destroyed me, our family, our other children's future, and our businesses.

Thankfully, we discovered ERW!

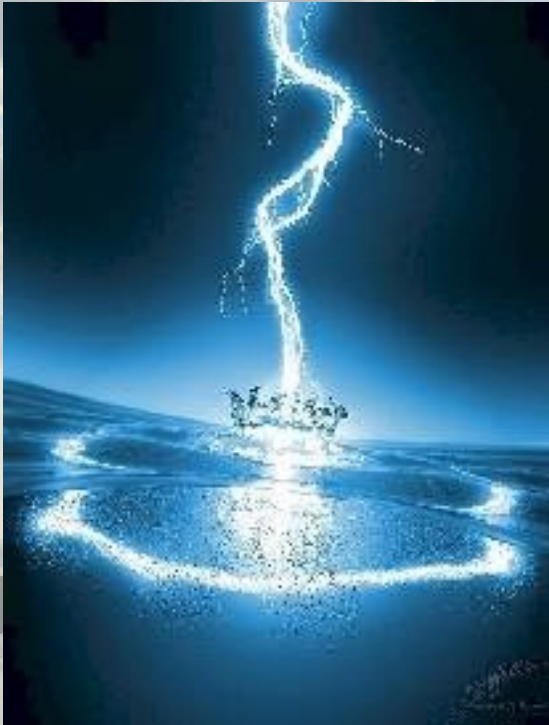
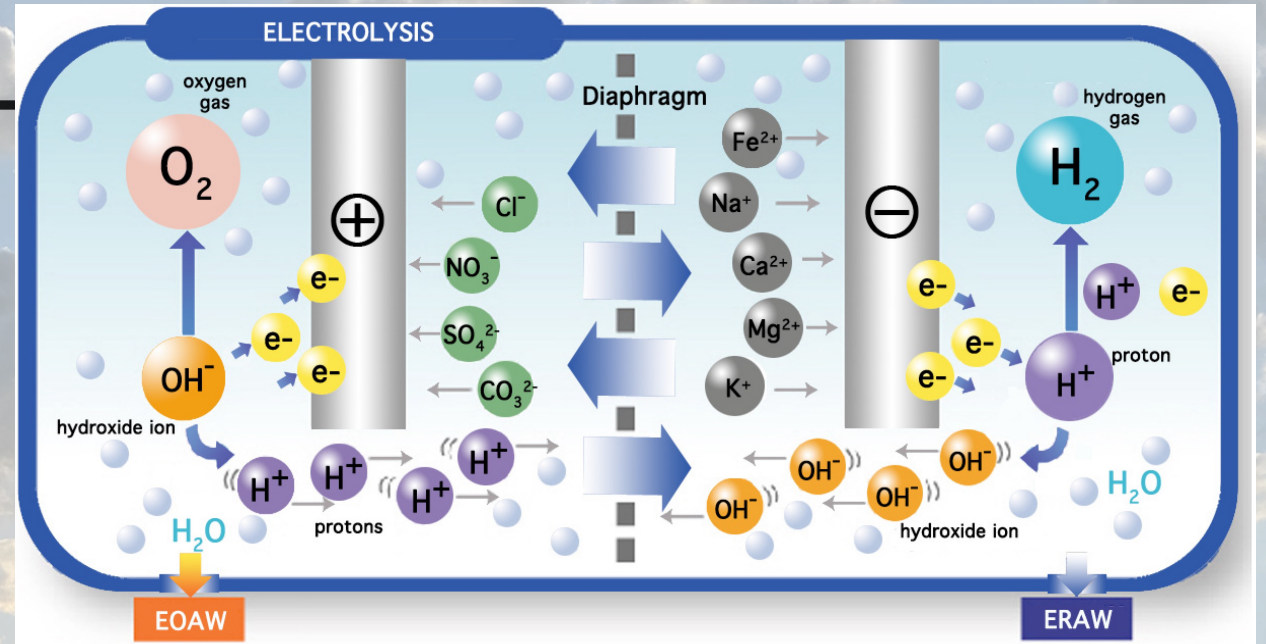
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Dr. Michael Donaldson



# SCIENCE OF WATER

THERE REALLY IS ONE BEST TYPE OF WATER, AT LEAST ACCORDING TO THE RESEARCH.



**Electrolyzed Reduced Water (ERW)** - has been struck by LIGHTNING has been reduced and restructured with electricity.

Activating hydrogen, oxygen, hydroxide, combined with a high electric potential that will ...

ENERGIZE, RECHARGE, AND DETOXYFY YOUR CELLS.

Everything else is simply **SECOND BEST... or worse!**

# GUT HEALTH AND DIGESTIVE ISSUES PAIN, GAS, BLOATING?

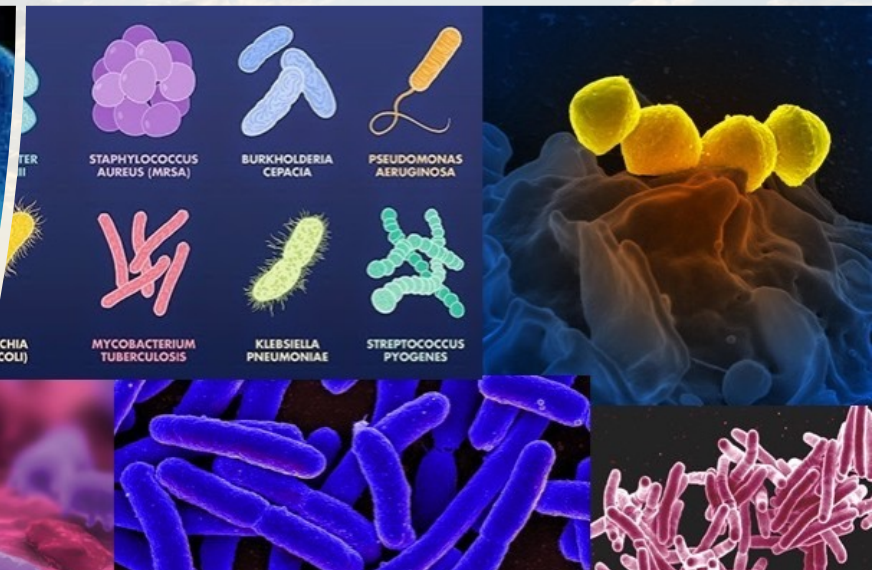
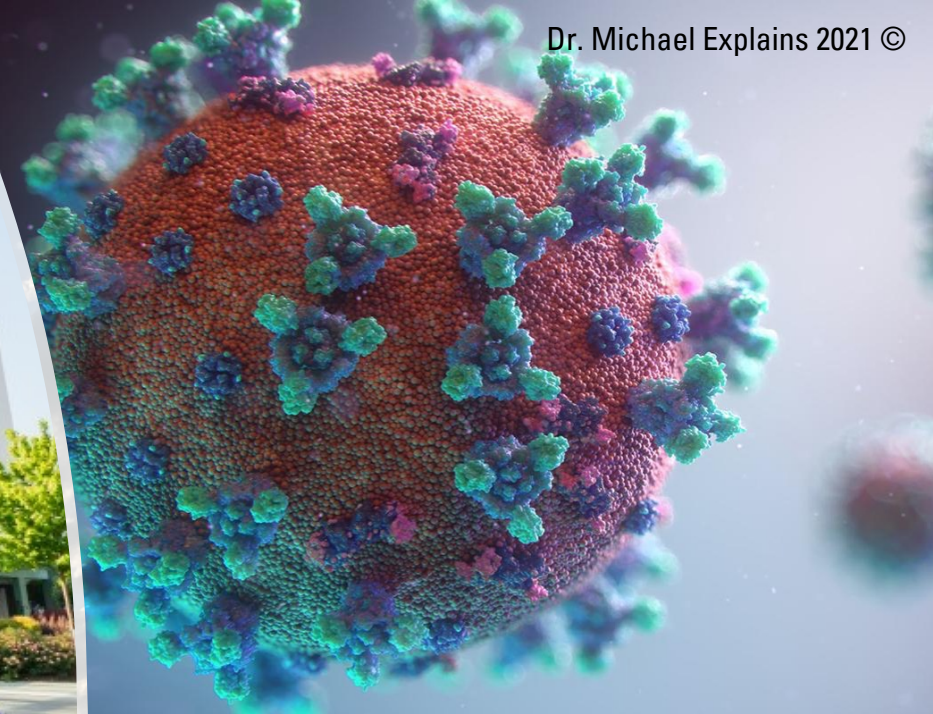


- What kind of water do you **COOK** with?
- Tap water, filtered water, OR the best water possible.
- How are you removing the **PESTICIDES** on your fruits and veggies?
  - What is left on your foods?
  - What chemicals are being **COOKED** into your foods?

# ELECTROLYZED 2.5 PH HYPOCHLOROUS ACID POWERFUL ENOUGH FOR HOSPITAL USE\*

Clinically researched for  
sterilization, wound care, and  
the treatment of staph, strep,  
MRSA, CRKP, and corona!

- Clinically proven
- Does NO harm
- Bio-degradable
- Research Pub-Med



\*Hospitals using 2.5 ERW Hypochlorous Acid.  
The Kitari Institute, Tokyo Women's College of Medicine, Kyowa, Iida, Hanabatake, and many other hospitals

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# BATHING DOES WHAT!?

Soaking in a hot bath  
for 15 minutes absorbs  
as much chlorine as  
drinking 1 quart of the  
same water



# CHLORINE IS EVERYWHERE



## THE IODINE ANTAGONISTS

Iodine deficiency and thyroid disease is to understand the iodine antagonists, the halogens include *fluorine, bromine, and chlorine.*



Halogens *compete with each other* for absorption and even utilization in iodine binding sites in the thyroid gland and everywhere else in the body.

2. Our environment is **OVERWHELMED WITH CHLORINE**, the iodine antagonists:



# IN YOUR OWN HOME



# SHOWERS WILL NEVER BE THE SAME

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## EXTERNAL FILTER

Removes chlorine, trihalomethanes, phenols, sediment, odor, taste, and organic waste

## NEODYMIUM MAGNETS

This high-quality magnet can break the water molecules into smaller clusters and to activate the water

## CERAMIC INTERNAL CARTRIDGE

The internal cartridge is full of ceramic balls from both Futamata Radium Hot Springs and the Chikutan hot springs

**MIC STONE** Generates activated mildly alkaline water which is good for your skin.

**POWER STONE** Generates strong negative-ions

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The **ONLY** one of its kind in  
the **WORLD!**



TO SCHEDULE OR FOR MORE CLINICALLY RESEARCHED HEALTH RELATED PRODUCTS AND LIFESTYLE COACHING ...



As seen with Dr. Phil

Drs. Abby & Michael  
Donaldson

Chiropractors,  
Energetic LifeStyle  
Architects,  
Serial Entrepreneurs,  
Philanthropists



As seen with Jillian Michaels

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