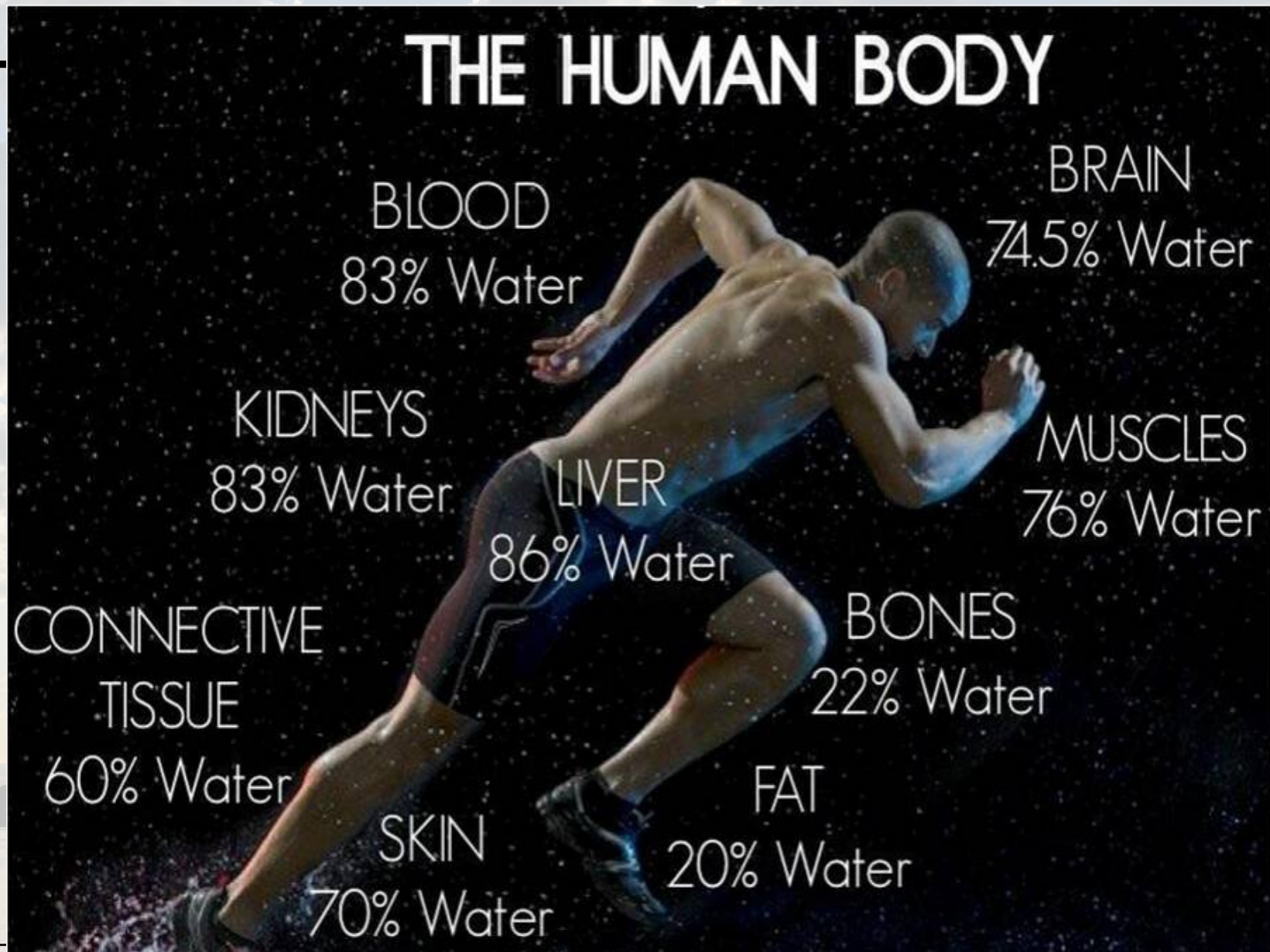


DID YOU KNOW?

Taking a shower, soaking in a bath, hot tub, or swimming pool for 15 minutes absorbs as much chlorine as drinking 1 quart of the same water



THE HUMAN BODY IS 72% WATER



**WHEN YOUR CHILD'S LIFE
LITERALLY DEPENDS ON
WATER, ONLY THE BEST
WILL DO.**

Skylar was born in 2009 with severe gastroschisis, literally inside-out.

Acute dehydration syndrome nearly killed her several times.

It nearly destroyed me, our family, our other children's future, and our businesses.

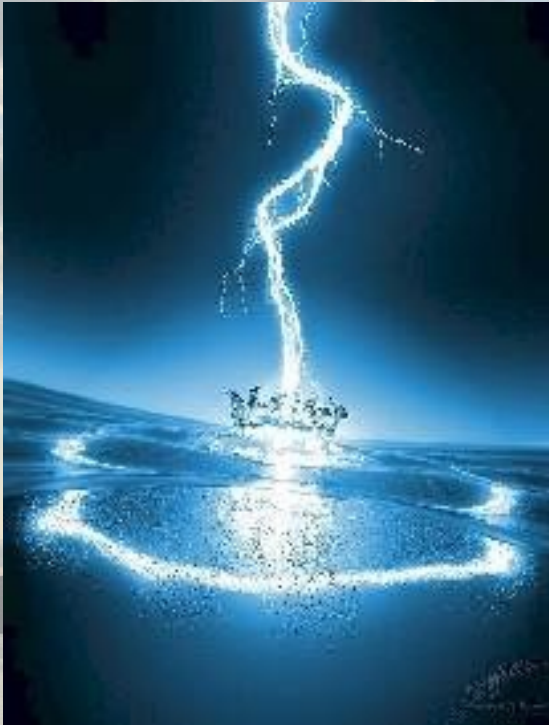
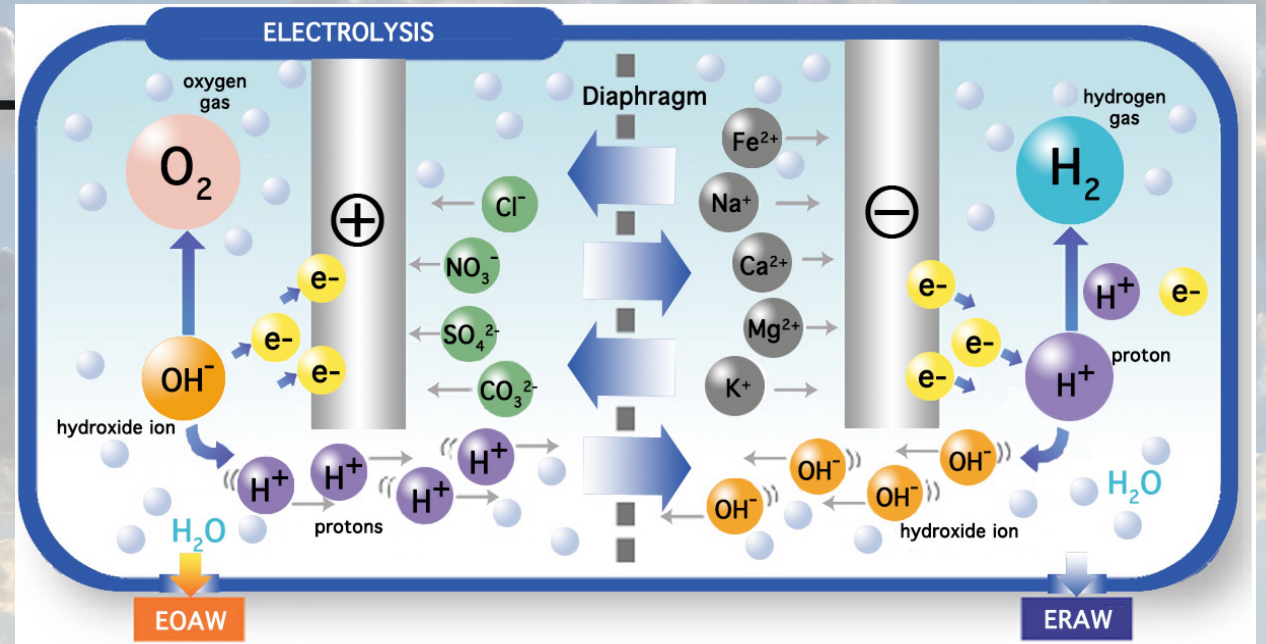
Thankfully, we discovered ERW!

Dr. Michael Donaldson



SCIENCE OF WATER

THERE REALLY IS ONE BEST TYPE OF WATER, AT LEAST ACCORDING TO THE RESEARCH.



Electrolyzed Reduced Water (ERW) - has been struck by LIGHTNING has been reduced and restructured with electricity.

Activating hydrogen, oxygen, hydroxide, combined with a high electric potential that will ...

ENERGIZE, RECHARGE, AND DETOXIFY YOUR CELLS.

Everything else is simply **SECOND BEST... or worse!**

GOOGLE: ELECTROLYZED REDUCED WATER & PUBMED

Cancer

USF researchers develop novel ketone supplements to enhance non-toxic cancer therapy

Written by ad Research

The mouse

Tampa, FL (University of combination

The study, "N ketone suppl

Led by princ

Pharmacol

USF Health at the University of South Florida, Tampa

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USF Health's Dr. Cathy Lynch named among Women of Distinction and Women of Promise

Blog

Diabetes

Anti-diabetic effects of electrolyzed reduced water in streptozotocin-induced and genetic diabetic mice.

Kim MJ¹, Kim HK

Author information

Abstract

Oxidative stress is produced under diabetic conditions and is likely involved in progression of pancreatic beta-cell dysfunction found in diabetes. Both an increase in reactive oxygen free radical species (ROS) and a decrease in the antioxidant defense mechanism lead to the increase in oxidative stress in diabetes. Electrolyzed reduced water (ERW) with ROS scavenging ability may have a potential effect on diabetic animals, a model for high oxidative stress. Therefore, the present study examined the possible anti-diabetic effect of ERW in two genetic animal models. The gene used as insulin deficient type reduced the blood glucose con levels in STZ-diabetic mice w od glucose control could resul y function as an orally effect

DOI: 10.1016/j.ifs.2006.07.027

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ELSEVIER FULLTEXT ARTICLE

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Preservative effect of electrolyzed reduced water on pancreatic beta-cell m [Biol Pharm Bull. 2007]

Reduction of oxidative stress by a new low

Gastrointestinal Repair

Dose-dependent inhibition of gastric injury by hydrogen in alkaline electrolyzed drinking water

Jinling Xue,¹ Guodong Shang,¹ Yoshinori Tanaka,³ Yasuhiro Saihara,³ Lingyan Hou,¹ Natalia Velasquez,¹

PMCID: PMC3944674

PMID: 24589018

Formats:

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Neuroprotective

The neuroprotective effects of electrolyzed reduced water and its model water containing molecular hydrogen and Pt nanoparticles

Hanxu Yan,¹ Taichi Kashiwaki,² Takeki Hamasaki,² Tomoya Kinjo,¹ Kiichiro Teruya,^{1,2} Shigeru Kabayama,³ and Sanetaka Shirahata,^{3,1,2}

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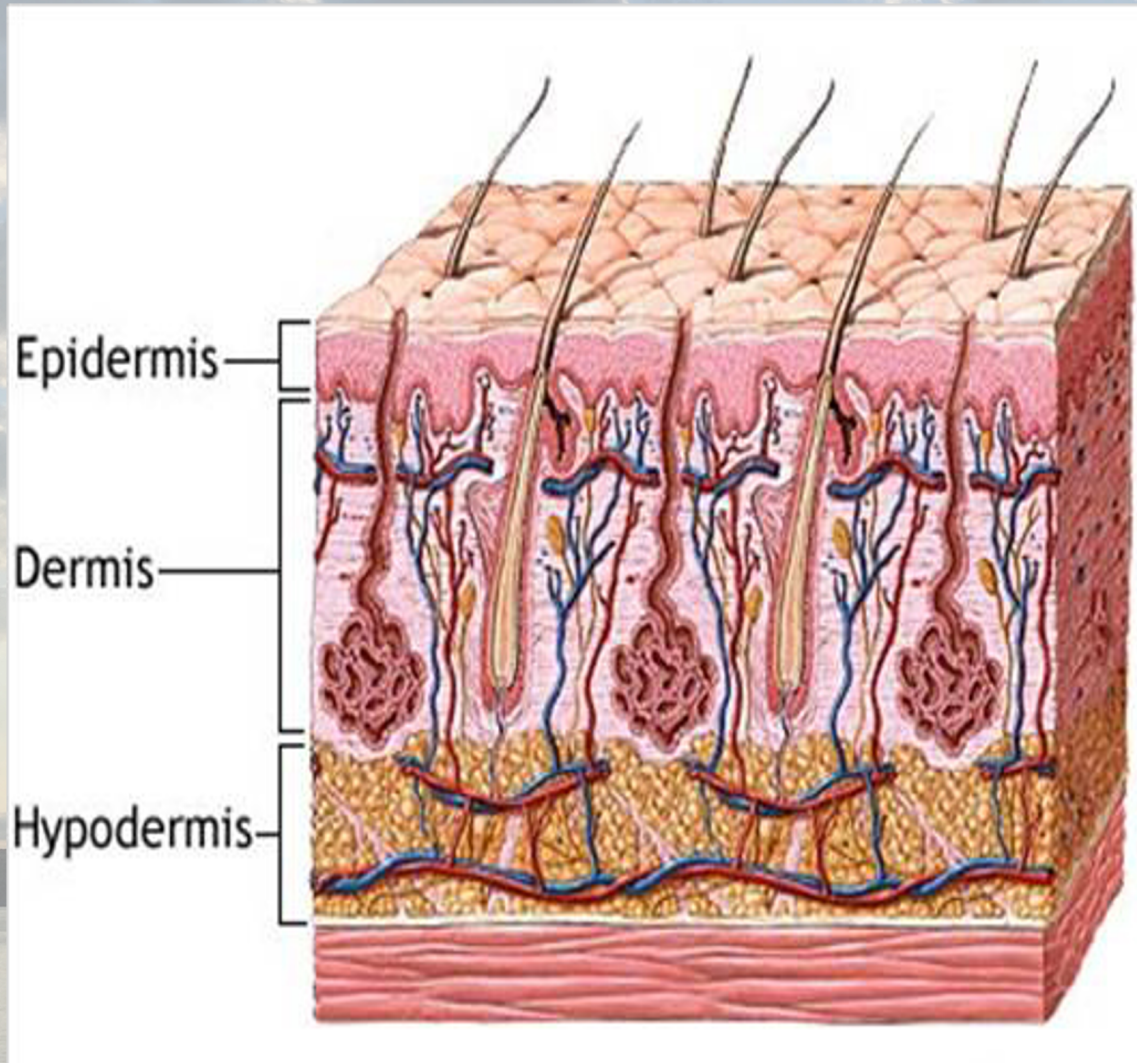
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Mechanism of the lifespan extension of Caenorhabditis elegans by electrolyzed reduced water- [Biosci Biotechnol Biochem. 2011]

Electrolyzed Reduced Water- Supplemented with Platinum Nanoparticles Suppresses Promotion of T_H17 Cytotechnology. 2005]

WHAT ABOUT TAKING A SHOWER OR PLAYING IN THE POOL?



- **Skin is the largest organ in the body, and is your primary connection to your environment**
- **Filters toxins, and has a high absorption rate**
- **Extremely sensitive**
- **Hair follicles can wick toxins deep into your system, blood vessels, lymph, etc.**
- **Sebaceous glands are very susceptible to toxins**
- **Soaking in a hot bath or shower for 15 minutes absorbs as much chlorine as drinking 1 quart of the same water!**

CHLORINE - THE IODINE ANTAGONISTS

A very important topic related to iodine deficiency and thyroid disease is to understand the iodine antagonists. Iodine is a member of the halogen family of elements. Besides iodine, the halogens include *fluorine, bromine, and chlorine*, among others.

1. The halogens *compete with each other* for absorption and even utilization in iodine binding sites in the thyroid gland and everywhere else in the body.

2. Our environment is literally swimming in the iodine antagonists:



AND IT IS EVERYWHERE



Tap water

Bath

Shower

Pools

Exercise facilities

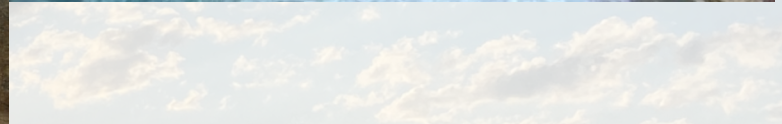
Hot tubs

Food



CHLORINE ABSORPTION







WHAT IS AN ONSEN?

Onsen literally translates hot spring, it contains any of 19 different minerals specified by the ONSEN LAW that was enacted in 1948.

The law requires spring water to be 25 degrees Celsius or above and to contain certain levels of its listed components.

Many people soak in hot springs for relaxation and to cure certain ailments.

HOT SPRINGS & THE LAW

In Japan, hot springs are defined by the Hot Spring Law and regulated by the JMHLW.

A heated spring has to meet certain criteria concerning chemical components, temperatures and others to be certified as a hot spring.

Among all hot springs, those containing a number of specific chemical constituents and thus providing particularly high medicinal benefits are called medical hot springs (療養泉).

Those special hot springs are further classified into 10 different types known as “spring qualities.”

Every hot spring ryokan indicates their spring qualities inside the buildings.

MINISTRY OF HEALTH
LABOUR AND WELFARE
(MHLW)

• PRESENTED BY:-MUGDHA ANAVATTI

HOKKAIDO ONSEN (HOT SPRING)



Designated as the **Number 1 Hot Spring Health Resort** and the go-to model for numerous hot springs around Japan, this hot spring ryokan boasts a **full 300 years of history**.

Futumata Onsen (hot spring) in Hokkaido Japan is protected and heavily regulated by the Ministry of Health in Japan and is considered a national treasure because of its healing pharmacological properties.

FUTUMATA RADIUM HOT SPRINGS IN HOKKAIDO JAPAN



**RADIUM
TUFA
MINERALS**



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Things
to Do

Hot Spring



The Power of the Earth, Making You Feel Refreshed

FUTAMATA, HOKKAIDO



Health Merits

Hot springs are not just relaxing and refreshing – they benefit health and beauty in many ways as well. Hot springs are good for your mind and body, both inside and outside. Since ancient times, Japanese people have been practising medicinal hot spring baths, called “To-ji” (湯治) in Japanese. Connections between hot springs and health have been well-known in Japan.



PHARMACOLOGICAL EFFECTS OF ONSSEN

Sulfur – Dry skin, chronic dermatitis, eczema, psoriasis.

Copper – Anemia, menstruation

Radium – Joint pain, muscle pain, neuralgia

Carbon Dioxide - chronic constipation, high blood pressure, burns

Sodium Bicarbonate & Chloride – wound healing, gastrointestinal disorders, chronic dermatitis.

Silica – alleviate and soften dry skin

Thermal mineral content under hydrodynamic water pressure increasing blood flow, lymphatics, and cardiovascular integrity.



ONSEN POTENCY TO HEAL

Pharmacologically - *elemental components of the minerals and salts*

Thermally - *by the heat*

Buoyancy - *by weightless relaxation*

Hydrodynamic Pressure - *increasing blood and lymph flow*

Changing environment - *by changing environment and ... "Womb Effect"*

A HEALTH COMPONENT FOR...

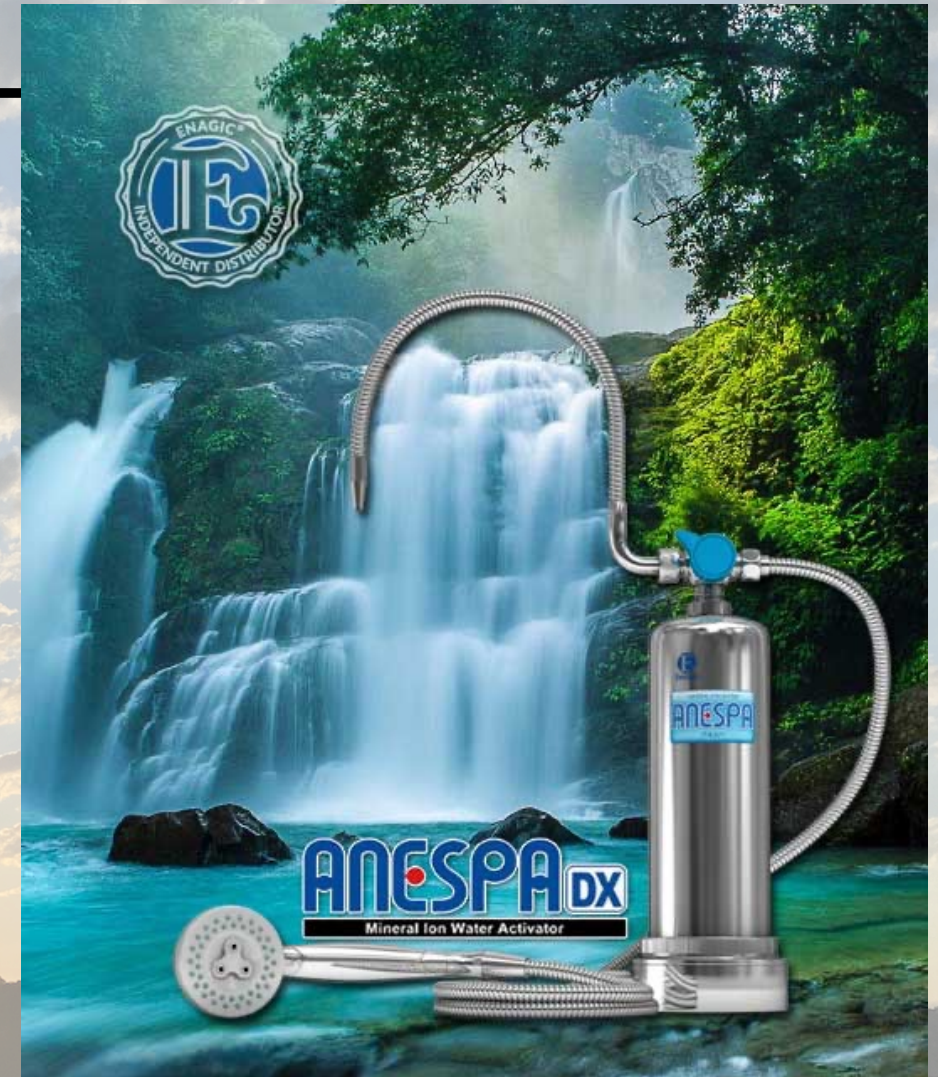


Thyroid issues
Skin cancer
Rash
Eczema
Psoriasis
Acne
Hair loss
Fibromyalgia



THE ANESPA

ONSEN SYSTEM FOR A DAILY SPA EXPERIENCE



The magic of Japan's premiere mineral hot springs in the comfort of your own home!

BATHING WILL NEVER BE THE SAME



The **ONLY** one of its kind in
the **WORLD!**

EXTERNAL FILTER

Removes chlorine, trihalomethanes, phenols, sediment, odor, taste, and organic waste

NEODYMIUM MAGNETS

This high-quality magnet can break the water molecules into smaller clusters and to activate the water

CERAMIC INTERNAL CARTRIDGE

The internal cartridge is full of ceramic balls from both Futamata Radium Hot Springs and the Chikutan hot springs

MIC STONE Generates activated mildly alkaline water which is good for your skin.

POWER STONE Generates strong negative-ions

CLIENTS ARE SAYING...

- **My skin has never felt so good**
 - **My acne is nearly gone**
 - **My hair stopped falling out**
 - **I feel like I have more energy**
 - **I sleep so much better**
 - **My skin is no longer ashen**
 - **My hair is so much healthier**
-

A photograph of a traditional Japanese hot spring (onsen) nestled in a dense forest. The pool is constructed from large, flat stones and is surrounded by a thick canopy of green trees. A wooden pavilion with a thatched roof is visible on the left side of the pool. The water in the pool is clear and reflects the surrounding greenery.

THIS!

EVERY SINGLE DAY!

IN YOUR OWN HOME



REACH back out to the person that sent this to you!

TO SCHEDULE OR FOR MORE CLINICALLY RESEARCHED HEALTH RELATED PRODUCTS AND LIFESTYLE COACHING ...

WWW.TheEnergeticLifeStyle.com



As seen with Dr. Phil

Drs. Abby & Michael
Donaldson

Chiropractors,
Energetic LifeStyle
Architects,
Serial Entrepreneurs,
Philanthropists



As seen with Jillian Michaels

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DrMichaelExplains@gmail.com & DrAbigail8@gmail.com