

How to Use Your Scripture Cards

A Guide for Your Ibogaine Healing Retreat

Wendi Rees | 22:2 Retreat | wendirees.com

These Scripture cards were created to anchor you in the truth of God's Word at every stage of your ibogaine healing retreat. Each set is color-coded by moment so you always know which cards to reach for. Print them on cardstock, cut them apart, and bring them with you. You do not walk into this alone.

How to Print

- Download this PDF and the Scripture Cards PDF from wendirees.com.
- Print the Scripture Cards on white or cream cardstock (65 lb or heavier prints best).
- Cut along the card edges — each page has 6 cards in a 2x3 grid.
- Fold this instruction sheet and tuck it in with your cards as a reference.

When to Use Each Set

● **Before the Session (Navy Blue)**

Read these cards the morning of your session or the night before. Hold them during your opening prayer. These Scriptures remind you that God is already present in whatever you are about to enter.

● **Cleansing Ceremony (Berry Red)**

These four cards are read aloud by your facilitator during the symbolic hand-washing ceremony before your session begins. You will hear these Scriptures as you wash your hands and speak your declarations. You may keep them nearby as a reminder throughout your time.

● **During the Session (Sage Green)**

Place these cards face-up near you before you go under, or have your facilitator hold them. If you surface during the experience and feel afraid, these are the truths to come back to. God is with you in the valley.

● **Identity in Christ (Lavender)**

Use these in the hours immediately after your session, when your mind is open and reforming. Read them slowly. Let them settle. These are not new truths — they are old truths your heart may be ready to receive in a new way.

● **Healing (Burnt Orange)**

These cards are for whenever pain, doubt, or fear surfaces — before, during, or after. Christ is your Healer. He used this experience to meet you. Return to these as often as you need.

● **Integration (Gold)**

These are your going-home cards. Read them in the days and weeks after your retreat as you process what God did in you. Tape one to your mirror. Keep one in your Bible. Let the transformation continue.

"Every good and perfect gift is from above, coming down from the Father of the heavenly lights." — James 1:17