



Join us for “Chai & Biscuits”

We invite you to join us for **Chai & Biscuits** on Thursday, February 15, 2024, at 8:00 pm, GMT. This will be the “kick-off” of a virtual monthly gathering place for sharing. Our current plan is that we will meet the same time on every Third Thursday (GMT) of the month.

Some other Time Zones include:

Region	Canada/USA		London/UK	Germany	UAE	Pakistan	Australia	New Zealand
Feb 15/ Third Thursday	12:00 Noon, PT	3:00 PM, ET	8:00 PM, GMT	9:00 PM, CET	12:00 Mid, GST			
Feb 16 Third Friday						1:00 AM, PKT	7:00 AM, AEDT	9:00 AM, NZDT

For most of us, our memories of chai and biscuits conjure up images of comfort, hospitality, being with friends, having unhurried time to talk. That’s what we want you to feel (again!) when you join us for Chai and Biscuits.

We are offering a monthly time when we can come together over Zoom and share stories of our common childhood heritage – stories of all kinds! Stories of sadness, joy, grief, humor, pain, irony – whatever, all are welcome. We are offering a safe space and time for you to share with others who understand our shared heritage how that heritage has impacted our lives in ways big and small, positive and not-so-positive both then, when we were children, and now. Our time together will be relaxed and informal. Come join us – ready to listen and share – with your own cup of chai and some biscuits!

WHAT is Chai & Biscuits? It is an interactive gathering and a safe place to share with one another our stories of childhood – the ones that are easy to share as well as the more difficult or painful ones. Stories shared will be met with grace and compassion. Any story is welcome here.

WHERE is Chai & Biscuits? It is a monthly virtual, interactive gathering held on Zoom.

WHEN is Chai & Biscuits? It will launch on Thursday, February 15, 2024, at 3:00 PM Eastern Time (Canada/USA) and 8:00 PM Greenwich Mean Time (London, UK). After that, we currently plan to hold it on the third Thursday of each month at the same time. Check your Time Zone.

WHO is invited to Chai & Biscuits? It is open to all former MCS students, parents and staff worldwide. Interested parents of current MKs in Pakistan are also welcome.

WHY are we offering Chai & Biscuits? What is the purpose? **Chai & Biscuits** offers:

- A safe, non-threatening, non-judgmental place to bring authentic, potentially painful, childhood stories of vulnerability and how those stories have affected our lives. A place where there is no need for defensiveness.
- A listening ear, a compassionate heart, and a hand of friendship to those who join.
- Hope, acceptance and the realization that, although our stories are each unique, we share much in common and we are not alone.
- A safe place to share our childhood stories and feel welcomed, heard, and understood.