Giova	nnis CATERING MENU		
DELIW	103 MAIN ROAD, GREEN POINT, CAPE TOWN. TEL: 021 434 6893 EMAIL: giodeli@i		
	BEEF - APPROX 3 PORTIONS PER KG AS A MAIN		
Beef curry	Sirloin cubes cooked in a mild curry sauce with potato and carrots		
Beef Lasagne	Beef mince bolognaise with bechamel and cheese inbetween layers of pasta		
Beef Strogonoff	Sirloin strips in a creamy tomato, paprika and mushroom sauce		
Indian beef curry	Beef fillet pieces in our delicious coconut & tomato curry sauce with chickpeas		
Beef fillet	Single serve 250 g portions of beef fillet topped with our delicious mushroom sauce		
Veal schnitzel	Baby beef coated with flour, egg and breadcrumbs and lightly pan-fried		
Lamb Knuckle curry	Lamb on the bone slow cooked in our delicious curry sauce with black beans		
Cottage pie	Lean beef mince with peas topped with creamy mashed potato		
	CHICKEN ( ELGIN FREE RANGE ) - APPROX 3 PORTIONS PER KG AS A MAIN		
Balti almond chicken	Chicken breast pieces in a mild and creamy curry sauce with toasted almonds		
Chicken schnitzel	Tender chicken breast fillets coated with egg & breadcrumbs and pan-fried		
Sweet chilli chicken	Stir-fried pieces of chicken breast in a delicious sweet chilli sauce with cashews		
Thai plum chicken	Stir-fried pieces of chicken breast in a delicious Asian plum sauce with cashews		
Chicken Limone	Flattened chicken breast marinated in lemon, olive oil & herbs and oven grilled		
Chicken Tikka	Flattened chicken breast marinated in a spicy tikka sauce and oven grilled		
Chicken Tarragon	Chicken breast baked in a creamy wine sauce with roasted tomato and tarragon		
Chicken Genovese	Stir-fried pieces of chicken breast with soy sauce, sweet peppers & zucchini strips		
Moroccan Tagine	Chicken bone-in thighs cooked in onion, spices, apricots, honey and almonds		
	FRESH FISH - SINGLE PORTIONS		
Teriyaki salmon	Fresh Norwegian salmon marinated in a teriyaki sauce & grilled. Approx. 180g portion		
Kingklip al olio	Fresh Kingklip baked with olive oil, garlic, chilli and herbs. Approx. 200g portion		
	SIDE VEGETABLES - APPROX 5 - 6 PORTIONS PER KG		
Roasted beetroot	Slow roasted with olive oil, balsamic vinegar, Maldon salt & black pepper		
Grilled veggies	Seasonal veggies roasted with olive oil, Maldon salt, herbs and spices		
Italian Broccoli	Steamed and dressed with olive oil, garlic and Maldon salt		
Grilled butternut	Roasted with cumin seed, olive oil, black pepper & Maldon salt		
Thai noodle stir fry	Stir-fried pasta and seasonal veggies with olive oil and Thai spices		
Basmati rice	Quality Basmati rice steamed to perfection		
Sweet potato	Slow roasted with olive oil, honey and Maldon salt		
Creamy Potato mash	Potatoes mashed with butter and milk		
Cauliflower & kale	Roasted Cauliflower & chickpeas with steamed kale & hummus sauce		
Vegan veggie Quinoa	Quinoa with roast carrots, edamame beans, chickpeas & red peppers		
Green Beans & Fennel			
Spanish potatoes	Roasted potatoes, sweet peppers, onion & garlic with olive oil & paprika		
Roast potato wedges	Roasted potatoes with onion, garlic, rosemary and mild chilli		
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	VEGETARIAN - APPROX 3 PORTIONS PER KG AS A MAIN		
Vegetable Lasagne	Seasonal veggies with tomato, bechamel and cheese inbetween layers of pasta		
Vegetable Masala curry			
Porcini Risotto	Arborio rice with porcini mushrooms, vegetable stock and parmesan cheese		
Roast Tomato Risotto	Arborio rice with roasted rosa tomatoes, vegetable stock and parmesan cheese		
	FRESH SALADS - MADE ON A LARGE PLATTER ENOUGH FOR 10 PEOPLE ( HALF SIZE ALSO AVAILABLE )		
Greek salad	Mixed greens, feta, kalamata olives, cucumber, tomato, onion, peppers		
Gourmet Italian	Greens, artichokes, marinated peppers, brinjals, mushrooms, mozzarella, parmesan		
Mozzarella & rocket	Baby mozzarella balls with rocket, cherry tomatoes, shaved parmesan		
Healthy Vegan	Mixed greens, carrots, onion, edamame, chickpeas, pecans, vegan cheese		
	Separate bottle of salad dressing included with above		

Traditional Tiramisu Coffee and brandy soaked finger biscuits with mascapone cheese

Nutella Tiramisu Coffee and brandy soaked finger biscuits with Nutella & mascapone cheese

Limoncello Tiramisu Lemon tea and limoncello soaked finger biscuits with lemony mascapone cheese

**DESSERT** 

Meals are served in foil trays (variable sizes to accommodate your order). You may also bring in your own dishes for Prices are subject to change without notice. Updated 19 NOV 2024. Prices include VAT.

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KG PRICE	
199.50	
167.50	
279.00	
255.00	
749.00	
429.50	
279.50	
199.50	
177.50	
KG PRICE	
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