Na Maka K Prep School

16 days, Whole month is \$80

All orders and payment DUE by June 20th

July 2025

Tuesday	Wednesday	Thursday	Friday
1	2	3	4
Breaded Fish (Hoki)	Turkey & Swiss Cheese	Baked Macaroni	
Tartar Sauce Packet	on Whole Wheat Bread	Garlic Bread	July 4th
Steamed Hapa Rice	Carrot Sticks	Hot Vegetable	Independence Day
Sweet Dinner Roll	Fruits	Fruits	No School
Hot Vegetable			
Fruits			
8	9	10	11
Spaghetti Noodles	Chicken Nuggets	Meatballs with Gravy	Boneless Teri Chicken
w/ Meat Sauce	Tater Tots	Steamed Hapa Rice	Steamed Hapa Rice
Garlic Bread	w/ Ketchup	Sweet Dinner Roll	Hot Vegetable
Hot Vegetable	Sweet Dinner Roll	Hot Vegetable	Sweet Dinner Roll
Fruits	Fruits	Fruits	Fruits
15	16	17	18
Breaded Fish (Hoki)	Turkey & Swiss Cheese	Beanless Chili	Pizza Slices
Tartar Sauce Packet	on Whole Wheat Bread	Steamed Hapa Rice	Hot Vegetable
Steamed Hapa Rice	Carrot Sticks	Hot Vegetable	Garlic Bread
Sweet Dinner Roll	Fruits	Sweet Dinner Roll	Fruits
Hot Vegetable		Fruits	
Fruits			
22	23	24	25
Chicken Nuggets	Spaghetti Noodles		
Ketchup Packet	w/ Meat Sauce	No School	No School
Steamed Hapa Rice	Hot Vegetable		
Hot Vegetable	Garlic Bread		
Sweet Dinner Roll	Fruits		
Fruits			
29	30	31	
No School No School	No School	No School	School Starts Aug 6th
			Supply Drop off by end of Summer School (July 23rd) or on Aug 4th 9a-2p
	Tartar Sauce Packet Steamed Hapa Rice Sweet Dinner Roll Hot Vegetable Fruits 8 Spaghetti Noodles w/ Meat Sauce Garlic Bread Hot Vegetable Fruits 15 Breaded Fish (Hoki) Tartar Sauce Packet Steamed Hapa Rice Sweet Dinner Roll Hot Vegetable Fruits 22 Chicken Nuggets Ketchup Packet Steamed Hapa Rice Hot Vegetable Steamed Hapa Rice Hot Vegetable Steamed Rice Hot Vegetable Steamed Hapa Rice Hot Vegetable Steamed Rice Hot Vegetable Sweet Dinner Roll Fruits	Breaded Fish (Hoki) Tartar Sauce Packet Steamed Hapa Rice Sweet Dinner Roll Hot Vegetable Fruits 8 Spaghetti Noodles W/ Meat Sauce Garlic Bread Hot Vegetable Fruits 15 Breaded Fish (Hoki) Tartar Sauce Packet Steamed Hapa Rice Sweet Dinner Roll Hot Vegetable Fruits 22 Chicken Nuggets W/ Ketchup Sweet Dinner Roll Fruits Turkey & Swiss Cheese on Whole Wheat Bread Carrot Sticks Fruits Fruits Spaghetti Noodles W/ Ketchup Sweet Dinner Roll Fruits Spaghetti Noodles W/ Meat Sauce Hot Vegetable Steamed Hapa Rice Hot Vegetable Steamed Hapa Rice Hot Vegetable Sweet Dinner Roll Fruits Spaghetti Noodles W/ Meat Sauce Hot Vegetable Garlic Bread Fruits Spaghetti Noodles Fruits	Breaded Fish (Hoki) Tartar Sauce Packet Steamed Hapa Rice Sweet Dinner Roll Hot Vegetable Fruits 8 Spaghetti Noodles W/ Meat Sauce Garlic Bread Hot Vegetable Fruits 8 Spaghetti Noodles W/ Meat Sauce Garlic Bread Hot Vegetable Fruits Sweet Dinner Roll Fruits 15 Breaded Fish (Hoki) Tartar Sauce Packet Steamed Hapa Rice Sweet Dinner Roll Hot Vegetable Fruits Turkey & Swiss Cheese on Whole Wheat Bread Carrot Sticks Fruits 16 Turkey & Swiss Cheese on Whole Wheat Bread Carrot Sticks Fruits Steamed Hapa Rice Sweet Dinner Roll Hot Vegetable Fruits Tartar Sauce Packet Steamed Hapa Rice Sweet Dinner Roll Hot Vegetable Fruits Turkey & Swiss Cheese on Whole Wheat Bread Carrot Sticks Fruits Steamed Hapa Rice Hot Vegetable Fruits Spaghetti Noodles W/ Meat Sauce Hot Vegetable Garlic Bread Fruits No School Fruits 29 30 31