

THE MESQUITER

Mesquite Club, Inc . Serving the Las Vegas Valley since 1911

Check out our Website: <http://www.mesquiteclub.com/>

May 1, 2020

STAY SAFE AND STAY CONNECTED

**We hope that everyone is staying safe.
If anyone needs assistance, please reach out, and we will get help to you.**

Gov. Sisolak announces Nevada United: Roadmap to Recovery plan.

Carson City, NV — Yesterday, Nevada Governor Steve Sisolak laid out the State's Nevada United: Roadmap to Recovery Plan, designed to build a path forward and safely restart Nevada's economy. "This roadmap outlines a coordinated, state-specific plan to address the COVID-19 public health and economic crisis. The core guiding principle is that our efforts should be federally supported, state managed, and locally executed," said Gov. Sisolak. "I am confident that if leaders and stakeholders throughout Nevada work together to accomplish our shared goals, anything is possible, even in the most trying of times. We will do this as quickly and safely as we possibly can, with a gradual, phased-in approach."

In addition to the issuance of plan yesterday, Governor Sisolak extended his Stay at Home Directive to May 15, while Nevada works to meet the criteria previously laid out by the State. The criteria include a consistent downward trajectory of COVID-19 cases and hospitalization over a 14-day period, hospitals having the ability to maintain hospital capacity without employing Crisis Standards of Care, and expanded testing. Case contract tracing must also be on track, so that the public health workforce can detect, test, trace, and work to isolate those that have contracted the virus. Lastly, the health and protection of vulnerable populations must be ensured, with all efforts being done to minimize outbreaks in special settings like health facilities and nursing homes.

We hope that members are staying safe and that if you need anything, please reach out. I have had several members do so and have connected them with the services that they need. The Mesquite Club, board of directors will meet on Tuesday. After that meeting, I will send out the May newsletter with a message from our president.

Happy May Day!

May Day is a public holiday usually celebrated on May 1, or the first Monday of May. It is an ancient festival of Spring and a current traditional spring holiday in many European cultures.

Dances, singing, and cake are usually part of the festivities.

I look forward to when we can dance, sing, and eat cake together,

Stay safe! Cherie



HAPPY MAY DAY

APRIL BIRTHDAYS; THANK YOU; SUFFRAGE AT 100



I neglected to include April Birthdays in past news.
We wish you a belated birthday!

Carol Hale 04/04
Gina Cicconi 04/06
Elaine Richardson 04/06
Mary Louise Brooks 04/09
Barbara Allen-Lewton 04/11
Joan Maule 04/18
Cathy Zangl 4/20
Edith Farran 04/21
Connie Hines 04/23
Jacie Urquidi-Maynard 04/30

Thank you

When you have an
ATTITUDE
of
GRATITUDE
You wake up saying
THANK YOU!

Maya Angelou

We cannot meet in person right now, but it is important to remember to say thank you to the ladies who have been working diligently to keep the business of the Mesquite Club moving forward.

Feel free to take a moment to send an email or card to members of the board and

chairs of committees. They have never stopped caring about how to support the Club and its members.

We are so lucky to have these ladies taking care of us.

THANK YOU to the 2019-2020 administration of the Mesquite Club. You are greatly appreciated!

Suffrage at 100: The Symbols of Suffrage



From the National Museum of American History Collection

What proponents of the suffrage movement wore were just as important as what they said. This month, we are exploring some different symbols of the movement and what they meant to those who wore them.

The Suffrage Colors

In 1908, the Women's Social and Political Union in England adopted the colors of white, purple, and green to distinguish their political movement for the right to vote. In 1867, gold replaced green in tricolor displays when suffragists from Kansas began using gold as a representative of their state flower: the sunflower. From then on in the United States, gold was incorporated into suffrage displays.

A 1913 edition of *The Suffragist*, a weekly newspaper published by the Congressional Union for Woman Suffrage, stated that: "Purple is the color of loyalty, constancy to purpose, unswerving steadfastness to a cause. White, the emblem of purity, symbolizes the quality of our purpose; and gold, the color of light and life, is as the torch that guides our purpose, pure and unswerving."

The Suffrage Sash

Sashes were worn at parades and rallies to show loyalty to the suffrage



movement. Different organizations such as the National Woman's Party and the Women's Political Union made their own sashes. However, they were usually adorned with the one or all the suffrage colors. "Votes for Women," was the most popular slogan embroidered on the sashes.

-GFWC News & Notes April 30, 2020

MAY NOTES; RENEW DUES; SMOKED SALMON PINWHEELS

May Observances & Fun Facts

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| May 2020 is Observed as | National Bike Month National Physical Fitness and Sports National Mental Health Awareness Lupus Awareness month Lyme Disease Awareness Month Asian American & Pacific Islander Heritage Jewish American Heritage Month National Foster Care Month Older Americans Month |
| May Birthstone | Emerald |
| Fruit & Veggies for the Month of May | Mangos Limes Potatoes Rhubarb |
| May Flower | Lily of the Valley & Hawthorn |
| May Astrological Sign | Taurus (till 20th) & Gemini (21st →) |
| Proclamations and Notable May Observances | May 1: Law Day, U.S.A. May 1: Loyalty Day |



DUES REMINDER!

Take a moment to fill out the dues renewal form. It is attached. Please return it with your check to Sue Churchill at the address listed on the form.

We look forward to when we can get back together again.

SMOKED SALMON PINWHEELS

PREP TIME - 10 MINUTES

TOTAL TIME - 10 MINUTES

SERVES - 4

Deliciously savory smoked salmon pinwheels rolled up with a flavorful chive and dill cream cheese and tons of fresh spinach. This easy, healthy appetizer comes together in just 10 minutes for the ultimate party food or snack!



Ingredients

2 burrito style spinach wraps (or can use any burrito size wrap)
4-6 ounces cream cheese
1 tablespoon chopped fresh dill
½ tablespoon chives
1/8 teaspoon garlic powder
2-3 cups spinach
4-6 ounces smoked salmon

Instructions

In a small bowl combine cream cheese, dill, chives, and garlic powder. Mix until well-incorporated and creamy. Lay out both wraps and evenly spread the cream cheese onto each one, leaving about a half inch of room around the edges. Spread the cream cheese out to the edge on one side, as you'll use this side to "seal" the pinwheel.

Evenly distribute the spinach between your two tortillas, followed by the smoked salmon.

Tightly roll up each wrap, tucking in the ends as you go. It's important to roll these as tightly as possible so that the pinwheels stay together when cut.

With a small serrated knife cut the edges off of each wrap, and then cut each one into ½ inch rounds. You should get about 14-16 pinwheels, 7-8 per wrap.

Feel free to assemble as-is or stick a toothpick into each pinwheel to serve.



THE MESQUITE CLUB, INC
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RETURN SERVICE REQUESTED

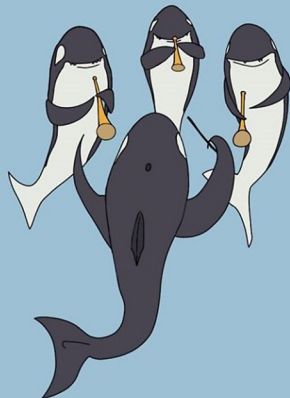


Cherie!

SOMETHING TO MAKE YOU
SMILE

Have a great week and please
stay safe!

*What do you call a pod
of musical whales?*



An Orca-stra!

Stay Connected

Stay Safe

Send anything that you want to share for
the next bulletin:

Email to: cherieleewilliams@earthlink.net,

or mail to; Cherie Lee Williams

3301 Calle De El Cortez

Las Vegas, NV 89102

Tel: 405-9422—Cell: 310-710-9792

See you soon!

Check out our Website!

<http://www.mesquiteclub.com/>