Pure Coaching Techniques

Technique 1: Active Listening and Building Trust

Active listening involves attentively understanding the teacher's needs, concerns, and challenges in using instructional technology (brightmorning, 2020). Building trust through going slow to go fast allows coaches to understand the school culture and teacher's comfort level (Racines, 2019). This combination of techniques enables coaches to effectively identify appropriate technology solutions (Moore, 2020).

Appropriate Use:
When a teacher is expressing difficulties in implementing technology or when exploring new technology opportunities.

Technology Resource:
Google Forms - Use this tool to gather feedback from teachers, allowing them to express their needs, concerns, and expectations.

Coaching Goal:
Improve my ability to empathize with teachers, build trust, and identify their needs to provide customized technology solutions.

Technique 2: Powerful Questioning and Listening for the Request in the Complaint

Powerful questioning encourages teachers to think critically about their use of technology and explore new possibilities for integrating technology in their teaching (Moore, 2020). Listening for the request in the complaint helps coaches understand the underlying needs of the teacher and offer tailored support (Racines, 2019). These techniques empower teachers to take ownership of their learning and make informed decisions (brightmorning, 2020).

Appropriate Use:
During planning sessions, professional development workshops, or one-on-one coaching sessions.

Technology Resource:
Padlet - Use this tool to facilitate brainstorming sessions and idea sharing among teachers when discussing technology integration.

Coaching Goal:
Enhance my questioning and listening skills to empower teachers to explore creative and effective ways to integrate technology in their classrooms.

Technique 3: Promoting Learning and Outcomes with Positive Intentions

This technique focuses on helping teachers set realistic goals for technology integration, design actions to achieve those goals, and track progress (Moore, 2020). Assuming positive intentions, coaches provide support, resources, and guidance while ensuring teachers take responsibility for their actions (Racines, 2019; brightmorning, 2020).

Appropriate Use:
When supporting teachers in the planning, implementation, and evaluation phases of technology integration.

Technology Resource:
Trello - Use this tool to help teachers plan, organize, and monitor their progress in technology implementation.

Coaching Goal:
Develop my ability to guide teachers in setting and achieving measurable goals for technology integration with a positive mindset, promoting growth and continuous improvement.

References: brightmorning. (2020). Episode 2: Coaching to create boundaries with Kathrina. brightmorningteam.com/2020/06/episode-2-coaching-to-create-boundaries-with-kathrina/ Moore, C. (2020). 32+ coaching skills and techniques for life coaches & leaders. Positive Psychology. positivepsychology.com/coaching-skills-techniques/ Racines, D. (2019). 4 Tips for Instructional Coaches. Edutopia. George Lucas Educational Foundation. https://www.edutopia.org/article/4-tips-instructional-coaches