

Hunt Performance

Page 1 - Your Week Ahead

My Top 3 Priorities this week I did nothing else other than these this week I would b pappy!	e My Annual/Quarterly Goals I will take these actions towards my annual/quarterly goals!
	_ 1
	_
mash those Obstacles What's getting in the wa	
ck one tough situation or decision you have been avoiding o ocrastinating, and write one action you will take to resolve i	The state of the s
	_
/hat I MUST remember this week:	My Distractions or Interruptions to watch out for this week!
ny birthdays, anniversaries, events, things I ust remember to bring etc.	
	Looking after You! What one action will you take this week just for you?
	Long-term Goal or Intention One action I will take this week towards a long-term goal, intention or vision
	-
roductivity Accelerators	civity? Eg. delegate, say "no", have a super-focused day, try something new etc
Productivity Accelerators That action will I take this week to accelerate my product	

travel time. I have time just for me, for my health and time for people important to me. My admin tasks are covered and I feel in control.



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Pag	e 2 - Your Week in ReviewAdd date here
	review your week, make sure you complete the questions below in full. You can add more items you're proud of etc. but not less than the ad amount. It's important that if you can't find answers to all the questions that you lower your standards until you CAN!
VI T	Progress this week? What specifically have I achieved, progressed - what are my successes and wins?
1	
2	
3	
	What am I proud of this week? What do I need to give myself a pat on the back for?
2	
3	
IS REPORT	What have I learned this week? Where were you too hard on yourself, what could you have done differently, what other key insights or realisations have you had this week?
1	
2	
3	
	Appreciation What am I grateful for this week?
1	
2	
3	
No.	The people I will make a point of thanking this week are:
	What one thing could I do differently next week? Look at everything you've reviewed above and think of one thing you could do differently next week. It may simply be how you decide to BE or choose to see the world. It could also be an action you take, a thought or quote you focus on or something else – but it will be unique to you. Just write it here and see what happens: