

Jen Hogestad

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Has worked in EMS since 2002. Starting out as a EMT in the hospital, then as a paramedic on the streets, then as a nurse in the ER, then back to working as a paramedic on the streets. All of which has been in northern Colorado. Working as the peer support team coordinator for two agencies. Understanding how mental health is a priority in any career let alone emergency services. Working to break the stigma surrounding mental health.