

SERVICES OFFERED

Companionship

Includes:

- assistance with hobbies/crafts, reading/writing, taking
- · walks, social activities, and friendly conversation
- · Meal preparation, including grocery shopping and meal
- planning
- Light Housekeeping: includes dusting surfaces
- (excluding trinkets), vacuuming, mopping, cleaning
- bathrooms (toilets and wiping surfaces only), laundry
- (except ironing), watering house plants, and tidying up.
- (Does not include any yard work, getting on a ladder or
- step-stool, or stain removal of any kind)
- Transportation: Driving clients to appointments,
- church, social activities and running errands
- Pet care to include walking/feeding/watering a pet
- Home monitoring, supervising home maintenance and
- waiting for service technicians

Personal Assistance Services (PAS)

Consists of companionship + one or more of the following:

- Feeding
- Transferring
- Toileting
- Incontinence care
- Helping with ambulation and exercise
- Bathing
- Dressing
- Routine care of hair or
- skin
- Grooming
- Vital signs to include
- · taking temperature and blood pressure using an electronic cuff
- Assistance with medications that are normally self-administered
- Any hands-on care or assistance





SERVICES OFFERED

Skilled Nursing

Includes:

- Changing sterile dressings; any sterile invasive procedure
- Catheterizing; irrigating body cavities
- Applying heat by any method
- Trachea care
- Intravenous therapy; clinical lab services or testing support
- Any medical treatment or therapy service that requires a doctor's oversight and/or prescription or coordination of such services
- Furnishing of medical equipment and supplies
- Skilled care with pertinent diagnosis
- Hospice support and services including counseling, bereavement counseling and coordination of short-term in-patient care
- Clipping/trimming of clients' fingernails or toenails
- Physical/occupational/respiratory therapy
- Speech pathology services
- Audiology services
- Medical social services
- Nutritional counseling
- Patient education Re; disease processes
- Servicing of medical equipment such as changing oxygen tanks
- Work with, accept or train volunteers
- Waived testing; laboratory testing
- Administration of any prescription medication by any route
- Insulin injections or injections of other medicine by way of syringe
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