



Troop 1401 Patrol Duty Roster

Patrol: _____ Campout Grubmaster: _____

Campout: _____ Date: _____

	Cook	Assistant Cook	Fire	Water	KP	Assistant KP
Breakfast						
Lunch						
Dinner						
Breakfast						



Troop 1401 Food Guidelines

Menu

- Be sure the troop has the utensils and cookware to cook the meal
- Plan food that must remain cool appropriately. Ingredients that must remain frozen are inappropriate for most campouts.
- Is there a fruit or vegetable for each meal?
- What will the patrol have to drink besides water?
- No donuts
- No brats or hotdogs
- No ramen noodles for super or as an entree. Ramen for lunch must have an entrée to accompany it (e.g. grilled ham and cheese).

Shopping List

- Do you have every ingredient needed to make each meal on the list?
 - Make sure to be specific. For example, make sure to choose pancake mix that is the just add water type. Also, if you don't include syrup and butter, you will be having pancakes dry.
- Did you estimate the amount of food you need?
 - 2 pieces of bread per person per sandwich
 - 2 to 3 packages of individual oatmeal packets per person
 - 1 to 2 packages of individual hot chocolate per person or the appropriate sized can or cans
- Is the shopping list complete? This includes items such as paper towels, dish soap, salt, pepper, aluminum foil, charcoal, etc.
- Do you have the budget for the campout?

Buying Guidelines

- The grubmaster oversees buying the food for the campout. This should be done with a senior scout who has shopped before (such as the PL) or a parent. The parents should not do this for the scout.

Campout

- Be sure you have all the food for the campout (nothing left in the refrigerator at home)
- Bring the food receipt with your name and patrol on it and submit it to the SPL
- Any food requiring refrigeration must be planned for appropriately. Necessary space for enough ice needs to be available in the cooler.
- Be sure to have the troop supplied sanitizer tablets. These are much better than bleach.