

# Our Lady of Perpetual Help Chaplet

(To be recited on the ordinary rosary bead)

## **Opening Prayer:**

- Sign of the Cross

## **1<sup>st</sup> Decade:**

- Large Bead: O Mother of Perpetual Help, listen to our pleading souls. You can help us in all our needs. Mary, with hope, we call on you.
- 10 Small Beads: "O Mary, help us!"
  - Mary has helped us. Mary wants to help us. Mary can help us. Mary will help us.

## **2<sup>nd</sup> Decade:**

- Large Bead: O Mother of Perpetual Help, listen to our pleading souls. You can help us in all our needs. Mary, with hope, we call on you.
- 10 Small Beads: "O Mary, help us!"
  - Mary has helped us. Mary wants to help us. Mary can help us. Mary will help us.

## **3<sup>rd</sup> Decade:**

- Large Bead: O Mother of Perpetual Help, listen to our pleading souls. You can help us in all our needs. Mary, with hope, we call on you.
- 10 Small Beads: "O Mary, help us!"
  - Mary has helped us. Mary wants to help us. Mary can help us. Mary will help us.

## **4<sup>th</sup> Decade:**

- Large Bead: O Mother of Perpetual Help, listen to our pleading souls. You can help us in all our needs. Mary, with hope, we call on you.
- 10 Small Beads: "O Mary, help us!"
  - Mary has helped us. Mary wants to help us. Mary can help us. Mary will help us.

## **5<sup>th</sup> Decade:**

- Large Bead: O Mother of Perpetual Help, listen to our pleading souls. You can help us in all our needs. Mary, with hope, we call on you.
- 10 Small Beads: "O Mary, help us!"
  - Mary has helped us. Mary wants to help us. Mary can help us. Mary will help us.

## **Concluding:**

- Hail Mary...x 3
- Glory Be...
- We fly to your patronage, O Holy Mother of God! despise not our petitions in our necessities: but deliver us from all dangers. o ever glorious and blessed virgin Mary. Our Lady of Perpetual, pray for us!