



2021

*Beautiful You
Planner*

2021

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Planner*

Is presented to you and designed by

Juanri Steenkamp

Beautiful You with Rooibos



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If you want to join my Beautiful You with Rooibos group just send me a message on one of these message platforms

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2021

At a glance

January

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

February

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

November

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



January

When you do something noble
and beautiful and nobody
noticed, do not be sad. For the
sun every morning is a
beautiful spectacle and yet
most of the audience still
sleeps.”

John Lennon

Beautiful You with Rooibos Tip: After you made yourself a cup of Annique rooibos tea - you can tear open the bag and use the inside as an exfoliator. Exfoliate about twice a week.

Plan your month of *January*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

Monthly Goals



February

The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart.

Helen Keller

Beautiful You with Rooibos Tip: If you have bags under your eyes, take a used Annique Green Rooibos tea-bag and place into the fridge for 60 minutes - put the cold tea-bags on your eyes and relax for 30 minutes. Green Rooibos tea rejuvenates your body and skin.

Plan your month of *February*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	1	2	3	4	5	6
7	8	9	10	11	12	13

Monthly Goals



March

There is no definition of
beauty, but when you can see
someone's spirit coming
through, something
unexplainable, that's beautiful
to me.

Liv Tyler

Beautiful You with Rooibos Tip: Make some Annique Rooibos and Jasmin tea and put in a spray bottle. Keep cold. When skin on face is red and inflamed, spray on your face before you go to bed. Jasmin tea also known as the relax tea also helps sooth acne skin.

Plan your month of *March*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	6	7	8	9	10

Monthly Goals



April

Love yourself for who you are,
and trust me, if you are happy
within, you are the most
beautiful person, and your
smile is your best asset.

Ileana D'Cruz

Beautiful You with Rooibos Tip: Steep some Annique Rooibos and Cinnamon tea for about 30 minutes in boiled water. Spray on hair and let it sit for 20 minutes before you rinse it. Cinnamon helps remove build-up from the scalp allowing for healthier follicles that in turn promote better hair growth.

Plan your month of *April*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1
2	3	4	5	6	7	8

Monthly Goals



May

Never lose the opportunity of
seeing anything beautiful, for
beauty is God's handwriting.

Ralph Waldo Emerson

Beautiful You with Rooibos Tip: Begin your week off with a revitalising Rooibos and Mint bath! Mint has antiseptic qualities, just what your body needs.

Plan your month of *May*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

Monthly Goals



June

Never lose the opportunity of
seeing anything beautiful, for
beauty is God's handwriting.

Ralph Waldo Emerson

Beautiful You with Rooibos Tip: To treat rashes and bug bites, apply a damp, cooled Rooibos and Hemp Seed teabag to the affected area. The tea will help reduce inflammation and take the edge off the itch.

Plan your month of *June*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10

Monthly Goals

A decorative frame composed of several overlapping, slightly offset gold-colored geometric shapes, primarily hexagons and pentagons, creating a layered, crystalline effect.

July

The most beautiful thing you
can do is wear confidence.

Blake Lively

Beautiful You with Rooibos Tip: If you suffer from motion sickness, make some Annique Rooibos Ginger tea, let it cool down (Ice Tea). Drink before you leave for your trip and sip while you travel.

Plan your month of *July*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

Monthly Goals



August

Smiling is definitely one of the best beauty remedies. If you have a good sense of humor and a good approach to life, that's beautiful.

Rashida Jones

Beautiful You with Rooibos Tip: To treat Fever blisters make some AnniQue Rooibos and Buchu tea, pour it in ice trays. When you feel your fever blister is coming along or is already there, take one of the Buchu ice blocks and hold it on your fever blister as long as you can until you feel a tingling sensation. Take away for a few seconds and hold it again.

Plan your month of *August*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6	7	8	9	10	11

Monthly Goals



September

Beauty is when you can
appreciate yourself. When you
love yourself, that's when
you're most beautiful.

Zoe Kravitz

Beautiful You with Rooibos Tip: If you or baby suffers from Eczema, take an Annique Rooibos teabag and place it in the bath. The anti-inflammatories of the rooibos helps reduces the itchiness and redness

Plan your month of *September*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2
3	4	5	6	7	8	9

Monthly Goals



October

Once I was just a blank canvas
but life and my journeys
created a beautiful
masterpiece. Some will view it
as scribbles and others will see
the Mona Lisa.

Juanri Steenkamp

Beautiful You with Rooibos Tip: Make yourself a Rooibos Moringa face mask. Mix 1x teaspoon of Annique Rooibos Moringa leaves (inside of the teabag) with 1x tablespoon of raw honey and 1x teaspoon of lemon juice. Apply this to your face and leave in for 10 minutes.

Plan your month of *October*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

Monthly Goals



November

Everything that is made
beautiful and fair and lovely is
made for the eye of one who
sees.

Rumi

Beautiful You with Rooibos Tip: Steam your pores by placing Annique Green Rooibos into a bowl of hot, steamy water. Lean over the bowl for 5-10 minutes and let the steam work its magic.

Plan your month of *November*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4
5	6	7	8	9	10	11

Monthly Goals

A decorative frame composed of several overlapping, slightly offset gold-colored geometric shapes, primarily hexagons and pentagons, creating a layered, crystalline effect.

December

To me, beauty is natural
beauty. If you're naturally
yourself, you're beautiful.

Young M.A

Beautiful You with Rooibos Tip: Sooth a sunburn by bathing in some tea and use the used teabag by placing it in the refrigerator and dapping the cool teabag on your burnt areas gently.

Plan your month of *December*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

Monthly Goals

Weekly Planner:

Monday

Tuesday

Wednesday

Thursday

Friday

Weekend

Motivation Quote



Bible Verse



Daily Planner:

7 AM

8 AM

9 AM

10 AM

11 AM

12 PM

1 PM

2 PM

3 PM

4 PM

5 PM

6 PM

7 PM

Gratitude



To do list



🌿 Notes & Posts for the day 🌿