

CHANHASSEN SUMMER TENNIS CLASS PROGRESSION FLOW CHART

www.chanhassentennis.com

Little Tikes Blue
(Ages 4-5)

TIER 1 CLASS OPTIONS:



Little Tikes Gold
(Ages 6-7)

COMPARISON OVERVIEW:

The goals of these two classes are to build skills, athleticism and to find a love for the game of tennis. In the Little Tikes Gold class we start to work with the kids on the foundation of rallying. Kids will also have greater success at this age if they are allowed to learn with kids their own age and their own ability level.



TIER 2 CLASS OPTIONS

Beginner/Intermediate Younger
(Ages 8-10)

Youth Match Play
(Ages 8-10)

COMPARISON OVERVIEW:

The main difference between these 2 classes is the match play portion. The Beg/Int class will focus on building athleticism and learning to rally with proper tennis strokes, but no match play portion. The skills, athleticism and rallying are also emphasized in the Youth Match Play class during the first hour of the class. The last approximate 30 minutes will be devoted to practicing these skills during match play portion.



TIER 3 CLASS OPTIONS

Beginner/Intermediate Older
Older (Ages 11-15)

Youth Match Play
Ages (11-15)

Beg/Int HS Tennis
Ages (11-18)

COMPARISON OVERVIEW:

Here again the Beginner/Intermediate (older) will focus on building the athleticism as well as rallying with proper strokes for 1 hour. The Youth Match Play class will also incorporate athleticism and rallying with proper strokes, but the last approximate 30 minutes will be devoted to practicing the skill development portion in a match play setting. The Beg/Int HS Tennis class prepares the lower level B-Team player and those new to tennis to one day play on a high school team. The concentration not only lies on building athleticism and stroke development, but also on specific tennis related conditioning activities as well as specific singles and doubles strategy that are also used on the high school teams.



TIER 4 CLASS OPTIONS

Advanced HS Tennis With Or
Without Matches (Ages 11-18)

Advanced HS Tennis Drill
& Match Play (Ages 11-18)

COMPARISON OVERVIEW:

The main differences between these classes are the times of the day the class meets and the option to play matches. The Advanced HS Tennis class meets in the morning and the participant can choose to add match play. The Advanced HS Drill and Match Play class comes with match play and meets in the afternoon. Both classes are for the Chanhassen Varsity and JV teams. If the participant played at another school they should contact Coach Mason to find out which class is appropriate. For those serious about playing competitive high school tennis and are at the correct ability level the recommendation would be to take the Advanced HS tennis class WITH matches or the Advanced HS Tennis Drill and Match Play class.



TARGET AREA

First and foremost the main goal of our program is to develop a love and respect for the game of tennis so the player will want to play tennis for the rest of his or her life. Secondly, the hope is that one day the player will want to play tennis for their local high school team. These classes will help prepare the player to play high school tennis. In addition, these classes also will prepare the player to compete in local United States Tennis Association Tennis Tournaments that take place within the metro area year-around. If you have any questions, please don't hesitate to contact me at jimhmason@comcast.net.