

Wabi-Sabi Leadership

REFLECTION WORKSHEET



This worksheet invites you to explore how the Wabi-Sabi philosophy—embracing imperfection, impermanence, and simplicity—can deepen your leadership presence and impact. Use the prompts below to reflect on your leadership journey.

Reflection Prompts

1. Where in your leadership are you striving for perfection?
What would shift if you allowed more imperfection or authenticity?

2. Think of a recent situation where something didn't go as planned.
What did you learn from the 'crack' in the experience?

3. Where can you simplify your leadership right now—whether in communication, meetings, or priorities?

4. How do you typically respond to change or uncertainty?
How might accepting impermanence make you more resilient?

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5. Who in your team needs permission to be imperfect?
How can you model that through your own behavior?

6. What parts of your leadership journey carry 'gold' from past mistakes or failures? How can you share that with others?

7. What would it mean for you to lead with more presence and less performance?

Final Reflection

Take a few minutes each day this week to revisit one of your responses. Let the principles of Wabi-Sabi guide you toward a more grounded, present, and human approach to leadership.