



**Newsletter of St Laurence Parish Church, Frodsham**  
**Week commencing Sept. 29<sup>th</sup> 2024 – Harvest/Trinity 18 Year B**  
“To know God and to make God known”

Vicar: Rev Elaine Attack – [revelaine@nym.hush.com](mailto:revelaine@nym.hush.com)

Website: <https://slfchurch.org/> Facebook: [www.facebook.com/saintells/](https://www.facebook.com/saintells/)



**This Week**

September 29 <sup>th</sup> <b>Harvest</b>	8.00 10.00 12.30	Holy Communion – said service Harvest Eucharist with music Baptism	2 Corinthians 9. 6-15 Matthew 6. 25-33
Monday - Friday		Church open: Mon - Thurs 10.00-16.00; Friday 10.00-15.00	
Monday	15.30	Finance sub-group meeting at the Vicarage	
Tuesday	11.30 19.00	Interment of Ashes Holy Communion (said service)	
Wednesday	10.00	<b>Toddler Praise</b>	
Thursday	10.00-12.00	Bee Friends Coffee Morning at the Parish Hall School in church	
Friday	13.00-15.00	Craft and Chat	
October 6 <sup>th</sup> <b>Trinity 19</b>	8.00 10.00 15.00	Holy Communion – said service Holy Communion with music and Admission to communion of children from Frodsham CofE school <b>Messy Church</b>	

**Prayers**

**Our prayers for those who are sick** If you know of anyone whom you feel needs our prayers – please ask permission from them or their family and then pass their name to Rev Elaine: [revelaine@nym.hush.com](mailto:revelaine@nym.hush.com)

**Please pray for –**

*Those who are sick*

*Those who have died*

*Those whose anniversary of death falls this week*

**Prayer Wall** - You can write a prayer and light a virtual candle on our website. <https://slfchurch.org/prayerwall> Please pass your requests to Rev Elaine at the Vicarage if you haven't got internet access.

**Dates for your Diary**

**Children:** **Messy Church** Monthly during term time only [Read more here](#)  
**Toddler Praise** Every Wednesday during term time only [Read more](#)

**\*\*\* NEW \*\*\* FAITH IN ACTION** meets again at 7.30 pm. at David's on Monday 7th. October. See below for more details

**HAUS MUSIK** at David's house on Saturday and Sunday 12<sup>th</sup> and 13<sup>th</sup> October **7.00pm. Please note the correction to the start time (previously incorrectly stated as 7.30pm).** Tickets are now available from Pauline S.

**MU IN DECEMBER** Please note that the December MU meeting will not be on the second Wednesday but will be on the third Wednesday, December 18th.

**Notices**

**HARVEST GIVING** We will be giving a donation from today's collection to Christian Aid - to help their work worldwide. If you would like to give a little extra to our donation - there will be a plate at the back of church.

To help those in need locally - Please could you consider bringing items for the foodbank to church on Sunday or drop off at the supermarkets.

**FAITH IN ACTION** Come along if you can - meets again at 7.30 pm. @ David's on Monday 7th. October.

"How might we make a difference? Engaging with local initiatives that support pensioners, protect the very young and make people more aware of climate change".

**STAMP IT OUT: AND I DID!** Thanks to all who told me about Oxfam. They were delighted to take the used postage stamps I had accumulated and will be happy to take more. I said I would pass the word, so please keep any used stamps that come your way and take them to the Oxfam shop every so often. Thanks again. Beryl x

**THE QUIET PATH: THE BOOK AND A RETREAT** Andrew's latest book is the subject of an article on the Diocese of Chester website; and also of a retreat that he and Wendy are running at Foxhill this weekend. If you want more detail then please use this link: <https://www.chester.anglican.org/news/the-quiet-path-now-in-paperback.php>

**TOWN COUNCIL'S 2024 OVER 70'S GIFT VOUCHER SCHEME** As in previous years, Frodsham Town Council is offering Christmas gift vouchers to its older residents. These vouchers can be redeemed in many of Frodsham's businesses for goods or services or, if donated to St Laurence Church, can be redeemed from the Parish Council for Church Funds. If you live in Frodsham and your 70<sup>th</sup> birthday is on or before 31 January 2025, you can apply for a £15 gift voucher. Please apply online, if possible, using this link: <https://frodsham.gov.uk/gift-voucher-application/> Only applications received before the deadline of Friday 1st November 2024 will be accepted. There will also be application forms at the back of church.

**ST LAURENCE PARISH CHURCH 'GIVING IN GRACE'** - Please spare a moment to read our "Giving in Grace" leaflet which can be found at the back of church, on our website and Facebook page. Many thanks to all who have responded so far. Our "Giving in Grace" scheme is an invitation to you to become a Friend of St Laurence Frodsham and explains why we need help from as many people as possible. With your help, the future of our wonderful parish church and its Christian ministry to the people of Frodsham will be secure for generations to come. As well as the addresses on the leaflet - there will be a box at the back of church labelled "Giving in Grace" for you to return completed forms. Thank you very much for taking the time to read, pray and respond to this invitation. *Reverend Elaine Atack – Vicar of Frodsham*

**FOODBANK** Food drop-off - supermarket drop off points; in church; distribution centre on Ship Street (Fridays 1-3pm). The foodbank is currently short of: **Mashed Potato, Long Life Milk, Tinned Spaghetti, Tinned Tomatoes, Tinned Vegetables, Long Grain Rice, Jam, Toiletries – shower gel and deodorant.**

For info on how to give or get help go to <https://runconrindistrict.foodbank.org.uk>

**DONATIONS TO CHURCH** If you would like to contribute to St Laurence, our Bank Account details are as follows: St Laurence Frodsham Parochial Church Council Sort Code: 09-01-55 Acc. No: 42559803.

Alternatively, you can donate here:

<https://givealittle.co/campaigns/371c0c8f-ea13-4763-9688-e0de77dd8475> or scan the code. Thank you.



**VEGAN COOKERY SESSION - INVITATION** "Climate Action Frodsham" has booked Colin Hammond, a chef/tutor with 'Fresh Beginnings' (a local Community Interest Company) to run a Plant based/Vegan Cookery Session for Climate Action Frodsham in October and we invite you to sign up for this session. Here are the details:

**Date:** Saturday 19th October Times: 10.00 am start, finishing 12.00 to 12.30 pm.

**Cost:** £20 per person, which is good value for money! We ask for a £10 non-returnable deposit.

**Venue:** Main Street Community Church, Frodsham, WA6 7DF (by kind permission)

<https://www.climateactionfrodsham.com/events/plant-basedvegan-cookery-session>

**Booking** - to book your place or for more information, please email Ruth using [info@climateactionfrodsham.com](mailto:info@climateactionfrodsham.com) and she will note your name and reply to you, sending details of the bank account for your £10 deposit.

Please note that numbers are limited to ten people, so to be sure of your place, please email sooner, rather than later and please book by Saturday 12th October.

*Our safeguarding officer can be contacted on the dedicated phone line 07862 321 560.  
Please use it only for safeguarding issues.*

## **News**

**PARISH WEEKEND AT NODDFA** Another enjoyable weekend was spent at Noddfa in Penmaenmawr earlier this month by over 20 of our church members. Thanks go to the Sisters and staff of Noddfa for their warm welcome and lovely food. Saturday weather was good for those who spent the free afternoon time visiting the beach and eating ice cream, and for those who chose to go to Conwy. The evening entertainment was fun – members of the choir (in their robes) did a 'behind the scenes' sketch and this was followed by music and dancing for some and relaxing for others. There were crafts in the library and activities in some of the sessions – like building a wall (not bricks!) which was later made into a model of the well from the story of Jesus and the Samaritan woman at the well. Here are some pictures to whet your appetites for next year.





### NEW CAPTION COMPETITION

As mentioned above, some energetic souls had a fun time on Saturday evening dancing to music – with unfortunate results on Sunday morning for one or two! Hence our new caption competition photo (on the left).

Please send your captions to [saintells@gmail.com](mailto:saintells@gmail.com) The results will be posted in next month's newsletter.

*From the editor: I apologise for missing off two of the captions last month. Please don't let it stop you having a go now. I shall try to do better!*



**CRAFT AND CHAT** Some of our Craft and Chatters have been knitting small figures of Snowmen, Angels, Father Christmas, Mother Christmas(?) and Elves. These are going to the Countess of Chester Hospital for them to sell for Hospital Funds.

Here they are along with the Craft and Chatters (it must be said, not all of whom attempted the little figures!) 😊  
The group have also recently donated just over £100 for Church Funds.



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**FRODSHAM AND DISTRICT CHORAL SOCIETY** invite you to come and sing **ROSSINI**

**choruses**  
from  
**Petite Messe Solennelle and Stabat Mater**  
directed by Howard Kane      accompanist Andrew Millinchip  
**SATURDAY, 2 NOVEMBER, 2024**  
**10.30 am - 4.30 pm**  
**Frodsham Methodist Church, Frodsham WA6 6BA**  
**fee: £18 or £20 (inclusive of music hire)**  
To book, please go to our website - [www.fdc.org.uk](http://www.fdc.org.uk) or  
email [maggie.rogerson@googlemail.com](mailto:maggie.rogerson@googlemail.com)  
or  
ring or text: **Saara Midwood - 07974 698 433**

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## **The Alternative Collect for 18<sup>th</sup> Sunday after Trinity**

God, our judge and saviour,  
teach us to be open to your truth  
and to trust in your love,  
that we may live each day  
with confidence in the salvation which is given  
through Jesus Christ our Lord.  
Amen

## **A Harvest Collect**

Lord of all creation, you give us the fruits of the  
earth in their season and crown the year with  
your goodness:  
help us to so receive your gifts with thankful  
hearts that we may use them to your glory,  
for the relief of those in want and to meet our  
daily needs;  
Through Jesus Christ the Bread of Life.  
Amen

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Contributions to the Newsletter should be emailed to [saintells@gmail.com](mailto:saintells@gmail.com) by 7pm on Wednesday. General articles will appear once a month in the last newsletter of each month. Thank you.

If you wish to be unsubscribed from this newsletter, please email [saintells@gmail.com](mailto:saintells@gmail.com) with 'Unsubscribe' in the heading.