

Newsletter of St Laurence Parish Church, Frodsham Week

commencing March 29th Palm Sunday Year A

“To know God and to make God known”

Vicar: Rev Elaine Atack - revelaine@nym.hush.

Website: <https://slfchurch.org/> Facebook: www.facebook.com/saintells/

This Week

Clocks go forward this weekend

March 29 th Palm Sunday	08.00 10.00 12.30	Holy Communion - said service Holy Communion - with music Baptism	Matthew's Passion Story
Monday - Thursday	10.00-16.00	Church open – (EXCEPT WHEN A SERVICE IS UNDERWAY)	
Friday	10.00-15.00	Church open – (EXCEPT WHEN A SERVICE IS UNDERWAY)	
Tuesday in Holy Week	9.30 19.00	Frodsham CofE School Easter Service Holy Communion - said service	
Wednesday in Holy Week		NO Toddler Praise	
Maundy Thursday	10.00-12 noon 18.30	Bee Friends Coffee Morning in the Parish Hall Holy Communion with music and optional foot washing	
Good Friday	10.00-12noon 14.00	Messy church Churches Together walk - see notices Service for the Last Hour on the Cross	
Holy Saturday / Easter Eve	18.30	Service of Light	
April 5 th Easter Day	10.00	Holy Communion - with music to celebrate Easter	

Prayers

Our prayers for those who are sick If you know of anyone whom you feel needs our prayers – please ask permission from them or their family and then pass their name to Rev Elaine: revelaine@nym.hush.com

Please pray for –

Those who are sick:

Those who have died

Those whose anniversary of death falls this week

Prayer Wall - You can write a prayer and light a virtual candle on our website. <https://slfchurch.org/prayerwall>

Please pass your requests to Rev Elaine at the Vicarage if you haven't got internet access.

Dates for your Diary

Children: Messy Church Monthly during term time only [Read more here](#)

Toddler Praise Every Wednesday during term time only [Read more](#)

THE EVENTS COMMITTEE HAVE PLANNED THE FOLLOWING EVENTS TO RAISE MONEY FOR OUR CHURCH BUILDING PROGRAMME:

Saturday 6th June - Open Day with exhibits by the Frodsham and District History Society

Sunday 28th June - Afternoon Concert by the Frodsham Sings Community Choir

Notices

WEEKLY COLLECTION ENVELOPES: boxes of new envelopes for 2026-27 will be available from this Sunday, March 29th, for those who give regularly in this way. Thank you for supporting St Laurences through your giving.

CHURCHES TOGETHER ON GOOD FRIDAY AND EASTER SUNDAY – ALL WELCOME TO BOTH THESE EVENTS

THE GOOD FRIDAY WALK begins next Friday, 3rd April, at 10am outside Main Street Community Church where we will be reading a short portion of the Good Friday account from the Bible, followed by a reflection from a Bible character. We will then walk, and again pause for reflections outside the Bear's Paw and again at Eddisbury Square, before ascending to St Laurence's for a cuppa and a hot cross bun. Rev Elaine will then pray us off and we make our way to the top of the hill where we will place the cross at the War Memorial railings. Here, Rev Scott Manning from King's Church will lead a short reflection.

AT 7AM ON EASTER SUNDAY, all are welcome to the War Memorial again where Rev Gordon Gresswell from Frodsham Methodist Church will be leading an Easter morning celebration service before we have breakfast together at Frodsham Methodist Church.

ANNUAL MEETING 2026 – ELECTORAL ROLL UPDATE/REVISION

This year's AGM/APCM will be held on Monday 27th April at 6.30pm.

As part of the preparation for the meeting, we are required to revise the Electoral Roll (i.e. by removing people who have moved away or passed away in the last year, and also adding newcomers.) This revision will take place between 1st and 4th April.

A list of all people (names only) on the revised Electoral Roll will be posted on the church noticeboard on Easter Day, 5th April. Only people on this list will be permitted to attend the Annual Meeting.

Please contact Rev Phil, our Electoral Roll officer, if you wish to have your name added to the Electoral Roll.

AN INVITATION FROM PAM AT KINGSLEY MU We at NCK (often referred to as Kingsley MU) are giving over our usual meeting on 31st March to a service 'Meditative reflections for Holy Week' which your members would be more than welcome to join us at. We appreciate travelling is difficult but thought this would be an opportunity to invite you in case a few members would be able to join us. The service will be held at Kingsley St John's Church on Tuesday 31 March at 2pm. Please let Kath W know if you will be going to this,



FOODBANK Food drop-off – supermarket drop off points; in church; distribution centre on Ship Street (Fridays 1-3pm). The foodbank is currently short of **Long Life Fruit Juice, Tinned Tomatoes, Packets of Mashed Potato, Tinned Fruit, Women's Deodorant, Shampoo, Bars of Soap.**

How to give or get help go to: <https://runcorndistrict.foodbank.org.uk>

DONATIONS TO CHURCH If you would like to contribute to St Laurence, our Bank Account details are as follows: St Laurence Frodsham Parochial Church Council Sort Code: 09-01-55 Acc. No: 42559803. Alternatively, you can donate here: <https://givealittle.co/campaigns/371c0c8f-ea13-4763-9688-e0de77dd8475> or scan the code. Thank you.



News

MESSY CHURCH Thank you to everyone who came to Messy Church on 1st March. Over 50 children and adults took part in our St David's Day themed activities of 'Small Acts Of Kindness'.

St David's Day is the day we celebrate the Patron Saint of Wales. We remember his famous guiding words: gwnewch y pethau bychain — do the little things. What better way to celebrate than to bring those words to life than with the day's activities, which included making cards to give to someone close, making Welsh dragons and making daffodil cakes

Editor: Is it a leek, is it a daffodil? No, it's our Welsh vicar!!





HUMOUR Editor: *My apologies, I have forgotten who sent this in*

An atheist was walking through the woods. As he was walking alongside the river, he heard a rustling in the bushes behind him. He turned to look and he saw a 7-foot grizzly bear charge towards him. He ran as fast as he could up the path. He looked over his shoulder and saw that the bear was closing in on him. He looked over his shoulder again, and the bear was even closer.

He tripped and fell on the ground. He rolled over to pick himself up but saw that the bear was right on top of him, reaching for him with his left paw and raising his right paw to strike him. At that instant the atheist cried out, "Oh my God!" Time stopped. The bear froze. The forest was silent. As a bright light shone upon the man, a voice came out of the sky.

"You deny my existence for all these years, teach others I don't exist and even credit creation to cosmic accident."

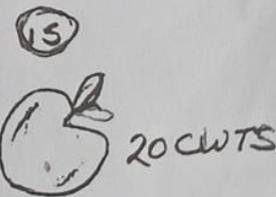
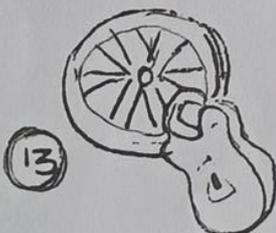
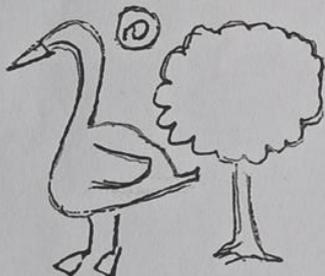
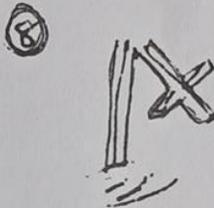
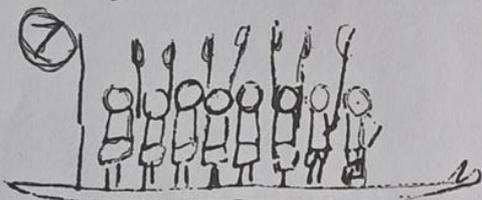
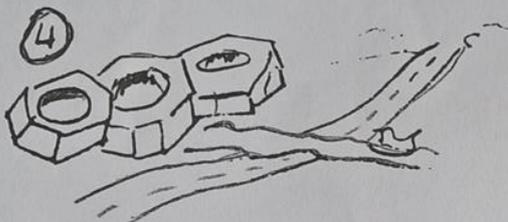
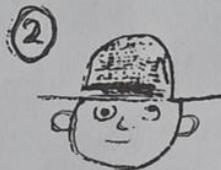
"Do you expect me to help you out of this predicament? Am I to count you as a believer?"

The atheist looked directly into the light, "It would be hypocritical of me to suddenly ask you to treat me as a Christian now, but perhaps you could make the BEAR a Christian?" "Very well," said the voice. The light went out. The sounds of the forest resumed. And the bear dropped his right paw, brought both paws together, bowed his head and spoke:

"Lord bless this food, which I am about to receive from thy bounty through Christ our Lord, Amen."

AND FROM TONY M, here's a puzzle for you all. Answers in next week's newsletter

CHESHIRE PLACE NAMES



Our safeguarding officer can be contacted on the dedicated phone line 07862 321 560
Please use it only for safeguarding issues, not for general enquiries. Thank you

The Alternative Collect for the Palm Sunday



True and humble king,
hailed by the crowd as Messiah:
grant us the faith to know you and love you,
that we may be found beside you
on the way of the cross,
which is the path of glory.



Amen

Contributions to the newsletter should be emailed to saintells@gmail.com by 7pm on Wednesday. Thank you.
General articles will appear once a month in the last newsletter of each month.

If you wish to be unsubscribed from this newsletter, please email saintells@gmail.com with 'Unsubscribe' in the heading.

Climate Action Frodsham

COMMUNITY SEED AND SEEDLING EVENT



+ a variety of plants
& gardening advice



SATURDAY 11th APRIL 2-3.30 PM

Frodsham Community Centre

Save your seeds and bring any spare for free swaps.
New to gardening? Come along to collect seeds,
seedlings, plants and information.

New this year

Nursery plants for sale from

Bluebell Cottage Gardens

- with a donation to CAF from each sale

Growing from food scraps

Children's activities

Home-made cake and refreshments

Contact us at info@climateactionfrodsham.com

BLACKBURN CATHEDRAL IS CURRENTLY HOLDING A TURIN SHROUD EXHIBITION – with a life sized replica of the Shroud and supporting exhibits. The schedule of opening below is updated daily but is subject to change at short notice. Please note that during some daytime activities such as daily worship, organ concerts, schools visits and event setup, public viewing may be limited. Please check the website for the latest opening times. <https://blackburncathedral.com/turin-shroud-exhibition/>

TURIN SHROUD EXHIBITION							Opening Times
MON	TUE	WED	THU	FRI	SAT	SUN	
23 MAR 9.30am to 1pm	24 MAR 1pm to 4.30pm	25 MAR 1pm to 4.30pm	26 MAR 9.30am to 4.30pm	27 MAR 9.30am - 1pm & 3pm - 4.30pm	28 MAR 9.30am to 3.30pm	29 MAR 12.30pm to 3.30pm	
30 MAR 9.30am to 4.30pm	31 MAR 9.30am to 4.30pm	1 APR 1pm to 4.30pm	2 APR 1pm to 4.30pm	3 APR CLOSED ALL DAY	4 APR 9.30am to 3.30pm	5 APR 12.30pm to 3.30pm	
6 APR 1pm to 4.30pm	7 APR 9.30am to 4.30pm	8 APR 9.30am to 4.30pm	9 APR 9.30am to 4.30pm	10 APR 9.30am to 4.30pm	11 APR 9.30am to 3.30pm	12 APR 12.30pm to 3.30pm	

Kings CHURCH

Easter Family FUN DAY

at castle park

MONDAY, 6TH APRIL
12:00PM - 4:00PM

Grab your sunglasses, a blanket, and your picnic – let's enjoy the sunshine together!

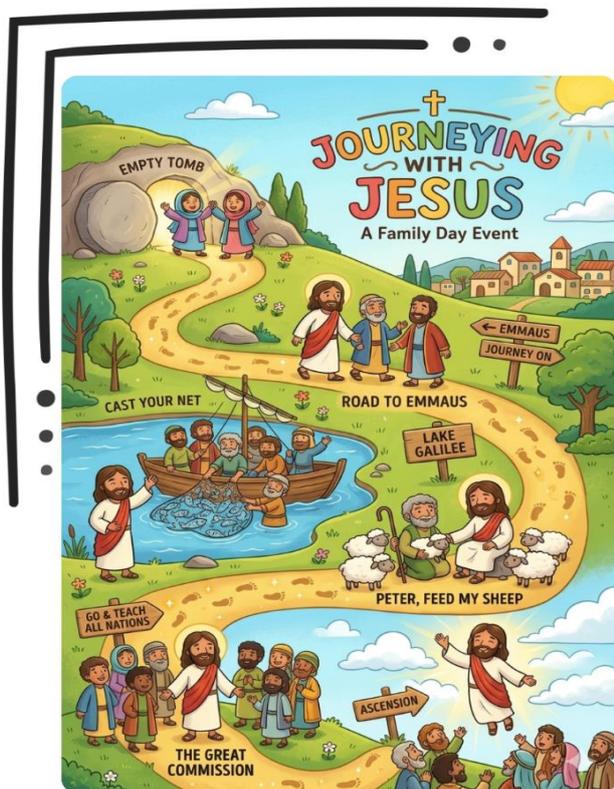
COME AND ENJOY A DAY OF GAMES, FUN AND COMMUNITY!

Join Us for a **FREE** Family Fun Day!

SIGN UP USING THE LINK OR QR CODE

[HTTPS://WWW.KINGSFMC.COM/EVENTS](https://www.kingsfmc.com/events)

FREE FAMILY DAY AT FOXHILL Foxhill are hosting a free family day on the Tuesday after Easter. Here are the details:



Tuesday 7th April
Drop in from 10am -3pm

This year, we're transforming the house into a living storybook for our Journeying With Jesus Family Day. You'll follow a winding path through the incredible "What happened next?" moments of the very first Easter.

From the surprise of the Empty Tomb to fishing at Lake Galilee, your family will explore interactive stations, get stuck into hands-on crafts, and see the stories come to life right before your eyes. Whether you're heading to Emmaus or helping Peter 'feed the sheep', there's a discovery waiting around every corner.

It's crafty, it's visual, and it's a whole lot of fun - the perfect way to celebrate the joy of the Resurrection together!

Free to admission, booking required:

www.foxhillchester.co.uk



Foxhill House & Woodlands
Tarvin Road, Frodsham