

## Newsletter of St Laurence Parish Church, Frodsham

For week commencing Sunday 25<sup>th</sup> April 2021 – Easter 4, Year B “To

know God and to make God known”

Vicar: Rev Elaine Attack – [revelaine@nym.hush.com](mailto:revelaine@nym.hush.com)

Website: <https://slfchurch.org/> Facebook: [www.facebook.com/saintells/](https://www.facebook.com/saintells/)

### This Week

April 25 <sup>th</sup> <b>Easter 4</b>	10.00	Holy Communion – please book (see below)	Acts 4. 5-12 John 10.11-18
Monday		Church closed	
	10.20	Funeral of Eileen Jones at Walton Lea. (Invited guests only please)	
Tuesday	10.00-15.00	Church open for private prayer	
Wednesday	10.00-15.00	Church open for private prayer	
Thursday - Saturday		Church closed	
Saturday	13.00	Wedding of Sue Daly and Chris Taylor (Please note that because of current restrictions - only invited guests in church)	
May 2nd <b>Easter 5</b>	10.00	Holy Communion – please book (see below)	

### Weekly Notice from Rev Elaine

**PRAYER WALL:** You might like to write a prayer and light a virtual candle on our Prayer Wall which you will find on our website: <https://slfchurch.org/prayerwall> If you would like to do this but are unable to access the website, then please either phone me or write it down and post it to me at the Vicarage and it will be added for you. Remember that we can pray anywhere and that God is with us wherever we are.

Many thanks for your continued prayers, patience, and support at this unpredictable time.

Please keep safe and well - and keep in touch with each other – and do please let me know if there is anything you feel I need to be made aware of. Thank you.

**SERVICES WILL CONTINUE ONLINE AND CD AS AT PRESENT.** Please contact Rev Elaine or Andrew and Wendy Rudd if you, or anyone you know would like to receive our weekly service on a CD. The current website link is: <https://slfchurch.org/easter-and-easter-season>

**SERVICES IN CHURCH:** there will be a service of Holy Communion at 10am each Sunday as we ease out of Lockdown. We will continue to follow Government and Church of England guidelines as we are not “out of the woods” yet. Face masks must be used in Church. Also, as you are aware seating in church has been re-arranged to comply with social distancing requirements, reducing numbers who can attend.

To help us manage this – please contact Betty Rutter: [bets66@btinternet.com](mailto:bets66@btinternet.com) after 10am Monday – Friday. If you would like to book a place please do so by Friday evenings

#### **ANNUAL MEETING 2021**

This year's AGM/APCM will be held on 18th May at 7.00pm. As part of the preparation for the meeting we are required to revise the Electoral Roll (i.e. by removing people who have moved away/passed away in the last year, and also adding newcomers.) This revision will take place in the week ending 1st May and a list of the people (names only) on the revised Electoral Roll will be posted on the church noticeboard on 2nd May. Only people on this list will be permitted to attend the Annual Meeting.

Please contact Phil Attack, at the Vicarage if you wish to have your name added to the Electoral Roll.

### Prayers

**Our prayers for those who are sick:** If you know of anyone whom you feel needs our prayers – please ask permission from them or their family and then pass their name to Rev Elaine: 01928 733378 or [revelaine@nym.hush.com](mailto:revelaine@nym.hush.com)

**Please pray for –**

*Those who are sick:*

*For those who have died:*

***Those whose anniversary of death falls at this time:***

## **Letter**

Dear Friends,

This week's Gospel uses the imagery of the shepherd and his flock to show that Jesus is the Son of God. I find it a wonderfully symbolic reading which evokes images that can be viewed from many different perspectives.

We often picture a shepherd crook, similar to that carried by our Bishops as a symbol of their pastoral calling.

We may deduce that a crook has a curved end so that the shepherd can reach out and grab straying sheep. Yet a farmer once said that the crook was actually for sticking into the ground and holding himself absolutely still, building trust with his flock.

Now I find that very reassuring – suggesting that all our responsibilities and compassion benefit from being rooted in prayer and stillness.

I would like to encourage you to “stick your crook in the ground” and reflect upon the following meditation from the Iona Community:

### **Ezekiel 34: 15, 16**

“I myself will be the shepherd of my sheep, and I will find them a place to rest. I the sovereign Lord have spoken. I will look for those that wander off, bandage those that are hurt, and heal those that are sick.”

*The little frisky lambs frolic in the sun. They are free enough to enjoy their life and to express their joy. Little children do the same. The older we get the more serious we become, forgetting that Jesus told us to change and become like children.*

*The sun shines, the rain waters the earth and the green grass grows. The sheep are fed. The bread is broken and red wine is poured out, and the children are filled with life.*

*The sheep hear the calls of wild animals in the distance and they are afraid. The shepherd knows how to protect them. Wild and dangerous ideas and feelings try to gain entrance to our lives.*

*The shepherd can protect us from these agents of the devil.*

*The sheep has wandered away from the flock. It discovers that it is alone, in danger. The shepherd steadily climbs the hillside, systematically searching. At last the sheep is found and brought home to the security of the flock.*

*Many times we have strayed away and have realised that we are lost.*

*Always the shepherd has come looking for us. Always he has found us.*

*On the steep rocky hillside the sheep slipped and broke it's leg. It could not get up. The shepherd came over to see what was wrong. He bandaged the leg and the sheep got up and started to walk.*

*We too have been ill. The shepherd healed us.*

*Some sheep are weak. When the flock reaches the green grass, they are pushed aside by their stronger neighbours. They cannot get to the best grass. The shepherd is always on the watch. He knows what is happening. He gives them special attention.*

*The shepherd watches over us all the time.*

### **Prayer:**

Great Shepherd,  
when I have been lost you have always looked for me  
and found me and brought me home.  
When forces of evil have tried to enter my life you have protected me.  
When I have been ill you have healed me.  
When I have been hungry you have fed me with the bread of life.  
When I have been thirsty you have offered me life-giving wine.  
Keep me in peace knowing that you are always watching me.  
Amen.

With love and blessings,

Elaine 😊



## Notices

### **CHRISTIAN AID WEEK 2021 MAY 9-16th**



As Christian Aid Week approaches, what can we do in Frodsham, this year, to raise money for the poor communities across the world who are suffering from the effects of climate-change? In Kenya lack of a reliable source of water is causing families to suffer as crops fail. Last year, drought was followed by relentless rainfall and subsequent flooding. Christian Aid is working with a local partner in Kenya, to build earth dams so that communities can withstand the unpredictable weather. We can help to change the lives of millions of people by supporting this work.

There will not be a House-to-House Collection but two people will be collecting in Main Street on Market Day, Thursday, 13th May. One person will be standing outside Main Street Community Church where there will be a display in the window and another person will be standing near to the Bears Paw at the other end of the market. Is that something you could do for one hour on that day?

A 'Just Giving' page will be set up for donations online, in the name of 'Frodsham Churches Together'.

An e-Envelope will be set up on social media, also in the name of 'Frodsham Churches Together'.

Do you like a good quiz? Then sign up for 'Quiztians Aid' which is on Saturday, 8th May. It is a quiz for all the family. Go to [caweeek.org/quiztiansaid](http://caweeek.org/quiztiansaid)

Finally, challenge yourself! Walk 300,000 steps this May – whilst getting fit and raising vital funds. Do it alone or with a team, supporting each other to reach your goal. Chris Wilding has sponsor forms (01928 733680) If you are not able to take part in the physical challenge, can you sponsor someone who is?

### **OSILIGI CHARITY PROJECTS - CHILD SPONSORS REQUIRED!**

**From Tracy Osiligi: As you know the Osiligi Maasai Warrior Troupe performed in your church.**



The event was part of one of the 16 UK charity tours we have staged since 2002. The first purpose of the tours is to earn money for the troupe members and their families, who before the tours had nothing, and secondly, to recruit sponsors for the wonderful new school which the charity has built, educating over 280 boys AND, importantly, girls. The tours brought about the formation of our charity Osiligi Charity Projects.

Covid has brought the exercise of annual tours to a temporary halt, and we shall lose two. This has left our sponsorship campaign short of numbers, and hence we wonder if you would be kind enough to sponsor a child?

The cost would be £20 a month or you can pay yearly. You can choose to nominate a boy or girl. You will receive up to date regular reports on your child, as well as drawings and letter and teachers class report throughout the school year. You can send letters to them when you want to.

If and when I can return to the school, I will video the children so you can hear them speak to you.

If you are interested and would like to know more information please contact me - Tracey Moore

e mail: [tracey.osiligi@yahoo.com](mailto:tracey.osiligi@yahoo.com)

For more information please look at the charity website <http://www.osiligi.org>

Thank you for reading this and please stay safe and well. Best Wishes Tracey

**PARISH WEEKEND NODDFA** - we have a date for 3rd - 5th September. Following discussion at PCC It was suggested by Rev Elaine that we ask for interest at this stage, if it was safe for us to go. Please let me know soon, Pauline

**CHILDREN'S SOCIETY BOXES** I am currently counting the boxes from the end of 2019. Please can you bring those boxes back to be emptied. Thank you for your support, Pauline.

**FROM BERYL** If you decided to sponsor my dieting through Lent, please let me have your donations by Sunday 25<sup>th</sup> April. I lost 5 and a quarter lbs and all moneys raised will be for St Laurence Church. Thank you

**FROM CYNTHIA L.** I endorse Beryl's comments in last week's newsletter. The little extras delivered were very special and much appreciated. A big thank you to all the people who gave their time preparing and organising the deliveries.

I'm adding an addition to my monthly prayer list. I now have an atlas by my side. There are many new countries that I don't recognise I'm learning so much. Keep safe. Cynthia



**FOODBANK** Donations can be made at Morrison's, Sainsbury's and Tesco and also to Frodsham distribution centre at Guide HQ, Ship Street between 1 and 3 pm on Fridays (excluding Bank Holidays). Current needs are: Tinned tomatoes and long-life milk. To find out about obtaining a voucher, opening times of distribution centres or how to donate financially online, please visit the website – [runcorndistrict.foodbank.org.uk](http://runcorndistrict.foodbank.org.uk)

**DONATIONS TO CHURCH** If you would like to contribute to St Laurence, our Bank Account details are as follows: ST LAURENCE FRODSHAM PAROCHIAL CHURCH COUNCIL Sort Code: 09-01-55 Account No: 42559803. Alternatively, you can use our online donations page <https://givealittle.co/campaigns/371c0c8f-ea13-4763-9688-e0de77dd8475> Thank you.

## News from Church Members

### **THE WANDERING CHORISTERS**

Our walk on the 6th of April started in Frodsham Park, out into Howey Lane and up the bunny run. We turned right out of the bunny run onto the bottom part of the hill which eventually led us the top of Carriage Drive. Turning left here brought us to the hill path where we continued until we came to Jacob's Ladder. We pondered for a short time here and I pointed out 'Tom Thumb's Cave' to Barbara and allowed us to catch our breath before ascending up Jacob's Ladder. On reaching the top we continued our walk on part of the Sandstone Trail, this path brought us out by Forest Hills. By this time we were feeling rather peckish so we decided to sit on some convenient concrete slabs and eat our sandwiches followed by a warm drink and had a



catchup on family news. There was a nip in the air and we were feeling chilly so we set off on our wanderings again turning right out of Forest Hills and into Simons Lane, passing the lane entrance to the golf course on the right before turning left a little further down the road onto a right of way track leading to Heathercliffe House. We followed the narrow path for a while until we came out into Bellmonte Road, it was nice to be going downhill for a change. We followed the road down until we came to a narrow cut through just before Greenacres, leading to Manley Road, turning right here we followed the road uphill and turned left into Hazelhurst Road. Barbara and I love walking down this road as it's so peaceful and quiet and we can admire the gardens and wild flowers along the way. This road eventually brings you into Top Road and onto Kingsley Road. Crossing the main Kingsley Road we climbed over a style and crossed 2 fields and came out into Watery Lane, Bradley Lane and back into Frodsham.

God Bless. Jeanie & Barbara.

## From the Church of England

### **Church of England to partner with Durham University in new project to support decarbonisation**

The Church of England will be supported in its ambitious aim of achieving net-zero carbon by 2030 through a new partnership with the Durham Energy Institute (DEI).

Becky Clark, Director of Cathedral and Church Buildings said: "The Church has set an ambitious aim – to achieve net zero carbon by 2030. This task, set by our governing body – the General Synod - in 2020, is only achievable with a clear plan. This partnership will allow us to fully assess the carbon emissions from churches and cathedrals, develop a realistic scenario for achieving net zero carbon, share knowledge, and access the latest research from Durham University."

The Church is also using its land to create opportunities for negative emissions by repurposing some land for carbon capture and habitat restoration schemes.



Contributions for the Newsletter should be emailed to [saintells@gmail.com](mailto:saintells@gmail.com) by 7pm on Wednesday. Thank you  
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