

**Newsletter of St Laurence Parish Church, Frodsham**

**Week commencing September 17<sup>th</sup> 2023 – Trinity 15, Year A**

“To know God and to make God known”

Vicar: Rev Elaine Atack – [revelaine@nym.hush.com](mailto:revelaine@nym.hush.com)

Website: <https://slfchurch.org/> Facebook: [www.facebook.com/saintells/](http://www.facebook.com/saintells/)

**This Week**

September 17 <sup>th</sup> <b>Trinity 15</b>	08.00 10.00	Holy Communion (spoken) Holy Communion (with music)	Romans 14. 1-12 Matthew 18. 21-35
Monday - Friday		Church open: Mon -Thurs 10.00-16.00; Friday 10.00 -15.00	
Tuesday	19.00	Holy Communion (spoken)	
Wednesday	10.00 14.15	<b>Toddler Praise</b> School in church	
Thursday	10.00-12noon	Bee Friends Coffee Morning at the Parish Hall	
Friday	13.00-15.00	Craft and Chat in the Lady Chapel	
Saturday	10.00-12.00	Eco churchyard group	
September 24 <sup>th</sup> <b>Trinity 16</b>	08.00 10.00	Holy Communion (spoken) Holy Communion (with music)	

**Prayers**

**Our prayers for those who are sick** If you know of anyone whom you feel needs our prayers – please ask permission from them or their family and then pass their name to Rev Elaine: [revelaine@nym.hush.com](mailto:revelaine@nym.hush.com)

**Please pray for –**

*Those who are sick*

*Those who have died*

*Those whose anniversary of death falls this*

**Prayer Wall** - You can write a prayer and light a virtual candle on our website. <https://slfchurch.org/prayerwall>

Please pass your requests to Rev Elaine at the Vicarage if you haven't got internet access.

**Dates for your Diary**

**Children: Messy Church** During term time only. Next one 2<sup>nd</sup> October [Read more here](#)

**Toddler Praise** During term time only. Next one 6<sup>th</sup> September [Read more here](#)

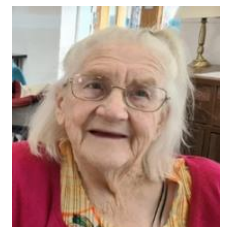
**NEXT FEOFFES TRUSTEES MEETING** 18<sup>th</sup> October at 4pm in church.

**HARVEST THANKSGIVING** This year our Harvest service will be on Sunday October 8<sup>th</sup>

**CHRISTMAS CRAFT FAIR:** Saturday November 4<sup>th</sup> - further details to follow.

**Notices**

**DORIS A.** Dawn has sent in this photo of her mum and our church member, Doris, who died last week. We give thanks for her life, and we lift to God all those who are mourning the loss of their loved ones, praying for peace and healing. Rest in Peace, Doris.



**CHRISTMAS VOUCHERS** The Town Council are again offering Christmas Vouchers for residents 70 years and over. And as in previous years these can be donated to St Laurence Church if you would like to do so, rather than claim the money yourself. Application forms to claim the vouchers will be available at the back of church as in previous years. Completed forms can be left in the box provided.

**STAR BEREAVEMENT PEER GROUP:** This is a Frodsham, Helsby and Elton Bereavement Peer Support Group providing a space for people grieving from a bereavement, loss or difficult transition in their lives. The group does not offer formal therapy or counselling because they know that for a lot of people, their biggest need is to just speak to others who have gone through something similar.

They meet on the first Monday of the month starting on 2nd October, from 1-3pm in the Parish Hall, Church Street, Frodsham WA6 6PN. They are **not** a drop-in session and will need to know if you plan to attend. **So please phone them first on 07498 545450.** You can also ring that number if you would like more information about them.

## A LETTER FROM SCHOOL

Dear Friends, I am writing to invite you to come and take part in 'Prayer Spaces' in school at lunchtimes on Mon 25th, Tues 26th and Wed 27th of September.

If you are not aware of what a Prayer Space is, then let me explain:-

One of our classrooms will be set up with a series of focuses and reflection activities that children and adults can take part in to. These activities will help folk to think about creation and God's love for each of us and to engage in a simple activity such as writing a label, post-it note etc.

All classes in school will be attending the Prayer Spaces during the 3 school days and children will be allowed to access it at lunchtimes too but it would be great to welcome yourselves in as well.

Lunchtimes in school run from 12 noon till 1.00pm and you are welcome to pop in at any time during the hour, however it would probably be most beneficial for you if you were to allow yourself the complete hour in order to access as much as possible. It would be good to know in advance if you wish to come but it is not essential and you are welcome to just turn up on the day – please report to the school office in order to sign in.

I look forward to welcoming you and sharing the wonderful opportunity for prayer with you.

May God bless you all. Sue R. (RE and Worship Lead)

**Frodsham CE Primary School**

School Lane, Overton, Frodsham, Cheshire WA6 6AF

*Love each other, as God loves us.*



The work in the Graveyard continues. I hope you can see the difference. This week we have ordered 1000 spring bulbs which we will plant under trees and in the banks of, what is increasingly like, the garden.

The planting should start on the first Saturday of October, so join us if you would like to help.

As Summer fades into Autumn, a thought for us all with gardens: collect seed from your garden flowers to dry and use next year.

If you are splitting perennials, why not keep one and give one away?

**FLOWERS IN CHURCH:** Thank you very much to Rosemary Healey for all her skill, time and effort over the last years to co-ordinate and arrange our flowers in church - and coordinate the flower arrangers, of course. We have had some wonderful displays & arrangements. This has been very much appreciated. We send our heartfelt thanks. Rosemary now feels it is time to step down from this. If anybody feels that they are able to take on this role, please contact Rev Elaine.

**HARVEST - OCTOBER 8<sup>TH</sup>** If any of you would be willing to help with decorating our church for our Harvest service on Sunday Oct 8th - please contact Joy as she will be co-ordinating this. Thank you.

## TO ALL WARDEN'S TEAM, PCC MEMBERS, PASTORAL LINK TEAM, MESSY CHURCH & TODDLER PRAISE HELPERS

A reminder that following our meeting in July regarding Safeguarding - please complete the required training by September 14<sup>th</sup>. Thank you to everyone for your response to this - it is amazing. There will be a meeting for you all on Monday September 25<sup>th</sup> at 6- 7pm in church to follow up and celebrate. 😊

**SCHOOL / CHURCH LINKS:** As part of our links with our Church school we have been asked to consider whether any of you would be prepared to "adopt a class" i.e. link yourself to a class and sometimes "help out" e.g. listen to them read or be an "extra" sometimes in the classroom. It is a great opportunity to get to know our school - both staff and children. Please contact Rev Elaine if you are interested or would like more details.



## What am I like? An Introduction to the Enneagram

**Saturday 7<sup>th</sup> October, Frodsham Parish Hall 10-4pm**

The Enneagram is a simple but profound way of looking at our personality, a tool for insight and growth. I've found it to be enormously helpful in understanding myself and other people. This entertaining and challenging introduction will help you to discover your own 'type', and give you a deeper understanding of those you live and work with. No prior knowledge or experience will be required. To book your free place, please email me. I will send you full details and preparation materials a fortnight before.

Andrew [amrudd@gmail.com](mailto:amrudd@gmail.com)

## CLIMATE ACTION IN FRODSHAM

We have received this invitation from Climate Action Frodsham. You are invited to a public meeting on Saturday November 4<sup>th</sup> 2.00pm - 3.30pm - **Climate action: people and politicians.** Local politicians will discuss how 'people and politicians' can work together to hasten and increase action on climate change.

Mike Amesbury MP will be there, together with Mike Garvey and Lucy Sumner, the CWaC councillors for Frodsham, and Chris Copeman, the CWaC councillor for Helsby.

**Venue:** Frodsham Community Centre, Fluin Lane, WA6 7QN

Please book by Eventbrite using this link: [https://www.eventbrite.co.uk/e/climate-action-people-and-politicians-tickets-705910596597?aff=ebdssbdestsearch&keep\\_tld=1](https://www.eventbrite.co.uk/e/climate-action-people-and-politicians-tickets-705910596597?aff=ebdssbdestsearch&keep_tld=1)

If you have a question that you would like to send to CAF in advance of the meeting, please send an email to [info@climateactionfrodsham.com](mailto:info@climateactionfrodsham.com)

**FOODBANK** Food drop-off: supermarket drop off points, in church, distribution centre on Ship Street (Fridays 1-3pm).

The foodbank is currently short of: **Tinned Meat, Tinned Fish, Sponge Puddings, Rice Puddings, Custard, Jam, Biscuits, Long Life Milk, Tinned Tomatoes, Tinned Soup, Toiletries**

Visit <https://runconrdistrict.foodbank.org.uk> for information on how to give or get help.

**DONATIONS TO CHURCH** If you would like to contribute to St Laurence, our Bank Account details are as follows: St Laurence Frodsham Parochial Church Council Sort Code: 09-01-55 Acc. No: 42559803.

Alternatively, you can donate here: <https://givealittle.co/campaigns/371c0c8f-ea13-4763-9688-e0de77dd8475> or scan the code. Thank you.



*Our safeguarding officer can be contacted on the dedicated phone line 07862 321 560. Please use it only for safeguarding issues. It may be answered by others if Mary is unavailable.*

## The Alternative Collect for the Fifteenth Sunday after Trinity

Lord God, defend your Church from all false teaching  
and give to your people knowledge of your truth,  
that we may enjoy eternal life in Jesus Christ our Lord.

Amen



Contributions to the Newsletter should be emailed to [saintells@gmail.com](mailto:saintells@gmail.com) by 7pm on Wednesday. General articles will appear once a month in the last newsletter of each month. Thank you.

If you wish to be unsubscribed from this newsletter, please email [saintells@gmail.com](mailto:saintells@gmail.com) with 'Unsubscribe' in the heading.