

## Newsletter of St Laurence Parish Church, Frodsham

Week commencing January 25<sup>th</sup> – **Epiphany 3** Year A

“To know God and to make God known”

Vicar: Rev Elaine Attack – [revelaine@nym.hush.com](mailto:revelaine@nym.hush.com)

Website: <https://slfchurch.org/> Facebook: [www.facebook.com/saintells/](https://www.facebook.com/saintells/)

### This Week

January 25 <sup>th</sup> <b>Epiphany 3</b>	08.00 10.00	Holy Communion - said service Churches Together service	Isaiah 9. 1-4 Matthew 4. 12-23
Monday - Friday	10.00-15.00	Church open	
Monday	10.30 13.30	Interment of ashes Funeral	
Tuesday	19.00	Holy Communion - said service	
Wednesday	10.00	<b>Toddler Praise</b>	
Thursday	10.00-12 noon	Bee Friends Coffee Morning in the Parish Hall	
Friday	13.00-15.00	Craft and Chat in the Lady Chapel	
February 1 <sup>st</sup> <b>Presentation of Christ in the Temple – Candlemas</b>	08.00 10.00 15.00	Holy Communion - said service Holy Communion - with music <b>Messy Church</b>	

### Prayers

**Our prayers for those who are sick** If you know of anyone whom you feel needs our prayers – please ask permission from them or their family and then pass their name to Rev Elaine: [revelaine@nym.hush.com](mailto:revelaine@nym.hush.com) – 01928 733378

**Please pray for –**

**Those who are sick**

**Those who have died**

**Those whose anniversary of death falls this week**

**Prayer Wall** - You can write a prayer and light a virtual candle on our website. <https://slfchurch.org/prayerwall>

Please pass your requests to Rev Elaine at the Vicarage if you haven't got internet access.

### Dates for your Diary

**Children: Messy Church** Monthly during term time only [Read more here](#)

**Toddler Praise** Every Wednesday during term time only [Read more](#)

**WORLD DAY OF PRAYER** - formerly the Women's World Day of Prayer. This year's service will be held at Norley Methodist Church, Maddocks Hill, Norley WA68JT on **Friday, 6th March 2026 at 1.30pm**.



**Notices**  
**MU** Can members of MU please give their annual subs to Anita as soon as possible. Thank you

**FOODBANK** Food drop-off – supermarket drop off points; in church; distribution centre on Ship Street (Fridays 1-3pm).

The foodbank is currently short of **Fruit Juice, Tinned Tomatoes, Jam, Custard, Packets of Mashed Potato, Cleaning Products, Washing Pods**. For info on how to give or get help go to <https://runcorndistrict.foodbank.org.uk>

**DONATIONS TO CHURCH** If you would like to contribute to St Laurence, our Bank Account details are as follows: St Laurence Frodsham Parochial Church Council Sort Code: 09-01-55 Acc. No: 42559803.

Alternatively, you can donate here: <https://givealittle.co/campaigns/371c0c8f-ea13-4763-9688-e0de77dd8475> or scan the code. Thank you.



## News

### OWEN'S BAPTISM

Congratulations to Owen, who was baptised on Sunday 11<sup>th</sup> January in St Laurence Church after the 10am service.

We pray that he will be blessed in his Christian walk and witness.  
Well done, Owen.

**BERYL'S BLOG** Our lives are full of comparisons. Chalk and cheese; ups and downs; front and back; left and right; ins and outs – you get the gist of it all. When I was discharged from hospital, after my heart surgery, I was given a long list of prescription items and an even longer list of dos and don'ts.

Don't lift; don't carry; don't bend etc, etc. As a result, my family and friends were on a rota system to be with me during the day or to stay overnight. With my discharge items were two packs of non-slip footwear. One of my sisters had been on the night shift and was there to help me out of bed and down the stairs.



'First things first', she said, opening a box of footwear. 'OK. Left foot please' she instructed. One down, one to go. As I put out my right foot she said, 'Oh for goodness sake! This packet has two left ones in it. I'll return them for you. Removing the one I was already wearing, she opened the second packet. 'I don't believe this, she said. 'There are two left ones in this as well' 'Let me have a look at them' I said. With raised eyebrows I passed them back to her. Pointing to the letter 'L' on them, I said, 'I think the 'L' is for 'Large not 'Left'. Yes, we are definitely related! Take care. Love Beryl

### A LITTLE LIGHT HUMOUR

A teacher asked the children in her Sunday School class, "If I sold my house and my car, had a big garage sale and gave all my money to the church, would I get into heaven?" "NO!" the children all answered.

"If I cleaned the church every day, mowed the yard, and kept everything neat and tidy, would I get into heaven?"

Again, the answer was "NO!" "Well," she continued, "then how can I get to heaven?"

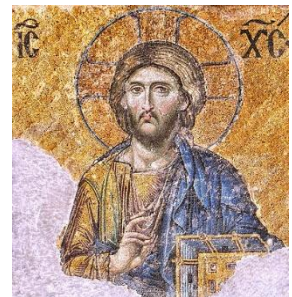
In the back of the room, a five-year-old boy shouted out, "You gotta be dead!"



*Our safeguarding officer can be contacted on the dedicated phone line 07862 321 560  
Please use it only for safeguarding issues, not for general enquiries. Thank you*

## The Alternative Collect for Epiphany 3

God of all mercy, your Son proclaimed good news to the poor,  
release to the captives, and freedom to the oppressed:  
anoint us with your Holy Spirit and set all your people free  
to praise you in Christ our Lord. Amen



Contributions to the newsletter should be emailed to [saintells@gmail.com](mailto:saintells@gmail.com) by 7pm on Wednesday. Thank you.

General articles will appear once a month in the last newsletter of each month.

If you wish to be unsubscribed from this newsletter, please email [saintells@gmail.com](mailto:saintells@gmail.com) with 'Unsubscribe' in the heading.