

EXAMPLES OF SPIRITUAL ATTACKS

- **Distractions:** Keep you from meeting other Christians/Reading the Bible
- **Causing worry and anxiety:** The things of life, bills, deadline
- **Devils mission to kill, steal, and destroy**
- **YOU ARE UNDER SPIRITUAL ATTACK:**
 - When your physical body, mind, emotions are attacked by negative entities from the unseen spiritual realm.
 - Overcome by physical fatigue
 - Feelings of Discouragement, Depression and Defeat
 - Feelings that you can't go on
 - Overcome by anxiety (Proverbs 12:25)/Robbing us of our peace
 - Loss of spiritual desire/attending church becomes difficult
 - Being stressed by frustration (Psalms 28:7)
 - Doubting God's Goodness/feeling let down by God
 - Temptation (appealing to our desires as he did Eve.
 - Negative thought life/attacks on the mind with anxiety and worry
 - Attacks us with fear which is the opposite of faith
 - Thoughts about going back to your old lifestyle (the old life looks attractive while painting the Christian life as too difficult
 - Despair (sending many afflictions at the same time)
 - Bringing up pain points in your life that you have dealt with
 - Accepting lies as truth/deception (Luke 4:9-12 Temptation of Jesus) accepting partial truths
 - Overcome by feelings of shame, guilt and condemnation/ feeling that you aren't good enough and not worthy of much.
 - Thoughts of Revenge/strong desire to retaliate (Romans 12:19)
 - Experiencing feelings of rejection, loneliness, and struggling with belonging. Feeling unwanted and that you belong nowhere.
 - Confusion over what to believe/doubting your Christianity
 - A lack attack: finances get drained/ struggling to get by
 - Difficulties in relationships/personal attacks on you by creating discord with others.
 - Unbelievers out to tempt you to be like them
 - Getting too much power too quickly: what looks like a blessing from God may be a curse from Satan meant to destroy you.
 - Intense problems one after another or together/loss of a job, health issues or trouble at home
 - Abusing something to numb your pain/instead of turning to Jesus
 - Murdering /Telling lies (Philippians 1:6)