God Provides Judges to Help Moses January 6, 2021

Lesson Text: Exodus 18:13-26

Related Scriptures: Numbers 11:14-17

Deuteronomy 17:8-13 Deuteronomy 1:9-18

Place: Rephidim

Lesson Outline: (I) Perceptive Conclusion Exodus 18:13-18

(II) Sound Advice Exodus 18:19-23 (III) Humble Action Exodus 18:24-26

INTRODUCTION

As this story unfolds, we learn that it's hard for one person to accomplish a multitude of daily tasks effectively, and still be successful without having some type of "BURNOUT" The word burnout has a different meaning for people as opposed to mechanical, and electrical components burnouts. When a person is burnt out it simply means to be physical, emotional, spiritual, and mentally exhausted. This type of burnout is caused by excessive, and prolonged stress. it occurs when you feel overwhelmed, emotionally drained, and unable to meet constant demands, and we're all prone to "BURNOUT"

The good news is, there's a way out from being burnout. One of the primary ways of avoiding stress, and dealing with burnout is to delegate, assign authority or responsibility to others. We all know that stress, and burnout is nothing new, and neither is delegation to relieve stress, and improve efficiency. Delegation was learned over 3400 years ago in the Sinai wilderness, and we should learn to delegate responsibility for the sake of our health.

QUESTIONS

- 1. Who was Jethro? and what was Jethro leadership title?
- 2. What was Moses doing when Jethro observed Moses? And what did Jethro conclude from it?
- 3. What was involved for Moses in judging the people? And why?
- 4. What did Jethro warn Moses if he continued what he was doing? And why?
- 5. What was the first advice Jethro offered Moses? and was Jethro prayer for Moses, And why?
- 6. What was the second advice Jethro offer in order to help Moses? And why?
- 7. What four qualifications Jethro suggest Moses helpers have? And what do they mean?
- 8. What authority did Jethro say the helpers should be given? And why?
- 9. What would Moses accomplish by accepting Jethro's advice?
- 10. What three sound principles this story illustrates in revealing Jethro's counsel to Moses?

APPLICATION

The Bible says in (3 John 1:2) Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. The word "prosper" in the scripture above mean to get along with; to have a way open; to get along well; a prosperous journey, to excel, to succeed, and be well in the totality of your being, which is our mind, soul, body, and sprit. Just as John was caring about the well-being of his traveling messengers teaching God's word, this is also the will of God, being concern about our total wellbeing as well. Which means, having the blessing of God on our life in such a way that we should be able to impart the same positive life on someone else. Therefore, it is crucial, and of vital importance that we are not overwhelmed with Constance demands on our life daily. Therefore, we should seek wise counseling or advice when we're overwhelmed in any area of our life and know when to delegate or assign responsibility(s) to other qualified individuals for help.

CONCLUSION

The Lord can send instruction and help through any means He sees fit. This is another of God's blessing for both his servants, and his people in difficult times or in overwhelming situation. Moses was open to Jethro's advice, and counseling. There's no doubt Jethro may have been sensing the counsel he was giving Moses was from the Lord due to Jethro was also a leader himself being the Priest of Midian. Therefore, let us be like Moses, and be open in listening to God's direction for our own life as well. When we become sensitive in listening to the Holy Spirit or the man of God, it is a clear sign of yielding oneself in honoring God, therefore let God bless us with His Holy Spirit with (3 John 1:2) so that we may walk in victory.