



## **LI Mustangs 2026-2027 10U Program Information**

- Tryout dates: March 3rd & March 5th
- For 2016 & 2017 birth years.
- Spring & summer training: 1x per week dryland training at roller hockey rinks (Southampton, Hampton Bays or Moriches). Rotating weeknight evenings. May - September. 2x per month on-ice practice (Freeport, Bethpage, etc). Weekends only. May - September.
- Dryland training continues through October.
- Games can begin mid September.
- Team practices 3x per week beginning late October at Southampton Ice Rink (Tuesdays / Thursdays 6:30-7:45PM and Saturdays 9:15-10:30AM). All practice slots at Southampton Ice Rink are 75 minutes long, unless otherwise noted.
- Buckskill Winter Club in East Hampton will be utilized to host games at various times during the season.
- Team attends 2 or 3 tournaments.
- Other: Team building events, video training, skill specific training.
- Each player receives a 30 minute private lesson 1x per month, November - February.
- Individual player development is the biggest focus.
- Tuition \$1650 for returning players & \$1775 for new players, for the season.
- Season blackout dates: Labor Day Weekend, Columbus Day Weekend, Thanksgiving Weekend, Christmas/New Year school break. February school break.