



What is MIC B12?

The lipotropic agents in this injection are methionine, inositol, and choline.

Methionine is a sulfur-containing branched-chain amino acid. Methionine performs an essential role in lipid metabolism, polyamine synthesis, immune function, heavy metal chelation, and maintenance of redox balance.

Inositol is a family of cyclic sugar alcohols comprised of nine stereoisomers of hexahydroxycyclohexane. Inositol has proven clinical advantages in treating disorders linked with metabolic syndrome.

Choline is an essential nutrient needed for optimum functioning of several tissues including the liver, muscles, and brain. Since choline breaks down fat as an energy source, choline supplementation produced rapid fat and weight loss

Ten Benefits of Taking Vitamin B12 Injections

A deficiency in B12 can bring serious health consequences. This vitamin is vital for many body processes. By taking vitamin injections, you can experience several health benefits.

- 1. Improves Metabolism and Supports Weight Loss**
- 2. Helps Against Anxiety and Depression**
- 3. Increases Red Blood Cells**
- 4. Healthier Hair, Skin, and Nails**
- 5. Slows Down Memory Loss**
- 6. Strengthens Immune System**
- 7. Promotes Eye Health**
- 8. A Pregnancy Aid**
- 9. Healthier Bones**
- 10. Better Sleep**