



Basic CERT Training

Date goes here

_____ is hosting a 20 hour 2Serve Basic CERT (Community Emergency Response Team) Training on _____. CERT involves individual preparedness, planning, survival skills, and mutual aid during the initial period of coping with the aftermath of a disaster or community crisis. The quality of survival and one's ability to help others safely and effectively is critical.

CERT training teaches how to work with community plans, first responders and their protocols, an understanding of what is an appropriate response and the necessary skills needed. This training will be an important asset to you, your family, neighbors, and other members of your community. CERT is recognized by first responders but **DOES NOT** take the place of professional training **OR** assume the responsibilities of trained professionals.

Please announce the training during assemblies and place this document for all to see around campus. Thank you!

WHO: It is open to all academy students and staff

WHEN: _____ and involves 20 hours of training

FEE: \$85 charge which covers training, 10 meals, t-shirt, and certificate

Where: _____

(One check per school please made out to 2Serve for CERT Training)

REGISTRATION: Each school's registration form must be emailed by _____

Please email the form to Jci143@icloud.com

Questions, contact Jim Ingersoll at jci143@icloud.com or 770-846-7222

Necessary items for students to bring to have a successful experience

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| <ul style="list-style-type: none">• Bible• Flip flops for showering• Tennis shoes and church shoes• Sabbath church clothes• Ever day clothes for the trainings• Clothes that you do not mind getting ruined as you will be practicing moulage | <ul style="list-style-type: none">• Flashlight• Sleeping bag, pillow & air mattress to sleep on• Jacket• All needed personal toiletries, etc.• Prescription medications• Device to access internet for final exam |
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TRAINING SCHEDULE

WEDNESDAY

- 5:30 pm Arrive at _____ (Eat on the way, supper not provided)
(Questions call Jim Ingersoll 770-846-7222)
- 5:30-6:45 Registration & Set up quarters
- 6:45-7:15 Worship and Orientation
- 7:15-9:15 CERT Training - Disaster Preparedness (2 hrs)
- 10:00 **Hit the sack. YOUR COOPERATION BY BEING QUIET IS EXPECTED!**

THURSDAY

- 7:00-7:45 Get up, get ready for the day
- 7:45-8:15 Breakfast
- 8:30-8:45 Worship
- 9:00-10:45 CERT Training - Light Search & Rescue (2 hrs)
- 11:00-12:00 CERT Training - CERT Organization - (1 hr)
- 12:00-1:00 Lunch
- 1:00-3:00 CERT Training - Medical Operations 1 (2 hrs)
- 3:15-5:30 CERT Training - Medical Operations 2 (2 hrs 15 min)
- 5:30-6:30 Supper
- 7:00-9:00 Moulage training (2 hrs)
- 9:00-9:30 Evening worship
- 9:30-10:00 Showers and get ready for bed
- 10:00 **Hit the sack. YOUR COOPERATION BY BEING QUIET IS EXPECTED!**

FRIDAY

- 7:00-7:45 Get up, get ready for the day
- 7:45-8:15 Breakfast
- 8:15-8:30 Worship
- 8:30-10:30 CERT Training - Fire Safety and Utility Control (2 hrs)
- 10:45-12:00 CERT Training - Terrorism (1 hr 15 min)
- 12:00-1:00 Lunch
- 1:00-2:00 **Get into your teams to prepare for the simulation**
- 2:15-5:00 **Simulation Schedule with 2 teams (2 hrs 45 min)**
- 5:00-5:30 Prepare for the Sabbath
- 5:30-6:30 Supper
- 6:45-7:30 Evening worship
- 7:45-9:15 Prepare for church services
- 9:15-10:00 Showers and get ready for bed
- 10:00 **Hit the sack. YOUR COOPERATION BY BEING QUIET IS EXPECTED!**

SABBATH

7:00-8:00 Get up, get showers, prepare for the day
8:00-8:30 Breakfast
8:30-9:30 Final preparation for church service
9:30-10:30 Sabbath School
10:30-10:50 Meet with the pastor for instructions for the church service.
10:50-12:00 Church Service
12:30-2:15 Lunch & free time
2:30-4:30 CERT Training - Psychological & Spiritual First Aid training (2 hrs)
5:15-5:45 Sundown Worship
6:00-6:30 Supper
6:30-7:30 Basic CERT Training Review
7:30-8:30 Final Test & Survey
8:30-10:00 Recreation
10:00-10:30 Showers and get ready for bed
10:30 **Hit the sack. YOUR COOPERATION BY BEING QUIET IS EXPECTED!**

SUNDAY

7:00 Get up and prepare for the day
8:00-8:30 Breakfast
8:30-9:00 Worship
9:00-9:30 Clean up
9:30 Everyone head for home