

# Navigating You Through the Aging Experience

Our care meets seniors where they are. Whether that is light housekeeping and laundry services or 24/7 Personal care and support, our goal is to be a trusted partner throughout their journey. We serve clients living at home, with family, in assisted living, in memory care, and in independent living communities.

True North Home Care services are an amazing compliment to your current therapy, home health, or hospice services.

Home Care Services are not covered by Medicare.

We accept Medicaid Waiver, Long Term Care Insurance, and Private Pay.



## Following Our True North Since 2022

At True North Home Care, our mission is to provide exceptional home health care services to Nebraska Seniors. We believe that everyone deserves to receive care in the comfort of their own home, promoting independence and dignity.

We are fully insured and bonded. All Care Providers complete a series of background checks. All Care Team members complete our caregiver training program.



Kayla Nelson, RN, CEO, Owner  
*10+ Years of Geriatric Nursing & Senior Care Experience*



kayla@truenorthhomecare.com



Locations in Fremont and Omaha



402-981-8593



www.truenorthhomecare.com



## Professional Care Providers. Client-Centered Care.

P: 402-981-8593

F: 402-285-7162

truenorthhomecare.com



[www.truenorthhomecare.com](http://www.truenorthhomecare.com)



## What We Do

Our care is tailored to fit your needs, regardless of what changes life throws your way.

We are a professional solution to the anxieties, challenges, and fears of maintaining safety and dignity at home.

Our care includes but is not limited to:

- Homemaker, Errands & Chores
- Hospice Care Support
- ADL Assistance & Medication Reminders
- RN Care Coordination
- Memory & Behavioral Support
- Transportation and Appointment

Management



## Private Pay Service Options

Hourly Rate (4 hour shift minimum) \$36/hour

Hospice & Veteran Discount \$35/ hour

Quick Care Visits (limited availability) \$50/ visit

Peace of Mind Membership (M-F Task-Based Visits) \$350/ week

Medication Program \$100/mo

RN Visit (Case Management/ Well Check) \$100/ visit

## Testimonial

"True North has been a life saver for our family. When we were in need, Kayla helped get us to what we needed, she understands how hard this is for the family as well. She welcomed us with open arms, and I knew it was a good fit. Not only did she care about the clients need, she also did mine. Our caregiver Jasmine has been truly amazing. Thank you for making our world be a little less easier with these daily challenges we have. Honestly, we could not do it without you."

-JH (Client Family Member)



## Our Dedication



Carefully selected and screened



Background checked



All Supervisors are CNAs or higher licensed and able to provide care

**Navigate. Care. Thrive.**