

Great — here's an **enhanced version of the dementia training program** that now includes **embedded YouTube videos, PowerPoint resources** you can use or adapt, and a **quiz bank** you can drop into your learning management system (LMS) or classroom. These additions are designed to *support* your Kentucky PSA- and CMS-aligned dementia curriculum (as we built earlier) and make it engaging, practical, and compliant.

Recommended YouTube Videos (embedded into curriculum modules)

Module 1 – Understanding Dementia

Core video on person-centered care

Focus: Core concepts of dementia care & how to support dignity and autonomy.

Module 2 – Communication Skills

Communication Techniques for Caregivers

Focus: Practical caregiver communication tips to reduce frustration and improve connection.

Module 3 – Managing Behaviors Safely

Training & Education for Dementia Caregivers

Focus: Behavior management basics, stress reduction, caregiver support.

Module 4 – Home Safety & ADL Support

UCLA Dementia Care: Home Safety Training

Focus: Environmental safety, refusals, and minimizing risk in the home.

Additional (Playlist Options for Extended Training)

- **UCLA Alzheimer's & Dementia Care Training (playlist)** — wide range of short caregiver modules you can assign by topic. [YouTube](#)

- **Dementia Care Training Playlist (Showd.me)** preview videos covering care skills and best practices. [YouTube](#)
 - **Dementia Care blazers channel** — supplemental scenario videos and caregiver tips. [YouTube](#)
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PowerPoint Resources You Can Use in Training

These are **free or open curriculum PPTs** you can adapt, reference, or build into your own slides:

Savvy Caregiver PowerPoint

- Full session slides introducing dementia basics, caregiving strategies, and caregiver self-care. [Savvy Caregiver](#)

Dementia Awareness Training PPT

- A downloadable awareness presentation covering symptoms, types, and early detection. [SlideServe](#)

HRSA Dementia Training Materials

- PowerPoint modules and lesson plans designed for caregiver and clinician education. [SHARE Network](#)

How to use these PPTs

- Customize your *Module 1–6* presentations using these templates (disease overview, communication, behaviors, safety, person-centered care).
 - Embed your required quizzes after key sections.
 - Add agency branding, KY and CMS alignment checklists, and scenario videos.
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Quiz Bank — Use for Post-Test or Module Checks

Below is a set of **multiple choice and short answer questions** aligned to key training modules.

Module 1 — Dementia Fundamentals

1. Which of the following distinguishes dementia from delirium?

- A. Sudden onset
- B. Persistent cognitive decline
- C. Reversible within hours
- D. Caused by medication only

Correct: B

2. Briefly define anosognosia and why it matters in care.

Answer example: Anosognosia is the lack of awareness of deficits; it can lead to refusal of care because the person doesn't recognize their limitations.

Module 2 — Person-Centered Care

3. Person-centered care focuses on:

- A. Completing tasks quickly
- B. The caregiver's preferences
- C. Upholding dignity and individual preferences
- D. Only clinical outcomes

Correct: C

4. Explain one technique for adapting care to cultural or personal preferences.

Sample answer: Asking about meal preferences and routines and incorporating them into daily care.

Module 3 — Assessment & Care Planning

5. What is a key observation that should be reported immediately?

- A. Slight reluctance to eat
- B. New onset of aggressive behavior
- C. A smile during a conversation
- D. Taking regular walks

Correct: B

6. Short answer: *Describe at least two assessments you would perform daily with someone living with dementia.*

Module 4 — ADLs & IADLs

7. “Chaining” in ADL support refers to:

- A. Physically assisting every step
- B. Breaking tasks into simple sequential steps
- C. Ignoring client preferences
- D. Restraining to complete the task

Correct: B

8. List one safety intervention related to toileting.

Answer example: Scheduled toileting and skin integrity monitoring to prevent accidents and breakdown.

Module 5 — Behavior & Communication

9. Validation therapy is used to:

- A. Correct false beliefs
- B. Argue with a client
- C. Acknowledge feelings and reduce agitation
- D. Ignore behavior

Correct: C

10. Describe one strategy to respond to repetitive questions.

Sample: Validate the person’s feelings first, then gently shift attention to a familiar activity.

Module 6 — Safety & Abuse Prevention

11. Which action is required if you suspect abuse?

- A. Wait 24 hours to observe
- B. Report immediately to supervisor
- C. Ask the client to confirm
- D. Document it later

Correct: B

12. Short answer: What is one sign of potential financial exploitation?

Quiz type	When to administer	Passing score
Module spot quiz	After each module	≥80%
Comprehensive post-test	End of 6-hour training	≥80%
Annual update quiz	End of annual session	≥80%

Tips for Embedding Videos & PPT in Training

- ✓ Embed videos where they reinforce topic — *don't just play, debrief.*
 - ✓ After each video: **ask a reflection question** in group discussion or written report.
 - ✓ Create your own **embedded links** in PPT slides to the specific YouTube resources above.
 - ✓ Include quizzes right after corresponding PPT sections.
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Compliance Note

Be sure that any **external resources you use (videos, PPTs)** are:

- tied to your *approved curriculum* and learning objectives
- linked clearly in your training records
- listed with duration to document training hours for KY PSA annual + initial requirements

This combination of **evidence-based video content, structured PPT delivery, and objective assessment** will make your training program more interactive and audit-ready while staying compliant and robust. [UCLA Health+2YouTube+2](#)

PowerPoint Slide Deck (Fully Formatted)

File:



KY_Dementia_Training_Presentation.pptx

Kentucky Dementia Care Training

CMS | KY PSA | Office of Dementia Services
Aligned
Initial 6-Hour Training
Staff & Independent Contractors

What's included

- Title + objectives (CMS & KY PSA aligned)
- Dementia overview and types
- Person-centered care principles
- Communication techniques
- Dementia-related behaviors
- ADL support
- Safety, abuse prevention, and reporting
- Training completion requirements

How to use

- Add your agency logo, trainer name, and ODS approval reference
- Embed the YouTube videos we identified earlier directly into slides
- Use as:
 - Classroom training
 - Virtual live training
 - LMS upload (SCORM-friendly once converted)

Fillable Quiz PDF (Post-Test)

File:

 Download the Dementia Training Quiz (PDF)

Quiz features

- True/False
- Short answer
- Behavior-based comprehension
- Designed for **≥80% passing score**
- Appropriate for:
 - Initial 6-hour training
 - Annual 3-hour refresher (with minor edits)

Compliance tip

- Keep completed quizzes in each staff/contractor file
- Pair with a **skills competency checklist** for full KY PSA compliance

What This Gives You for KY / ODS Review

With these two files, you now have:

- ✓ Structured curriculum delivery (PowerPoint)
- ✓ Objective knowledge evaluation (quiz PDF)
- ✓ Documentation artifacts required for audits
- ✓ CMS-aligned dementia + abuse prevention content
- ✓ Staff **and** contractor-ready materials

Staff Test

Name: _____ Title: _____ Date: _____

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- A. Slight reluctance to eat
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D. Taking regular walks

6. Short answer: *Describe at least two assessments you would perform daily with someone living with dementia.*

Module 4 — ADLs & IADLs

7. “Chaining” in ADL support refers to:

- A. Physically assisting every step
- B. Breaking tasks into simple sequential steps
- C. Ignoring client preferences
- D. Restraining to complete the task

8. List one safety intervention related to toileting.

Module 5 — Behavior & Communication

9. Validation therapy is used to:

- A. Correct false beliefs
- B. Argue with a client
- C. Acknowledge feelings and reduce agitation
- D. Ignore behavior

10. Describe one strategy to respond to repetitive questions.

Module 6 — Safety & Abuse Prevention

11. Which action is required if you suspect abuse?

- A. Wait 24 hours to observe
- B. Report immediately to supervisor
- C. Ask the client to confirm
- D. Document it later

12. Short answer: *What is one sign of potential financial exploitation?*

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