

# FALL 2025 DANCE & Fitness SCHEDULE

Effective August 18<sup>th</sup>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STUDIO A	STUDIO A	STUDIO A	STUDIO A	STUDIO A	STUDIO A
<p><i>*6:00-7:00am Barre (Ashley)</i></p> <hr/> <p>1:00-2:15pm <b>Advanced Adult Ballet</b> (Chandra)</p> <p><i>2:15-3:15pm TBD</i></p> <p>3:45-4:45pm <b>Pre-Ballet 1</b> (Rebecca)</p> <p>4:45-6:15pm <b>Advanced Lyrical</b> (Rebecca)</p> <p>6:15-7:45pm <b>Pointe 1</b> (Liz)</p>	<p><i>*9:00-10:00am Pilates (Valerie)</i></p> <hr/> <p>3:45-4:45pm <b>Ballet 1B</b> (Rebecca)</p> <p>4:45-6:15pm <b>Pointe 2</b> (Liz)</p> <p>6:15-7:15pm <b>Advanced Jazz</b> (Liz)</p>	<p><i>*6:00-7:00am Barre (Ashley)</i></p> <hr/> <p><i>*9:00-10:00am Beginner Adult Ballet</i> (Senya)</p> <hr/> <p>4:00-5:00pm <b>Ballet 1A</b> (Rebecca)</p> <p>5:00-6:00pm <b>Jazz/Tap 1</b> (Rebecca)</p> <p>6:00-7:00pm <b>Pre-Ballet 2</b> (Rebecca)</p> <p><i>7:00-7:45pm Adult Ballroom (Taylor)</i></p>	<p><i>*9:00-10:00am Pilates (Diane)</i></p> <hr/> <p>3:45-4:45pm <b>Pre-Ballet 2</b> (Amy)</p> <p>4:45-6:45pm <b>Pointe 2</b> (Amy)</p> <p>6:15-7:45pm <b>Pointe 1</b> (Amy)</p>	<p><i>*6:00-7:00am Sculpt (Valerie)</i></p> <hr/> <p>10:00-11:00am <b>Pre-Ballet 1</b> (Annie)</p> <hr/> <p><i>*12:00-1:00pm Intermediate Adult Ballet</i> (Liz)</p> <hr/> <p><i>*POP UP BALLROOM DATE NIGHT (TAYLOR)</i></p>	
STUDIO B	STUDIO B	STUDIO B	STUDIO B	STUDIO B	STUDIO B
<p>3:00-4:30pm <b>Ballet 3/Pre-Pointe</b> (Liz)</p> <p>4:30-5:30pm <b>Lyrical 3</b> (Liz)</p> <p>5:30-6:15pm <b>Tap 2</b> (Liz)</p> <p>6:15-7:00pm <b>Advanced Tap</b> (Rebecca)</p>	<p>3:45-4:45pm <b>Beginner Jazz/Tap</b> (Zoe)</p> <p>4:45-5:45pm <b>Lyrical/Jazz 2</b> (Rebecca)</p> <p>5:45-7:00pm <b>Ballet 2A</b> (Rebecca)</p>	<p>4:45-5:30pm <b>Creative Ballet/Tumbling</b> (Annie)</p> <p>5:30-6:15pm <b>Beginner Hip-Hop</b> (Zoe)</p> <p>6:15-7:00pm <b>Intermediate Hip-Hop</b> (Zoe)</p> <p><i>7:00-8:15pm Advanced Adult Ballet</i> (Chandra)</p>	<p>3:45-4:45pm <b>Creative Ballet/Tap/Tumbling</b> (Annie)</p> <p>4:45-6:00pm <b>Ballet 2B</b> (Liz)</p> <p>6:00-7:30pm <b>Ballet 3/Pre-pointe</b> (Liz)</p>	<p>10:00-11:00am <b>Creative Ballet/Tap</b> (Rebecca)</p>	<p>10:00-11:00am <b>Tentative Creative Ballet/Tap/Tumbling</b> (Annie)</p>

Purple classes are included in the Adult Class Package. Class Package operates year-round. Adult Ballroom operates on a 4-week class rotation. All other classes will operate in the 16-week semester.